

ALABAMA

2020 MEDIA GUIDE

Gymnastics





ALL-SEC



MEDIA NOTES

ALABAMA COMMUNICATIONS: The Alabama Athletics Communications Office is located on the ground level of Coleman Coliseum, across the hall from the gymnastics practice facility.

INTERVIEWS: All interview requests should be made through Roots Woodruff of the Alabama Communications Office, at least 24 hours in advance, at (205) 348-6084. Gymnasts and coaches are not available on the day of competition until after completion of the meet. Head coach Dana Duckworth is available for interviews in person or by telephone.

CREDENTIALS: Credentials will be issued to working media only and should be requested no later than 48 hours prior to any home event.

INTERNET: Information about University of Alabama athletics can be found several places on the internet, including the official site for Crimson Tide Athletics at RollTide.com. The Tide's booster club, The Medalist Club, has a site at BamaGymnastics.org. For information about The University of Alabama, visit www.ua.edu.

MEDIA SERVICES: Up-to-date rankings and meet notes will be available to working media prior to the meet. Results will be distributed following the competition. Selected coaches and gymnasts will be brought into the interview room following all home meets.

VIDEO FEEDS: The University of Alabama, through Crimson Tide Productions, offers weekly video packages available via FTP download consisting of interviews with coaches and athletes, taped video highlights and narrated packages from September through May. The gymnastics team is featured in this package regularly during the season. Call the Communications Office for more details, including dates of the feed and download instructions.

CREDITS

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UNIVERSITY INFORMATION

Location: Tuscaloosa, Ala.
Enrollment: 38,392
Founded: April 12, 1831
Conference: Southeastern (SEC)
Colors: Crimson & White
Nickname: Crimson Tide
President: Dr. Stuart R. Bell
NCAA Faculty Representative: Dr. James King
Director of Athletics: Greg Byrne
Senior Deputy Director of Athletics/CFO: Finus Gaston
Deputy Director of Athletics/Senior Woman Administrator: Tiffini Grimes
Deputy Directors of Athletics: Kevin Almond, J Batt and Jeff Purinton
Associate A.D./Gymnastics Administrator: Allison Jefferys

Senior Associate A.D./Communications: Jessica Paré
Assistant A.D./Football Communications: Josh Maxson
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Athletics Department Photographers: Kent Gidley, Robert Sutton and Jeffery Hanson

THE PROGRAM

Head Coach: Dana Duckworth
Alma Mater: Alabama, 1993
Regular-season Head Coaching Record at Alabama/years: 40-20-0/5
Overall Coaching Record at Alabama/years: 194-61-2/20 *
Office Phone: (205) 348-8381
e-mail: dduckworth@ia.ua.edu
 * Five years as head coach, six as an assistant and nine as a volunteer coach
Assistant Coach: Bill Lorenz
Alma Mater: Massachusetts, 1998
Office Phone: (205) 348-2875
e-mail: blorenz@ia.ua.edu
Assistant Coach: Ryan Roberts
Alma Mater: Massachusetts-Amherst, 2003
Office Phone: (205) 348-2875
e-mail: rroberts@ia.ua.edu
Volunteer Coach: Aja Sims
Alma Mater: Alabama, 2017

Director of Operations: Robin Kelley
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Events and Program Relations Coordinator: Mabry Craddock
Office Phone: (205) 348-3830
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Athletic Trainer: Monica Kirkpatrick
Student Athletic Trainers: Amy Yoerg, McKenzie Warren, Genoa Rodgers
Strength and Conditioning Coach: David Albaranes
Student Strength and Conditioning Coach: Torrie Bent
Academic Advisor: Heather Anders
Managers: Blaine Hudson, Zan Jones, Trey Stamps, Neely Townes
Marketing and Promotions: Meaghan Hall
Gymnastics Mailing Address: P.O. Box 870393, Tuscaloosa, AL 35487-0393
Gymnastics Overnight Shipping Address: Coleman Coliseum — Room 339
 323 Bryant Drive, Tuscaloosa, AL 35487

ON YOUR CAMPUS...



Dr. Stuart R. Bell became the 29th president of The University of Alabama in July 2015, bringing with him 30 years of experience in higher education. He had previously served at the Capstone for 16 years as a faculty member and department head of mechanical engineering. During this time, he also founded and directed an interdisciplinary research center, the Center for Advanced Vehicle Technologies, which continues to thrive today.



Prior to returning to UA as president, Dr. Bell was executive vice president and provost at Louisiana State University. Before his time at LSU, he served the University of Kansas as dean of the School of Engineering. Under his leadership, both institutions opened new facilities and saw great success in student recruitment and retention.



An Abilene, Texas, native, Dr. Bell earned a nuclear engineering degree from Texas A&M University in 1979. He earned his master's degree and doctorate in mechanical engineering from the same university in 1981 and 1986, respectively. It was also at Texas A&M that he met and fell in love with his wife, Susan. They have three adult children, Stuart, Stacy and Stephen. They are also the proud grandparents to two granddaughters, Livi and Sadie.

Since his return to the Capstone, Dr. Bell has led the University by developing a strategic plan that maps out the aspirations of the campus. By renewing UA's commitment to its students and the campus community, and with a focus on significantly increasing investments in faculty and research, Dr. Bell's plan has already improved the quality of life for citizens across our state, nation and world. Through the strategic plan's initiatives, multiple research institutes have been formed on campus, creating an interdisciplinary approach to address national and worldwide challenges in the areas of water, transportation and lifespan research.



Under Dr. Bell's leadership, The University of Alabama sustains an enrollment of the best and brightest students in the nation. As Alabama's premier flagship university, the Capstone continues to celebrate the impressive achievements of its faculty, staff, students and student-athletes. With more than 600 National Merit Scholars enrolled, UA is a leader among public universities nationwide. The University of Alabama is undeniably the place Where Legends are Made.

ON YOUR CAMPUS...

- Enrollment at The University of Alabama reached a record high of 38,392 for fall 2018. More than 40 percent of UA's 7,407-member freshman class scored 30 or higher on the ACT and 38 percent were in the top 10 percent of their high school graduating class. The entering class carries an average high school grade-point average of 3.72, with 34 percent having a high school GPA of 4.0 or higher.
- The University of Alabama is a leader among public universities nationwide in the enrollment of National Merit Scholars, with more than 500 currently enrolled.
- Ranked among the top 60 public universities in the nation in U.S. News and World Report's annual college rankings. UA's latest college rankings include:
 - The School of Law is ranked 27th among all law schools in the nation (ninth among public universities), spring 2018.
 - The School of Library and Information Studies is ranked 28th nationally in the latest rankings for library schools, spring 2018.
- University of Alabama students continue to win prestigious national awards. Fifty-three UA students have been named Goldwater Scholars, including two in 2018. The University of Alabama has produced a total of 15 Rhodes Scholars, 16 Truman Scholars, 33 Hollings Scholars and 13 Boren Scholars.
- Twenty-six current UA faculty have received National Science Foundation CAREER Awards, the nation's most prestigious recognition of top-performing young scientists, in disciplines ranging from nanoscience and engineering to biological sciences.
- UA was awarded a patent for a medical privacy tent developed by engineering students and Crimson Tide Athletics, firmly protecting the tent's capability to expand or collapse on the sideline of a football field.
- Fifteen University of Alabama graduates have accepted Fulbright awards to study and teach abroad during 2018-2019.
- *PRWeek Magazine* has recognized the public relations program in The University of Alabama's College of Communication and Information Sciences as one of the top five programs in the nation eight times in the past 10 years.
- Students at UA who competed in a NASA robotics contest came away with the top prize for the fourth year in a row in 2018. Alabama Astrobotics took the top prize at the NASA Robotic Mining Competition.
- *U.S. News and World Report* ranks The University of Alabama's Manderson Online Business Master's programs 13th in the nation.
- Public Accounting Report's 2017 rankings place UA's Culverhouse School of Accountancy's undergraduate program seventh, master's programs ninth and doctoral program seventh in the nation.
- UA's Army ROTC Ranger Challenge team won its second consecutive Brigade Ranger Challenge at Camp Blanding, Fla., in January 2018, defeating 10 other Ranger Challenge teams.
- UA is building a new Performing Arts Academic Center on the historic Bryce property. The \$60 million center will provide the theatre and dance department with space for performances and to expand its community programming and outreach.
- UA's Stran-Hardin Arena, a \$10 million vanguard facility for adapted sports, was unveiled in January 2018.



GREG BYRNE

DIRECTOR OF ATHLETICS



Greg Byrne, one of the most acclaimed and respected administrators in collegiate athletics, began his tenure as Alabama's Director of Athletics on March 1, 2017. His role at Alabama is his third venture at the helm of a major collegiate athletics program.

Since taking over, Byrne developed and implemented The Crimson Standard, a five-year strategic plan outlining the mission statement and core values of Alabama Athletics as well as benchmarks in the areas of academics, student-athlete welfare, athletics success, financial resources, facilities, staffing and operating with integrity. In addition, The Crimson Standard, a 10-year, \$600 million capital initiative focused on the renovation of facilities and development of an infrastructure that will drive future success was created.

Alabama Athletics celebrated its highest finish in program history in the Learfield Directors' Cup at the conclusion of the 2017-18 season, placing 14th thanks to a national championship in football, runner-up finishes in men's and women's golf and NCAA postseason appearances by men's basketball, gymnastics, soccer, softball, men's and women's swimming & diving, men's tennis, men's and women's cross country, men's and women's indoor track & field and men's and women's outdoor track & field. The Tide also continued its run of excellence in the classroom, leading the nation in Academic All-Americans with 11.

Prior to coming to Alabama, Byrne was Vice President for Athletics at the University of Arizona from 2010-17 and was Director of Athletics at Mississippi State University from 2008-10. With more than 20 years of experience as an athletics administrator, Byrne has fashioned an impressive administrative career hallmarked by consistent success in fundraising, innovative strategies and competitive success with a strong emphasis on academic excellence.

Throughout his career, Byrne has been consistently more impactful and successful with each step up the administrative ladder. As a fundraiser, he has been directly involved in raising more than \$200 million in gifts during his career. As a leader of competitive athletics programs, he has fostered major improvements across the spectrum of sports at both programs he has led. A

proponent of developing student-athletes into productive people after college, Byrne has led programs that have attained academic success at levels not reached prior to his tenure.

He also has deep experience working in the Southeastern Conference (SEC), having spent 2002 to 2005 at the University of Kentucky as Associate Athletics Director for Development and Fundraising before a four-year stint at Mississippi State (2006-10). From 2006-08, Byrne served as Associate Athletics Director for External Affairs at MSU before becoming Director of Athletics.

Under Byrne's leadership, Arizona Athletics underwent more than \$140 million in construction and renovation of athletics facilities. That work was highlighted by the \$72 million Lowell-Stevens Football Facility, the addition of two video boards in Arizona Stadium (football), and a new scoreboard in the McKale Center (basketball). Additionally, Byrne oversaw a \$30 million renovation of the McKale Center, a project that included upgraded locker rooms, seating, restrooms, concessions, enhanced lighting and a new playing floor.

At Mississippi State, where he was the youngest athletics director in the SEC and the youngest to lead an athletic program at the NCAA Division I-A level, Byrne oversaw the hiring of head football coach Dan Mullen and former head baseball coach and current Director of Athletics John Cohen.

In addition to his role as Director of Athletics, Byrne serves on several committees at both the conference and national levels including the United States Olympic & Paralympic Committee Collegiate Advisory Council, the Division I Football Oversight Committee and the Southeastern Conference Security Committee. He is currently also serving his one-year term as president of the National Association of Collegiate Directors of Athletics.

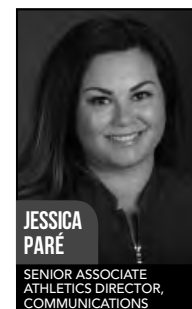
As the son of veteran athletics administrator Bill Byrne, one of the nation's most prominent college sports administrators with 30 years of experience as an Athletics Director, Greg Byrne has been around the enterprise of running successful athletic programs for most of his life.

A native of Pocatello, Idaho, Byrne earned his bachelor's degree from Arizona State University in 1994 and his master's degree from Mississippi State University in 2009. Byrne is married to the former Regina Misa of Junction City, Ore., and the couple has two sons, Nick and Davis.



Greg and his wife, Regina, with sons Nick and Davis.

ATHLETICS ADMINISTRATION



A VERY CROWDED HOUSE: ALABAMA GYMNASTICS FANS



For Alabama gymnasts, competing at home is electrifying. Marching into Coleman Coliseum, hearing their names called one by one as 13,000-plus fans roar their approval – it is an experience like no other.

“There’s nothing like competing in Coleman Coliseum,” head coach Dana Duckworth said. “The experience is absolutely exhilarating and it brings out the very best in our ladies.”

If anyone knows the kind of boost that the atmosphere surrounding an Alabama home meet can provide, it is Duckworth. As a gymnast, she helped Alabama win its second NCAA Championship in Coleman Coliseum in 1991 and as a coach, she has been on the floor for some of the biggest and most fan-packed meets in Alabama history.

“Our fans are simply amazing,” Duckworth said. “They are without a doubt our biggest and baddest competitive advantage.”

The Tide averaged 11,864 fans during the 2019 season, marking the 16th year in a row that the Tide has averaged more than 10,000 fans per meet – a stretch that includes a school- and SEC-record 13,786 fans per meet in 2010. In 2006, Alabama set a school and Southeastern Conference single-meet record of 15,162.





ALABAMA GYMNASTICS NOTEWORTHY ATTENDANCE AND SOLD-OUT CROWDS

- Alabama drew 11,864 fans per meet to rank first in the Southeastern Conference among all women's programs and second nationally during the 2018-19 academic year.
- Alabama gymnastics has averaged more than 11,000 fans per home meet for 10 years in a row from 2010-19.
- The Crimson Tide has ranked among the top-5 women's collegiate programs in terms of average attendance the last 14 years in a row.
- The Crimson Tide drew a 2019 season-best 13,861 fans against Auburn on March 1.
- Alabama has averaged over 12,000 fans per meet in 10 different seasons since 2006.
- The Tide's 2019 average puts it in rare company. Alabama gymnastics, Utah gymnastics and LSU gymnastics were the only collegiate women's programs to average more than 11,000 fans per home contest in 2018-19.
- In addition to being the only three to average over 11,000 fans, Alabama, Utah and LSU along with South Carolina basketball, UCLA gymnastics and Georgia gymnastics were the only collegiate women's programs to average more than 10,000 fans per contest at home during the 2018-19 academic year.
- During the 2019 regular season, Alabama drew more than 10,000 fans four times.
- Heading into the 2020 season, Alabama has drawn more than 10,000 fans in 35 of its 37 home meets, dating back to March 2012.
- Alabama has drawn crowds of 10,000-plus 81 times since first breaking the 10,000 barrier on March 4, 1995, when 12,021 fans flooded Coleman Coliseum for a meet against Georgia.
- Only two schools in collegiate history - Alabama and Utah - have produced gymnastics crowds of 15,000-plus, with Alabama producing nine such crowds over the past 15 years.
- The Crimson Tide also holds the 25 largest single-meet attendance marks in SEC history.
- When the Crimson Tide hosted the 2016 NCAA Gymnastics Regional, Alabama drew 10,116 fans, more than 2,000 fans better than the next closest regional that year.
- Alabama sold out Coleman Coliseum for the 11th time in school history and for the 10th time since 2006 on Jan. 24, 2014, against Arkansas.
- The Crimson Tide made history in 2008 when it became the first school in gymnastics history to draw two crowds of over 15,000 fans in a single season.
- Alabama set the school and Southeastern Conference single-season attendance record of 13,786 fans per meet in 2010.
- The Tide drew a school and SEC record 15,162 fans for its Jan. 20, 2006, meet against Florida.

ALABAMA GYMNASTICS COLEMAN COLISEUM SELLOUTS

1.	15,043	vs. Georgia	2-1-97
2.	15,162	vs. Florida	1-20-06
3.	15,075	vs. Auburn	1-26-07
4.	15,075	vs. Georgia	2-1-08
5.	15,075	vs. Arkansas	2-8-08
6.	15,075	vs. Auburn	2-27-09
7.	15,075	vs. Arizona	2-19-10
8.	15,075	vs. Auburn	2-11-11
9.	15,075	vs. Arkansas	2-17-12
10.	15,075	vs. Kentucky	1-25-13
11.	15,075	vs. Arkansas	1-24-14

ALABAMA'S YEARLY HOME ATTENDANCE AVERAGES

1.	13,786	2010
2.	13,422	2013
3.	12,827	2012
4.	12,826	2014
5.	12,730	2011
6.	12,674	2016
7.	12,578	2006
8.	12,152	2017
9.	12,141	2008
10.	12,086	2015
11.	11,864	2019
12.	11,284	2007
13.	11,013	2018
14.	10,570	2005
15.	10,484	2009
16.	10,301	1997
17.	10,274	2004
18.	9,815	1998
19.	9,510	2000
20.	9,427	1999
21.	9,301	1996
22.	8,983	2002
23.	8,496	2001
23.	8,120	2003

CHAMPIONS

ALABAMA GYMNASTICS FACILITIES

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Whether for practice, for competition or for the time in between, the Alabama gymnastics program utilizes some of the finest athletics facilities in the nation and those facilities continue to get better all the time.

THE FRANCES SMITH PRACTICE FACILITY

Long one of the most well-designed and spacious training gyms in the nation, the Frances Smith Gymnastics Practice Facility was revitalized during the summer of 2012, giving it a new look that included all new crimson matting among other amenities.

"Our facilities—from our practice gym and arena to the state-of-the-art training and academic centers—are second to none," head coach Dana Duckworth said. "They allow us to train at a championship level every day."

The new look includes reminders of the Crimson Tide's rich championship heritage, highlighted by larger-than-life murals of the Tide's 2012 NCAA Championship team and the 2015 Southeastern Conference championship team, as well as several Alabama legends. The hallway that leads from the gym also features seven images that are highlighted by words that define Crimson Tide gymnastics tradition of excellence.

"When our ladies walk down the hallway and into the gym, they are reminded all the time of the ideals that built this program into what it is today—tradition, family, excellence, heart, service,

champions and leadership," Duckworth said. "You can't help but be inspired to do your best to uphold that tradition of excellence and legacy of champions."

The Tide's team suite also received upgrades during the summer of 2019, adding a performance fuel center as well as updating the team room and training room area.

In addition to the new nutrition center, the team suite also includes hot and cold therapy tubs in the training room, which have been extremely beneficial in terms of preparation and recovery when it comes to both practice and competition, as well as a massage therapy room.

All aspects of the complex come together in a marriage of form and function that gives Alabama a training edge. Countless hours went into designing the 12,500 square-foot gym, creating a facility that is both beautiful and designed to minimize and alleviate the impact of training on the gymnasts' bodies at the same time.

Multiple soft-landing pits are available for all four apparatuses, giving the Tide the freedom to train skills in enhanced safety. That setup also gives Alabama the capability of teaching a variety of skills at the same time.

The main practice area includes an in-ground trampoline and tumbling strips. The sound system that drives the Tide's practices surrounds the floor exercise area with the same level of sound

Alabama will encounter in a meet setting.

The practice gym also includes a state-of-the-art video analysis system, provided by the Tide's booster organization, The Medalist Club (www.BamaGymnastics.org).

The system has several playback and analysis options that are in use every day in practice, allowing the coaches to provide instant feedback on a routine. Having three complete systems in the gym running at all times allows the coaches and gymnasts constant analysis. The system also helps compress the time it takes to make a change to a skill or routine, allowing the gymnasts to get more out of each practice.

The equipment is arranged to make the flow of practice extremely fluid. There are five uneven bars stations, six balance beams, two vaults and an oversized floor in place. A separate 2,000 square-foot strength and conditioning/dance studio is connected to the main practice area and includes the Tide's cardio equipment.

Prior to the 2016 season, Alabama added a Pilates studio to its training suite. Located next to the Tide's strength and conditioning/dance studio, the studio contains top of the line Pilates equipment and is designed to help the Crimson Tide to be at its very best. The Pilates studio was also funded by The Medalist Club.

"To be able to integrate Pilates into our routine and to have the equipment right next to our practice gym is a huge bonus for

our ladies," Duckworth said. "We are so grateful to The Medalist Club for continually providing our program with everything we need to be the very best we can be."

In addition to a fully equipped training room, the Tide's team suite includes the locker room as well as a team room that includes study and computer stations and a meeting space.

"I love the fact that our ladies have everything they need all in one place for both practice and meets," Duckworth said.

COLEMAN COLISEUM

There are few atmospheres in collegiate athletics better than a gymnastics Friday night in Coleman Coliseum—from the roar of the crowd when Alabama marches in through the last routine. That atmosphere has only improved over the past several years, following major upgrades to the main arena of Coleman Coliseum aimed at enhancing the meet-day atmosphere. The new amenities feature an array of state-of-the-art video boards, including a center-hung display that features four massive, high-definition video panels flanked by two video rings. The center display is accompanied by a pair of video and stat displays on each end of the facility.

The latest enhancements also include more floor seating for the fans, bringing the crowd closer than ever to the action.

Coleman Coliseum saw its greatest transformation prior to the 2006 season, when the entire



facility was updated in grand fashion. Behind a bold modernized facade, the interior lobbies and concourses were expanded and upgraded. In the main seating area, 15,000-plus seats, all theater style, welcome gymnastics crowds along with a 6,400 square-foot club area along the east side of the arena.

All these amenities enhance Coleman Coliseum's reputation as one of the best places in the nation to watch gymnastics. Since the gymnastics team began competing in the Coliseum in the late 1980s, Alabama has hosted some of the biggest gymnastics meets in the country, including the 1991, 1996 and 2002 NCAA championships and the 1988, 1993 and 1999 SEC

Championships. The Tide hosted its 15th NCAA Regional Championship in the spring of 2018.

The Coliseum also houses the gymnastics coaches' office suite, which was renovated during the summer of 2012 to highlight a championship legacy that includes six national championships and nine SEC titles as well as countless individual accolades. In addition to the coaches and staff offices, the suite includes a conference room and a workroom.

The overall renovation to the Tide's athletic facilities, which entailed a more than \$200 million capital building campaign, also included a new strength and conditioning center and an athletic

training center that is among the nation's very best. Both facilities are located in the Mal Moore Athletic Facility, adjacent to Coleman Coliseum.

Another aspect of the athletics department's building campaign over the past decade that has paid huge dividends is the Bill Battle Academic Center at Paul W. Bryant Hall, one of the finest academic centers in the nation, which opened in 2005 (for more on Bryant Hall, see page 12).

The Crimson Tide also added a new performance nutrition center prior to the 2018-19 academic year.

The building is complete with serving areas on two levels, 10 action stations, a grab-and-go fuel

center, a smoothie bar and more than 50 HD televisions. There are also two outdoor patio dining areas and a private dining space housed on the upper level for meetings, nutrition education and cooking demonstrations. In addition to Rainey Gerald, who works with the gymnastics program on a daily basis, the performance nutrition staff includes director Amy Bragg as well as four registered dietitians, five performance chefs and over 20 assistants (for more on Alabama Athletics performance nutrition program, see page 35).

CRIMSON TIDE GYMNASTICS FACILITIES

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CLASSROOM SUCCESS



The University of Alabama is one of the nation's top scholastic institutions and the Crimson Tide gymnastics program is among those leading the charge of academic excellence, earning countless honors and continually producing outstanding results in the classroom.

The Tide's tremendous success is in direct correlation to the level of importance the coaching staff puts on academics. Priority number one at Alabama is a great education that will catapult Tide gymnasts into exciting futures.

"There is no doubt that when it comes to Crimson Tide gymnastics, academics is priority one," head coach Dana Duckworth said. "I'm a living example of what an Alabama education can do for you. That's why we want every Alabama gymnast to leave the Capstone with a championship ring on one hand and a diploma in the other, confident in the knowledge that an Alabama education will take you anywhere you want to go."

The emphasis the coaching staff puts on academics has paid huge dividends. On its way to winning back-to-back NCAA championships in 2011 and 2012, Alabama posted two of its highest team grade point averages in program history, a team-record 3.71 in 2011 and a 3.55 in 2012. Over that two-year span, Alabama gymnasts earned 27 Scholastic All-America honors while every member of the team posted over a 3.1 GPA.

The Tide's academic prowess is nothing new. Alabama gymnasts have earned 21 NCAA and 13 Southeastern Conference postgraduate scholarships since 1983, with both totals leading all gymnastics programs on the national and conference levels.

Additionally, three Alabama gymnasts — Julie Estin, Meredith Willard and Kristin Sterner — were all named the H. Boyd McWhorter Scholar Athlete of the Year, the SEC's most coveted academic honor. The McWhorter is bestowed on the conference's top senior student-athlete, regardless of sport, and carries with it a \$15,000 scholarship that can be applied to the graduate program of the recipient's choice.

While the Tide has built a sparkling reputation in the academic arena, it is not just a case of letting a squad of naturally academically-talented athletes loose in the classroom.

"The success our ladies have enjoyed academically has been predicated on the same drive and dedication that makes them successful in the gym," Duckworth said. "I'm proud of the fact that our gymnasts combine the amazing resources the University and athletics department puts at their disposal with a tremendous amount of hard work to excel to the best of their abilities."

In fact, some of Alabama's greatest success stories involve student-athletes that came in as at-risk students. Through a combination of their own hard work, unflagging support from the coaching staff and the resources Alabama puts at their disposal, they were able to graduate. They then went on to careers that might not have been possible without the education they received at the Capstone.

Once a prospective student-athlete signs, it is up to her how successful she is academically. But because of Alabama's Bill Battle Academic Center (BBAC) and the commitment of its coaches, every opportunity for success is there for the taking.

ACADEMIC EXCELLENCE

Alabama gymnastics' academic excellence has maintained an impressive stride over the past 40 years, providing some truly awe-inspiring results.

- Alabama gymnastics once again produced the highest team grade point average among Southeastern Conference gymnastics teams in 2019.
- During the 2018-19 academic year, Crimson Tide gymnasts tallied six 4.0 grade point averages between the fall and spring semesters, while Abby Armbricht and Maddie Desch earned 4.0 GPAs for the year.
- Heading into the 2020 season, 14 gymnasts carry a 3.3 or better career grade point average, including nine that have a 3.75 or better GPA and five that earned a 3.90 or better.
- The 2018-19 academic year marked the 13th year in a row that UA gymnasts posted a team GPA of 3.4 or better.
- Mackenzie Brannan earned Alabama gymnastics' 21st NCAA Postgraduate Scholarship in 2018, giving the Tide the most of any gymnastics program in the nation.
- Of the 34 collegiate gymnasts who have earned NCAA Postgraduate Scholarships between 2011-19, nine are from Alabama. No other gymnastics program has more than four over that span.
- Mackenzie Brannan earned CoSIDA Academic All-America honors for the third time in her career in 2018, giving Alabama 23 Academic All-America honors in all.
- The Tide's 16 Scholastic All-Americans in 2019 ranks second all-time in school history, behind 2017's school-record 19.
- A total of 53 Tide gymnasts have earned 114 Scholastic All-America honors since the 2012-13 season.
- With 16 Scholastic All-America honors in 2019, the Crimson Tide boosted its all-time total to 276 since the award's inception in 1991, giving Alabama an average of more than a dozen honors a year over the past 17 years.
- Alabama gymnasts have been voted the SEC Gymnastics Scholar-Athlete of the Year six times in the 15-year history of the award, including Lauren Beers (2016), Kim Jacob (2012, 2013 and 2014), Kayla Hoffman (2011) and Michelle Reeser (2005).
- Alabama set a single-season program and SEC record when 18 gymnasts earned a place on the 2016 SEC Academic Honor Roll, a tally it matched in 2017. With 15 UA gymnasts earning the honor in 2019, Alabama's tally now stands at 358 since the award was first given out in 1984, more than two dozen better than the next closest team in the league.



THE BILL BATTLE ACADEMIC CENTER

The Bill Battle Academic Center (BBAC) is a mainstay of The University of Alabama's academic success.

The Crimson Tide's academic home, the Bill Battle Academic Center at Paul W. Bryant Hall, is the crown jewel in Alabama's \$125-plus million Crimson Tradition building initiative. The center was named for Bill Battle several years before his being named as the Crimson Tide's Director of Athletics in the spring of 2013.

"Academic success is the lifeblood of what we do here at The University of Alabama, and our academic center is second to none in providing our student-athletes with the tools they need to obtain that success," Battle, who retired as Alabama's Director of Athletics in 2017, said. "I couldn't be prouder to have my name associated with those efforts."

Through the auspices of the Crimson Tradition Fund, Alabama took its former athletic dorm and converted it into a state-of-the-art facility that benefits all 500-plus Crimson Tide student-athletes.

"The Bill Battle Academic Center is an incredible facility for our student-athletes," Heather Anders, the Director of Athletic Student Services and gymnastics academic advisor said. "We provide

the resources to help them be better students and be successful in the classroom, as well as preparing them to be successful in life after athletics."

The BBAC demonstrates a high level of commitment to academics by The University of Alabama and its athletics department. With over 52,000 square feet, a student-athlete can meet with their advisor, work with a tutor, attend their orientation class, use the math or computer labs, and visit the Career and Leadership Development Center – all within Bryant Hall – which is a tremendous asset for them and their busy schedules.

Among the building's many amenities is a 48-seat computer lab with up-to-date equipment and software, a math lab and individual study rooms. The athletic academic advisor offices are also housed in the building, along with two 50-seat classrooms, a 140-seat classroom, a study lounge and the Susan and Gaylon McCollough A-Club Career and Leadership Development Center.

The classrooms utilize cutting-edge teaching devices, including digital overhead projectors, and throughout the building there are information stations that provide student-athletes with news. The building also houses the Tide's Academic Hall

of Fame honoring Academic All Americans and recipients of the Paul W. Bryant Student-Athlete Award.

BBAC is headed by Senior Associate Athletics Director for Student Services Jon Dever. In addition to Anders, Dever is assisted by Assistant Athletics Director for Student-Athlete Enhancement Jessie Gardner, Assistant Athletics Director for Student Services Molly Dowd, Director of Athletic Academic Programs Brittany Price as well as Joy Burroughs, Lisa Hart, Brenda Holt, Hannah Grider, Stephanie Godfrey, Sarah Kizzire, Chelsea Mayers, Emily Roberts, Jenny Sanders, Miranda Giddens, Shanice Smith, Liza Edmiston, Quaison Osborne, Justin Stewart and Adora Hicks. The staff also includes more than 90 part-time tutors.

The BBAC staff works as a liaison between the athletics department, undergraduate and graduate divisions, and the administrative offices of the University. The staff assists with class scheduling and registration, makes sure all athletes are maintaining satisfactory progress toward their degrees, monitors academic eligibility, secures tutors and schedules study sessions, and provides career counseling and leadership development.



CAREER AND LEADERSHIP CENTER

A great enhancement to the Bill Battle Academic Center came in the fall of 2013, when the Susan & Gaylon McCollough A-Club Career and Leadership Development Center was dedicated. The center, located on the second floor of the Academic Center, is a place where Alabama student-athletes can hone the skills necessary to take the next step in their lives.

"This was the next logical step," Senior Associate Athletics Director for Student Services Jon Dever said. "We try to prepare our student-athletes with everything they need to be successful in the classroom and with this center, we can help them prepare for that next step in their lives."

The center, led by the Tide's Assistant Athletics Director for Student-Athlete Enhancement Jessie Gardner, helps student-athletes learn everything from creating a resume to utilizing social media in a professional way to how to interview and network effectively.

The suite was named for Alabama football letterman Gaylon McCollough and his wife Susan. McCollough was a center on the Tide's 1964 National Championship team who earned Academic All-America honors in the classroom and was named All-SEC on the field before being drafted by the Dallas Cowboys.



MAKING THE GRADE

The Bill Battle Academic Center (BBAC) provides many services that help Alabama gymnasts make a smooth transition into the world of collegiate academics. BBAC provides tutors, study sessions and works with student-athletes to help them develop study, note taking and organizational skills. BBAC also provides a personal monitor that helps guide the student-athlete as long as she or the team's academic advisor feels it is necessary in order for that student-athlete to be successful in the classroom.

All-American and Scholastic All-American Kayla Hoffman is a shining example of what a student-athlete can accomplish when utilizing all the resources that Alabama and BBAC put at their disposal. Hoffman came to the University after being home schooled since the fourth grade.

"Kayla's story is such an inspiration," head coach Dana Duckworth said. "To come back into a classroom after years of being homeschooled and have the amazing academic career that she did shows the success that is possible when someone works extremely hard and uses the tremendous resources the University and athletics department put at their disposal."

Hoffman finished her career with a 4.0 grade point average in human development and family studies. A first team Capital One/CoSIDA Academic All-American, she was also named the 2011 Academic All-American of the Year.

Hoffman's academic prowess, enhanced by the tools the BBAC put at her disposal, led to the Union, N.J., native earning NCAA and Southeastern Conference Postgraduate Scholarships. She was also voted the SEC Gymnastics Scholar-Athlete of the Year in 2011.

An amazing senior season culminated in Hoffman receiving the NCAA Top VIII Award, which honors the nation's top eight senior student-athletes in all sports in all NCAA Divisions for excelling athletically and academically as well as making a difference in the community.

"That's exactly what I wanted," Hoffman said on balancing her athletic and academic accomplishments. "I wanted to be someone who was an excellent student and an excellent athlete. I wanted to show future athletes here at our University that you can be both. That really meant a lot to me."

ACADEMIC ADVISOR HEATHER ANDERS



While she is in her third year working with the gymnastics program, Heather Anders is no stranger to The University of Alabama and its Athletics Department.

A native of Northport, Ala., Anders is in her 18th year working at the University and 16th as part of the Bill Battle Academic Center. She currently serves as Director of the Crimson Tide's Athletics Student Services program.

"Heather is a wonderful part of our support team," head coach Dana Duckworth said. "She does an amazing job in helping our ladies get

the most out of their academic careers, keeping them on task and on track. Her experience at Alabama is invaluable and we feel very lucky to be working with her."

In addition to working with the gymnastics program, Anders has also worked with the Crimson Tide's soccer, softball, men's and women's swimming and diving, men's and women's track and field/cross country and rowing programs during her Alabama career.

"I really love being able to come to work each day and know that I'm helping our student-athletes prepare for the rest of their lives," Anders said. "It's especially rewarding to work with such dedicated and driven young women. That's why I was so excited to start working with gymnastics this fall, it's been an amazing experience."

Her dedication is just one of the reasons that Anders and her BBAC colleagues were honored with the University's 2012 Sam S. May Commitment to Service Award, which recognizes departments that demonstrate exceptional service to their constituents.

One of the factors that makes Anders' job easier is the commitment the coaching staff has to academics.

"Gymnastics is definitely a program that really emphasizes the importance of getting a great education," Anders said. "It starts from the top with Dana and goes through the entire staff on through the team. It makes for a great learning environment."

Anders' job includes helping the gymnasts map out their academic plan, from picking a major and registering for classes to requesting a personal monitor and scheduling a tutor.

For Alabama gymnasts, the impetus to succeed academically is all around them. The coaching staff makes it clear to the gymnasts from day one that their very best is expected in the classroom, while their teammates encourage them to excel through both word and deed. And while the bar is set high by the coaches and athletes themselves, Anders is there to add her encouragement and provide the tools for that success.

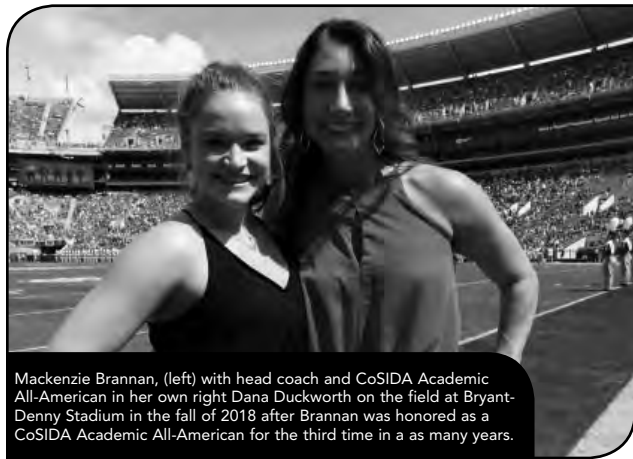
"It's an exciting time to be on this campus," Anders said. "As a University of Alabama graduate, I know that you can get a top-rate education here, and we're continuing to expand our services in the Bill Battle Academic Center all the time. And if you look at the growth, it's not just in athletics, but across the board. There are tremendous resources here at Alabama and we make sure that the student-athletes have full access to them, that they have everything they need to be successful."

Anders' interaction with a student-athlete starts on their recruiting trip when she gives the recruit a tour of the Bill Battle Academic Center and discusses the services provided by BBAC. From that point on, she works with the athletes until the day they graduate.

A graduate of Tuscaloosa County High School, Anders earned a bachelor's degree from Alabama in 1999. Anders and her husband Rich have two daughters, AnnLey and Effie.

"One of the great things about working with the gymnastics team, is that I feel like each of them is an amazing role model to my daughters," Anders said.

COSIDA ACADEMIC ALL-AMERICA HONORS



Mackenzie Brannan, (left) with head coach and CoSIDA Academic All-American in her own right Dana Duckworth on the field at Bryant-Denny Stadium in the fall of 2018 after Brannan was honored as a CoSIDA Academic All-American for the third time in as many years.

Since Julie Estin earned the first two honors in back-to-back years in 1986 and 1987, Alabama gymnasts have claimed 23 CoSIDA Academic All-America accolades, including Mackenzie Brannan's third honor in 2018. Alabama gymnastics' Academic All-America tally is all the more impressive because gymnasts compete in the at-large category with student-athletes from across the nation in a dozen other sports. The Crimson Tide also leads all gymnastics programs in the honor.

Brannan became the third Alabama gymnast to earn three Academic All-America honors in a career, joining Lauren Beers (2014, 2015, 2016) and Kassi Price (2008, 2009, 2010). Beers was also the fourth UA gymnast to be named CoSIDA At-Large Team Academic All-American of the Year, joining Kim Jacob (2014), Kayla Hoffman (2011) and Stephanie Kite (2004). In 2014, Jacob was the first Alabama gymnast and third Tide student-athlete to be named the overall Academic All-American of the Year – presented to the top scholar-athlete in all of NCAA Division I, regardless of sport or gender.

Other Alabama gymnasts to be honored by the College Sports Information Directors of America as Academic All-Americans include Kelly Good, Dana Dobransky, Merritt Booth, Meredith Willard, Kristin Sterner and Keely McNeer.

CRIMSON TIDE ACADEMIC AND SCHOLASTIC ALL-AMERICANS

Capital One Academic All-American of the Year

2014 Kim Jacob

CoSIDA At-Large Team Academic All-American of the Year

2016 Lauren Beers
2014 Kim Jacob
2011 Kayla Hoffman
2004 Stephanie Kite

CoSIDA Academic All-America

2018 Mackenzie Brannan !
2017 Mackenzie Brannan !
Keely McNeer !
2016 Lauren Beers !
Mackenzie Brannan #
2015 Lauren Beers !
2014 Kim Jacob !
Lauren Beers #
2013 Kim Jacob !
2011 Kayla Hoffman !
2010 Kassi Price !
2009 Kassi Price !
2008 Kassi Price ^
2004 Stephanie Kite !
2003 Stephanie Kite !
2003 Kristin Sterner !
1998 Merritt Booth ^
1997 Meredith Willard !
1993 Dana Dobransky #
1992 Dana Dobransky #
1988 Kelly Good ^
1987 Julie Estin !
1986 Julie Estin !

! = 1st team; # = 2nd team; ^ 3rd team

CoSIDA Academic All-Region

2007 Cassie Martin
2005 Shannon Hrozek
Michelle Reeser
1994 Sheryl Dundas

National Association of Collegiate Gymnastics Coaches Scholastic All-America

2019 Abby Armbricht
Maddie Desch
Asia Dewalt
Kylie Dickson
Emily Gaskins

Angelina Giancroce
Jensie Givens
Lexi Graber
Ariana Guerra
Griffin James
Baillie Key
Alonza Klopfer
Shea Mahoney
Sanja Mitchell
Shallon Olsen
2018 Abby Armbricht
Mackenzie Brannan
Maddie Desch
Kylie Dickson
Peyton Ernst
Angelina Giancroce
Lexi Graber
Ariana Guerra
Nickie Guerrero
Baillie Key
Alonza Klopfer
Jennie Loeb
Shea Mahoney
Kiana Winston
2017 Abby Armbricht
Katie Bailey
Mackenzie Brannan
Jenna Bresette
Wynter Childers
Caitlin Cole
Maddie Desch
Peyton Ernst
Angelina Giancroce
Ariana Guerra
Nickie Guerrero
Amanda Jetter
Jennie Loeb
Shea Mahoney
Keely McNeer
Mary Lillian Sanders
2016 Abby Armbricht
Lauren Beers
Jenna Bresette
Ariana Guerra
Nickie Guerrero
Amanda Huang
Amanda Jetter
Keely McNeer
Jennie Loeb
Mackenzie Brannan

Mary Lillian Sanders
Aja Sims
Mackenzie Valentin
Kiana Winston
2015 Lauren Beers
Mackenzie Brannan
Kaitlyn Clark
Lora Leigh Frost
Nickie Guerrero
Jennie Loeb
Keely McNeer
Mary Lillian Sanders
Aja Sims
Mackenzie Valentin
Kayla Williams
Kiana Winston
2014 Lauren Beers
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Kim Jacob
Keely McNeer
Diandra Milliner
Mary Lillian Sanders
Aja Sims
Kayla Williams
2013 Becca Alexin
Lauren Beers
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Marissa Gutierrez
Kim Jacob
Diandra Milliner
Brooke Parker
Ashley Priess
Kayla Williams
2012 Becca Alexin
Kaitlyn Clark
Sarah DeMeo
Ria Domier
Lindsey Fowler
Lora Leigh Frost
Kim Jacob
Diandra Milliner
Brooke Parker
Ashley Priess
Rachel Terry
Hannah Toussaint
Kayla Williams
Becca Alexin
Alyssa Chapman
2011

Sarah DeMeo
Ria Domier
Lindsey Fowler
Kayla Hoffman
Kim Jacob
Megan Mashburn
Jordan Moore
Diandra Milliner
Ashley Priess
Gerald Stack-Eaton
Rachel Terry
Hannah Toussaint
Becca Alexin
Alyssa Chapman
Mary Hauswirth
Kayla Hoffman
Ricki Lebegern
Megan Mashburn
Becca Price
Ashley Sledge
Rachel Terry
Alyssa Chapman
Jocelyn Fowler
Kayla Hoffman
Ricki Lebegern
Brittany Magee
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Ashley Priess
Rachel Terry
2008 Alyssa Chapman
Kayla Hoffman
Jennifer Iovino
Ricki Lebegern
Brittany Magee
Cassie Martin
Megan Mashburn
Amanda Montgomery
Ashley O'Neal
Casey Overton
Kassi Price
Kaitlin White
2007 Alyssa Chapman
Ricki Lebegern
Brittany Magee
Cassie Martin
Amanda Montgomery
Casey Overton
Kassi Price
Kaitlin White
2006 Melanie Banville
Mari Bayer

Rachael Delahoussaye
Brittany Magee
Cassie Martin
Amanda Montgomery
Dana Pierce
Bianca Puella
Erin Rightley
2005 Mari Bayer
Rachael Delahoussaye
Shannon Hrozek
Meredith Laxton
Michelle Reeser
2004 Mari Bayer
Rachael Delahoussaye
Johnna Gay
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Meredith Laxton
Michelle Reeser
2003 Mari Bayer
Rachael Delahoussaye
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Dana Pierce
Michelle Reeser
Kristin Sterner
2002 Natalie Barrington
Helen Burgin
Tiffany Byrd
Krista Gole
Erin Holdefer
Lauren Holdefer
Shannon Hrozek
Stephanie Kite
Alexa Martinez
Whitney Morgan
Andree Pickens
Michelle Reeser
Kristin Sterner
2001 Natalie Barrington
Tiffany Byrd
Krista Gole
Robin Hawkins
Katie Hornecker
Stephanie Kite
Alexa Martinez
Jeana Rice
Kristin Sterner
Lexa Evans
Robin Hawkins
Katie Hornecker
Alexa Martinez
Whitney Morgan

Sara Scarborough
Lissy Smith
Kristin Sterner
Dara Stewart
1999 Natalie Barrington
Mandy Chapman
Lexa Evans
Robin Hawkins
Gina Logan
April Makinson
Alexa Martinez
Whitney Morgan
Lissy Smith
Raegan Tomasek
1998 Merritt Booth
Mandy Chapman
Lexa Evans
April Makinson
Danielle McAdams
Merritt Booth
Mandy Chapman
Heidi Harriman
Danielle McAdams
Meredith Willard
1996 Merritt Booth
Lisa Gianni
Danielle McAdams
Marna Neubauer
Meredith Willard
1995 Merritt Booth
Chasity Junkin
Danielle McAdams
Marna Neubauer
Meredith Willard
1994 Sheryl Dundas
Chasity Junkin
Kara Stilp
Meredith Willard
1993 Dana Dobransky
Sheryl Dundas
Chasity Junkin
1992 Dana Dobransky
Sheryl Dundas
Chasity Junkin
Katherine Kelleher
Shea McFall
1991 Dana Dobransky
Sheryl Dundas
Katherine Kelleher
Shea McFall

ALABAMA GYMNASTICS: SEVEN NCAA ELITE 90 AWARDS IN A ROW



In 2016, Lauren Beers became the first gymnast to win back-to-back-to-back NCAA Elite 90 Awards. She earned the Crimson Tide's seventh Elite 90 trophy with a perfect 4.0 grade point average in exercise science. From the left, Alabama head coach Dana Duckworth, Lauren Beers and former assistant director of athletic student services Fern Hampton.

Instituted prior to the 2010 season, the NCAA Elite 90 Award recognizes the student-athlete with the highest cumulative grade point average who has reached the competition at the finals site for each of the NCAA's 90 championships across its three divisions.

With a perfect 4.0 GPA for her career, Lauren Beers became the first gymnast to earn back-to-back-to-back Elite 90 Awards when her name was called for the prestigious honor during the 2016 NCAA Championship Banquet in Fort Worth, Texas. She is the fourth UA gymnast to earn the award overall and she kept the Crimson Tide's streak a perfect seven-for-seven with her third win.

"We are so very proud of Lauren and ecstatic for our program to be able to continue to earn this amazing honor," Alabama head coach Dana Duckworth said. "Our ladies put a tremendous amount of hard work and dedication into their academic pursuits and this is a shining example of what can happen when your standard is excellence."

One of the most prestigious academic honors bestowed upon a collegiate student-athlete, Alabama gymnastics has dominated the Elite 90 like no other program. Throughout all

the sports and NCAA divisions covered by the honor, Alabama gymnastics is the only program to win the award in each of its first seven years in existence.

"We are proud to have earned all seven of these awards," Duckworth said after Beers' third win. "We have tremendous gratitude for Jon Dever, Fern Hampton and the entire staff at the Bill Battle Academic Center for their daily commitment to supporting our student athletes academically. I also want to thank our administration for providing the tools that allow our women to be the best version of themselves in every area of their life. We are truly fortunate."

All-American Kassi Price earned the inaugural award in 2010 with a perfect 4.0 GPA of her own. She was followed by All-American Rachel Terry who won back-to-back trophies in 2011 and 2012, coinciding with the Tide's latest NCAA Championships. All-American Kim Jacob kept the streak alive when she earned the honor in 2013.

Heading into the 2020 season, UA gymnasts have won the honor seven of its 10 years. Across all sports, the Tide is just behind Stanford for the NCAA lead in Elite 90 honors with 16 in the award's first 10 years.



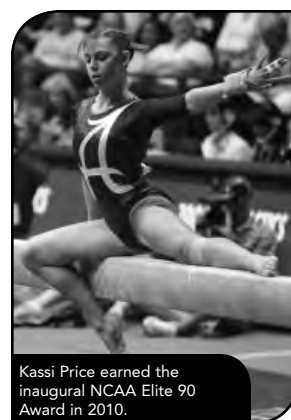
Kim Jacob earned the Crimson Tide's fourth NCAA Elite 90 Award trophy in 2013.



Rachel Terry became the first gymnast to win two NCAA Elite 90 Awards in a career in 2012.



Rachel Terry won the Crimson Tide's second NCAA Elite 90 Award in 2011.



Kassi Price earned the inaugural NCAA Elite 90 Award in 2010.

CHAMPIONS

NCAA AND SEC POSTGRADUATE SCHOLARSHIP WINNERS

One of the most coveted and prestigious national honors available to collegiate athletes, the NCAA Postgraduate Scholarship is awarded to athletes in their final year of competition who have performed with distinction both athletically and academically.

Some programs never have an athlete receive the scholarship, while Alabama gymnastics has produced 21 NCAA postgraduate scholarships since Julie Garrett earned the first in 1983, the most of any program in the nation, a tally that includes the Tide's latest honoree, 2018 senior Mackenzie Brannan. That total includes Ashley Sledge, who earned two NCAA

postgraduate scholarships (the standard and the Ethnic Minority and Women's Enhancement Scholarship), giving Alabama 20 gymnasts with 21 scholarships.

In addition to the NCAA honors, Alabama gymnasts have earned 12 Southeastern Conference Postgraduate Scholarships, including Brannan in 2018. Alabama's SEC scholarship total also leads all gymnastics programs.

All told, 22 Alabama gymnasts have earned either NCAA or SEC postgraduate scholarships, with half of those earning both.



MACKENZIE BRANNAN

A member of the Crimson Tide's 2015 Southeastern Conference Championship team, Mackenzie Brannan finished her career as a

four-time All-American and a three-time CoSIDA At-Large Academic All-American. She became the 11th UA gymnast to earn both SEC and NCAA Postgraduate Scholarships. She is preparing for physical therapy school.



KEELY MCNEER

A member of the Crimson Tide's 2014 and 2015 Southeastern Conference Championship teams, Keely McNeer finished her career

as a two-time All-American and a First-Team CoSIDA At-Large Team Academic All-American. After earning an NCAA Postgraduate Scholarship, McNeer earned her undergraduate degree in chemical engineering at Alabama and is attending medical school.



LAUREN BEERS

Part of the Crimson Tide's 2014 and 2015 Southeastern Conference Championship teams, Lauren Beers became the first gymnast to earn three NCAA Elite 90 Awards, the 18th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the 12th to earn an SEC Postgraduate Scholarship. A seven-time All-American, the 2016 CoSIDA At-Large Team Academic All-American of the year and a three-year CoSIDA Academic All-American, Beers is finishing her master's degree at Alabama.



SARAH DEMEO

Part of the Crimson Tide's 2011 and 2012 NCAA Championship teams, as well as a pair of SEC titles in 2011 and 2014, Sarah

DeMeo also became the 17th gymnast to earn an NCAA Postgraduate Scholarship. A three-time All-American and a four-year Scholastic All-American, DeMeo is preparing for physician's assistant school.



KIM JACOB

The 2014 NCAA all-around champion, Kim Jacob was part of the 2011 and 2012 NCAA Championship teams as well as a pair of SEC titles in 2011 and 2014. She also earned both SEC and NCAA Postgraduate Scholarships, the ninth Crimson Tide gymnast to take home both awards. A three-time SEC Gymnastics Scholar-Athlete of the Year, an 11-time All-American, a four-year Scholastic All-American and the 2013 NCAA Elite 90 Award winner, Jacob went on to earn an MBA from Alabama.



DIANDRA MILLINER

The 2013 NCAA vault champion, Diandra Milliner was part of the 2011 and 2012 NCAA championships as well as a pair of SEC titles in 2011 and 2014. She also became the 15th gymnast to earn an NCAA Postgraduate Scholarship. A seven-time All-American and a four-year Scholastic All-American, she is currently working as a stunt performer and is part of SAG-AFTRA.



ASHLEY PRIESS

Ashley Priess, now Ashley Johnston, earned four championship rings during her UA tenure – two NCAA and two SEC. She also became the 14th Alabama gymnast to earn an NCAA Postgraduate Scholarship. She was the first UA gymnast to complete her undergraduate degree and earn a master's degree while still competing. An NCAA Woman of the Year Top-30 finalist, Priess also earned The Bryant Award. After working for renowned leadership expert Tim Elmore, she is currently an assistant coach at Auburn University.



ASHLEY SLEDGE

Ashley Sledge helped lead Alabama to the 2011 and 2012 NCAA Championships as well as an SEC title during her years at the Capstone. In 2013, she also became the 13th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the first to win two when she also earned an NCAA Ethnic Minority and Women's Enhancement Scholarship. Earning a master's of business administration from Alabama, Sledge is now an advisory technology consultant at PwC.



KAYLA HOFFMAN

Kayla Hoffman, now Kayla Hughes, led Alabama to the 2011 NCAA Championship as well as a pair of SEC Championships during her UA tenure. She also became the 12th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the eighth to take home both an NCAA and SEC Postgraduate Scholarship. Hoffman earned the Honda Award, SEC Female Athlete of the Year and the NCAA Today's Top VIII Award as a senior. She is now teaching at The Goddard School in Baltimore, Md.



KASSI PRICE

Kassi Price helped Alabama to an SEC Championship during her years at the Capstone. In 2010, she also became the 11th Alabama gymnast to earn an NCAA Postgraduate Scholarship and the seventh to earn both an NCAA and SEC Postgraduate Scholarship. Alabama's first three-year CoSIDA Academic All-American, she also earned the inaugural NCAA Elite 90 Award. After earning a master's degree in sports administration from Alabama, she is the technology communications manager at GolfNow.

NCAA & SEC POSTGRADUATE SCHOLARSHIP WINNERS



STEPHANIE KITE

Stephanie Kite, now Stephanie Jones, helped Alabama to NCAA and SEC Championships during her years at the Capstone. In 2004, she also became the 10th Alabama gymnast to earn an NCAA Postgraduate Scholarship and was named the 2004 CoSIDA Academic All-American of the Year, a first for a Crimson Tide athlete. After serving as executive director of the Laps for Cystic Fibrosis Foundation, she is currently the Mission Assistant/Information Coordinator for Mountain Brook Community Church.



KRISTIN STERNER

In 2003, Kristin Sterner, now Dr. Kristin LeGrand, became the sixth Alabama gymnast to earn both an NCAA and SEC Postgraduate Scholarship. She was also the third to be named SEC Scholar-Athlete of the Year. An NCAA Top VIII honoree and NCAA Woman of the Year finalist, she earned three championship rings at Alabama, including the 2002 NCAA Championship and the 2000 and 2003 SEC titles. A graduate of Michigan State Medical School, she is practicing family medicine in Vancouver, Wash.



ANDREÉ PICKENS

In 2002, Andree Pickens, now Andree Houston, became the first Crimson Tide gymnast to earn the Southeastern Conference's Community Service Postgraduate Scholarship, which was first awarded in 1995. As the president of Alabama's Student Athlete Advisory Board, she directed the Tide's student-athletes to new heights in the area of community outreach and service. She is the Assistant Athletics Director for Compliance at Auburn University Montgomery.



MERRITT BOOTH

Merritt Booth, now Merritt Baumgartner, was part of NCAA and SEC Championship squads. She earned six All-America honors, three each first and second team. A finalist for the NCAA Woman of the Year award and a four-year Scholastic All-American, she earned an NCAA Postgraduate Scholarship. Booth used her scholarship to earn a physician's assistant degree at South Alabama.



MEREDITH WILLARD

Meredith Willard, now Meredith Lubber, graduated with SEC and NCAA Championship rings as well as the 1996 NCAA All-Around title. She also took home NCAA and SEC Scholarships. An 11-time first team All-American, NCAA Today's Top VIII award winner and NCAA Woman of the Year finalist during her UA tenure, she obtained a master's of business administration from UNC-Charlotte and worked for public relations company Racing Champions, whose hottest property is NASCAR.



DANA DOBRANSKY

Dana Dobransky, now Dana Duckworth, earned both SEC and NCAA Postgraduate Scholarships to go with an SEC Championship ring, an NCAA Championship ring and a pair of individual NCAA balance beam titles. In the fall of 1996, she returned to Alabama to obtain a master's of business administration. After more than a decade in the corporate world, she joined the Alabama coaching staff full time in the fall of 2008 and is now the Crimson Tide's head coach.



KATHERINE KELLEHER

Katherine Kelleher, now Katherine Laubenthal, graduated with NCAA and SEC Championship rings to keep her NCAA and SEC Postgraduate scholarships company. A three-time All-American, SEC champion and two-time Regional champion, she graduated with a degree in corporate finance and investment management. She is a systems consultant for Blue Cross Blue Shield in Birmingham.



KELLY GOOD

Kelly Good, now Kelly Baham, graduated with an SEC and NCAA Championship ring and a matching pair of scholarships to go with them. The All-American attended Alabama-Birmingham where she received a master's of science in physical therapy. She is now co-owner of Progress Physical Therapy in Richmond, Va.



MARIE ROBBINS

Marie Robbins graduated with one NCAA and two SEC Championship rings as well as an SEC Postgraduate scholarship. The four-time All-American and two-time SEC champion graduated from the Alabama Law School. She then went to work for the Southeastern Conference. She returned to Alabama as Associate Athletics Director for Compliance in 1996 and was promoted to Senior Woman Administrator in 2002.



JULIE ESTIN

Julie Estin, now Dr. Julie Vaughn, a 1987 recipient of both the NCAA and SEC Postgraduate Scholarships, attended Alabama-Birmingham medical school and is a Tuscaloosa area pediatrician. During her tenure at the Capstone, Vaughn was a six-time All-American, two-time SEC champion, five-time Regional champion and Alabama's first SEC Scholar-Athlete of the Year. She was also a two-time CoSIDA Academic All-American.



BARBARA MACK

Barbara Mack, now Barbara Harding, earned the NCAA Postgraduate Scholarship in 1985. Mack was an All-American, SEC and Regional champion and the winner of the AMF American Award as the nation's most outstanding senior. She was also a Rhodes Scholarship finalist. Mack used her scholarships to go on to Georgetown Law School. She served as a prosecutor for the U.S. Department of Justice and is now in private practice.



JULIE GARRETT

Julie Garrett was the first Alabama gymnast to receive an NCAA Postgraduate Scholarship. Garrett was also the Tide's first All-American and SEC champion. She competed before the Southeastern Conference awarded postgraduate scholarships. The league first presented its scholarship in 1985.



ALABAMA GYMNASTS LEND A HELPING HAND

As much as winning championships and excelling in the classroom, working to make the world around them a better place is one of the primary hallmarks of the Alabama gymnastics program.

"We are known for excellence athletically and academically," head coach Dana Duckworth said. "But being a part of the Alabama gymnastics family also means giving of yourself to other people, lending a helping hand where it is needed and being an engaged citizen in the community."

Alabama gymnasts are busy throughout the community, especially when it comes to ReadBAMARead, The Power of Pink and working with The RISE School. Through its annual Elevate the Stage meet, the Crimson Tide helps champion Smile-A-Mile, an organization that supports children with cancer. Tide gymnasts also speak to local school children about staying away from drugs and alcohol, raise funds for Project Angel Tree, paint faces and help kids with their somersaults during the Tide's annual Halloween Extravaganza and help raise awareness for the fight against breast cancer with the Power of Pink meet.

Lauren Beers was named the SEC Community Service Leader of the Year in 2016, an award that spans all sports and schools in the SEC. Andréé Pickens won the same award in 2002 just weeks after leading the Crimson Tide to the NCAA Championship, proving that there is always time to give back.

In addition to team projects, each gymnast finds her own way to make a difference, from working in soup kitchens to visiting the elderly at assisted living facilities, and nearly every gymnast has encouraged school children through various speaking engagements.





THE DAVID DESANTIS COMMUNITY SERVICE AWARD



Shea Mahoney (center), winner of the 2019 David DeSantis Community Service Award, with the Crimson Tide coaching staff.

One of the nation's top gymnasts, whose exuberant performances brings Crimson Tide fans to their feet week-in and week-out during the season, Shea Mahoney uses her penchant for joy to make a difference outside the gym as well.

Throughout the 2018-19 academic year, she volunteered on a weekly basis at the Manderson Cancer Center in Tuscaloosa, helping support the men and women who utilize the facility during their fight against cancer. She is also active in the Crimson Tide's Power of Pink initiative, helping raise awareness in the fight against breast cancer.

Her decision to start giving of her scant free time to help out at the Cancer Center came after the team made a visit to the facility, part of the DCH Health System, which located adjacent to campus.

"I feel that I'm called to just share my heart and share my words with people in any way I can," Mahoney said. "I just felt so called that day to be involved with that place and be involved with the patients and the people in any way I possibly could."

She has also volunteered with Habitat for Humanity, ReadBAMARead, Smile-A-Mile as well as Alabama Athletics' Halloween Extravaganza and Thank-A-Thon.

"Shea is the epitome of someone that just finds more joy in helping others find their joy than she does in finding her own," UA head coach Dana Duckworth said.

For all her efforts in the community, Mahoney was named to the 2019 SEC Community Service Team and was honored with Alabama's Athletics Heart of Service Award as well as the David DeSantis Community Service Award, named in 2009 for the local philanthropist.

DeSantis has been an integral part in the Crimson Tide's Power of Pink initiative since its inception, helping raise more than \$2 million for the DCH Breast Cancer Fund through the annual Tuscaloosa Toyota/DCH Foundation Golf Classic and Nite on the Green events. He and Tuscaloosa Toyota also lent a generous hand to head coach Dana Duckworth's ReadBAMARead Foundation in its first year, combining with Toyota Motor Sales USA to contribute more than \$20,000 to the foundation during the Crimson Tide's 2012 Tornado Relief meet against Missouri.

Prior to Mahoney, All-American and Scholastic All-Americans Kiana Winston (2018) and Nickie Guerrero (2017) earned the DeSantis award. Scholastic All-American Mackenzie Valentin took home the honor in 2016, All-American and Academic All-American Lauren Beers earned the award in 2015 and NCAA champion, All-American and Academic All-American Kim Jacob earned the honor in 2013 and 2014. Duckworth earned the honor in 2012 for her ReadBAMARead Foundation. Scholastic All-American Alyssa Chapman earned the award in 2011 following All-American Kassi Price in 2010 honor. All-American Ricki Lebegern became the inaugural recipient of the award in 2009.

CHAMPIONS THE POWER OF PINK

BUILT BY BAMA



Pink shakers, pink shirts, even the occasional pink boa – once a season, everyone puts on their best pink outfits, grabs their favorite pink accessories and heads to Coleman Coliseum for a gymnastics meet. The pink isn't as much a fashion statement, but a show of support for former Alabama gymnastics head coach Sarah Patterson's Power of Pink initiative.

It started with a simple idea and grew into one of Patterson's greatest triumphs. She wanted to help raise awareness for the fight against breast cancer, a disease that has touched the lives of so many women around the world.

"I am very lucky," Patterson said. "Not only to be healthy, but also that I have access to excellent medical care. Not everyone is so fortunate, and I wanted to do something that would help those who need it most."

So she picked Alabama vs. Auburn on Feb. 4, 2005, and designated it as the "Drive 4 the Cause" meet. She asked everyone to mark the date and to "Think Pink, Wear Pink."

They did and in droves with the first Power of Pink meet drawing 13,299 fans and a legion of support.

That singular idea and that first meet blossomed into a staggering phenomenon and on Friday, Feb. 7, 2020, Alabama will host its 16th Power of Pink meet, welcoming the Missouri Tigers to Coleman Coliseum while resplendent in pink.

Over the past 15 years more than 220,000 fans have filled Coleman Coliseum with pink for the annual event, including an Alabama and Southeastern Conference record 15,162 fans in 2006 and matching sellouts of 15,075 in 2007, 2008, 2009, 2010, 2012, 2013 and 2014.

The event has evolved into an extraordinary and powerful night dedicated to awareness and hope. In the week prior to each Power of Pink meet, the Coliseum and dozens of University and Tuscaloosa buildings and landmarks are lit

in pink. Prior to the start of the meet itself, the gymnasts step up on to a platform in the center of the arena floor alongside a breast cancer survivor, honoring their fight and those of so many others.

Within the UA athletics department the event has grown from gymnastics to other sports to the point where Alabama Athletics' Power of Pink program sees Crimson Tide women's teams hosting pink events throughout the year.

The pink events have also gone beyond Crimson Tide athletics and Tuscaloosa, exploding into a nation-wide cause. Since Alabama hosted its first meet in 2005, all of the nation's top gymnastics programs have either hosted or participated in a pink meet, including every member of the Southeastern Conference.

The Women's Basketball Coaches Association started its pink initiative in 2007, encouraging its members to participate in a "Think Pink" week that has now evolved into the WBCA's "Pink Zone."

There have been similar efforts at the collegiate level in women's soccer and volleyball as well. Even the NFL and Major League Baseball have gotten into the act with NFL players wearing pink gloves, chinstraps and shoes during Breast Cancer Awareness Month in October and MLB players using pink bats on Mother's Day in a show of support in the fight against breast cancer.

From the beginning, support for Patterson's Power of Pink initiative was swift and widespread.

"So many people have worked extremely hard and put in long hours for this worthy cause, this vital fight," Patterson said. "What we all realize is that as coach Paul Bryant was fond of saying 'The price of victory is high, but so are the rewards.' I can think of no greater reward, no better return on the investment of time and

resources so many have put forth, than beating this disease."

The Power of Pink continues to grow every day, and because of the way Tuscaloosa has taken to the Power of Pink, women in the West Alabama community have someone in their corner in the fight against breast cancer.

THE DCH BREAST CANCER FUND

The DCH Foundation established a fund to support Sarah Patterson's Power of Pink initiative in the winter of 2004. Donations can be made to the DCH Breast Cancer Fund by mailing a check to: DCH Foundation, 809 University Blvd. E., Tuscaloosa, AL 35401. The DCH Breast Cancer Fund should be noted on the memo line of the check.

The DCH Foundation, Inc., was established in 1973 to provide a way for citizens of West Alabama to help create for themselves the best health system in the nation.

More about the DCH Breast Cancer Fund: The DCH Breast Cancer Fund's purpose is to promote awareness and provide educational programs on prevention and early detection of breast cancer. The Fund also provides breast screenings to women in need of those services. Patients who meet the eligibility requirements will be provided assistance to pay for early detection services at the DCH Cancer Center. Eligibility criteria will be prepared and provided upon request.





Fall is always a very busy and highly productive time for Alabama gymnastics head coach Dana Duckworth. In August, the members of the Crimson Tide return to campus and work continues on the new season.

The fall of 2018 also saw Duckworth's ReadBAMAREAD philanthropy undertake a new and significant project in support of literacy in the West Alabama community.

In October, the ReadBAMAREAD Foundation presented a donation of \$25,000 worth of books to the Tuscaloosa City Board of Education's "Strong Libraries Strong Schools" campaign in support of school libraries.

"Libraries and their mission are at the heart of ReadBAMAREAD," Duckworth said. "We are so excited to have this opportunity to continue to impact literacy and public-school libraries in the Tuscaloosa community, and we completely and enthusiastically support the 'Strong Libraries Strong Schools' initiative."

The RBR non-profit charity, cofounded by Duckworth and Donna Benjamin, has an ongoing mission to enhance childhood literacy.

"When we first heard of the school board's goal to raise Tuscaloosa libraries to meet the 'exemplary,' standard, it really spoke to us and our underlying principles," Benjamin said. "It's something we had to be a part of."

Duckworth, Benjamin and other members of the RBR Board of Directors presented the donations to the librarians of the Tuscaloosa City School Systems' five middle schools at the Alberta School of Performing Arts.

"We are thrilled that ReadBAMAREAD is partnering with the Tuscaloosa City Schools to

make sure we have exemplary libraries in all TCS schools for all students," Dr. Mike Daria, Superintendent for the Tuscaloosa City Schools, said.

Each school received a \$5,000 "Book Spree" at the Tuscaloosa Barnes & Noble for their libraries in November, when the school's media specialists picked out titles for their respective libraries.

"It's amazing for this group of professionals, who work in our schools every day to promote a love of reading and to do it so well, to be affirmed and supported in that work," Daria said following the Book Spree. "Events like today, and the work being done by ReadBAMAREAD and Barnes & Noble in this effort, shows what can happen when a whole bunch of good people get together with a common cause."

In its earliest days, RBR took an active role in restocking the three elementary school libraries that were destroyed by the tornadoes that ripped through West Alabama in April 2011. Duckworth and Benjamin quickly put together the foundation to help raise money to stock the libraries once they were rebuilt.

ReadBAMAREAD took off immediately.

"I've always believed that reading is fundamental to all learning, and I knew immediately that this was something that could make a real difference in our community and that it would be embraced by our community," Duckworth said.

With wide-spread support from the community and local philanthropists like David DeSantis and Tuscaloosa Toyota, along with partnerships with The Color Run and the

Tuscaloosa Half Marathon, ReadBAMAREAD met its initial goal of raising enough money for 10,000 bound, library-quality books – at a cost of approximately \$150,000 – for the rebuilt schools in June 2014.

With that goal met, the initiative turned its attention to childhood literacy as a whole. In addition to providing grants for library books to local elementary schools, RBR instituted its ReadBAMAREAD Express program, bringing books to the youngest students in the state of Alabama's school systems, helping ignite an interest in reading. The RBR Express is still going strong, including events in the spring and fall of 2019.

With the launch of "Strong Libraries Strong Schools," ReadBAMAREAD embraced the opportunity to help directly support its initial mission to augment and revitalize Tuscaloosa school libraries.

"Reading is a fundamental skill, and we have an entire community supporting our focus on each child of the Tuscaloosa community," Daria said. "Thanks to Coach Duckworth, Donna and RBR for supporting our efforts to make sure all TCS children are reading at high levels."

The mission of ReadBAMAREAD falls in line with the ideal of Alabama gymnastics.

"As student-athletes, our ladies strive every day to be the best that you can be," Duckworth said. "And through ReadBAMAREAD, we are helping children strive for that same ideal and I couldn't be prouder of that fact."

For more on ReadBAMAREAD, visit www.ReadBAMAREAD.org.



KEEPING UP WITH THE CRIMSON TIDE



Already one of the nation's most visible collegiate athletics programs, Alabama gymnastics received a huge boost in exposure in 2014 with the advent of the SEC Network, a highly successful joint venture between the Southeastern Conference and ESPN to highlight the league and its schools. With more live events than any other conference, gymnastics was one of the sports that took a huge leap in exposure and popularity with the new venture.

"We are so excited that our fans across the country and really around the world will have the opportunity to see our ladies compete live," head coach Dana Duckworth said. "The SEC Network and ESPN provide such amazing exposure for our team and our University."

In 2016, the SEC Network's gymnastics coverage took another step forward when both sessions of the Southeastern Conference Championships were broadcast live.

"It's so exciting that the SEC Network has put this kind of comprehensive coverage together for us and our fans," Duckworth said. "They are changing the way gymnastics is viewed. Our fans across the world will be able to follow every routine and that's great for fans of the SEC and everyone who loves gymnastics."

The blueprint the SEC Network created with the SEC Championship broadcasts were carried over to nationals when the same crew came together to broadcast the NCAA Championships live on ESPN's family of networks.

This past August, the SEC Network celebrated its fifth anniversary, remaining the most widely distributed conference network and, heading into year six, has already broadcast 2,371 live events on its linear channel.

In 2020, seven of the Tide's regular-season meets will be broadcast live and another will be televised on a taped delay basis. All five of Alabama's regular-season home meets will once again either be televised or streamed via the SEC Network+ platform. The NCAA

Championships - semifinals and Super Six Team finals - will be broadcast live on the ABC/ESPN family of networks.

Since 2000, Crimson Tide gymnastics has also had its own weekly television show during the season. The "Dana Duckworth Show" got underway in 2015. The half-hour show, produced in the Crimson Tide's state-of-the-art

digital media center, highlights the gymnastics team's season.

The Tide is also featured on a weekly video feed that sends highlights and interviews to television stations around the country to be used in local and national broadcasts, so that no matter where a gymnast is from, her hometown media outlets can keep up with her.

Duckworth is a regular on the Tide's weekly radio program, "Hey, Coach!" during the season, talking all things Alabama gymnastics.

As for keeping up with the day-to-day aspects of the Tide, BamaGymnastics is the Crimson Tide's handle for Twitter, Instagram and Facebook. Alabama stands among the national leaders when it comes to collegiate gymnastics programs Twitter followers and Instagram and Facebook likes. Duckworth also keeps everyone up to date on everything Alabama on Twitter and Instagram (UACoachDana).

There are a pair of websites devoted to Alabama gymnasts and their accomplishments. The official University of Alabama Athletics site is located at RollTide.com. The other key site for those who want to be in the know about UA gymnastics is BamaGymnastics.org, a product of Alabama's booster organization, The Medalist Club.

Alabama is also one of the few collegiate women's programs in the nation that produces a full-color program for its home meets. The souvenir program includes bios, features, photos and opponent information.



FOLLOW ALABAMA GYMNASTICS

BAMAGYMNASTICS



#WHERELEGENDSAREMADE | #ROLLTIDE

FOLLOW THE COACHES:

@UACOACHDANA

@UACOACHRYAN

@UACOACHBILL



@UACOACHDANA



ALABAMA GYMNASTICS ON SOCIAL MEDIA



The Alabama gymnastics team shares a wide range of digital content via its suite of social media accounts. This includes everything from videos and photos produced by the Crimson Tide's creative team to quick-hit videos and snapshots that give an inside look into Alabama's day-to-day life to factoids about the Tide's storied history and ongoing success. Following BamaGymnastics on Instagram, Snapchat, Facebook and Twitter is a great way to get an inside look into Alabama gymnastics on the fly.

ALABAMA GYMNASTICS IN THE NEWS

In addition to being regulars on television, on the internet and in magazines, Crimson Tide gymnastics is also front page news for Alabama's daily newspapers. Alabama gymnastics has also warranted its own special section in *The Tuscaloosa News* on average of once a year over the past decade. Those special sections usually come in conjunction with the Tide's biggest meet of the season and explore a variety of topics, including the art of vaulting, the physics of gymnastics, Alabama's ever-growing attendance and the Power of Pink initiative.





DANA DUCKWORTH

HEAD COACH

To say that Dana Duckworth has never met a stranger is an understatement.

"I love connecting with people," she said. "It's one of the true joys in my life."

It's an attribute she first developed growing up in Michigan and continued during her extraordinary career, first within USA Gymnastics and later as an NCAA Champion at Alabama.

It's also what led her to be ultra-successful, first in the corporate world and then as an assistant coach and then, ultimately, head coach at her alma mater.

"At Alabama, we want to develop gymnasts who enjoy great success both in the arena and in the classroom, but more than that, we focus on developing the whole person," Duckworth said. "That's always been one of the cornerstones of this program and its success."

The Crimson Tide's head coach since July 2014, the continuation of that philosophy has held Alabama and its gymnasts in good stead.

In 2015, Duckworth became the first in league history to lead a team to an SEC gymnastics championship as a first-year head coach. The Tide also extended its streak of top-four NCAA finishes to seven, by far the best in the nation. The Tide also won its NCAA-best 30th regional title in her first season as head coach.

She also got to fly with the Blue Angles, serve as the Grand Marshal of the Crimson Tide's 2015 Homecoming Parade, visit midfield of Bryant-Denny Stadium to receive yet another championship ring and look on as Kim Jacob was honored as a finalist for the NCAA Woman of the Year in Indianapolis.

That success has continued unabated ever since. Alabama earned another NCAA regional title, and finished third at the NCAA Championships in 2016, marking the Tide's 23rd top-three national finish, the most in collegiate gymnastics history. She also saw 2016 senior Lauren Beers earn her third NCAA Elite 90 Award and the 2016 SEC Community Service of the Year honor.

In 2017, Alabama earned its NCAA-best 23rd Super Six Finals berth and became the only team to finish in the top six each of the previous 10 years. Individually, Katie Bailey earned another individual NCAA title, while Keely McNeer earned Alabama's 20th NCAA Postgraduate Scholarship.

In 2018, Alabama won its NCAA-best 32nd regional championship, posted its 20th consecutive top-three finish at the SEC Championships, taking second place, and advanced to the NCAA Championships for the 36th year in a row, while posting its 34th top-eight finish and 36th in the top 10. Mackenzie Brannan also closed out her career as a three-year CoSIDA Academic All-American as well as an SEC and NCAA Postgraduate Scholarship winner.

Through all this, Duckworth found that fundamentals of leadership, whether as a gymnast, volunteer coach, full-time assistant coach or head coach, remain the same.

"I am here to help these young ladies become the best version of themselves," Duckworth said. "If I'm focused on that, then everything else will take care of itself. There's no cookie-cutter approach at Alabama. We take the time to get to know each gymnast and identify what will make them successful and then we work to achieve as much as we can within a family environment."

That understanding of what drives success at Alabama is why Duckworth was the only choice for the legendary Sarah and David Patterson when they went looking for an assistant coach in the late 2000s and again when the Pattersons retired and the University needed to hire a new head coach for the first time in nearly 40 years.

"I took recruiting trips to the top five schools – schools that are still in the top five today – and I felt something here," Duckworth said. "I felt a connection with the coaches and with the team, a chemistry that I knew, even then, that I would not find at a different school. I went on four other trips and they just solidified what I felt here at Alabama. I love our environment, I love our culture, I love our tradition and I love the fact that when you go out as an Alabama gymnast you represent all those things."

It was those same elements that made her decision to leave a lucrative career with Pfizer Pharmaceuticals to join the Alabama coaching staff on a full-time basis in the fall of 2008 after nine years as a volunteer coach with the Crimson Tide such an easy one.

"I really enjoyed what I was doing at Pfizer and it's a tremendous company, but my heart and my passion have always been here at the Capstone with our program," Duckworth said. "I felt like this was an opportunity for me to do what



The Duckworths – Camryn, Dana, Joe and Jace

DANA DUCKWORTH CAREER CAPSULE

Family: Husband – Joe
Daughter – Camryn
Son – Jace

Hometown: Sterling Heights, Mich.

Education: University of Alabama
Telecommunications & Film, 1993
Master's of Business Administration, 1998

THE TIDE WITH DUCKWORTH

As a Coach (five as head coach, six as assistant coach and nine as volunteer coach)

Record at Alabama/Years: 193-62-1/20

- 3 NCAA Team Championships - 2002, 2011, 2012
- 5 SEC Team Championships - 2003, 2009, 2011, 2014, 2015
- 17 NCAA Regional Team Championships - 1998-99, 2002-03, 2005-16, 2018
- 15 individual NCAA Championships
- 204 All-America honors
- 220 Scholastic All-America honors
- 266 SEC Academic Honor Roll honors
- 46 individual SEC Championships
- 75 All-SEC honors

As an Athlete

Record at Alabama/Years: 48-7-0/4

- 1 NCAA Team Championship – 1991
- 1 SEC Team Championship – 1990
- 4 NCAA Regional Team Championships – 1990-93
- 2 NCAA Balance Beam Championships - 1992, 1993
- 8 All-America honors
- NCAA Postgraduate Scholarship
- SEC Postgraduate Scholarship
- NCAA Woman of the Year – State Honoree
- Second-Team GTE/CoSIDA Academic All-American
- SEC Academic Honor Roll
- SEC champion and All-SEC honoree
- Regional champion

I love and everyone I have ever talked to has said, if you love what you do, you'll never go to another day of work in your life."

Part of the Alabama gymnastics program as a gymnast and coach for 24 seasons, Duckworth has been a part of NCAA team championships from both sides. She was part of the Tide's 1991 NCAA title as a sophomore and the 2002, 2011 and 2012 NCAA championships as a coach. She has also won conference titles as an athlete (1990) and a coach (2003, 2009, 2011, 2014 and 2015).

As much as Duckworth appreciates the championship tradition she has been a part of for so long, what she holds most dear is the overall atmosphere created by the people who live, work and go to school at Alabama.

"The people at The University of Alabama make everything unique and special," Duckworth said. "I love the fact that The University of Alabama is about tradition and culture. I tell people all the time that Tuscaloosa is the best-kept secret because we have it all here and everyone approaches things with a great deal of passion. It makes people's experience very special."

In addition to her infectious enthusiasm for the Crimson Tide and her skills as a technical coach, Duckworth also brings her standing as one of the nation's premier choreographers to the gym. Nothing drives that point home quite like the consistent success the athletes she has worked with have enjoyed.

When Geralen Stack-Eaton won the 2011 NCAA floor exercise championship to cap off an extraordinary junior season, it marked the fifth time that a Duckworth-choreographed routine won the NCAA floor title, including one each by Alabama's Morgan Dennis and Ashley Miles plus a pair by North Carolina's Courtney Bumpers. During her storied Tide career, Miles earned four top-three national finishes on the floor, including the 2004 NCAA floor exercise championship. Duckworth also helped Miles win four consecutive Southeastern Conference and NCAA Regional floor exercise titles. Miles became the first gymnast in SEC history to win the same event all four years of her career.

"It's such a wonderful experience to be able to help these athletes bring out their personality and perform routines that shine," Duckworth said.

As a gymnast, the former Dana Dobransky earned eight All-America accolades and finished her career in 1993 by winning her second consecutive NCAA balance beam title with a perfect 10.0. She was named NCAA Woman of the Year for the State of Alabama in 1993.

As a student, Duckworth was a three-year Scholastic All-American and a two-time CoSIDA at-large Academic All-American, an award that spans several sports. She was inducted into Mortar Board as an undergraduate and earned both an NCAA and SEC Postgraduate Scholarship, utilizing them to attend graduate school at Alabama and obtain her Master of Business Administration in 1998.

"I could have gone anywhere in the country to get my MBA," Duckworth said. "But I chose to come back to Alabama because our business school is one of the best in the country and I loved the size of the campus, I loved the MBA program and more than all that, it was a chance to come back to a place I consider home."

In fall 2018, the UA MBA program named Duckworth as its Alumni of the Year, honoring all she has accomplished since earning her degree.

After graduating with her bachelor's degree, Duckworth moved up the corporate ladder quickly at AMX Corporation, a high-tech firm based in Dallas. She finished her tenure there as manager of AMX's training programs. After receiving her master's degree, Duckworth served as director of marketing for a Trussville-based automotive company followed by a stint as Vice President of Corporate Solutions for a Birmingham company before returning to Tuscaloosa for a highly successful run with Pfizer.

Duckworth's return to Tuscaloosa also saw her start a family. She and her husband Joe, a Tuscaloosa native, married in 2000. The couple has a daughter Camryn born in 2004 and a son Jace born in 2006.

"I could not do this without the support of my husband, my children and my family," Duckworth said. "I also couldn't do this without the support and love of the Alabama gymnastics family. Being an Alabama gymnast is so much more than a four-year commitment. It's building a bond that lasts a lifetime."



BILL LORENZ

ASSISTANT COACH



When head coach Dana Duckworth went to hire the first new member of the Crimson Tide's coaching family since the 1990s, the search was exhaustive, but in the end the choice was clear, and Bill Lorenz joined Duckworth in leading Alabama gymnastics into the future.

"We talked to people all over the country in preparing to make this hire and time and again, it came back to Bill," Duckworth said. "He is a tremendous coach, but more than anything, he understands the tradition of excellence that Alabama's championship legacy is built on. Most importantly, his coaching style is built on the sense of family that has made Alabama gymnastics so great for so many years.

"He is the perfect fit for our program," Duckworth said.

Now in his sixth season with Alabama gymnastics, Lorenz made an immediate impact for the Crimson Tide, helping lead the 2015 team to its ninth Southeastern Conference title.

"It's been exciting to say the least," Lorenz said. "It's one thing to see what Alabama gymnastics is from the outside, to see how they win championships and produce amazing gymnasts, it's quite another to be a part of it from the first practice on. It is an amazing experience. I can't wait to get to work every day."

In 2016, he helped coach Alabama to its NCAA-best 31st regional championship, 32nd top-six finish at the NCAA Championships. The 2017 season saw another trip to the NCAA championships and an NCAA-best 23rd Super Six team finish for the Tide, while 2018 saw Alabama win its NCAA-best 32nd regional title and earn its 36th-consecutive NCAA championship berth.

In his second year with the Tide, he helped coach Katie Bailey to the 2016 NCAA vault title, Alabama's fifth national vault championship and 26th individual NCAA title overall. Mackenzie Brannan won the 2016 SEC vault title after winning the NCAA Auburn Regional vault championship in 2015. In 2018, Lexi Graber won the NCAA Tuscaloosa Regional vault title as a freshman, while also taking top honors in the all-around.

He worked with Shallon Olsen on her way to a silver medal on the vault at the 2018 FIG World Championships and a fourth-place finish at the 2019 World Championships as well as a bronze medal on the vault at the 2019 Pan American Games.

In addition to his in-the-gym coaching duties, Lorenz is also the Tide's recruiting coordinator.

"His attention to detail and his winning personality have allowed him to really make a difference in the gym and in his role as our recruiting coordinator," Duckworth said. "He has such a kind and genuine personality that really shines through in his work with our ladies every day, he's just a joy to have to have as part of our family."

Lorenz came to Alabama after spending a decade at Ohio State, where he was named the National Assistant Coach of the Year in 2012 and the Central Region Assistant Coach of the Year in 2011 and 2012.

"BILL IS A TREMENDOUS COACH, BUT MORE THAN ANYTHING, HE UNDERSTANDS THE TRADITION OF EXCELLENCE THAT ALABAMA'S CHAMPIONSHIP LEGACY IS BUILT ON. MOST IMPORTANTLY, HIS COACHING STYLE IS BUILT ON THE SENSE OF FAMILY THAT HAS MADE ALABAMA GYMNASTICS SO GREAT FOR SO MANY YEARS."

-DANA DUCKWORTH

COACHES/STAFF



The Lorenz family, clockwise from the top left – Andrea, Bill, Madeline and Courtney

"I always knew there was something special about Tuscaloosa and The University of Alabama, but after seeing it firsthand, their tradition of excellence is unparalleled in college athletics," Lorenz said.

Lorenz served as chair of the National Association of Collegiate Gymnastics Coaches competition committee from 2011-15.

"Through my work with the competition committee, I had the opportunity to meet and get to know coaches all over the country, and I can tell you that one of things that makes Alabama so special is the extraordinary people here," Lorenz said. "From the coaches to the athletes and the incredible support staff, everyone here is incredibly driven not only to see our ladies be successful in the gym but in the classroom and in life beyond college as well. I think it's what makes the Crimson Tide so successful."

During his tenure in Columbus, he helped lead the Buckeyes to their first NCAA Championship appearance in 22 years in 2012. The Buckeyes also produced seven All-Americans, including their first in more than a decade while Lorenz was on staff, as well as 19 All-Big 10 gymnasts and two Big 10 Freshmen of the Year.

Prior to joining Ohio State, Lorenz spent two seasons as an assistant coach at Penn State, a stint that included a runner-up finish at the Big 10 Championships.

He started his collegiate coaching career with a year each at Maryland and George Washington.

At the club level, Lorenz coached at Chantilly Gymnasium, Nassau Gymnastics and the legendary Woodward Gymnastics Camp.

Lorenz earned a bachelor's degree in journalism at the University of Massachusetts, in 1998, where he competed as part of the Minutemen's gymnastics team. He is married to the former Andrea Scialdo. The couple has two daughters, Madeline and Courtney.

"As excited as I am to be a part of this amazing program, my wife and I are equally excited about to raise our family in a community that is so nurturing and giving," Lorenz said. "And of course, to have the opportunity for our girls to be around this team and to have such wonderful role models is a tremendous plus as well."



RYAN ROBERTS

ASSISTANT COACH

Ryan Roberts is in his second season as a member of Dana Duckworth's Alabama gymnastics staff after joining the Crimson Tide as an assistant coach in August of 2018.

"Ryan is a sharp, highly respected coach with international and national elite experience who has high expectations for himself, our student-athletes and our program," Duckworth said. "His gymnast-first philosophy encompasses not only performance, but the mental and physical well-being and long-term development of the total person as well. This belief complements the very foundation of our program."

In his first season with the Crimson Tide, Roberts helped propel Alabama to a league-best six All-SEC honors.

Roberts came to Alabama following five years with the World Olympic Gymnastics Academy (WOGA) in Frisco, Texas. At WOGA, he coached members of the United States, Russian and Ecuadorian national teams. He also coached a trio of USA international Elite gymnasts, three Junior Olympic national champions and numerous gymnasts who earned college scholarships. While at WOGA, he also served as the personal coach to three USA National Team members as well as a Russian National Team member who won a silver medal at the World Championships.

"Ryan is not only an excellent coach, but he is a person of tremendous character whose holistic development of student-athletes will be a great asset to The University of Alabama and our gymnastics program," Duckworth added.

A former U.S. Junior Olympic National All-Around Champion, a U.S. National Championships all-around bronze medalist and a three-year member of the U.S. Junior National Team, Roberts helped lead the United States to a win in the 1996 USA vs. Canada meet.

"RYAN IS NOT ONLY AN EXCELLENT COACH, BUT HE IS A PERSON OF TREMENDOUS CHARACTER WHOSE HOLISTIC DEVELOPMENT OF STUDENT-ATHLETES IS A GREAT ASSET TO THE UNIVERSITY OF ALABAMA AND OUR GYMNASTICS PROGRAM."

-DANA DUCKWORTH

COACHES/STAFF



The Roberts family, clockwise from the top left – Pax Luca, Ryan, Hanne, exchange student Roberta Valenza, Aurora and Leo Olav.

"I am very excited to be part of The University of Alabama gymnastics staff and to have the chance to work with Dana and Bill (Lorenz)," Roberts said. "I identify with Dana's philosophy and vision for the team along with her passion to see her student-athletes be the best on the competition floor as well as be the best version of themselves outside the gym."

A much sought after coach at gymnastics clinics and camps across the nation, Roberts spent six years as head coach of the Nedre Glomma Turn Gymnastics Club in Fredrikstad, Norway prior to joining the WOGA staff.

Roberts also served as the Norwegian National Team head coach for numerous international competitions including European Championships, Challenger Cups, Northern European Championships and Nordic Championships. In fall 2013, he was head coach of the Norwegian Senior and Junior National Team camps, and of developmental camps for Norway's future national team and international competitors.

A former communications officer and platoon commander in the U.S. Marine Corps, Roberts' coaching career spans 20-plus years, including a number of years at West Coast Elite Gymnastics (Arcadia, Calif.).

"In addition to his technical knowledge of the sport and professionalism, his diverse background, education, military and professional experience will make a huge difference for our gymnasts and staff," Duckworth said.

Roberts competed for two years at the University of New Mexico before finishing his career as a two-time NCAA qualifier at the University of Massachusetts-Amherst, where he earned his bachelor's degree in psychology

in 2003. He also earned a master's degree in theology from Fuller Theological Seminary in 2010.

Roberts and his wife Hanne have three children, Leo Olav, Aurora Amber and Pax Luca Ryan.

"We are thrilled to have Ryan, Hanne and their children as part of the Alabama gymnastics family, the Tuscaloosa community and the Crimson Tide nation," Duckworth said.





AJA SIMS VOLUNTEER COACH

Crimson Tide All-American and NCAA regional champion Aja Sims is in her second season as a member of Dana Duckworth's Alabama gymnastics staff, after joining the Tide as a volunteer assistant coach in August 2018.

"I am beyond thrilled that Aja is our volunteer assistant coach," Duckworth said.

"She loves this University with all of her heart and she is an extraordinary example to our recruits and current team in regards to the standard of academic and athletic excellence our program is known for. She is an amazing asset to our ladies not only because of her positive attitude but her infectious personality and passion to achieve competitive greatness that fits with everything we stand for at Alabama."

Sims was a balance beam and floor exercise All-American during her collegiate career, helping lead the Crimson Tide to back-to-back Southeastern Conference titles and four consecutive NCAA Super Six finishes. A four-year Scholastic All-American, she earned both President's (4.0 GPA) and Dean's (3.5 or better GPA) List honors throughout her career.

"I am so excited to be a part of this staff and have the opportunity to give back to a program that has given me so much," Sims said. "To be able to continue to be a part of Alabama Gymnastics' championship legacy is such an incredible honor. I love Tuscaloosa and having the opportunity to be a part of the Crimson Tide family every day."

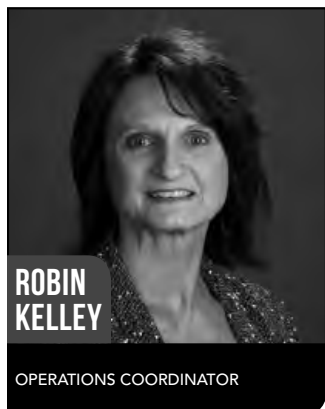
The Orlando, Fla., native finished her career in 2017 and has gone on to work as a personal coach and trainer in gymnastics and dance. She also began a part-time career as a stuntwoman, working on the YouTube Red show "Step Up: High Water" as well as the movie "The Hate U Give."

A December 2017 Alabama graduate with a degree in exercise science, Sims has also coached at a number of camps across the country.

"As a gymnast, Aja's work ethic, determination and showmanship were her signature and paramount to her success," Duckworth said. "Since graduation her life experiences have only increased her skills and everyone in the Tuscaloosa community that has been coached by her since she graduated speaks volumes of her technical talent and ability to make a difference."

GYMNASTICS ADMINISTRATIVE STAFF

For every minute that Alabama gymnastics shines in the white-hot spotlight of national success, there are thousands of behind-the-scenes details that make it possible. For the Crimson Tide, there are two women charged with handling those details and keeping everything running smoothly. Robin Kelley, the Tide's operations coordinator, and Mabry Craddock, in her first year as the Tide's events and program relations coordinator, work hard every day to keep the Alabama gymnastics world shining bright and running like a well-oiled machine.



**ROBIN
KELLEY**

OPERATIONS COORDINATOR

The Crimson Tide's director of operations, Robin Kelley is in her 18th year with the Alabama gymnastics program, though she has been a part of the athletics department for the past 21 years.

The Northport, Ala., native performs a wide variety of duties, including keeping up with the program's recruiting correspondence, budget, travel arrangements and team meals. She also travels with the Tide, taking care of all the many details on the road.

"Robin is such a treasure," Dana Duckworth said. "She makes travel a breeze, taking care of everything and keeping us moving forward at all times."

Kelley was presented with the David Dutton Memorial Award, given to the individual who goes above and beyond for the program, in 2013 and the University's Sam S. May Commitment to Service Award in 2019.

Kelley and her husband Jay have two sons, Tanner, who is a University of Alabama graduate, and Jesse.



**MABRY
CRADDOCK**

EVENTS AND PROGRAM RELATIONS
COORDINATOR

As the Crimson Tide's events and program relations coordinator, Mabry Craddock is responsible for a wide variety of tasks, from daily paperwork to home meet coordination to alumni relations and everything in between.

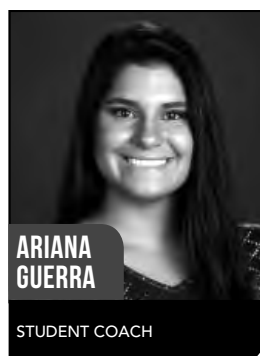
The Winter Haven, Fla., native began working with the gymnastics program as an Alabama freshman, and was part of the crew that put on the 2014 SEC Championships as well as the 2016 and 2018 NCAA Regional Championships.

"I feel Mabry has been preparing for this role since she first stepped on campus," Duckworth said. "She is a tremendous addition to our staff and one that really cares about this program and our ladies."

After graduating from Alabama in 2016 with a degree in exercise science, Craddock spent a year in New York City doing marketing for the New York Yankees events department before returning to Alabama where she coached at Mountain Brook Gymnastics for two years before joining the UA gymnastics staff in the summer of 2019.

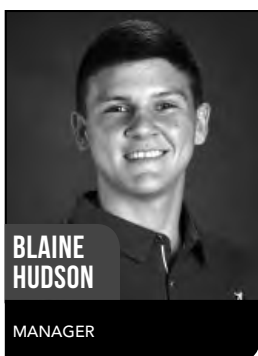
COACHES/STAFF

GYMNASTICS SUPPORT STAFF



**ARIANA
GUERRA**

STUDENT COACH



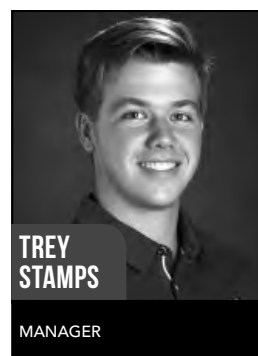
**BLAINE
HUDSON**

MANAGER



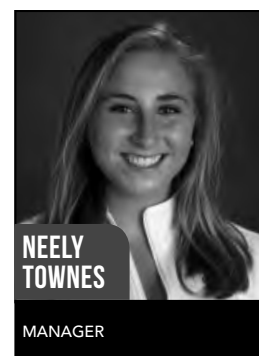
**ZAN
JONES**

MANAGER



**TREY
STAMPS**

MANAGER



**NEELY
TOWNES**

MANAGER



**GENOA
RODGERS**

STUDENT ATHLETICS TRAINER



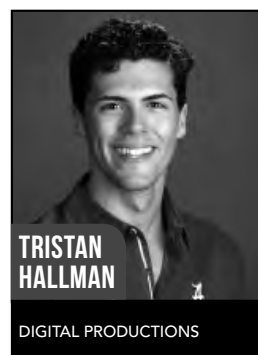
**MCKENZIE
WARREN**

STUDENT ATHLETICS TRAINER



**AMY
YOERG**

STUDENT ATHLETICS TRAINER



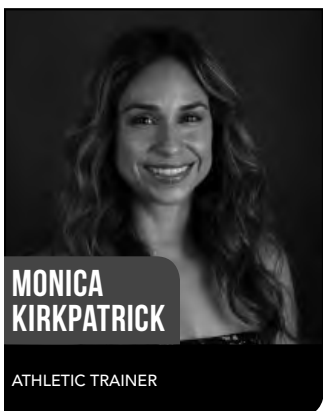
**TRISTAN
HALLMAN**

DIGITAL PRODUCTIONS

ALABAMA GYMNASTICS HEALTH AND WELLNESS STAFF

As important as it is to assemble a great team on the floor every season, it is just as important to the Alabama gymnastics team to have the perfect staff helping maintain the health and wellness of its student-athletes. To that end, in conjunction with the Crimson Tide's team physicians, led by Dr. Jimmy Robinson, the trio of Monica Kirkpatrick, David Albaranes and Rainey Gerald, along with their respective staffs, work tirelessly to keep the Crimson Tide in top physical condition.

ATHLETIC TRAINER



**MONICA
KIRKPATRICK**

ATHLETIC TRAINER

There is nothing more important to Dana Duckworth than the health and welfare of her gymnasts, which is why athletic trainer Monica Kirkpatrick, now in her 20th year as a member of the gymnastics program, is such an important part of Duckworth's staff.

"Monica is an amazing asset to our program," Duckworth said. "She is so knowledgeable not only when it comes to athletic training in general, but after more than a dozen years working with our program, she knows exactly how to apply that knowledge when it comes to the sport of gymnastics. There's no one better when it comes to taking care of our ladies."

A native of Phoenix, Ariz., Kirkpatrick earned her Bachelor's Degree in Exercise Science from Arizona State in 2000. She earned a Master's in Sports Medicine Health Care from Alabama in 2002 and is pursuing a second Master's in Food and Nutrition.

In addition to serving as a certified athletic trainer on the Tide staff, Kirkpatrick is also a clinical instructor in Alabama's athletic training undergraduate program.

Much of Kirkpatrick's day-to-day work, especially in the preseason, is spent on preventative measures, helping stop problems before they get started. During the season, most of her time is spent helping the athletes maintain their health and fitness levels.

"Positive reinforcement is a big part of the job," Kirkpatrick said. "To be there every day, encouraging them, letting them know that they are making progress and keeping them positive."

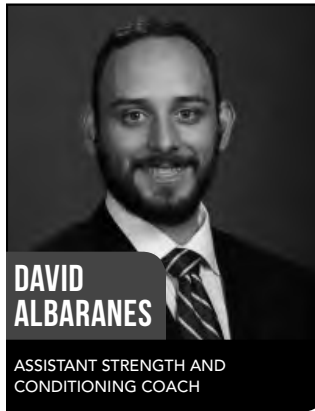
Kirkpatrick is ever-present throughout the rehabilitation process to help the gymnasts return to peak health as quickly and safely as possible. Kirkpatrick worked extensively with 2002 senior Andree Pickens, helping her come back from a torn Achilles tendon. She was part of a team that included orthopedic surgeon Dr. James Andrews, who helped Pickens not only come back in record time but lead Alabama to its fourth NCAA Championship in 2002. For her efforts that season, Kirkpatrick was awarded the David Dutton Memorial Award, presented to individuals who go above and beyond the call of duty for the Alabama gymnastics program.

In addition to her other duties, Kirkpatrick teaches her charges the importance of carrying on healthy habits into the life beyond their career.

"I hope that I can teach them all enough about taking care of themselves, that when they go out into the world, they enjoy healthy and successful lives," Kirkpatrick said. "And being part of the Alabama gymnastics family, I look forward to watching them grow and mature over the years."

Kirkpatrick and her husband Billy have four children, daughters Ayana and Shiloh, as well as sons Hayden and Christian.

STRENGTH AND CONDITIONING



**DAVID
ALBARANES**

ASSISTANT STRENGTH AND
CONDITIONING COACH

In his first season as Alabama gymnastics' strength and conditioning coach, David Albaranes has made an immediate impact on the Crimson Tide program.

"When we were looking to add to our staff, we knew that David was who we wanted to bring in," UA head coach Dana Duckworth said. "Strength and conditioning is a vital part of any program. He is extremely knowledgeable about the sport of gymnastics and the best way to integrate effective strength and conditioning programs into our program."

A NSCA certified strength and conditioning specialist and an ACSM certified exercise physiologist, Albaranes joined the Alabama staff after a year at the University of Illinois. While with the Illini, he worked with both the men's and women's gymnastics programs as well as the swimming and diving teams and the cheerleading program.

"I am so excited to work side by side with the coaching and athletic training staff to ensure that our student athletes stay healthy throughout the year and are ready to peak during championship season," Albaranes said. "I started gymnastics when I was 10 years old, so nothing in sports get me more fired up than a stick. That guy throwing his hands in the air and yelling 'Let's GO,' after every stick ... that's definitely me."

A 2015 graduate of The College at Brockport, he was a double major in exercise science

and kinesiology. Following that, he pursued a master's degree in exercise science and sports studies at Springfield College.

While at Springfield, he served as a graduate assistant coach with the gymnastics team, helping develop and implement the training structure

He served as a graduate assistant strength and conditioning coach at Springfield during the 2017-18 academic year, working with the men's gymnastics team.

During the spring semester of 2018, Albaranes served as an adjunct member of the faculty, teaching junior and senior strength and conditioning courses that focused on needs analysis, program design, periodization, core training, energy system development, and monitoring training load.

Other stops prior to joining the Crimson Tide included serving as a summer intern in strength and conditioning at Harvard in 2017 as well as an exercise physiologist at Peak Performance during the 2015-16 academic year.

While at the College at Brockport, he was a four-year member of the men's gymnastics club team, serving as captain during his senior year. He also served as president of the Omicron Delta Kappa leadership honor society during the 2014-15 academic year.

ALABAMA GYMNASTICS HEALTH AND WELLNESS STAFF

TEAM PHYSICIANS



DR. JIMMY ROBINSON

TEAM PHYSICIAN

When Dr. Jimmy Robinson discusses his work with the Alabama Crimson Tide, you can hear the excitement in his voice.

"When I was doing my residency, I got bit by the sports medicine bug," Robinson said. "The more I worked with the teams, the more I wanted to do this kind of medicine."

During his family practice residency in Tuscaloosa, Robinson worked with the Crimson Tide athletics department and even traveled with the gymnastics team to Salt Lake City in 1988 and was on hand for the Tide's first ever NCAA championship.

"It was a blast," Robinson said. "I was still in training and just getting interested in sports medicine. So, to be out there with the gymnasts when they won the first championship Alabama has ever had outside of football, it was definitely an exciting moment."

After completing a fellowship in sports medicine at the Cleveland Clinic in Cleveland, Ohio, Robinson returned to Tuscaloosa and the Crimson Tide serving as the team physician for the Olympic sports programs.

"I came back and opened a practice in August of 1989 and have been with the University ever since," Robinson said.

"Jimmy Robinson brings so much to our program in terms of his knowledge not just of sports medicine, but of gymnastics," Alabama head coach Dana Duckworth said. "He is an amazing resource when it comes to keeping our ladies healthy."

Robinson also oversees Alabama Athletics' team physician program, which includes Dr. Craig Buettner, Dr. Jeff Laubenthal, a

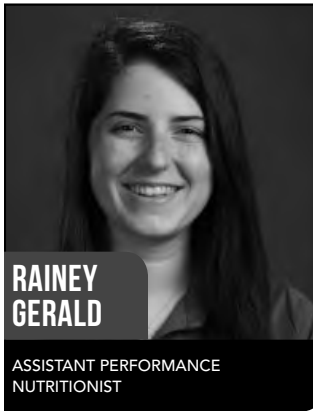
former Crimson Tide baseball player and the husband of former UA gymnast Katherine Kelleher Laubenthal, and Dr. Ray Stewart, among others.

Robinson and his colleagues are involved in all levels of an athlete's healthcare, from the first physical of the year before an athlete can even start practice, to an exit physical at the end of an athlete's career, and everything in between. In addition to the attention of Robinson, Buettner, Laubenthal and Stewart, the Tide has several specialists on call including former Alabama quarterback Dr. Les Fowler who serves as the department's orthopedist.

Alabama athletes can also count on Dr. James Andrews who serves on the Tide's medical staff as a consultant. One of the world's foremost orthopedic surgeons, Andrews is internationally known and recognized for his scientific and clinical research contributions in knee, shoulder and elbow injuries and his skill as an orthopedic surgeon. Many of the world's outstanding athletes seek his expertise in sports injuries. His work with André Pickens' ruptured Achilles' tendon allowed her to not only compete her senior year but compete at a higher level than before the injury. Pickens led Alabama to the 2002 NCAA Championship and captured the NCAA uneven bars crown that same year.

In the fall of 2006, Andrews and Dr. Lyle Cain, another Alabama team physician, removed bone chips from both of Terin Humphrey's elbows, allowing her greater range of motion than she had in many years. Their expertise had Humphrey back in the lineup for the start of the season and winning her second NCAA uneven bars championship by April of 2007.

PERFORMANCE NUTRITION



RAINEY GERALD

ASSISTANT PERFORMANCE NUTRITIONIST

Rainey Gerald and the performance nutrition staff are the Crimson Tide's secret weapons when it comes to keeping its gymnasts fueled and ready at all times for whatever is on the horizon, whether it's practice, competition or the recovery phase of the season.

Gerald is in her third season with the gymnastics team and second year as full-time member of the performance nutrition staff after serving as an intern for two years.

"It is rewarding to work with the high achieving young women on our team," Gerald said. "Collaborating with the staff and student-athletes, to support their physical development and positively affect their nutrition and performance is important. Setting realistic goals and impacting our team's recovery are key components of our success."

A 2013 graduate of Saint Joseph's Academy in Baton Rouge, La., Gerald earned her undergraduate degree in food and nutrition in 2017 and a master's degree in human environmental sciences in 2018, both from Alabama.

Gerald is part of director of Performance Nutrition Amy Bragg's staff which oversees the nutritional coaching for Alabama's student-athletes as well as managing training table, pregame and travel meals.

"With gymnastics, we want to integrate with sports medicine and strength and conditioning and take an educator's role and a coaching role with the girls," Bragg said. "We work with them on their overall nutrition and then work with the team more in an operations capacity, helping plan meals on the road and nutrition in the locker room and for recovery on a team-wide basis."

They also work closely with the coaching, strength and conditioning

and sports medicine staffs to maximize gymnasts' health and performance.

"Amy, Rainey and the performance nutrition staff are amazing assets to our program," head coach Dana Duckworth said. "Their knowledge and expertise give us an amazing boost in keeping our ladies healthy and strong."

The Tide's Performance Nutrition staff's duties are broad-based, but the focus is specific to each program. With gymnastics, planning and insight has been very effective.

"For gymnasts, we want precise, confident fueling," Bragg said. "We want the appropriate amount of protein. We want good weight management through the season. We want maintenance of that muscle and body that we create in the offseason so that power is maintained through the season."

Duckworth and the gymnastics staff work with the Tide's performance nutrition group to make sure that the gymnasts get exactly the fuel they need to be at their best throughout the season.

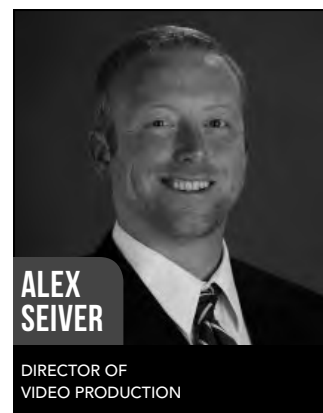
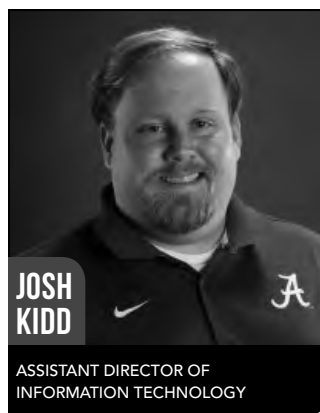
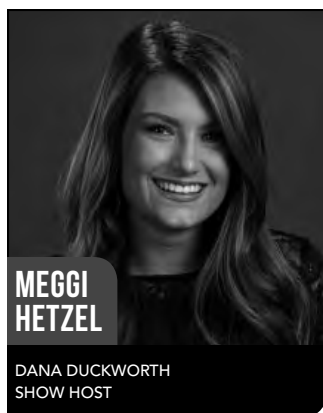
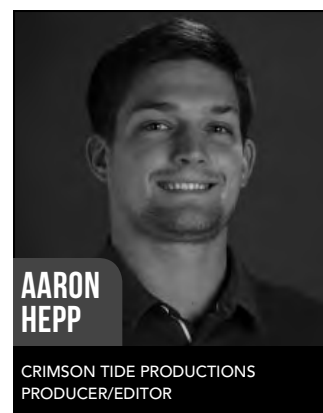
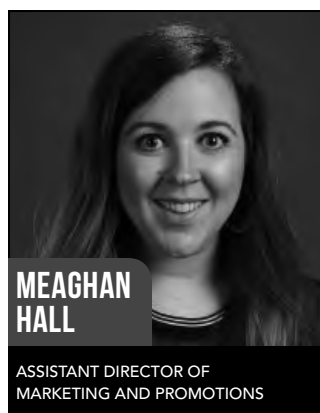
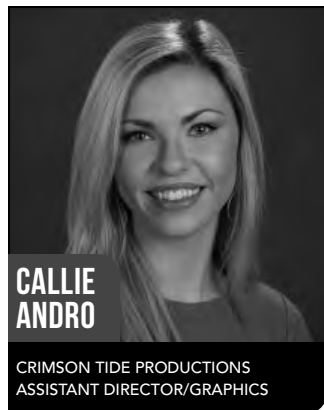
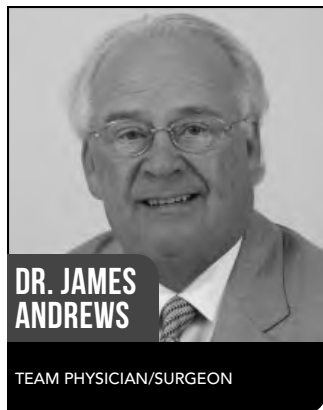
"We work together to continue the plan we have put in place over the last several years that is focused on a balance of the mind, body and spirit which includes a focus on natural foods," Duckworth said.

Before the 2018-19 academic year, the Crimson Tide's 25,000-square foot Fuel Center and Smoothie Bar addition to the Mal Moore Athletics Facility came online.

The building has serving areas on two levels, 10 action stations, a grab-and-go fuel center, a smoothie bar and more than 50 HD televisions. There are also two outdoor patio dining areas and a private dining space housed on the upper level for meetings, nutrition education and cooking demonstrations. In addition to Bragg and Gerald, the performance nutrition staff includes four registered dietitians, five performance chefs and more than 20 assistants.

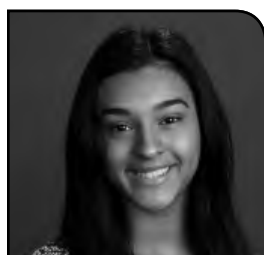
"Our new performance nutrition center is absolutely amazing," Duckworth said. "It gives us everything we need to be successful from a nutritional perspective under one roof and the resources to not only provide fuel for our ladies, but also to educate them on how to properly fuel themselves on a daily basis."

CHAMPIONS



COACHES/STAFF

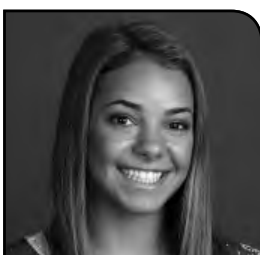
THE 2020 UNIVERSITY OF ALABAMA GYMNASTICS TEAM



5-2 • Freshman

LUISA BLANCO

Dallas, Texas



5-2 • Freshman

ELLA BURGESS

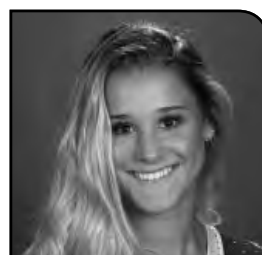
Ponte Vedra Beach, Fla.



5-4 • Senior

WYNTER CHILDERS

Spearfish, S.D.



5-3 • Senior

MADDIE DESCH

Lenexa, Kansas



5-8 • Junior

KYLIE DICKSON

Spanish Fort, Ala.



5-2 • Freshman

MAKARRI DOGGETTE

Pickerington, Ohio



5-1 • Sophomore

EMILY GASKINS

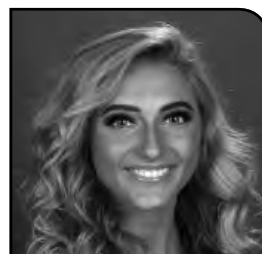
Coral Springs, Fla.



5-3 • Sophomore

JENSI GIVENS

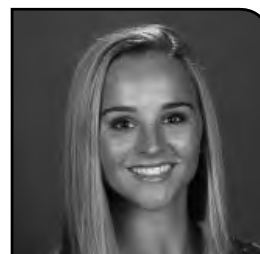
Newport Beach, Calif.



5-0 • Junior

LEXI GRABER

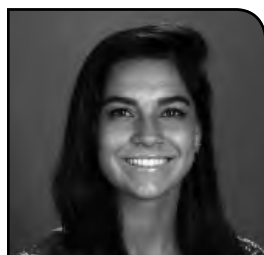
Cape Coral, Fla.



5-3 • Sophomore

GRIFFIN JAMES

Virginia Beach, Va.



5-3 • Junior

ALONZA KLOPFER

Boonton, N.J.



5-3 • Senior

SHEA MAHONEY

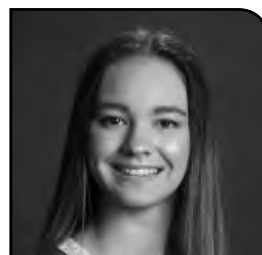
Algonquin, Ill.



5-2 • Sophomore

SANIA MITCHELL

Tuscaloosa, Ala.



5-3 • Sophomore

SHALLON OLSEN

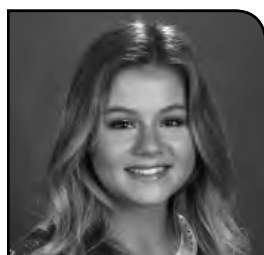
Vancouver, British Columbia



5-0 • Freshman

MACY OROSCO

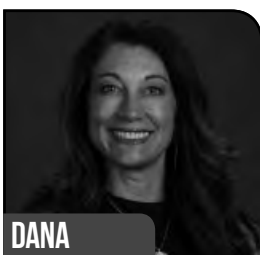
Arlington, Texas



5-1 • Freshman

MATI WALIGORA

Rochester, Mich.



DANA DUCKWORTH

Head Coach

6th Year

ALABAMA, 1993



BILL LORENZ

Assistant Coach

6th Year

MASSACHUSETTS, 1998



RYAN ROBERTS

Assistant Coach

2nd Year

UMASS-AMHERST, 2003



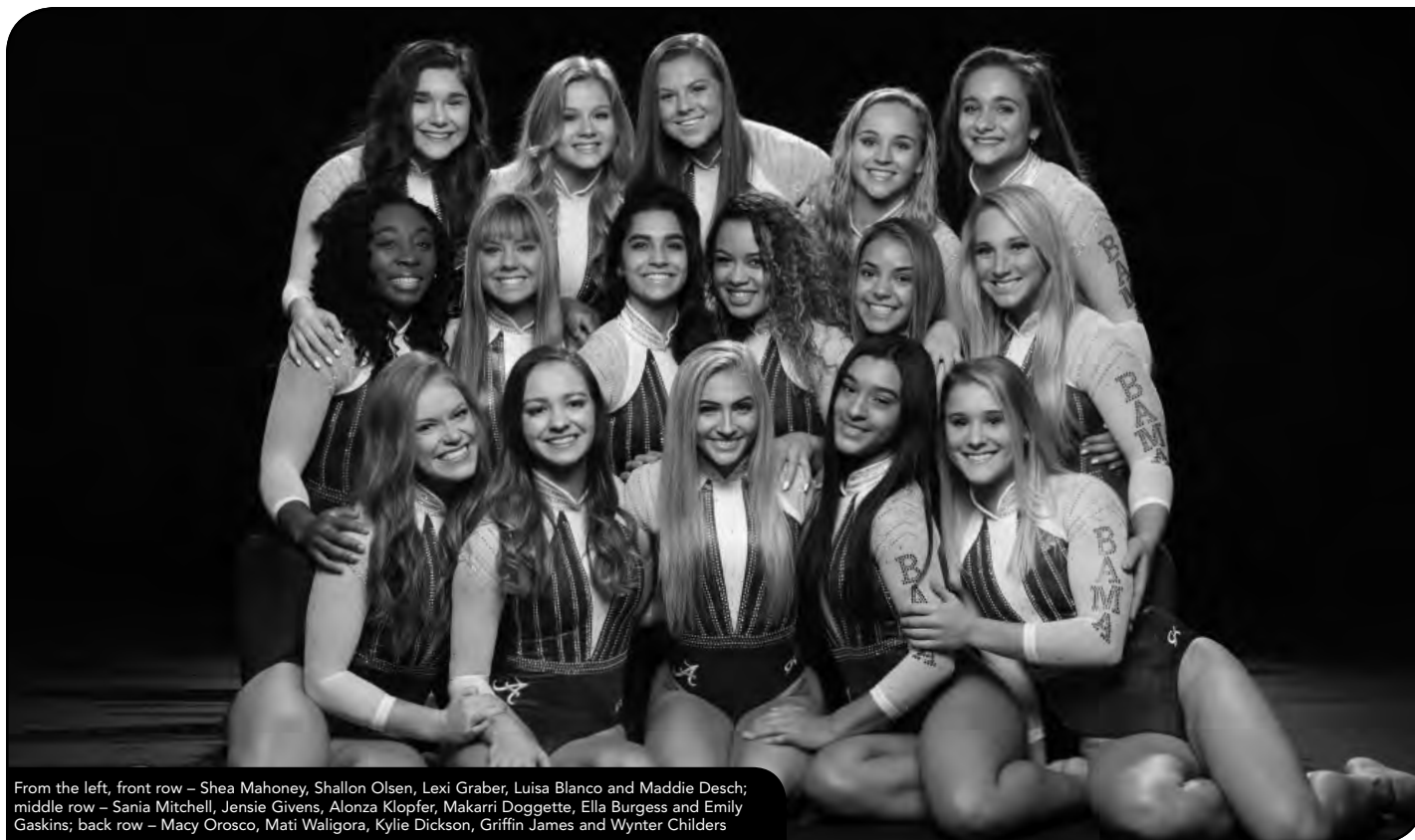
AJA SIMS

Volunteer Coach

2nd Year

ALABAMA, 2017

2020 ALABAMA GYMNASTICS: THORNS AND TRANSFORMATION



From the left, front row – Shea Mahoney, Shallon Olsen, Lexi Graber, Luisa Blanco and Maddie Desch; middle row – Sania Mitchell, Jensie Givens, Alonza Klopfer, Makarri Doggette, Ella Burgess and Emily Gaskins; back row – Macy Orosco, Mati Waligora, Kylie Dickson, Griffin James and Wynter Childers

Roses are nothing new for Alabama gymnastics.

It's the message behind the rose that Team46 is focused on this season. The season long, big picture is the rose. What's more important is the day-to-day relentless pursuit of personal development, self-exploration and excellence.

A daily commitment to that pursuit brings each gymnast two questions:

"What is my thorn?" and "How will I overcome it to reach my rose?"

Or more definitively, "The road to excellence is paved by thorns and transformation and requires a positive attitude, a daily focus on the process and unconditional gratitude regardless of circumstance. Following that road means the results take care of themselves."

"What I love about the thorns and transformation theme, or TAT2020 as we call it, is that it developed organically," UA head coach Dana Duckworth said.

"Life will hand you thorns," she said. "Are you going to let them stab you in the side or use them to climb the vine like a ladder, learn from them and use them as an opportunity for growth?"

At the heart of the rose theme growing over the past few months was the finish to the 2019 season that saw the Crimson Tide not qualify for finals of the NCAA Championships.

With a new postseason format introduced in 2019 that reduced the NCAA Championships' final-site field size from the traditional 12 to eight, Alabama had the unenviable task of needing to beat either UCLA, the reigning national champion, or Michigan, competing on its home floor to advance.

The Crimson Tide beat the Wolverines during their initial session of the Ann Arbor Regional, with both advancing to the newly minted regional final round. The final went down to the last rotation, with Michigan hitting on vault to edge Alabama, despite a huge balance beam set from the Tide, by .05.

For a program that had appeared in the Super Six an NCAA-best 33 times between 1983 and 2017, including each year from 2009-17, Alabama found itself in an unfamiliar place during the NCAA finals, home.

For the team, that is its thorn.

It learned the hard way that getting to that top-four final was going to take more.

That is its rose.

To get there, preparation and attention to detail have been re-emphasized. It includes practice goals, holding each other accountable, and for the athletes, taking more ownership of the team.

"I want them to be in love with the process of nurturing their rose every day, doing their job individually so that collectively there are no regrets" Duckworth said. "That's the whole idea of the journey."

With that in mind, the 2020 Crimson Tide begins with its team leadership, especially seniors Shea Mahoney, Maddie Desch and Wynter Childers, who all have different styles and outlooks heading into their final seasons.

Mahoney headed the daily workouts during the off-season. Childers became the "hype queen," while Desch led with a more personal, one-on-one style, but when she talks her teammates listen.

"The team vibe is a passion for greatness," Duckworth said. "You can see it when they condition, watch it from the moment warm-up begins and witness it on every event. The sisterhood is more than being a close team, it is also the accountability and vulnerability they have with one another in and out of the gym."

As for how the potential lineup looks, the Tide's four returning All-SEC gymnasts are slated to lead the way along with several true freshmen who will have immediate impact.

Junior Lexi Graber is the defending SEC balance beam champion and was also second in the all-around at the league championship with a career-best 39.650. Sophomore Shallon Olsen competed in her third World Championships in the fall of 2019 and is hoping to make her second Olympic Games as part of Team Canada.

Mahoney won the uneven bars during Alabama's initial session at the NCAA Regional, and was also a vault staple last season. Desch scored a season-best 9.900 on the floor exercise at both the SEC Championships and the second round of the NCAA Regional.

In addition to those four, the freshman class will also be counted on, led by Makarri Doggette, who has tremendous athleticism. She is just the second gymnast in history to win all four individual events and the all-around at the USA Junior Olympic national championships in the same year. She's won nine Junior Olympic titles including the all-around twice. Luisa Blanco and Ella Burgess, who both finished high school a semester early to arrive on campus a few days after Christmas, are expected to impact line-ups immediately. Blanco,

THE DETAILS

- There are 16 gymnasts on the 2020 roster – three seniors, three juniors, five sophomores and five freshmen
- Alabama returns 18 of its 24 routines from its 2019 NCAA Regional Championships final
- There is one individual SEC champion on this year's team – Lexi Graber – and one NCAA Regional champion, also Graber
- The Crimson Tide also returns five gymnast who have earned All-SEC honors during their careers, Graber, Wynter Childers, Maddie Desch, Shea Mahoney and Shallon Olsen
- Dana Duckworth, in her sixth season as the Tide's head coach, is in her 25th season with the Tide, including four years as a gymnast, nine as a volunteer coach and six as an assistant coach
- Bill Lorenz is in his sixth season as an assistant coach at Alabama
- Ryan Roberts is in his second season as an assistant coach at Alabama
- The Crimson Tide has finished in the top-12 nationally 38 years in a row from 1982 to 2019, making Alabama one of only two schools in collegiate gymnastics history to post top-12 finishes every year since women came under the NCAA 38 years ago
- Alabama is one of just six teams to win an NCAA championship, taking home the crown in 2012, 2011, 2002, 1996, 1991 and 1988
- The Crimson Tide has won an NCAA-best 32 regional championships, including the 2018 Tuscaloosa Regional title
- Alabama has also won nine SEC titles, including four of the past 11

a former elite gymnast will impress the fans with her lines and polish on bars and beam, while Burgess will surprise with her great consistency on the balance beam and huge pop and power on vault.

From a staff perspective, strength and conditioning coach David Albaranes, a former gymnast himself, is the lone newcomer. Assistant coach Bill Lorenz is in the midst of his sixth season at Alabama, while Ryan Roberts is in his second. Former Crimson Tide All-American Aja Sims is in her second season as the volunteer coach.

Alabama has an extremely tough schedule in 2020. The home opener on Jan. 17 is against reigning national champion Oklahoma. The Tide then turns around and sees the Sooners again

the next week at the Metroplex Challenge in Fort Worth, Texas, along with Georgia and Denver.

In addition to Oklahoma, the Tide will host Missouri, Arkansas, Kentucky and Georgia at home, while taking on Auburn, LSU and Florida on the road before closing the regular season at the Elevate the Stage meet in Birmingham against Auburn.

Consider those some mighty big thorns.

The rose theme will wind throughout the season but will be on particular display during the Tide's Alumni Night meet against Arkansas on Feb. 14.

"To me, roses symbolize love and happiness," Duckworth said. "So I'm excited we have a home meet on Valentine's Day."

THE CRIMSON TIDE'S 2020 SCHEDULE

Day	Date	Opponent	Site	Time (CT)	TV
Friday	Jan. 10	Auburn	Auburn, Ala.	8 p.m.	SEC Network
Friday	Jan. 17	Oklahoma	Tuscaloosa, Ala.	7:45 p.m.	ESPN2
Saturday	Jan. 25	Metroplex Challenge (OU, UGA, DU)	Fort Worth, Texas	6:45 p.m.	
Friday	Jan. 31	LSU	Baton Rouge, La.	7:30 p.m.	SEC Network
Friday	Feb. 7	Missouri	Tuscaloosa, Ala.	7:15 p.m.	SEC Network
Friday	Feb. 14	Arkansas	Tuscaloosa, Ala.	5:45 p.m.	SEC Network
Friday	Feb. 21	Florida	Gainesville, Fla.	5 p.m.	SEC Network
Friday	Feb. 28	Kentucky	Tuscaloosa, Ala.	7:15 p.m.	SEC Network
Saturday	March 7	Georgia	Tuscaloosa, Ala.	7:15 p.m.	SEC Network
Friday	March 13	"Elevate the Stage" Auburn	Birmingham, Ala.	7 p.m.	
Saturday	March 21	SEC Championship	Duluth, Ga.	2:30 p.m./ 7 p.m.	SEC Network
Thursday	April 2	NCAA Regional - Round 1	TBA®		
Friday	April 3	NCAA Regional - Round 2	TBA®		
Saturday	April 4	NCAA Regional - Final	TBA®		
Friday	April 17	NCAA Championships - Semifinals	Fort Worth, Texas	12 p.m./7 p.m.	
Saturday	April 18	NCAA Championships - Finals	Fort Worth, Texas	7 p.m.	

*All Times are Central | ® Regional sites are Norman, Okla., Los Angeles, Calif., University Park, Pa., Denver, Colo.

2020 UNIVERSITY OF ALABAMA GYMNASTICS ROSTER

Name	Year	Exp.	Ht.	Hometown	Club Team
Luisa Blanco	Fr.	HS	5-2	Dallas, Texas	World Olympic Gymnastics Academy
Ella Burgess	Fr.	HS	5-2	Ponte Vedra Beach, Fla.	Florida Elite Gymnastics
Wynter Childers	Sr.	3L	5-4	Spearfish, S.D.	Spearfish Gymnastics Academy
Maddie Desch	Sr.	3L	5-3	Lenexa, Kan.	Great American Gymnastics Express
Kylie Dickson	Jr.	2L	5-8	Spanish Fort, Ala.	All Olympia Gymnastics Center
Makarri Doggette	Fr.	HS	5-3	Pickerington, Ohio	Buckeye Gymnastics
Emily Gaskins	So.	1L	5-3	Coral Springs, Fla.	Cincinnati Gymnastics Academy
Jensie Givens	So.	1L	5-3	Newport Beach, Calif.	South Coast Gymnastics
Lexi Graber	Jr.	2L	5-1	Cape Coral, Fla.	Coast Elite Gymnastics Academy
Griffin James	So.	1L	5-3	Virginia Beach, Va.	Gymstrada Gymnastics
Alonza Klopfer	Jr.	2L	5-3	Boonton, N.J.	North Stars Gymnastics Academy
Shea Mahoney	Sr.	3L	5-3	Algonquin, Ill.	Legacy Elite Gymnastics
Sania Mitchell	So.	1L	5-2	Tuscaloosa, Ala.	JamJev Gymnastics
Shallon Olsen	So.	1L	5-3	Vancouver, B.C.	Omega Gymnastics
Macy Orosco	Fr.	HS	5-1	Arlington, Texas	Empire Gymnastics
Mati Waligora	Fr.	HS	5-3	Rochester, Mich.	Olympia Gymnastics Academy

HEAD COACH

Dana Duckworth
6th Year

ASSISTANT COACH

Bill Lorenz
6th Year

ASSISTANT COACH

Ryan Roberts
2nd Year

VOLUNTEER COACH

Aja Sims
2nd Year

PRONUNCIATION GUIDE

Luisa Blanco	Lou-ee-sa Blan-co	Alonza Klopfer	Klaw-fer
Makarri Doggette	Mah-car-ee Dog-et	Sania Mitchell	Sah-nee-ah
Lexi Graber	Gray-ber	Mati Waligora	Wall-ee-gora

GYMNASTICS SUPPORT STAFF

Director of Gymnastics Operations:	Robin Kelley
Gymnastics Events and Program Relations Coordinator:	Mabry Craddock
Academic Advisor:	Heather Anders
Athletic Trainer:	Monica Kirkpatrick
Student Athletic Trainers:	Amy Yoerg, McKenzie Warren and Genoa Rodgers
Strength and Conditioning Coach:	David Albaranes
Student Strength and Conditioning Coaches:	Torrie Bent
Managers:	Blaine Hudson, Zan Jones, Trey Stamps and Neely Townes
Performance Nutrition:	Rainey Gerald
Digital Productions:	Tristan Hallman
Marketing and Promotions Director:	Meaghan Hall

STATE-BY-STATE

ALABAMA (2) Kylie Dickson Sania Mitchell	FLORIDA (3) Ella Burgess Emily Gaskins Lexi Graber	MICHIGAN (1) Mati Waligora	TEXAS (2) Macy Orosco Luisa Blanco
BRITISH COLUMBIA (1)* Shallon Olsen	ILLINOIS (1) Shea Mahoney	NEW JERSEY (1) Alonza Klopfer	VIRGINIA (1) Griffin James
CALIFORNIA (1) Jensie Givens	KANSAS (1) Maddie Desch	OHIO (1) Makarri Doggette	*Canada
		SOUTH DAKOTA (1) Wynter Childers	

CLASS BREAKDOWN

SENIORS (3) Wynter Childers Maddie Desch Shea Mahoney	JUNIORS (3) Kylie Dickson Lexi Graber Alonza Klopfer	SOPHOMORES (5) Emily Gaskins Jensie Givens Griffin James Sania Mitchell Shallon Olsen	FRESHMEN (5) Luisa Blanco Ella Burgess Makarri Doggette Macy Orosco Mati Waligora
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NCAA REGIONAL CHAMPIONS (1)

Lexi Graber (2): 2018 — All-Around, Vault

SEC CHAMPIONS (1)

Lexi Graber 2019 — Balance Beam

ALL-SEC (5)

Wynter Childers 2017 — Freshman
Maddie Desch 2019 — First Team
2017 — First Team, Freshman
Lexi Graber 2019 — First Team
2018 — Freshman
Shea Mahoney 2019 — First Team
Shallon Olsen 2019 — First Team, Freshman

SCHOLASTIC ALL-AMERICAN (11)

Wynter Childers, Maddie Desch, Kylie Dickson, Emily Gaskins, Jensie Givens, Lexi Graber, Griffin James, Alonza Klopfer, Shea Mahoney, Sania Mitchell and Shallon Olsen

SEC ACADEMIC HONOR ROLL (10)

Wynter Childers, Maddie Desch, Kylie Dickson, Emily Gaskins, Jensie Givens, Lexi Graber, Griffin James, Alonza Klopfer, Shea Mahoney and Shallon Olsen

LUISA BLANCO

FRESHMAN | HS | 5-2 | ALL-AROUND

Hometown: Dallas, Texas

Major: Pre-major Studies

High School: Lebanon Trail

Club: World Olympic Gymnastics Academy (WOGA)

PREP HIGHLIGHTS:

- Coached by Tatyana Shadenko and Yevgeny Marchenko at World Olympic Gymnastics Academy (WOGA)
- USA Junior Olympic National Team member in 2017
- Silver medalist at the 2017 USA Junior Olympic National Championships
- Competed at the 2017 and 2018 US Championships as a Senior International Elite gymnast
- Bronze medalist in the all-around at the 2017 Secret Classic as a Senior Elite
- Finished 12th in the all-around at the 2017 USA Championships as a Senior Elite
- Took ninth in the all-around at the 2018 GK US Classic as a Senior Elite
- Two-time Region 3 All-Around Champion
- Four-time Texas State All-Around Champion
- National Honors Society
- Trail Blazer Award for Student leader

PERSONAL INFORMATION:

- Full Name: Luisa Fernanda Blanco Saavedra
- Daughter of Sandra Saavedra
- Brother, Dario Blanco
- Pre-major Studies
- Born November 18, 2001



ELLA BURGESS

FRESHMAN | HS | 5-2 | ALL-AROUND

Hometown: Ponte Vedra Beach, Fla.

Major: Pre-major Studies

High School: Ponte Vedra

Club: Florida Elite Gymnastics

PREP HIGHLIGHTS:

- Coached by Vali Buse at Florida Elite Gymnastics
- 2019 Region 8 balance beam champion
- 2019 Florida State all-around, vault and balance beam champion
- Senior Women Club

PERSONAL INFORMATION:

- Full Name: Ella Rose Burgess
- Daughter of Nancy and Eric Burgess
- Brother, Eli
- Pre-major Studies
- Born January 31, 2002



WYNTER CHILDERS

SENIOR | 3L | 5-4 | ALL-AROUND

Hometown: Spearfish, S.D.

Major: Advertising

High School: Spearfish

Club: Spearfish Gymnastics Academy

ACCOLADES:

- 2017 Scholastic All-American
- 2017 SEC All-Freshman Team
- 2017, 2018, 2019 SEC Academic Honor Roll

2019 – JUNIOR

- SEC Academic Honor Roll
- Competed in the Tide's competitive balance beam lineup in 10 meets, tying her career-best of 9.925 to win the event against LSU (1/25)
- Went in the uneven bars lineup nine times, including scoring a career-best 9.875 in three meets, including Elevate the Stage (3/9) where she earned the win
- Led the Tide in the all-around against LSU (1/25), posting a 39.350

2018 – SOPHOMORE

- SEC Academic Honor Roll
- Competed in the all-around in two meets
- Competed in the Tide's competitive vault lineup in three meets
- Scored a career-best 9.875 on the uneven bars at Auburn (2/23)
- Competed in the Tide's competitive uneven bars lineup in nine meets
- Competed in the Tide's competitive balance beam lineup in seven meets
- Competed in the Tide's competitive floor exercise lineup in three meets

2017 – FRESHMAN

- Scholastic All-American
- Earned a place on the SEC All-Freshman Team
- SEC Academic Honor Roll
- Made her collegiate debut in the all-around against Auburn (2/17), scoring a 39.300
- Posted a career-best 39.425 in the all-around at Georgia (3/5)
- Competed in the Tide's competitive vault lineup in 11 meets
- Scored a career-best vault score of 9.900 at the SEC championships (3/18)
- Made her uneven bars debut at Arkansas (1/27), scoring a 9.800
- Posted a then career-best uneven bars score of 9.850 at Georgia (3/5)
- Competed in the Tide's balance beam lineup in 11 meets
- Made her Alabama balance beam debut in the season opener at Oklahoma (1/6), posting a 9.825
- Scored a career-best 9.925 on the balance beam at Missouri (1/20)
- Made her floor exercise debut against Auburn (2/17), scoring a 9.850
- Posted a career-best 9.875 at Georgia (3/5) and at the NCAA Morgantown Regional
- Earned Dean's List (3.5 or better GPA) in the fall with a 3.866

PREP HIGHLIGHTS:

- Coached by Phil and Chris Summers and Lexie Cathcart at Spearfish Gymnastics Academy
- Three-time Nastia Liukin Cup qualifier
- 2012 Nastia Liukin Cup balance beam champion
- 2015 USA Junior Olympic national all-around, vault, and balance beam champion
- 2011 USA Junior Olympic national floor champion
- 2015 USA Gymnastics Region 4 all around, vault, balance beam and floor exercise champion
- Homecoming Queen

PERSONAL INFORMATION:

- Full Name: Wynter Lydia Childers
- Daughter of Chris and Gary Childers
- Sisters, Journey and Sam
- Brother, Isiah
- Advertising major with a minor in computer tech
- Born Dec. 28, 1997



CHAMPIONS

MADDIE DESCH

SENIOR | 3L | 5-3 | ALL-AROUND

Hometown: Lenexa, Kan.

Major: Exercise Science

High School: Saint Thomas Aquinas High School

Club: Great American Gymnastics Express

ACCOLADES:

- 2017, 2018, 2019 Scholastic All-American
- 2017, 2019 All-SEC
- 2017 SEC All-Freshman Team
- 2017, 2018, 2019 SEC Academic Honor Roll

2019 – JUNIOR

- Scholastic All-American and SEC Academic Honor Roll
- Earned All-SEC honors for the second time in her career
- Went in the Tide's floor exercise lineup in every meet, totaling 14 routines, posting a season-best 9.900 three times, including the SEC Championships (3/23) and the second round of the NCAA Regional Championships (4/5)
- Competed in the Tide's balance beam lineup in nine meets
- Earned President's List (4.0 GPA) honors in the fall and Dean's List (3.5 or better GPA) in the spring

2018 – SOPHOMORE

- Scholastic All-American and SEC Academic Honor Roll
- Competed in the Tide's competitive vault lineup in 10 meets
- Competed in the Tide's competitive balance beam lineup in eight meets
- Competed in the Tide's competitive floor exercise lineup in 13 meets, scoring a career-best 9.950 against Arkansas (2/2)
- Dean's List (3.5 or better GPA) in the fall semester with a 3.70

2017 – FRESHMAN

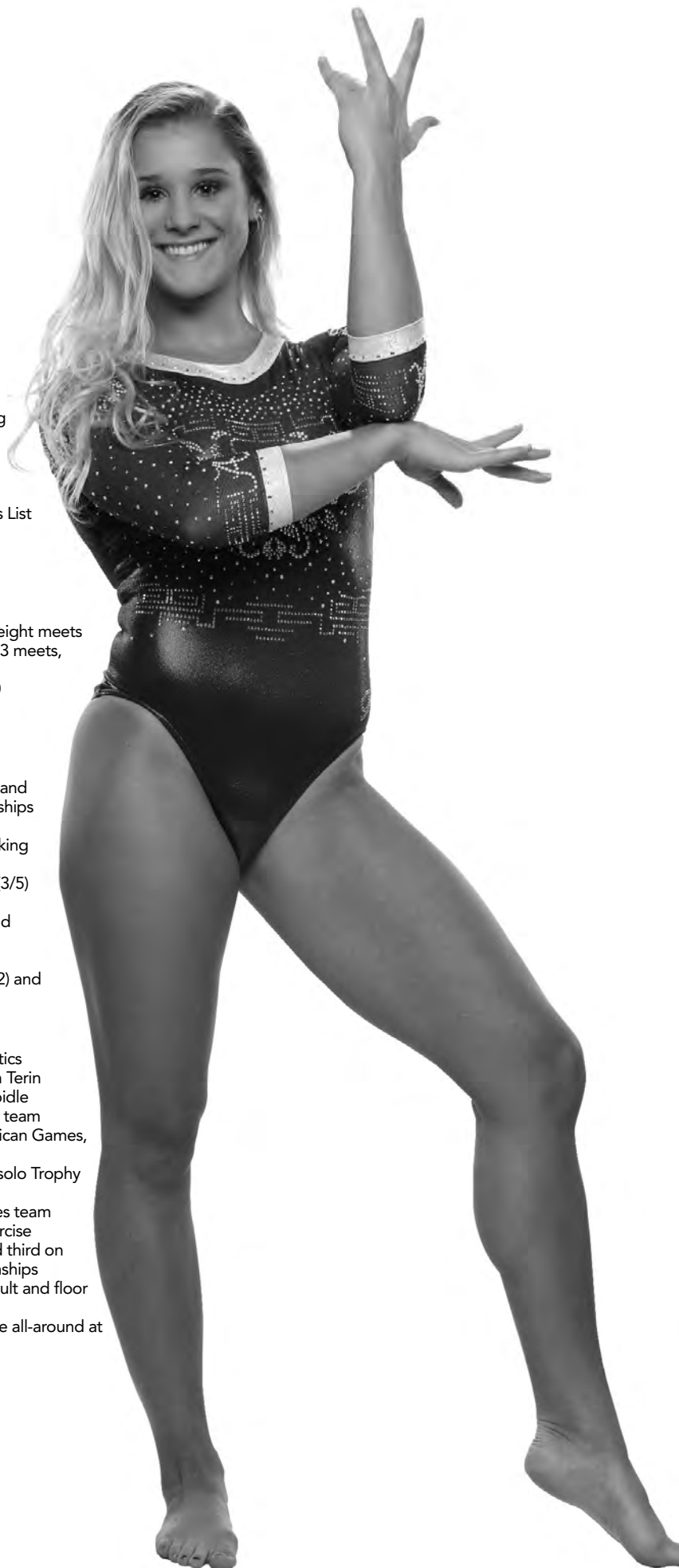
- Scholastic All-American
- All-SEC, SEC All-Freshman and SEC Academic Honor Roll
- Competed in the Tide's competitive vault lineup in 11 meets and scored a career-best 9.950 on the vault at the SEC championships (3/18)
- Competed in balance beam competitive lineup 10 times, making her debut at Missouri (1/20), posting a 9.875
- Posted a career-best 9.900 on the balance beam at Georgia (3/5)
- Competed in Alabama's floor exercise lineup in all 13 meets, making her debut in the season opener at Oklahoma (1/6) and scoring a career-best 9.950 against Iowa State (3/10)
- Won the floor exercise against Boise State (2/24)
- Earned Dean's List (3.5 or better GPA) honors for the fall (3.92) and spring (3.94) semesters

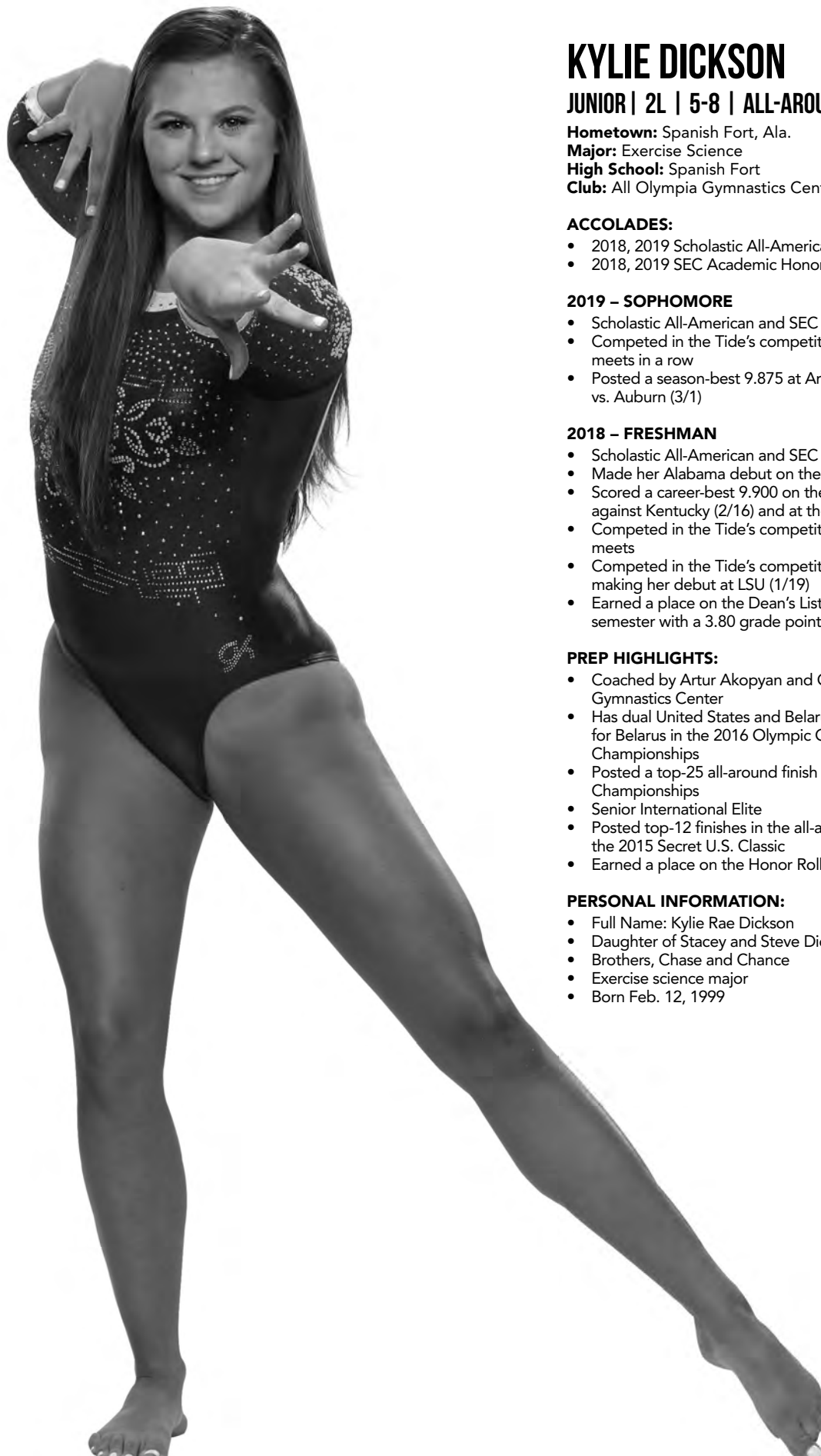
PREP HIGHLIGHTS:

- Coached by Armine and Al Fong at Great American Gymnastics Express, the same gym that produced Tide NCAA Champion Terin Humphrey and All-Americans Marna Neubauer and Gwen Spidle
- Member of the USA's gold medal 2014 World Championship team
- Earned a silver medal in the all-around at the 2015 Pan American Games, leading the United States to team gold
- Led Team USA to team gold at the 2014 and 2015 City of Jesolo Trophy meet
- Also helped lead Team USA to the 2014 Pan American Games team gold, earning fifth in the all-around and sixth on the floor exercise
- Won the balance beam, finished second in the all-around and third on the floor exercise at the 2012 USA National Junior Championships
- Won the balance beam and took second in the all-around, vault and floor exercise at the 2012 U.S. Classic - Junior Division
- Won the uneven bars, took third on the vault and fourth in the all-around at the 2010 USA Junior Olympic National Championships
- Principal's Honor Roll, 2012-2016

PERSONAL INFORMATION:

- Full Name: Madison Rachelle Desch
- Daughter of Mary and Jay Desch
- Sister, Mallory
- Brother, Alec
- Exercise science major
- Born Aug. 25, 1997





KYLIE DICKSON

JUNIOR | 2L | 5-8 | ALL-AROUND

Hometown: Spanish Fort, Ala.

Major: Exercise Science

High School: Spanish Fort

Club: All Olympia Gymnastics Center

ACCOLADES:

- 2018, 2019 Scholastic All-American
- 2018, 2019 SEC Academic Honor Roll

2019 – SOPHOMORE

- Scholastic All-American and SEC Academic Honor Roll
- Competed in the Tide's competitive bars lineup in the last 13 meets in a row
- Posted a season-best 9.875 at Arkansas (2/8) and on senior night vs. Auburn (3/1)

2018 – FRESHMAN

- Scholastic All-American and SEC Academic Honor Roll
- Made her Alabama debut on the uneven bars at Michigan (1/5)
- Scored a career-best 9.900 on the uneven bars at Michigan (1/5), against Kentucky (2/16) and at the Tuscaloosa Regional (4/7)
- Competed in the Tide's competitive uneven bars lineup in 13 meets
- Competed in the Tide's competitive vault lineup in four meets, making her debut at LSU (1/19)
- Earned a place on the Dean's List (3.5 or better GPA) for the fall semester with a 3.80 grade point average

PREP HIGHLIGHTS:

- Coached by Artur Akopyan and Galina Marinova at the All Olympia Gymnastics Center
- Has dual United States and Belarus citizenship and competed for Belarus in the 2016 Olympic Games and the 2015 World Championships
- Posted a top-25 all-around finish at the 2016 European Championships
- Senior International Elite
- Posted top-12 finishes in the all-around and the floor exercise at the 2015 Secret U.S. Classic
- Earned a place on the Honor Roll every semester

PERSONAL INFORMATION:

- Full Name: Kylie Rae Dickson
- Daughter of Stacey and Steve Dickson
- Brothers, Chase and Chance
- Exercise science major
- Born Feb. 12, 1999

MAKARRI DOGGETTE

FRESHMAN | HS | 5-3 | ALL-AROUND

Hometown: Pickerington, Ohio

Major: Pre-major Studies

High School: Pickerington Central

Club: Buckeye Gymnastics

PREP HIGHLIGHTS:

- Coached by Kittia Carpenter, Li Li and Gabe Milam at Buckeye Gymnastics
- Four-time USA Junior Olympic National Team Member
- Won the National Junior Olympic titles in the all-around and all four individual events in 2018, becoming just the second gymnast in history to win all four individual events and the all-around at the J.O. national championships in the same year
- Won the National Junior Olympic all-around, vault and floor exercise titles in 2017
- A five-time Nastia Liukin Cup qualifier and six-time National Junior Olympic qualifier
- Three-time Region 5 All-Star Team
- National Honor Society

PERSONAL INFORMATION:

- Full Name: Sydney Makarri Six Doggette
- Daughter of Rebeckah and Cecil Doggette
- Sisters, Brooklyn McMurray and Jayla Doggette
- Brother, CJ Doggette
- Pre-major Studies
- Born September 11, 2000



EMILY GASKINS

SOPHOMORE | 1L | 5-3 | ALL-AROUND

Hometown: Coral Springs, Fla.

Major: News Media

High School: Florida Virtual School

Club: Cincinnati Gymnastics Academy

ACCOLADES:

- 2019 Scholastic All-American
- 2019 SEC Academic Honor Roll

2019- FRESHMAN

- Won the balance beam in session one of round two of the NCAA Regional Championships (4/5), going 9.900
- Tallied 43 routines over 13 meets during her rookie season
- Opened her Crimson Tide career by winning the uneven bars in the Tide's first meet of the season (1/4), posting a 9.875
- Won the uneven bars at Arkansas (2/8) and at Kentucky (2/22), going 9.875 and 9.900, respectively
- Went in the Tide's uneven bars lineup 13 times, with a career-best 9.925 at Arkansas (2/8)
- Competed in the Tide's competitive vault lineup in 12 meets, posting a career-best 9.850 four times
- Went on the balance beam 13 times, including a career-best 9.925 in the NCAA Regional Championships final (4/6)
- Posted a career-best 39.400 in the all-around against Kentucky (2/22)
- Scored a career-best 9.875 on the floor exercise against Florida (2/15) and at Elevate the Stage (3/15)
- Earned Dean's List (3.5-or-better GPA) honors in the fall
- Scholastic All-American
- SEC Academic Honor Roll

PREP HIGHLIGHTS:

- Coached by Mary Lee Tracy at the Cincinnati Gymnastics Academy
- Three-time member of the United States national team
- Earned a place at the 2017 USA World Team selection camp
- Region 5 Athlete of the Year
- Competed for the United States in Mexico and Italy, leading Team USA to gold each time

PERSONAL INFORMATION:

- Full name: Emily Paige Gaskins
- Daughter of Kimberly and Ronald Gaskins
- News Media major
- Born on May 23, 2000



JENSIE GIVENS

SOPHOMORE | 1L | 5-4 | UB, BB

Hometown: Newport Beach, Calif.

Major: Public Health

High School: Corona del Mar

Club: South Coast Gymnastics

ACCOLADES:

- 2019 Scholastic All-American
- 2019 SEC Academic Honor Roll

2019- FRESHMAN

- Went in the Tide's competitive bars lineup in six meets, with a career-best of 9.825 at Oklahoma (3/15)
- Made her debut in the Crimson Tide's competitive lineup on the balance beam in the opening meet of the season (1/4)
- Earned Dean's List (3.5-or-better GPA) honors in both the fall and spring
- Scholastic All-American
- SEC Academic Honor Roll

PREP HIGHLIGHTS:

- Coached by Olympians Jia Wen and Li Xiaoping at South Coast Gymnastics
- Silver medalist on the uneven bars at the 2017 USA Gymnastics Junior Olympic Regional Championships
- Junior Olympic All-Around Champion
- Two-time state champion
- Halstrom Academy class president as a sophomore and junior
- STEM Club President
- Graduated with a 3.95 cumulative grade point average

PERSONAL INFORMATION:

- Full name: Jensie Gracie Givens
- Daughter of Lynn-Holly and Kelly Givens
- Brother, Kellen
- Public Health major
- Born on May 16, 2000



LEXI GRABER

JUNIOR | 2L | 5-0 | ALL-AROUND

Hometown: Cape Coral, Fla.

Major: Public Relations

High School: North Fort Myers

Club: Coast Elite Gymnastics Academy

ACCOLADES:

- 2018, 2019 Scholastic All-American
- 2018 NCAA Regional All-Around & Vault Champion
- 2019 SEC Balance Beam Champion
- 2019 All-SEC
- 2018 SEC All-Freshman Team
- 2018, 2019 SEC Academic Honor Roll
- 2018 SEC Freshman of the Week (3.2.18)

2019 – SOPHOMORE

- SEC balance beam champion with a 9.950 and all-around runner-up with a career-best 39.650, earning First Team All-SEC honors
- Led Alabama with 13 individual titles over the course of eight different meets, including three all-around wins, five on the balance beam, three on the floor exercise and two on the vault
- Led the Tide with 46 routines across 13 meets, including nine all-around appearances
- Went in the Tide's vault lineup in 13 meets, tying her career-best mark of 9.950 at Arkansas (2/8) and at Oklahoma (3/15)
- Went in the Tide's balance beam lineup 12 times, including a career-best 9.950 in the NCAA Regional Championships final (4/6)
- Went on the floor exercise in 10 meets, posting six marks of 9.9 or better, including a career-best 9.950 against Florida (2/15)
- Scholastic All-American and SEC Academic Honor Roll

2018 – FRESHMAN

- Scholastic All-American and SEC Academic Honor Roll
- NCAA Tuscaloosa Regional all-around and vault champion
- SEC All-Freshman Team
- Made her Alabama debut in the all-around against Kentucky (2/16)
- Scored a season-best 39.575 in the all-around at the Tuscaloosa Regional (4/7)
- Competed in the all-around in six meets
- Made her Alabama debut on the vault at Michigan (1/5)
- Scored a career-best 9.950 on the vault against Oklahoma (3/16) and at the Tuscaloosa Regional (4/7)
- Competed in the Tide's competitive vault lineup in 12 meets
- Made her Alabama debut on the uneven bars against Missouri (1/26)
- Scored a career-best 9.925 on the uneven bars at Elevate the Stage (3/9)
- Competed in the Tide's competitive uneven bars lineup in ten meets
- Made her Alabama debut on the balance beam at Michigan (1/5)
- Scored a career-best 9.900 on the balance beam against Arkansas (2/2), at Auburn (2/23), against North Carolina (3/2), at Elevate the Stage (3/9) and at the SEC Championships (3/24)
- Competed in the Tide's competitive balance beam lineup in 11 meets
- Made her Alabama debut on the floor exercise against Kentucky (2/16)
- Scored a career-best 9.900 on the floor exercise against Oklahoma (3/16)
- Competed in the Tide's competitive floor exercise lineup in six meets
- Earned a place on the Dean's List (3.5 or better grade point average) for the fall (3.80) and spring (3.86) semesters

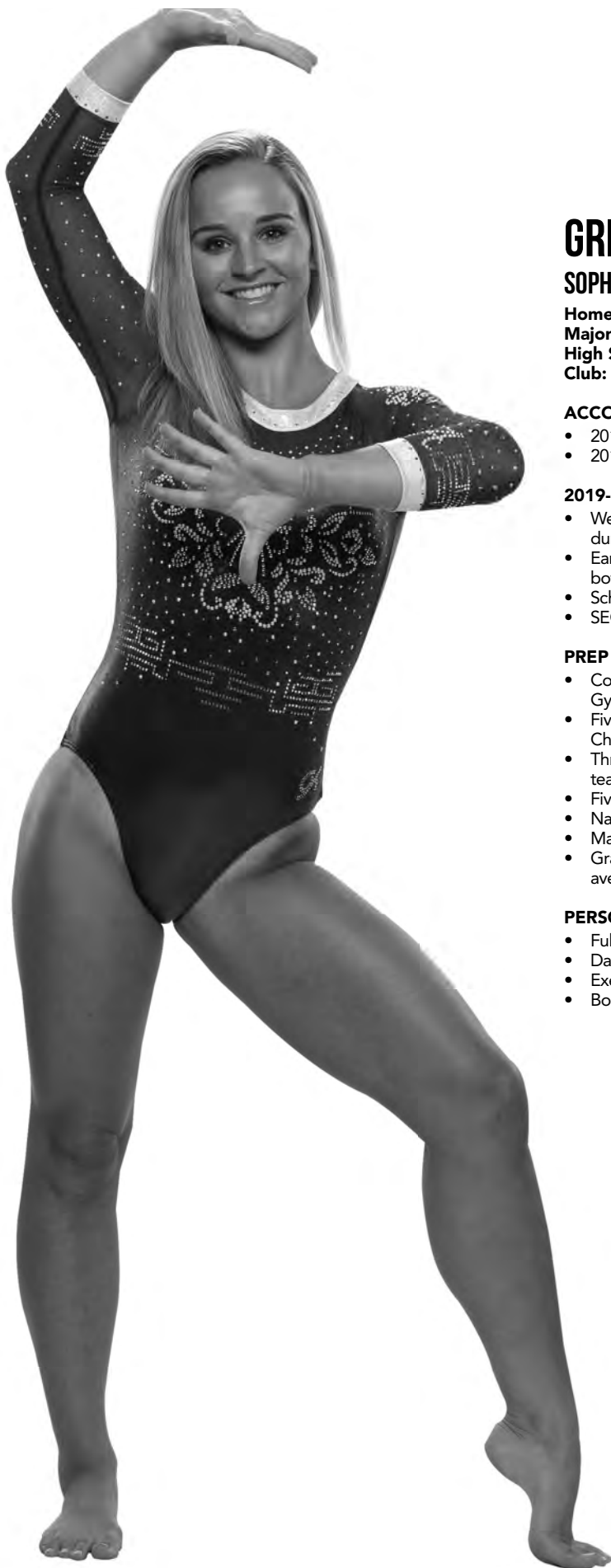
PREP HIGHLIGHTS:

- Coached by Dave Zwiefelhofer at Coast Elite Gymnastics Academy
- 2016 Junior Olympic National Vault Champion
- Junior Olympic Level 10 National Championships runner-up in the all-around in both 2012 and 2014
- Posted top-10 finishes on the uneven bars, balance beam, vault and floor exercise between the 2012 and 2014 Level 10 National Championships
- Fourth in the all-around at the 2015 Nastia Liukin Cup
- Earned the Al Oerter Award for excellence in academics

PERSONAL INFORMATION:

- Full Name: Lexi Lynnae Graber
- Daughter of Randy and Jodi Graber
- Brothers, Brock and Garre
- Public Relations major
- Born Feb. 12, 1999





GRIFFIN JAMES

SOPHOMORE | 1L | 5-3 | ALL-AROUND

Hometown: Virginia Beach, Va.

Major: Exercise Science

High School: First Colonial

Club: Gymstrada Gymnastics

ACCOLADES:

- 2019 Scholastic All-American
- 2019 SEC Academic Honor Roll

2019- FRESHMAN

- Went exhibition on the vault and uneven bars during the regular season
- Earned Dean's List (3.5-or-better GPA) honors in both the fall and spring
- Scholastic All-American
- SEC Academic Honor Roll

PREP HIGHLIGHTS:

- Coached by Nic and Amanda Tolley at Gymstrada Gymnastics
- Five-year Junior Olympic National Championship qualifier
- Three-time member of the Region 7A All-Star team
- Five-time Virginia state champion
- National Honor Society
- Math Honor Society
- Graduated with a 4.0 cumulative grade point average

PERSONAL INFORMATION:

- Full name: Griffin Charlotte James
- Daughter of Anne and Phillip James
- Exercise Science major
- Born on May 17, 2000



ALONZA KLOPFER

JUNIOR | 2L | 5-3 | ALL-AROUND

Hometown: Boonton, N.J.

Major: Exercise Science

High School: Mountain Lakes

Club: North Stars Gymnastics Academy

ACCOLADES:

- 2018, 2019 Scholastic All-American
- 2018, 2019 SEC Academic Honor Roll

2019 – SOPHOMORE

- Went in the Tide's balance beam lineup in the last 13 meets of the season, scoring a career-best 9.875 on the balance beam at Missouri (2/1)
- Earned Dean's List (3.5 or better GPA) in the spring
- Scholastic All-American
- SEC Academic Honor Roll

2018 – FRESHMAN

- Scholastic All-American
- SEC Academic Honor Roll
- Made her Alabama debut on the balance beam at LSU (1/19)
- Scored a career-best 9.825 on the balance beam against North Carolina (3/2)
- Competed in the Tide's competitive balance beam lineup in three meets
- Went exhibition on the balance beam against Arkansas (2/2)
- Made her Alabama debut on the floor exercise at Florida (2/9)
- Scored a career-best 9.800 on the floor exercise at Elevate the Stage (3/9)
- Competed in the Tide's competitive floor exercise lineup in two meets
- Earned President's List (4.0 GPA) honors for the spring semester
- Dean's List (3.5 or better GPA) for the fall semester with a 3.89

PREP HIGHLIGHTS:

- Coached by Tony Gehman and Ann Meade at North Stars Gymnastics Academy
- 2016 Junior Olympic National Balance Beam Champion
- Took silver on the balance beam at the 2013 National Elite Qualifier Parkettes
- Top five on the vault at the 2013 American Classic
- Took silver on the balance beam at both the 2012 WOGA Elite Qualifier and the 2011 National Qualifier

PERSONAL INFORMATION:

- Full Name: Alonza Fredrique Klopfer
- Daughter of Fred and Marina Klopfer
- Brother, Cortez
- Exercise Science major
- Born April 21, 1999

CHAMPIONS

SHEA MAHONEY

SENIOR | 3L | 5-3 | ALL-AROUND

Hometown: Algonquin, Ill.

Major: Sports Management (Graduate)

High School: St. Francis College Preparatory School

Club: Legacy Elite Gymnastics

ACCOLADES:

- 2017, 2018, 2019 Scholastic All-American
- 2019 All-SEC
- 2019 SEC Community Service Team
- 2017, 2018, 2019 SEC Academic Honor Roll

2019 – JUNIOR

- Earned All-SEC honors
- Named to the SEC Gymnastics Community Service Team
- Went in the Tide's vault and uneven bars lineups in all 14 meets of the season
- Posted 40 routines across 14 meets as a junior
- Won the session one of round two uneven bars title at the NCAA Regional Championships with a 9.900
- Scored a season-best 9.950 on the uneven bars to earn the win against LSU (1/25)
- Posted a career-best 9.950 on the floor exercise against Florida (2/15)
- Scored a career-best 9.875 on the vault at Missouri (2/1), winning the event
- Also won the uneven bars at Missouri (2/1), with a score of 9.900
- Won the floor exercise at Arkansas (2/8) with a score of 9.900
- Earned Dean's List (3.5-or-better GPA) honors in both the fall and spring
- Scholastic All-American
- SEC Academic Honor Roll

2018 – SOPHOMORE

- Scholastic All-American
- SEC Academic Honor Roll
- Scored a career-best 9.875 on the vault against North Carolina (3/2)
- Competed in the Tide's competitive vault lineup in 11 meets
- Scored a career-best 9.975 on the uneven bars against Kentucky (2/16)
- Competed in the Tide's competitive uneven bars lineup in eight meets
- Scored a career-best 9.825 on the floor exercise at LSU (1/19) and against North Carolina (3/2)
- Competed in the Tide's competitive floor exercise lineup in five meets
- Earned President's List (4.0 GPA) honors for the fall semester
- Earned Dean's List (3.5 or better GPA) for the spring with a 3.83 grade point average

2017 – FRESHMAN

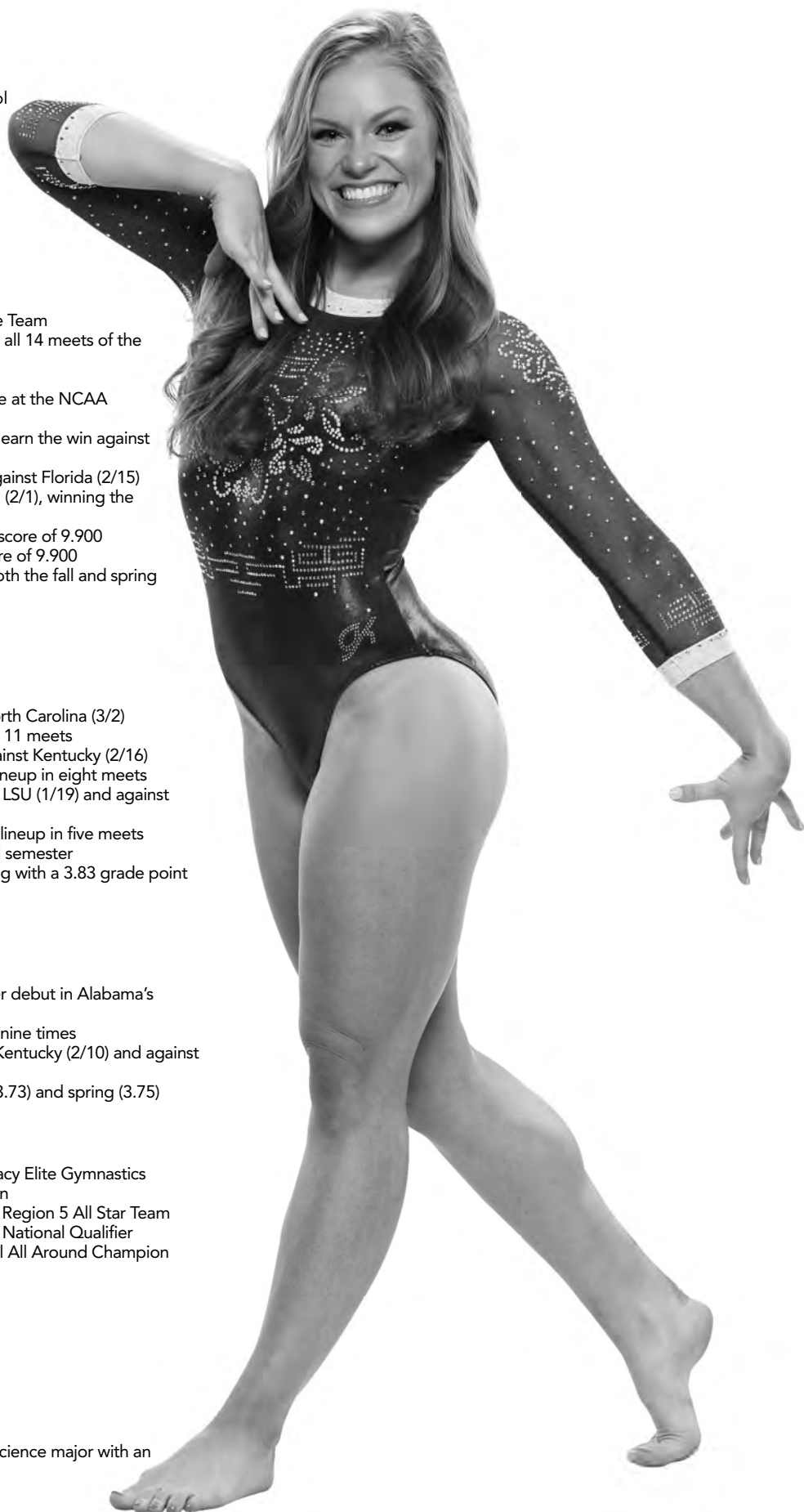
- Scholastic All-American
- SEC Academic Honor Roll
- After going exhibition at Oklahoma (1/6), made her debut in Alabama's competitive uneven bars lineup at Missouri (1/20)
- Went in the Tide's competitive uneven bars lineup nine times
- Scored a career-best 9.900 on the uneven bars at Kentucky (2/10) and against Iowa State (3/10)
- Earned Dean's List (3.5 or better GPA) for the fall (3.73) and spring (3.75) semesters

PREP HIGHLIGHTS:

- Coached by Jiani Wu, Yuejiu Li and Anna Li at Legacy Elite Gymnastics
- 2013 USA Junior Olympic National Floor Champion
- Member of the 2013, 2014, 2015 USA Gymnastics Region 5 All Star Team
- 2013, 2014, 2015 USA Gymnastics Junior Olympic National Qualifier
- 2014 and 2015 USA Gymnastics Region 5 Regional All Around Champion
- 2013 and 2015 Illinois State all-around champion
- Carried a 4.0 grade point average
- Spartan Life Leadership Team member

PERSONAL INFORMATION:

- Full Name: Shea Lydia Mahoney
- Daughter of Shannon and Tim Mahoney
- Brother, Jack
- Earning a master's degree in Sports Management
- Earned her bachelor's degree in communications science major with an advertising minor in May 2019
- Born Jan. 28, 1998



SANIA MITCHELL

SOPHOMORE | 1L | 5-2 | ALL-AROUND

Hometown: Tuscaloosa, Ala.

Major: Chemical Engineering (Pre-Med)

High School: American Christian Academy

Club: JamJev Gymnastics

ACCOLADES:

- 2019 Scholastic All-American

2019 – FRESHMAN

- Joined the Crimson Tide in January for the spring semester after graduating early from high school
- Began her Alabama career by going exhibition on the vault in the Tide's opening meet of the season
- Earned Dean's List (3.5 or better GPA) in the spring
- Scholastic All-American

PREP HIGHLIGHTS:

- Coached by former Alabama All-American Dara Lowery as well as John Lowery, Brooke Leonard-Fincher, Kait Dewey, Chéree Baker and Josh Sullen at JamJev Gymnastics
- 2018 Alabama state vault champion and third-place finisher in the all-around and floor exercise
- 2017 Alabama state vault runner-up
- Took sixth place on vault at the 2018 regional championships
- Took part in The University of Alabama's Early College program, earning Dean's List and Director's List honors while finishing high school
- Part of the National Society of Collegiate Scholars, National Society of Black Engineers and Society of Women Engineers at UA
- National Honor Society and Mu Alpha Theta
- Graduated with a 4.2 cumulative grade point average

PERSONAL INFORMATION:

- Full name: Sania DeMaryen Mitchell
- Daughter of Latonia and Santez Mitchell
- Sister, Sakira
- Chemical Engineering (Pre-Med) major
- Born on May 30, 2001



SHALLON OLSEN

SOPHOMORE | 1L | 5-3 | ALL-AROUND

Hometown: Vancouver, British Columbia

Major: Communications

High School: Centennial

Club: Omega Gymnastics

ACCOLADES:

- 2019 Scholastic All-American
- 2019 All-SEC
- 2019 SEC All-Freshman
- 2019 SEC Academic Honor Roll

2020 - SOPHOMORE

- 2019 FIG Artistic Gymnastics World Championships finalist on the vault, marking the third-consecutive time she finaled in the vault at Worlds
- In the World Championships event finals, she completed a Yurchenko double-twisting vault for a score of 14.600 before hitting her second vault, a Cheng, for a 14.866, giving her a final scoring average of 14.733

2019 - FRESHMAN

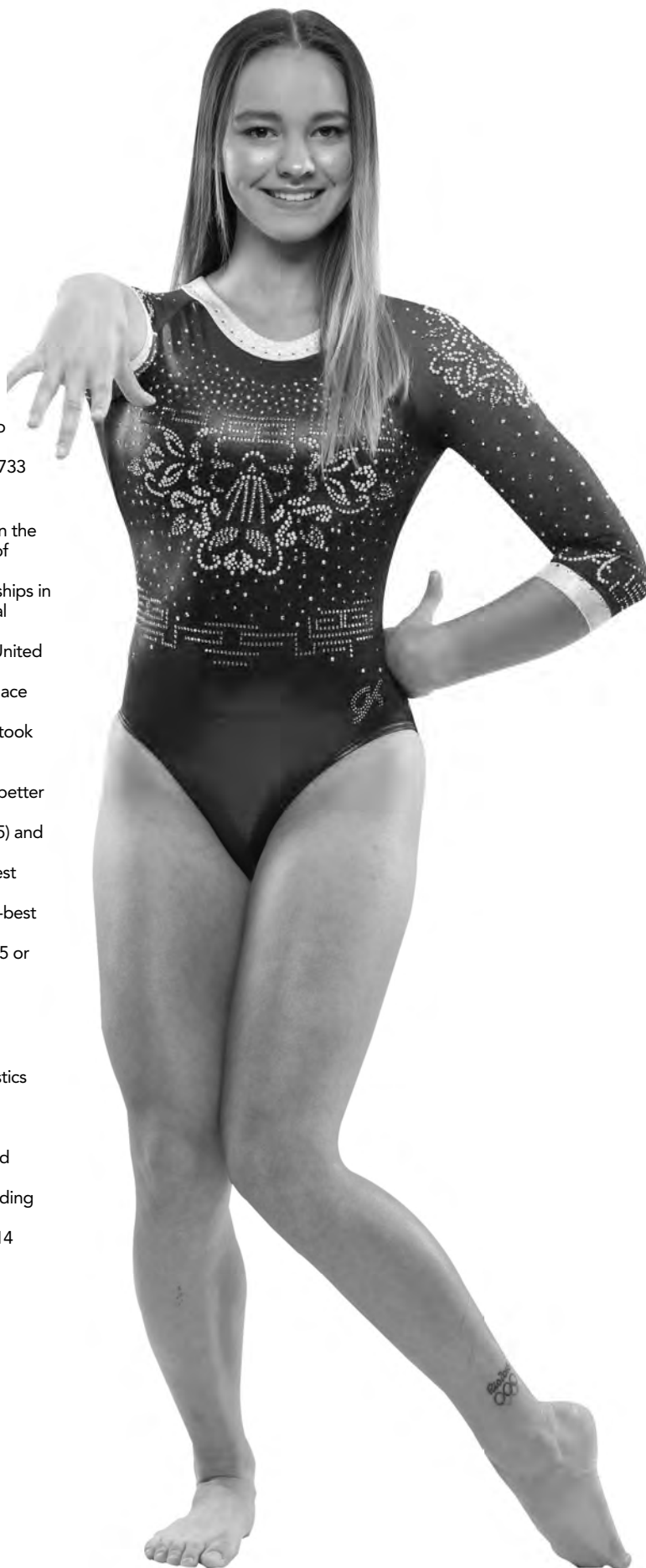
- 2018 FIG Artistic Gymnastics World Championships silver medalist on the vault, finishing behind the United States' Simone Biles, with a score of 14.516
- Posted the second-highest vault score at the 2018 World Championships in the team qualifying round and the team final as well as individual final
- Second Alabama gymnast to earn a medal on the vault at the World Championships, following Kayla Williams, the gold medalist for the United States at the 2009 Worlds
- In addition to her individual efforts, led Canada to a historic fourth-place team finish at the World Championships
- Won silver as part of Team Canada at the Pan American Games and took bronze on the vault in August
- Earned All-SEC and SEC All-Freshman honors as a rookie
- Competed on the vault in all 14 meets, including posting a 9.875 or better 11 times
- Posted a career-best 9.900 on the vault at Georgia, against LSU (1/25) and in the second round of the NCAA Regional Championships
- Went in the Tide's balance beam lineup 12 times, scoring a career-best 9.950 at Oklahoma
- Went in the Tide's floor exercise lineup in 13 meets, posting a career-best 9.900 in the Tide's second Quad Meet and at Elevate the Stage
- Earned President's List (4.0 GPA) honors in the fall and Dean's List (3.5 or better GPA) honors in the spring
- Scholastic All-American
- SEC Academic Honor Roll

PREP HIGHLIGHTS

- Coached by Vladimir Lashin and Svetlana Lashina at Omega Gymnastics
- 2016 Canadian Olympian, finishing eighth on the vault in Rio
- Member of the Canadian national team since 2010
- 2018 Commonwealth Games gold medalist on the vault
- Seventh on the vault and 16th on the floor exercise at the 2017 World Championships.
- Earned gold on the vault at the 2016 Pacific Rim Championships, leading Team Canada to the silver medal
- Earned silver on the floor exercise and bronze on the vault at the 2014 Pacific Rim Championships while leading Canada to team silver
- Honor roll student

PERSONAL INFORMATION

- Full name: Shallon Olsen
- Daughter of Jayne Chow-Olsen and Tony Olsen
- Communications major
- Born on July 10, 2000





MACY OROSCO

FRESHMAN | HS | 5-1 | BB, FX

Hometown: Arlington, Texas

Major: Public Health

High School: Martin

Club: Empire Gymnastics

PREP HIGHLIGHTS:

- Coached by April Pyle, Chris Brashier and Beatrice Mihaila-Crivineanu at Empire Gymnastics
- 2018 Alamo Classic uneven bars champion
- Three-year Junior Olympic Regional qualifier
- 2016 Texas state uneven bars champion
- Honor Roll student

PERSONAL INFORMATION:

- Full Name: Macy Elizabeth Orosco
- Daughter of Mary and Eric Orosco
- Sister, Ashton
- Public Health major
- Born January 5, 2001



MATI WALIGORA

FRESHMAN | HS | 5-3 | ALL-AROUND

Hometown: Rochester, Mich.

Major: Pre-major Studies

High School: Oxford Virtual Academy

Club: Olympia Gymnastics Academy

PREP HIGHLIGHTS:

- Coached by Lori Koch and Deanna Grader at Olympia Gymnastics Academy
- Three-time member of the USA Junior Olympic National Team
- 2017 USA Junior Olympic National all-around and floor exercise champion
- Earned bronze in the all-around and floor exercise at the 2018 USA J.O. National Championships
- 2017 Region 5 Gymnast of the Year
- Four-time member of the Region 5 All-Star Team
- All "A" Honor Roll throughout high school

PERSONAL INFORMATION:

- Full Name: Matilyn Kay Waligora
- Daughter of Lynette and Matt Waligora
- Sister, Grace
- Brothers, Taylor and Jackson
- Pre-major Studies
- Born May 9, 2001

TRAVELING IN STYLE WITH THE CRIMSON TIDE

Oh, the places they'll go! An Alabama gymnast will travel far and wide during her Crimson Tide tenure and will get there in style. Alabama travels to the vast majority of its competitions by charter plane, keeping time away from home to a minimum. Chartering also allows head coach Dana Duckworth to adjust departure times to best accommodate her student-athletes' class schedules.

Nothing brings a team together like time on the road. Time on the plane is spent studying, reading, listening to music and watching movies. Time is also spent chatting, singing and generally having a good time.

Just to make sure everything runs smoothly on a trip, a travel card is handed out before the Tide sets off for the Tuscaloosa Airport, detailing the schedule, what to wear and other important information.

During the regular season, once the plane touches down, a bus comes plane-side to pick the Tide up and take them to the hotel. The

team then makes its way to a team dinner, usually at a well-known local restaurant that has the kind of variety where the gymnasts, coaches and staff can sample local cuisine or personal favorites.

Back at the hotel after dinner, everyone goes their own way, some back to their room to study or chat, some gathering in one room or another to watch a movie.

Breakfast usually finds everyone on their own, after which there is a trip to the mall arranged for those who want to hit the shops.

Team lunch starts the pre-meet ritual, with the Tide taking over a section of a local restaurant or having the meal catered at the hotel. After the competition, the bus takes Alabama back to the airport, where the charter plane stands ready to whisk them back to Tuscaloosa.

On longer trips, especially during the postseason, Alabama travels with its massage therapist, allowing them to get massages in

preparation for competition.

While many trips find the Tide flying in and out of town for a meet, the trips are sometimes stretched to accommodate some exploring.

In half of the past dozen years, trips to the West Coast have allowed Alabama to see the sites, including stops in Seattle, and a trip to the Space Needle and the exterior set of "Grey's Anatomy," San Francisco, for cable car rides and wandering around Fisherman's Wharf, and Los Angeles, with tours of Hollywood and a walk on the red carpet at Sony Studios.

The gymnasts aren't the only ones hitting the road for away meets. The Tide has a dedicated group of family, friends and fans who follow them from one end of the country to the other. There is never a meet that doesn't see some crimson and white-clad fans in the stands. And for those that can't make it to an away meet, the Tide utilizes different websites and social media platforms to keep its fan base around the world informed of all things Alabama gymnastics.





In 2019 the Crimson Tide gymnastics program earned Alabama's 38th-consecutive top-12 national finish and its 21st consecutive top-three finish at the Southeastern Conference Championships.

Here are just a few of the highlights from 2019:

ABBY ARMBRECHT CLOSES CAREER AS AN ALL-AMERICAN

Abby Armbricht closed her Crimson Tide career in style advancing to the NCAA Championships for the fourth year in a row and, earning All-America honors with the final floor exercise routine of her career. The senior scored a 9.9125 in front of a six-judge panel with a floor routine that included an extremely difficult double layout as her first tumbling pass.

ALABAMA LEADS THE LEAGUE IN 2019 ALL-SEC ACCOLADES

The Crimson Tide tallied the most All-SEC honors in 2019 with six, including seniors Ariana Guerra and Abby Armbricht, juniors Shea Mahoney and Maddie Desch, sophomore Lexi Graber and freshman Shallon Olsen. It was the second All-SEC honor for Guerra and Desch. In addition to earning All-SEC accolades, Olsen was also named to the SEC All-Freshman team after finishing as the top rookie and second overall on the balance beam in the championships' first session, posting a 9.925. A total of 10 UA gymnasts competed at the 2019 SEC Championships, meaning 60 percent of

the Tide's lineup earned All-SEC recognition. It was the Crimson Tide's highest total of All-SEC performers since the two-session format came into being in 2013 and the most overall since 2011.

GYMNASTICS HONORED AT CRIMSON CHOICE AWARDS

Gymnastics was honored several times during the 2019 Crimson Choice Awards, which recognizes Alabama student-athletes for their accomplishments during the 2018 calendar year. Shea Mahoney was honored with the Heart of Service award, given to the student-athlete who contributes the most to the community, while the gymnastics team earned the honor for the most community outreach hours. Also, 2018 senior Kiana Winston, an 11-time All-American and four-year Scholastic All-American, was the female winner of the 2019 A-Club Athlete of the Year award.

ACADEMIC EXCELLENCE

Alabama was the only gymnastics program to finish among the top 10 by team grade point average and in the top 12 in the final national ranking during the 2019 season. The Crimson Tide also led the nation with 89 percent of its 2019 roster earning WCGA Scholastic All-America honors. Alabama also led the Southeastern Conference in terms of team GPA and number of Scholastic All-Americans. The Tide's 16 Scholastic All-Americans ranks second all-time in school history, behind 2017's school-record 19. A total of 53 Tide gymnasts have earned 114 Scholastic All-America honors over the last seven years. The 2018-19 academic year marked the 14th year in a row that Crimson

Tide gymnastics has posted a team GPA of 3.4 or better.

PACKING THEM IN

Alabama gymnastics averaged over 10,000 fans per meet for the 16th year in a row in 2019 and the 17th time overall, averaging 11,864. It also marked the 13th time in program history that the Crimson Tide has averaged over 11,000 fans per meet. The Tide's 2019 average ranks second nationally and first in the Southeastern Conference among all women's sports and puts Alabama in rare company. Alabama, LSU and Utah gymnastics were the only collegiate women's programs to average more than 11,000 fans per home contest in 2018-19. In addition to being the only three to average over 11,000 fans, Alabama, LSU and Utah along with South Carolina basketball and UCLA and Georgia gymnastics were the only collegiate women's programs to average more than 10,000 fans per contest at home in 2018-19. Alabama has drawn crowds of 10,000-plus 82 times since first breaking the 10,000 barrier on March 4, 1995, when 12,021 fans flooded Coleman Coliseum for a meet against Georgia. Alabama's 2019 total included a single-meet best of 13,861 against Auburn on March 1. The Tide's season average marked the 10th year in a row that UA has averaged over 11,000 per meet for a season.

CRIMSON TIDE INTERNATIONAL

In addition to earning All-SEC and SEC All-Freshman honors during her rookie season, Shallon Olsen also had a big year internationally. At the 2018 FIG Artistic Gymnastics World

NOTES FROM THE 2019 SEASON

- With a 12th-place national finish in 2019, the Crimson Tide remains one of just two schools in collegiate gymnastics history to finish in the top 12 nationally every year since 1982.
- Senior Abby Ambrecht earned All-America honors on the floor exercise, extending Alabama's streak of at least one such honor to 36 years in a row.
- Alabama took first in the semifinal round of the NCAA Ann Arbor Regional Championships and third in the regional final in the first year of the three-day regional format.
- After finishing third in 2019, Alabama is the only team to finish in the top-three at each of the last 21 SEC championships.
- In the 39-year history of the Southeastern Conference Gymnastics Championships, Alabama is the only program to never finish outside the top four.
- Sophomore Lexi Graber won the SEC balance beam championship and was runner-up in the all-around.
- The Tide tallied the most All-SEC honors of any school in 2019 with six, including seniors Ariana Guerra and Abby Ambrecht, juniors Shea Mahoney and Maddie Desch, sophomore Lexi Graber and freshman Shallon Olsen. Olsen also earned a place on the SEC All-Freshman team.
- Alabama gymnastics earned the NCAA Public Recognition Award for the fifth year in a row in 2019.
- Alabama posted its 28th 10-win season in the past 40 years in 2019, going 10-5-0 overall.

Championships in October, the Vancouver, British Columbia, native earned a silver medal on the vault, finishing behind the United States' Simone Biles, with a score of 14.516. In all, she posted the second-highest vault score at the 2018 World Championships in the team qualifying round and the team final as well as event finals. With that finish, she became the second Alabama gymnast to earn a medal on the vault at the World Championships, following Kayla Williams, the gold medalist for the United States at the 2009 Worlds. In addition to her individual efforts, she helped lead Canada to a historic fourth-place team finish at the World Championships. After her freshman season, she won silver as part of Team Canada at the Pan American Games and took bronze on the vault. This fall, she once again reached the event finals in the vault at the World Championships, taking fourth, marking the third-consecutive time she finished in the vault at Worlds.



THE 2019 SEASON

TEAM RESULTS

Date	UA Rank	UA Score	Opp. (Rank)	Opp. Score	Att.	Site	Overall	SEC
Jan. 4	No. 6	194.750	UA Quad Meet I		8,449	Tuscaloosa, Ala.		
			Northern Illinois	193.325			1-0-0	0-0-0
			Temple	191.925			2-0-0	0-0-0
			SE Missouri St.	187.800			3-0-0	0-0-0
Jan. 11	No. 18	196.175	UA Quad Meet II		10,361	Tuscaloosa, Ala.	3-1-0	0-0-0
			Denver	196.275				
			Michigan (6)	196.025			4-1-0	0-0-0
			Bowling Green St.	189.675			5-1-0	0-0-0
Jan. 18	No. 17	196.900	Georgia (7)	196.875	10,408	Athens, Ga.	6-1-0	1-0-0
Jan. 25	No. 9	196.850	LSU (5)	197.450	13,823	Tuscaloosa, Ala.	6-2-0	1-1-0
Feb. 1	No. 8	196.850	Missouri (16)	196.550	1,609	Columbia, Mo.	7-2-0	2-1-0
Feb. 8	No. 8	196.700	Arkansas (22)	195.800	3,224	Fayetteville, Ark.	8-2-0	3-1-0
Feb. 15	No. 9	196.475	Florida (2)	197.325	12,828	Tuscaloosa, Ala.	8-3-0	3-2-0
Feb. 22	No. 9	196.800	Kentucky (13)	197.200	4,117	Lexington, Ky.	8-4-0	3-3-0
March 1	No. 8	196.700	Auburn (12)	196.400	13,861	Tuscaloosa, Ala.	9-4-0	4-3-0
March 9	No. 9	197.100	Auburn (13)	196.775	3,085	Birmingham, Ala.	10-4-0	4-3-0
March 15	No. 11	197.250	Oklahoma (1)	198.275	4,174	Norman, Okla.	10-5-0	4-3-0
March 23	No. 10	197.350	SEC Championships		10,505	New Orleans, La.	3rd	
			LSU	197.900				
			Florida	197.750				
			Georgia	197.000				
			Arkansas	196.475				
			Auburn	196.375				
			Kentucky	196.225				
			Missouri	195.900				
April 5	No. 10	197.225	NCAA Regional Rnd 2			Ann Arbor, Mich.	1st	
			Michigan	196.950				
			Penn State	195.750				
			Ohio State	194.725				
April 6	No. 10	197.225	NCAA Regional Final			Ann Arbor, Mich.	3rd	
			UCLA	198.075				
			Michigan	197.275				
			Nebraska	196.650				

Abby Ambrecht	V	UB	BB	FX	AA
Quad Meet 1	9.850	—	9.725	9.750	—
Quad Meet 2	9.775	—	9.825	9.875	—
@UGA	9.850	—	9.725	9.800	—
LSU	9.825	—	—	9.925	—
@Arkansas	9.800	—	9.875	9.850	—
Florida	9.875	—	9.225	—	—
@Kentucky	9.825	—	9.900	9.900	—
Auburn	9.825	—	9.900	9.925	—
@EtS (AU)	9.875	—	9.725	9.325	—
@Oklahoma	9.850	—	9.225	9.900	—
@SECs	9.850	—	9.800	9.900	—
@RegRnd2	9.875	—	9.850	9.900	—
@RegFinal	9.775	—	9.900	9.900	—
Career Best	9.875	9.725	9.900	9.950	39.075

Wynter Childers	V	UB	BB	FX	AA
Quad Meet 1	—	9.800	9.300	—	—
Quad Meet 2	—	9.725	—	9.800	—
LSU	9.775	9.850	9.925	9.800	39.350
@Missouri	—	—	9.825	—	—
@Arkansas	—	—	9.750	—	—
Auburn	—	9.875	9.275	—	—
@EtS (AU)	—	9.875	9.900	—	—
@Oklahoma	—	9.875	9.900	—	—
@SECs	—	9.800	9.850	—	—
@RegRnd2	—	9.850	9.825	—	—
@RegFinal	—	9.775	9.800	—	—
Career Best	9.900	9.875	9.925	9.875	39.425

Maddie Desch	V	UB	BB	FX	AA
Quad Meet 1	—	—	9.250	9.750	—
Quad Meet 2	—	—	9.700	9.800	—
@UGA	—	—	9.775	9.850	—
LSU	—	—	9.825	9.850	—
@Missouri	—	—	9.825	9.850	—
@Arkansas	—	—	9.750	9.825	—
Florida	9.775	—	9.800	9.875	—
@Kentucky	9.675	—	9.800	9.850	—
Auburn	—	—	—	9.900	—
@EtS (AU)	—	—	—	9.850	—
@Oklahoma	9.775	—	9.825	9.850	—
@SECs	9.750	—	—	9.900	—
@RegRnd2	—	—	—	9.900	—
@RegFinal	—	—	—	9.850	—
Career Best	9.950	—	9.900	9.950	—

Kylie Dickson	V	UB	BB	FX	AA
Quad Meet 2	—	9.800	—	—	—
@UGA	—	9.850	—	—	—
LSU	—	9.500	—	—	—
@Missouri	—	9.850	—	—	—
@Arkansas	—	9.875	—	—	—
Florida	—	9.800	—	—	—
@Kentucky	—	9.825	—	—	—
Auburn	—	9.875	—	—	—
@EtS (AU)	—	9.800	—	—	—
@Oklahoma	—	9.825	—	—	—
@SECs	—	9.850	—	—	—
@RegRnd2	—	9.850	—	—	—
@RegFinal	—	9.850	—	—	—
Career Best	9.775	9.900	—	—	—

TEAM SCORES

	Vault	Bars	Beam	Floor	Totals
Quad Meet 1	49.075	49.100	47.700	48.875	194.750
Quad Meet 2	49.175	49.050	48.675	49.275	196.175
@UGA	49.275	49.125	49.200	49.300	196.900
LSU	49.175	49.225	49.250	49.200	196.850
@Missouri	49.125	49.250	49.100	49.375	196.850
@Arkansas	49.150	49.225	49.100	49.225	196.700
Florida	49.175	49.175	48.675	49.450	196.475
@Kentucky	49.125	49.200	49.225	49.250	196.800
Auburn	49.350	49.325	48.525	49.500	196.700
EtS (AU)	49.225	49.150	49.275	49.450	197.100
@Oklahoma	49.275	49.275	49.400	49.300	197.250
@SECs	49.225	49.200	49.450	49.475	197.350
@Regional Rd2	49.250	49.350	49.225	49.425	197.225
@RegFinal	49.125	49.250	49.425	49.425	197.225
High Scores	49.350	49.325	49.450	49.500	197.350

SEASON HIGH SCORES

Gymnast	V	UB	BB	FX	AA
Armbrecht	9.875	—	9.900	9.925	—
Childers	9.775	9.875	9.925	9.800	39.350
Desch	9.775	—	9.825	9.900	—
Dickson	—	9.875	—	—	—
Gaskins	9.850	9.925	9.925	9.875	39.400
Giancroce	—	9.825	9.850	9.725	—
Givens	—	9.825	8.925	—	—
Graber	9.950	9.875	9.950	9.950	39.650
Guerra	9.950	9.950	—	9.950	—
Kiaku	—	—	—	9.825	—
Klopfer	—	—	9.875	—	—
Mahoney	9.875	9.950	—	9.950	—
Olsen	9.900	—	9.950	9.900	—

Emily Gaskins	V	UB	BB	FX	AA
Quad Meet 1	9.750	9.875	9.675	—	—
Quad Meet 2	9.800	9.850	9.250	—	—
@UGA	9.800	9.875	9.875	—	—
LSU	9.825	9.825	9.875	—	—
@Missouri	9.850	9.850	9.825	9.100	38.725
@Arkansas	9.750	9.925	9.550	9.800e	—
Florida	—	9.850	9.275	9.875	—
@Kentucky	9.850	9.900	9.850	9.800	39.400
Auburn	9.850	9.800	9.200	9.800	38.650
@EtS (AU)	9.700	9.825	9.225	9.875	38.625
@SECs	9.850	9.800	9.875	—	—
@RegRnd2	9.800	9.875	9.900	—	—
@RegFinal	9.800	9.875	9.925	—	—
Career Best	9.850	9.925	9.925	9.875	39.400

A. Giancroce	V	UB	BB	FX	AA
Quad Meet 1	—	9.450	—	9.725	—
Quad Meet 2	—	—	—	8.975e	—
LSU	—	—	9.775	—	—
@Arkansas	—	9.850e	9.125e	—	—
Florida	—	9.825	—	—	—
@Kentucky	—	9.725	—	—	—
Auburn	—	9.800	9.850	—	—
Career Best	—	9.875	9.850	9.875	—

Jensie Givens	V	UB	BB	FX	AA
Quad Meet 1	—	9.650e	8.925	—	—
Quad Meet 2	—	9.825e	9.575e	—	—
@UGA	—	9.800	—	—	—
LSU	—	9.750	—	—	—
@Missouri	—	9.800	—	—	—
@Arkansas	—	9.750	—	—	—
Florida	—	9.800	—	—	—
@Oklahoma	—	9.825	—	—	—
Career Best	—	9.825	8.925	—	—

Lexi Graber	V	UB	BB	FX	AA
Quad Meet 1	9.775	9.775	9.750	9.825	39.125
Quad Meet 2	9.875	9.750	9.775	9.900	39.300
@UGA	9.875	9.750	9.925	9.850	39.400
@Missouri	9.875	9.800	9.750	9.925	39.350
@Arkansas	9.950	9.725	9.900	9.800	39.375
Florida	9.350	—	9.925	9.950	—
@Kentucky	9.825	9.800	9.825	—	—
Auburn	9.850	—	—	—	—
@EtS (AU)	9.700	9.800	9.875	—	—
@Oklahoma	9.950	9.875	9.875	9.850	39.550
@SEC	9.900	9.875	9.950	9.925	39.650
@RegRnd2	9.575	9.775	9.850	9.900	39.100
@RegFinal	9.625	9.800	9.950	9.900	39.275
Career Best	9.950	9.925	9.950	9.950	39.650

Ariana Guerra	V	UB	BB	FX	AA
Quad Meet 1	9.775	9.850	—	9.800	—
Quad Meet 2	9.800	9.850	—	—	—
@UGA	9.850	9.800	—	9.925	—
LSU	9.825	9.850	—	9.775	—
@Missouri	9.750	9.850	—	9.900	—
@Arkansas	9.775	9.800	—	9.825	—
Florida	9.875	9.900	—	9.800	—
@Kentucky	—	9.850	—	9.875	—
Auburn	9.950	9.950	—	9.950	—
@EtS (AU)	9.925	9.850	—	9.925	—
@Oklahoma	9.350	9.875	—	9.825	—
@SECs	—	9.000	—	9.925	—
@RegRnd2	9.925	9.875	—	9.875	—
@RegFinal	9.875	9.900	—	9.900	—
Career Best	9.950	9.950	—	9.950	—

Griffin James	V	UB	BB	FX	AA
@Arkansas	9.550e	—	—	—	—
@Kentucky	—	9.700e	—	—	—
Career Best	—	—	—	—	—

Tia Kiaku	V	UB	BB	FX	AA
@UGA	—	—	—	9.675	—
@Kentucky	—	—	—	9.825	—
Career Best	—	—	—	9.825	—

Alonza Klopfer	V	UB	BB	FX	AA
Quad Meet 2	—	—	9.700	—	—
@UGA	—	—	9.850	—	—
LSU	—	—	9.825	—	—
@Missouri	—	—	9.875	—	—
@Arkansas	—	—	9.825	—	—
Florida	—	—	9.825	—	—
@Kentucky	—	—	9.850	—	—
Auburn	—	—	9.700	—	—
@EtS (AU)	—	—	9.850	—	—
@Oklahoma	—	—	9.850	—	—
@SECs	—	—	9.850	—	—
@RegRnd2	—	—	9.800	—	—
@RegFinal	—	—	9.850	—	—
Career Best	—	—	9.875	—	—

Shea Mahoney	V	UB	BB	FX	AA
Quad Meet 1	9.800	9.800	—	9.750	—
Quad Meet 2	9.825	9.800	—	9.300	—
@UGA	9.800	9.800	—	—	—
LSU	9.800	9.950	—	9.725	—
@Missouri	9.875	9.900	—	9.850	—
@Arkansas	9.700	9.875	—	9.900	—
Florida	9.825	9.800	—	9.950	—
@Kentucky	9.825	9.825	—	—	—
Auburn	9.775	9.825	—	9.850	—
@EtS (AU)	9.850	9.800	—	9.900	—
@Oklahoma	9.825	9.150	—	9.825	—
@SECs	9.750	9.875	—	9.825	—
@RegRnd2	9.725	9.900	—	9.775	—
@RegFinal	9.800	9.825	—	9.825	—
Career Best	9.875	9.975	—	9.950	—

Sania Mitchell	V	UB	BB	FX	AA
Quad Meet 1	9.725e	—	—	—	—
Quad Meet 2	9.625e	—	—	—	—
Career Best	—	—	—	—	—

Shallon Olsen	V	UB	BB	FX	AA
Quad Meet 1	9.875	—	9.500e	9.875e	—
Quad Meet 2	9.875	—	9.675	9.900	—
@UGA	9.900	—	9.775	9.875	—
LSU	9.900	—	9.800	9.725	—
@Missouri	9.775	—	9.750	9.850	—
@Arkansas	9.875	—	—	9.825	—
Florida	9.825	—	9.850	9.125	—
@Kentucky	9.800	—	9.800	9.775	—
Auburn	9.875	—	9.800	9.875	—
@EtS (AU)	9.875	—	9.925	9.900	—
@Oklahoma	9.875	—	9.950	9.875	—
@SECs	9.875	—	9.925	9.825	—
@RegRnd2	9.900	—	9.800	9.850	—
@RegFinal	9.875	—	9.175	9.875	—
Career Best	9.900	—	9.950	9.900	—

NCAA REGIONAL CHAMPIONSHIPS

• April 5-6 | Ann Arbor, Mich.

— ROUND 2

AFTERNOON SESSION

	Vault	Bars	Beam	Floor	Totals
Alabama	49.225	49.350	49.225	49.425	197.225
Michigan	49.475	49.050	49.350	49.125	196.950
Penn State	48.650	49.125	49.125	48.850	195.750
Ohio State	49.175	49.050	47.650	48.850	194.725

EVENING SESSION

	Vault	Bars	Beam	Floor	Totals
UCLA	49.400	49.400	49.500	49.375	197.675
Nebraska	49.300	49.200	49.100	49.200	196.800
Illinois	48.900	49.075	49.025	49.175	196.175
West Va.	48.475	48.875	48.900	49.175	195.425

— FINALS

	Vault	Bars	Beam	Floor	Totals
UCLA	49.400	49.650	49.400	49.625	198.075
Michigan	49.200	49.200	49.425	49.450	197.275
Alabama	49.125	49.250	49.425	49.425	197.225
Nebraska	49.100	49.150	49.200	49.200	196.650

SEC CHAMPIONSHIPS

• March 23 | New Orleans, La.

	Vault	Bars	Beam	Floor	Totals
LSU	49.375	49.475	49.475	49.600	197.900
Florida	49.275	49.425	49.425	49.625	197.750
Alabama	49.225	49.200	49.450	48.475	197.350
Georgia	49.175	49.475	49.050	49.300	197.000
Arkansas	48.950	49.100	49.150	49.275	196.475
Auburn	49.125	49.050	48.950	49.250	196.375
Kentucky	49.125	49.200	49.275	48.625	196.225
Missouri	48.675	48.850	49.125	49.250	195.900



A TRADITION OF EXCELLENCE — A LEGACY OF CHAMPIONS

It started quietly. The University of Alabama's brand-new gymnastics squad, under the direction of Riki Sutton that first year, came together in the fall of 1974 and would compete for the first time in January of 1975. That first team finished third at the state championships and sixth at the regionals. Through the first four seasons of the program there are four different coaches and no winning seasons, and there is talk about discontinuing the program. That talk will come to an abrupt halt soon though, because things are about to get better for the young program, much, much better.

In the summer of 1978, "Grease" reigned at the box office and ABBA's "Take a Chance on Me" filled dance floors coast to coast. "Laverne and Shirley" was the most popular TV series on the air, though it was in re-runs. It is the summer of 1978 and things are about to turn around for the Crimson Tide, because Sarah Patterson has said yes.

She didn't ask about salary, or facilities or equipment. When the letter came asking if she would be Alabama's head coach, Patterson, all of 22 years old and just out of Slippery Rock State College, gave the Crimson Tide an emphatic and unequivocal "yes."

Her first move as Alabama's coach was to hire David Patterson, coming out of his freshman year as a Crimson Tide diver, as an assistant coach. The couple, married in 1984, then turned to the task at hand, taking a team without a winning season and creating a juggernaut that has performed at the highest conceivable level for more than three decades.

The adventures along the way came fast and furious. Sarah found herself explaining to her boss Paul "Bear" Bryant, the Tide's legendary football coach and athletics director, why a wrestling mat with a hole in the middle wouldn't do as a floor exercise mat.

"Once I explained what we needed," Sarah Patterson said, "Coach Bryant told Coach Sam Bailey (Bryant's right-hand man administratively) to get us what we needed. Coach Bryant wanted all our sports to be winners and he was willing to provide us with the tools."

And the facilities that Sarah hadn't asked about when taking the job, started with Foster Auditorium, where the Tide shared its practice space with the volleyball team.

"It was interesting," David Patterson said. "Every once in a while you'd have a stray volleyball come zinging through practice. Before every practice we'd have to set up all the equipment and the mats and at the end of every practice we'd have to break it all down again."

Things progressed quickly though. Prior to their first season, Sarah and David scoured the dorms on campus looking for anyone with tumbling experience, just so they could fill their lineup. They were tough, doing some far more important recruiting farther afield.

In signing their first class, Sarah and David made one basic promise to their recruits. They

promised the freshmen of 1980 that they would go to the national championships.

"The first real defining moment of our program was the first year we went to NCAA's," Sarah said. "Our first recruiting class was in their senior year. We had promised them that we would make it to NCAA's. In their junior year, we finished 11th and they took 10 teams. At the end of 1982, we all knew that we had one year to fulfill our commitment to these ladies. Seeing it happen their senior year, making it to the NCAA Championships — I couldn't have been prouder."

One promise fulfilled and another goal on the horizon. Sarah and David built their program, almost from scratch on the simple premise that Alabama would develop the whole person instead of just the athlete. From the beginning, Patterson-coached student-athletes excelled not only in the gym, but in the classroom as well. And beyond that, they developed lives outside of both. By the mid-1980s, the Pattersons began to wonder if their system would take the Tide to a national championship. They began to wonder if the Tide could truly have the best of all worlds.

The answer came as another emphatic yes in 1988 when the Tide won its first Southeastern Conference and NCAA championships.

"Before '88, I think sometimes we looked back and said, 'Maybe you can't have this philosophy of developing the whole person and be number one,'" Sarah Patterson said. "When we won, it was a validation of that philosophy. We could do it this way and be successful on all fronts. We may not win every year, but we will be successful."

And just to prove that 1988 was no fluke, the Pattersons led the Tide to NCAA titles in 1991, 1996, 2002, 2011 and 2012. Under their direction, Alabama is the only gymnastics program to win NCAA championships in four different decades.

Everything else has progressed as well. Alabama is also one of the nation's top academic programs, earning a national-best 19 NCAA

Postgraduate Scholarships and over 300 SEC Academic Honor Roll honors. And long gone are the days of stray volleyballs flying through practice. Since 1996, the Tide has trained in a state-of-the-art practice facility dedicated to gymnastics alone.

The fan base has grown by leaps and bounds as well. Alabama gymnastics is one of the top draws in women's collegiate athletics, averaging a school and SEC-record 13,786 fans in 2010 and ranked second in the nation for all women's sports in 2014, 2013 and 2011 and third in 2012, 2015 and 2016. That wasn't always the case, though.

"In the early days, we'd have three dozen people and two dozen would be Ann Wood's family and friends," Sarah Patterson said.

Most importantly to all involved is that the student-athletes who helped turn Alabama into a national powerhouse have themselves developed into outstanding women making a difference in the world around them. The Tide's all-time roster is filled with doctors, lawyers, mothers and executives all excelling at the highest level.

"We are so proud of all the ladies who have come through our program and every championship won and every honor earned," Sarah Patterson said. "But more than anything, we are proud of the tremendously rich and full lives they go on to lead after graduation. To have been a small part of their success is a great thrill."

Things certainly changed, grew and blossomed since those first days of Alabama gymnastics success. Fast forward to the summer of 2014 and "Scandal," "The Voice" and "Modern Family" were keeping everyone glued to the small screens, while super heroes, including the X-Men, Captain America and the Guardians of the Galaxy, reigned supreme on the big screen, filling the theaters. On the radio, the ladies ruled the charts with Nicki Minaj, Ariana Grande and Iggy Azalea leading the way.

The summer of 2014 also saw a passing of the torch as Sarah and David Patterson — after helping the little program that couldn't quite find its feet in the 1970s win six NCAA championships, eight Southeastern Conference crowns, 29 NCAA Regional titles, 25 individual NCAA championships and earn 302 All-America honors — stepped down from coaching and Dana (Dobransky) Duckworth, who grew up in the program as an NCAA champion, volunteer coach and assistant coach took up the challenge of carrying the Tide into the future.

Embracing the mindset that created more than just one of the nation's best overall athletic programs, but a family that stretches back to the class of 1975 through the freshmen of 2020, Duckworth continues a philosophy that echoes another top song from 1978, this one by Sister Sledge, one that perfectly sums up Alabama gymnastics, "We are family ... I got all my sisters and me ..."



ALABAMA UNDER SARAH AND DAVID PATTERSON

- 6 NCAA Team Championships – 1988, 1991, 1996, 2002, 2011, 2012
- 32-consecutive NCAA Championship Appearances – 1983-2014
- NCAA-best 22 NCAA Championship top-3 finishes
- NCAA-best 20 Super Six Team Finals
- 8 SEC Team Championships – 1988, 1990, 1995, 2000, 2003, 2009, 2011, 2014
- NCAA-best 29 Regional Team Championships -1983-85, 1987-96, 1998-2003, 2005-14
- 5 NCAA Today's Top Ten honorees
- 1 Honda Cup (Collegiate Female Athlete of the Year)
- 8 Honda Awards (National Gymnast of the Year)
- 25 individual NCAA championships
- 18 NCAA Postgraduate Scholarships
- 5 NCAA Elite 90 honors
- 66 athletes have earned 302 All-America honors
- 77 athletes have earned 201 Scholastic All-America honors (since 1991)
- 5 SEC Athletes of the Year
- 3 SEC Scholar Athletes of the Year
- 60 individual SEC Championships
- 87 All-SEC honors
- 11 SEC Postgraduate Scholarships
- 275 SEC Academic Honor Roll accolades
- 6 SEC Gymnast of the Year honors
- 3 SEC Freshman of the Year honors
- 8 NCAA Region Gymnast of the Year honors
- 141 individual NCAA Regional Championships
- SEC single-meet attendance record (15,162 vs. Florida; 1/20/06)
- SEC single-season attendance record (13,786 per meet; 2010)

SARAH PATTERSON CAREER CAPSULE

Education: Slippery Rock State College (Pa.), 1978

Major: Physical education

Honors:

- Sarah Patterson Champions Plaza (Dedicated Oct. 4, 2013)
- Sarah Patterson A-Club Endowed Scholarship (established in 2011)
- Alabama Sports Hall of Fame (inducted March 2003)
- National Coach of the Year - 1986, 1988, 1991, 2002
- SEC Coach of the Year - 1985, 1995, 2000, 2010
- 1997 U.S. World University Games Coach (silver medal)
- 1983 U.S. World University Games Coach
- Honorary member of The University of Alabama National Alumni Association
- Alabama State Gymnastics Association Coach of the Year 1978-79

Overall Record 1,006-225-9/36 years
Regular-Season Record: 432-97-5/36

Administration:

- ESPN/W Advisory Panel, 2010-13
- DCH Foundation Board, 2004-present
- Associate Athletic Director, 1985-14
- Senior Woman Administrator, 1985-96
- NCAA Women's Gymnastics Committee, 1985-90, 2014
- NCAA Recruiting Committee, 1991-96
- SEC Executive Committee, 1988-91

DAVID PATTERSON CAREER CAPSULE

Education: University of Alabama, 1982

Major: Coaching and public relations

Honors:

- 2015 Sarah Patterson Distinguished Alumni Award
- 2011 Lewis Each Courage Award
- 1992 & 1993 NCAA Central Region Assistant Coach of the Year
- 1982-83 Alabama State Gymnastics Association Coach of the Year

Club Coaching Achievements:

- Named assistant coach for the 1989 and 1991 World University Games
- Bama Bouncer Age Group Club
 - 2 national champions
 - 10 regional champions
 - 60 state champions

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



On April 19, 2019, Abby Armbrecht earned All-America honors at the NCAA Championships in Fort Worth, Texas, when she scored a 9.9125 on the floor exercise. With that accolade, the Mobile, Ala., native became the 74th Alabama gymnast to earn All-America recognition since Julie Garrett earned the Tide's first honor in 1982. It was also the 34th year in a row that an Alabama gymnast earned All-America recognition.



In gymnastics, the number 10 is always magical, so there was a little extra cause for celebration when Kiana Winston became Alabama gymnastics' 10th Paul W. Bryant Student-Athlete Award recipient on April 16, 2018. Winston, an 11 time All-American and four-year Scholastic All-American who graduated in December 2017 with a psychology degree, was the female winner of the award created by the Tuscaloosa County Chapter of the University of Alabama Alumni Association in 1985 to honor the UA Athletics Department's top student-athlete.



On April 5, 2018, the Southeastern Conference announces Mackenzie Brannan has earned an SEC Postgraduate Scholarship. She went on to earn an NCAA Postgraduate Scholarship on May 30, 2018, making her the 11th Alabama gymnast to earn both scholarships, giving the Tide gymnastics program 21 NCAA and 12 SEC postgraduate scholarships, with both totals leading gymnastics programs in the nation and the conference, respectively.



On October 14, 2017, for the fifth time in program history, an Alabama gymnast is recognized at halftime of a Crimson Tide football game as a member of the UA Homecoming Court when Mackenzie Brannan is escorted to midfield of Bryant-Denny Stadium by her father Ron. The University of Alabama Homecoming Court is selected by a campus-wide vote of current UA students.



On July 25, 2017, the Crimson Tide sets an amazing school record when every member of its largest team - 19 strong - earns Scholastic All-America honors, a total that leads the nation. The total shatters UA's previous mark of 14, set in 2011 and matched in 2016. To be a Scholastic All-American, a gymnast must have a 3.5 or better GPA either for the previous academic year, or for their career. Alabama also posted the highest team grade point average of any school that advanced to the 2017 NCAA Championships Super Six Team Final after earning a 3.6 GPA. The Crimson Tide's team GPA also led the Southeastern Conference schools by nearly two-tenths of a point.



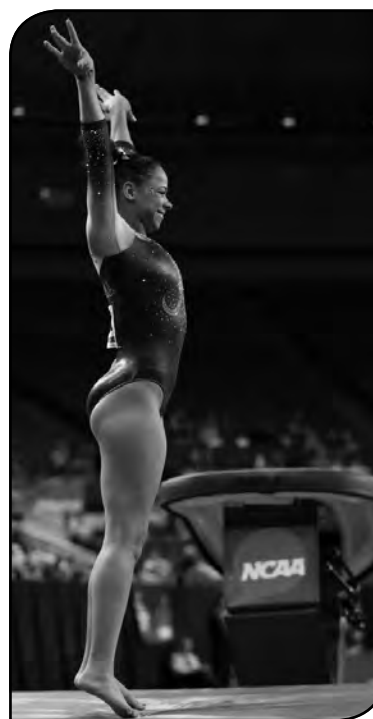
On June 29, 2017, it is announced that Keely McNeer has earned a prestigious NCAA Postgraduate Scholarship. It is the 20th NCAA Postgraduate Scholarship to go to a Crimson Tide gymnast and the 10th since the 2010 season. Both totals lead all collegiate gymnastics programs.



On April 14, 2017, Katie Bailey soars through the air, winning Alabama's 27th individual NCAA Championship when she earns top honors on her specialty, the uneven bars. It marks her second individual national title after winning the vault in 2016. With the win, Bailey is the seventh UA gymnast to win two or more individual NCAA title. It is also Alabama's sixth NCAA uneven bars titles.



On April 1, 2017, Aja Sims wins Alabama's 100th individual NCAA regional championship since the 1997 regional championship, when she took top honors on the floor exercise with a 9.95. It also marked the 34th-consecutive year that Alabama gymnastics has won at least one individual regional title.



On April 15, 2016, for the first time in the history of the NCAA Gymnastics Championships, individual national titles are decided on the first day of competition, as the 12 teams vie for a spot in the Super Six Team finals. As Alabama begins its fourth and final event of the evening, the vault, junior Katie Bailey sweeps down the runway and onto the top of the awards podium, posting a career-best 9.95 to win the 2016 NCAA vault championship. It is the 26th individual national title for the Tide and the fifth vault championship.



On June 9, 2016, Lauren Beers not only becomes the second Alabama gymnast to earn a place on the CoSIDA Academic All-America At-Large Team three times in a career (joining Kassi Price), but she is named the At-Large Team's Academic All-American of the Year, marking the 10th time an Alabama student-athlete has earned the that highly coveted honor, and the fourth time a Crimson Tide gymnast has earned the highly coveted accolade (Kim Jacob, 2014, Kayla Hoffman, 2011 and Stephanie Kite, 2005).



On Oct. 18, 2015, Kim Jacob is honored as one of 10 Division I finalist for the 2015 NCAA Woman of the Year at a banquet held in Indianapolis, Ind. She is the 10th Crimson Tide gymnast to be honored by the NCAA Woman of the Year program.



On a very busy Oct. 10, 2015, Dana Duckworth is the second Crimson Tide gymnastics coach to serve as Grand Marshal of Alabama's Homecoming Court and Lauren Beers is the fourth UA gymnast to be voted onto the Homecoming court.



GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



On **March 21, 2015**, for the first time in more than three and a half decades, the Alabama gymnastics team walks into the Southeastern Conference Championships with a new head coach. The result was a familiar one though, as Dana Duckworth led the Crimson Tide to its second-consecutive SEC title and ninth overall. Alabama starts strong with an All-SEC performance in the leadoff spot on balance beam by sophomore Keely McNeer. Senior Kaitlyn Clark, who also earned All-SEC honors on the balance beam, wins the second individual SEC title of her career, taking first on the vault. Junior dynamo Carley Sims turns in an All-SEC routine on the floor exercise and just like that, for the second year in a row, it comes down to the uneven bars. In 2014, it took a huge 9.975 routine from Clark in the anchor position to close out the Tide's victory. In 2015, junior Lauren Beers, who earned All-SEC honors in the all-around, locks up the Tide's title in the fifth spot of the uneven bars, giving Alabama its fourth SEC Championship in the past seven years. Seniors Hunter Dennis, Lora Leigh Frost and Kayla Williams, sophomores Katie Bailey, Amanda Jetter, Dominique Pegg, Mary Lillian Sanders, Aja Sims and Mackenzie Valentin and freshmen Mackenzie Brannan, Nickie Guerrero, Jennie Loeb and Kiana Winston round out the Tide's championship roster.



On **April 4, 2015**, Alabama wins its 30th regional championship, the most in NCAA history, with a 197.575 at the NCAA Auburn Regional Championship. The Crimson Tide also sweeps the individual events, led by Lauren Beers' all-around victory.



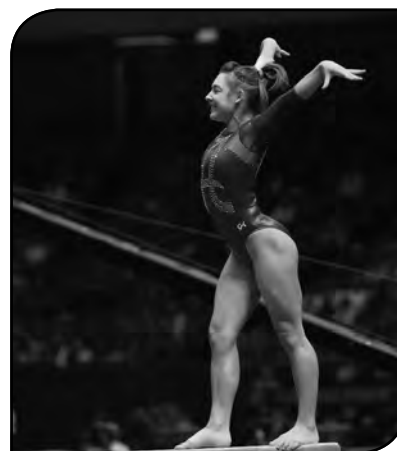
In addition to leading Alabama to back-to-back Southeastern Conference titles for the first time in program history, on **March 21, 2015** Dana Duckworth becomes the only gymnastics coach in league history to win an SEC title in her inaugural season as head coach. She is the sixth different coach to lead a team to an SEC title and with her win, Alabama is one of just two programs to have two different coaches (Duckworth and Sarah Patterson) win SEC gymnastics titles, with Florida (Ernestine Weaver and Rhonda Faehn) being the other.



On **Feb. 13, 2015**, during the Crimson Tide's meet against Boise State, more than 80 Alabama gymnastics alumni joined with 11,000-plus fans to honor the newest members of the Tide's alumni family - Sarah and David Patterson. Surrounded by their championship legacy, the Pattersons were then honored for 36 years of Crimson Tide excellence. Later in the evening, David Patterson, a 1982 Crimson Tide graduate is honored by The Medalist Club with the 2015 Distinguished Alumni Award.



From 1974 to 1978, Alabama hired five head gymnastics coaches to the tune of one a year. After that rapid succession of mentors, it would be 36 years before the Crimson Tide would need to make another hire. On **July 15, 2014**, Dana Dobransky Duckworth is introduced as the Tide's head coach by Director of Athletics Bill Battle with the charge of leading the gymnastics program into the future and continuing the tradition of excellence and legacy of champions that she was instrumental in building as a gymnast, volunteer coach and assistant coach for Alabama. The Michigan native's championship resume includes NCAA Team Championships in all phases of her career and winning individual NCAA gold as a gymnast and choreographing several NCAA Championship floor exercise routines during her tenure as both a volunteer and full-time assistant coach. Duckworth says the basis of the Crimson Tide's success will remain unchanged - "Our goal remains the same: a family environment, in which we will continue to develop scholars, leaders and champions."



The nation's top collegiate female athlete (Honda Cup) and the top NCAA Division I scholar (Capital One Academic All-America of the Year), adds yet another huge honor to the seemingly endless list on **November 20, 2014** when it is announced that Kim Jacob has earned the NCAA Top 10 Award. She is the fifth Alabama gymnast to earn the elusive honor that recognizes the top-10 senior student-athletes - regardless of sport, gender or NCAA division - who have completed their athletic eligibility for their success in competition, in the classroom and in the community.



Among the most accomplished gymnasts in Alabama's storied history, All-Americans and Scholastic All-Americans Sarah DeMeo, Kim Jacob and Diandra Milliner extend their championship legacy on **May 12, 2014** when all three added NCAA Postgraduate Scholarships to their long list of accolades. The 2014 seniors are the first class in Alabama gymnastics history to collect three of the prestigious scholarships. The 2014 honors up the Tide gymnastics' NCAA Postgraduate Scholarship tally to 18 since Julie Garrett earned the first in 1983, the most of any program in the nation. Jacob also earned a Southeastern Postgraduate Scholarship, giving Alabama gymnastics 11 since Dr. Julie Estin Vaughn brought home the first in 1987.



Already honored as the nation's top gymnast and the top collegiate woman athlete, on July 31, 2014, Kim Jacob is honored as the top scholar-athlete – regardless of sport or gender – when she is named the 2013-14 Capital One Division I Academic All-American of the Year, as selected by the College Sports Information Directors of America (CoSIDA). A two-time member of the Academic All-American At-Large Team, Jacob is just the second gymnast to earn the singular award.

Winner of the 2014 Honda Award for Gymnastics – given annually to the nation's top gymnast – Kim Jacob is presented the 40th annual Honda Cup on **June 30, 2014** as the Collegiate Woman Athlete of the Year in Los Angeles during the live awards broadcast on the CBS Sports Network. Jacob is the first Crimson Tide athlete and just the third gymnast in the history of the award to win the Honda Cup. Jacob was one of 12 women from 12 different sports under consideration for the prestigious accolade that honors the best collegiate NCAA Division I female athlete in the nation over the past academic year.

Kim Jacob, the Crimson Tide's quiet superstar, uses a career-best score on **April 18, 2014** to win Alabama's sixth NCAA all-around championship and 25th individual NCAA title overall. Her 39.625 paces the Crimson Tide its 20th NCAA Super Six Team Final.



When Alabama wins the 2014 NCAA Seattle Regional Championship on **April 5, 2014**, it is not only Alabama's NCAA-record 29th regional title, but it also marks Sarah and David Patterson's 1,000th career win. The duo makes it to 1,000 career wins faster than anyone in the history of collegiate gymnastics, notching their total in the 12th meet of their 36th year.



On **March 22, 2014**, in front of a heavily partisan Birmingham-based crowd, Alabama wins its eighth Southeastern Conference Championship and the final one under legendary coaches Sarah and David Patterson. Alabama started strong on the balance beam and close with a fantastic finish on the uneven bars, led by junior Kaitlyn Clark who won the uneven bars title with a 9.975. Senior Diandra Milliner took home two titles with a 9.975 on the vault and a 9.950 on the floor exercise. In addition Milliner, senior Kim Jacob and freshman Aja Sims earned All-SEC honors. Sims, Katie Bailey and Amanda Jetter earned SEC All-Freshman accolades. Seniors Sarah DeMeo, Ria Domier and Lindsey Fowler, juniors Hunter Dennis, Lora Leigh Frost and Kayla Williams, sophomores Lauren Beers and Carley Sims, freshman Keely McNeer, Dominique Pegg and Mary Lillian Sanders round out the Tide's championship roster.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



🎯 Earning an NCAA Postgraduate Scholarship is nothing new for the Crimson Tide gymnasts, but on **May 21, 2013**, Ashley Priess and Ashley Sledge break new ground, becoming the first duo to earn the prestigious award in the same year. It was Sledge's second NCAA Scholarship, after earning an NCAA Ethnic Minority and Women's Enhancement Scholarship earlier in the spring. With Priess and Sledge accounting for three NCAA scholarships in one month, Alabama's total rises to 15 since Julie Garrett earned the first in 1983.



🎯 When Alabama gymnastics wins its NCAA Championships Semifinals session on **April 19, 2013**, the Crimson Tide advanced to the Super Six Team Finals for the 19th time since the format's inception in 1993, breaking a tie with Utah for the most Super Six appearances. Alabama broke away from the pack in terms of Super Six appearances by being the only team in the nation to advance to team finals every year between 2009-13.



🎯 Diandra Milliner opens her junior season with a 9.925 on the vault at Missouri, a score she matches on **April 21, 2013** with her last vault of the year. The difference is this last vault, a Yurchenko one and a half, wins the Wichita, Kan., native the 2013 NCAA Vault Championship. It is the Crimson Tide's 24th individual national title and fourth on the vault.



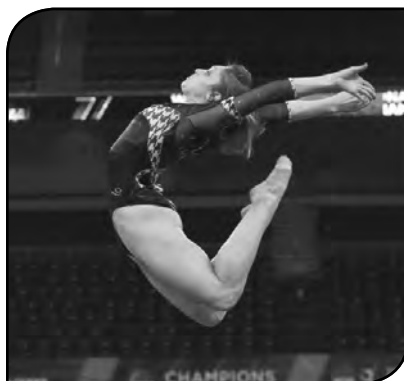
🎯 In what has quickly become an annual occurrence, Kim Jacob picks up Alabama's fourth-consecutive NCAA Elite 90 Award during the NCAA Championship Banquet on **April 18, 2013** in Los Angeles, Calif. In the four-year history of the award, which goes to the student-athlete at each of the NCAA's 89 championships with the highest cumulative grade point average, the Crimson Tide is the only women's gymnastics program to win the award.



🎯 After years of planning and months of construction, the Sarah Patterson Champions Plaza officially opens on **October 4, 2013** when the Crimson Tide's legendary gymnastics coach and the plaza's namesake cuts the ceremonial ribbon. The beautiful monument highlights not just Sarah and David Patterson's championship legacy, which includes six NCAA Championships and eight Southeastern Conference Championships, but Alabama's championship heritage in all its varsity sports. The plaza, located in front of Coleman Coliseum, includes brick and precision concrete plaques that honor each of Alabama's varsity sports and their history. There is special recognition of Alabama's NCAA and SEC Championship teams and its national championship coaches, all of which are on hand for the plaza's dedication.



🎯 Already on track to graduate in four years with a bachelor's and master's degree in chemical engineering with matching 4.0 grade point averages, junior Ria Domier solidifies her amazing academic standing on **April 12, 2013**, when she is named a Goldwater Scholar, earning a prestigious \$7,500 a year Goldwater Scholarship. The 2013 Goldwater Scholars were selected on the basis of academic merit from a field of 1,107 mathematics, science and engineering students nominated by the faculties of colleges and universities nationwide.



🎯 Geralen Stack-Eaton closes out her amazing Crimson Tide career by winning her second individual NCAA Championship and Alabama's 23rd overall on **April 22, 2012**, by taking top honors on the balance beam. The Horsham, Pa., native also finishes second on the floor exercise after winning the event in 2011. She is the sixth Alabama gymnast to win multiple national titles and the fourth to win NCAA gold on two different apparatus.



🎯 In a scenario that feels familiar, Alabama goes into the final rotation of the NCAA Championships on **April 21, 2012**, within .025 of the Florida Gators, with one team headed to the balance beam and the other to the floor exercise. But unlike the year before, when Alabama finished off its fifth NCAA title on the floor exercise to beat a UCLA team that finished out on the balance beam, this time it was the Crimson Tide headed to the beam and instead of leading by .025, as it had in 2011, Alabama trailed Florida by the smallest margin possible. The final outcome was the same though, as Alabama posted a 49.5 to beat the Gators by .075 and third-place UCLA by a tenth of a point, the smallest margin between first and third in NCAA history. It marks the first time that Alabama has won back-to-back national titles. The Tide's victory is assured by redshirt junior Ashley Priess, who scores a 9.95 in the final routine of the championship. It was a fitting finish for the Wheaton, Ill., native who was sidelined during Alabama's 2011 championship run following surgery on both ankles. A total of eight Tide gymnasts – Geralen Stack-Eaton, Priess, juniors Marissa Gutierrez and Ashley Sledge, sophomores Kim Jacob, Diandra Milliner and Sarah DeMeo and freshman Kayla Williams – earn 16 All-America honors. Senior Rachel Terry, junior Becca Alexin, sophomores Olivia Carisella, Ria Domier, Lindsey Fowler and Hannah Toussaint and freshmen Kaitlyn Clark, Hunter Dennis, Lora Leigh Frost and Brooke Parker round out Alabama's championship team.



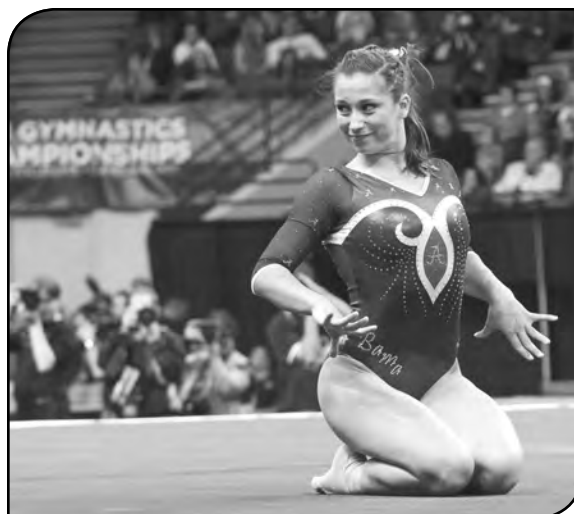
When Rachel Terry accepts the NCAA Elite 90 Award on **April 19, 2012**, during the NCAA Championships banquet in Duluth, Ga., she became the first gymnast to earn the award twice. The Hoover, Ala., native's two-year reign in 2011 and 2012 also keeps the award, which is presented annually to the student-athlete with the highest cumulative grade point average participating at the finals site for each of the NCAA championships, exclusive to the Crimson Tide after Kassi Price won the inaugural award in 2010. Terry, who carried a perfect 4.0 GPA for her career, graduated from the Capstone with a degree in early childhood education in May 2012, as both an All-American and Scholastic All-American.



On her way to being one of the most decorated student-athletes in Alabama history, Kayla Hoffman adds SEC Female Athlete of the Year honors to her resume when SEC Commissioner Mike Slive hands her the honor at the SEC Legends Dinner on **December 2, 2011**. She is the fifth Crimson Tide gymnast and sixth Alabama athlete to earn the award.

Every year, athletics directors around the country select the nation's top senior student-athletes, regardless of gender or NCAA division, and honor them with the NCAA Today's Top VIII Award. On **November 1, 2011**, the NCAA announces that Kayla Hoffman is the fourth Crimson Tide gymnast to earn the award, which recognizes senior student-athletes who have completed their athletic eligibility for their success in competition, in the classroom and in the community.

Kayla Hoffman reaps the rewards of a truly remarkable senior season when she is named the 2011 Honda Award winner on **April 27, 2011**. She is the sixth UA gymnast to win the honor that annually recognizes the nation's best gymnast.



Already named the Bryant Award Winner, given annually to the athletic department's top student-athlete, the SEC Gymnast of the Year, the SEC Gymnastics Scholar-Athlete of the Year and the NCAA Central Region Gymnast of the Year, Kayla Hoffman adds to her growing list of honors on **June 9, 2011**, when she not only earns First Team Academic All-America honors, but is also honored as the Capital One/CoSIDA Academic All-American of the Year. Hoffman is the second Alabama gymnast to earn the accolade, joining 2004 honoree Stephanie Kite.



An extraordinary weekend in Cleveland, Ohio, turns golden all over again on **April 17, 2011**, when Gerald Stack-Eaton follows up the Crimson Tide's team win the day before with the NCAA Floor Exercise Championship. It is the junior's fourth postseason title of the year and Alabama's 22nd individual national title.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



Alabama goes into the final rotation of the NCAA Championships leading UCLA by the slightest margin and comes out on the other side as national champions on **April 16, 2011**, in Cleveland, Ohio. The Crimson Tide starts the meet with the highest scoring vault rotation of the day and finishes with the highest floor exercise score led by junior Geralen Stack-Eaton's 9.925 and senior Kayla Hoffman's 9.95. Leading the Bruins by just .025 going into the final rotation, Alabama ends up winning by more than a quarter of a point, posting a 197.650, its second-highest score of the season, to UCLA's 197.375. In addition to giving Alabama its fifth NCAA title, the victory, coming on the heels of SEC and NCAA Regional titles, also caps the Tide's second championship "triple crown." Seven Alabama gymnasts earn 13 All-America honors led by Stack-Eaton's four honors and Hoffman's three. Freshman Kim Jacob earns a pair of All-America honors while sophomores Marissa Gutierrez and Ashley Sledge along with rookies Sarah DeMeo and Diandra Milliner all earn one each. Seniors Alyssa Chapman and Megan Mashburn, juniors Rachel Terry and Ashley Priess, sophomore Becca Alexin and freshmen Olivia Carisella, Ria Domier, Lindsey Fowler, Jordan Moore and Hannah Toussaint are also part of Alabama's championship team.



On **March 19, 2011**, for the second time in three years and seventh time overall, the Alabama Crimson Tide raises the Southeastern Conference Championship trophy aloft. Starting on the uneven bars, Alabama got better with every rotation and was led by junior Geralen Stack-Eaton, who won the balance beam and floor exercise titles, and senior Kayla Hoffman, who won the vault title with a 9.95. In addition to Stack-Eaton and Hoffman, who both earned first team All-SEC honors, sophomores Marissa Gutierrez and Ashley Sledge both earn second team honors while rookies Sarah DeMeo, Kim Jacob and Diandra Milliner earn both second team and SEC All-Freshman accolades. Seniors Alyssa Chapman and Megan Mashburn, juniors Rachel Terry and Ashley Priess, sophomore Becca Alexin, and freshmen Olivia Carisella, Ria Domier, Lindsey Fowler, Jordan Moore and Hannah Toussaint round out the Tide's championship roster.



On **March 19, 2011**, Kayla Hoffman kicks her senior season into high gear when she becomes the first student-athlete in league history to win both SEC Gymnast of the Year and the SEC Gymnastics Scholar-Athlete of the Year honors in the same season.



More than 13,000 fans came to the Crimson Tide's first Power of Pink meet in 2005 followed by an Alabama and SEC record 15,162 fans the next year. That second Power of Pink meet also saw the first check presentation to the DCH Breast Cancer Fund – \$90,000. A fast five years later, the proceeds of the 2010 Tuscaloosa Toyota/DCH Foundation Golf Classic and the fifth Nite on the Green fund raisers in October push the DCH Breast Cancer Fund to a major milestone. On **Feb. 19, 2011**, prior to the start of the seventh annual Power of Pink meet, a check for \$1 million dollars, representing the total raised for the DCH Breast Cancer Fund since its inception, is presented to the DCH Foundation in front of 14,000-plus cheering fans.



It has become such a Crimson Tide habit that it is doubtful many fans noticed when on **April 10, 2010**, Alabama passed another milestone, winning its 25th NCAA Regional title. On the way to the victory, which propelled the Tide to its 28th-consecutive NCAA Championship appearance, UA gymnasts swept the individual events with sophomores Geralen Stack-Eaton and Ashley Priess taking first and second respectively in the all-around. Only four times since NCAA competition began in 1982, has Alabama not won a regional team title, and all four times the Tide was second.

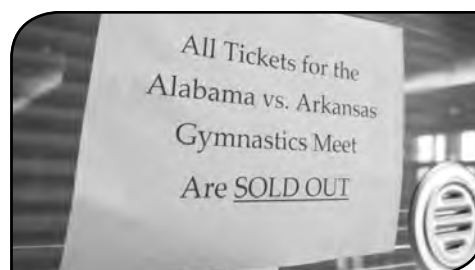
Kassi Price, who earned countless academic honors during her Crimson Tide career, takes home the inaugural NCAA Elite 88 Award on **April 24, 2010**. The honor, which Sarah Patterson called the culminating honor of Price's career, is presented to the student-athlete with the highest cumulative grade point average participating at the finals site for each of the NCAA's 88 championships. Price receives the award at the NCAA Championship Awards Brunch, during which she is also recognized with her third uneven bars All-America honor.

In another first, Kassi Price becomes the first Alabama student-athlete to earn a place on the prestigious CoSIDA Academic All-America At-Large Team three times in a career when she is named to the first team on **May 20, 2010**. The at-large team spans 13 women's sports, including bowling, rowing, fencing, field hockey, golf, gymnastics, ice hockey, lacrosse, rifle, skiing, swimming and diving, tennis and water polo.



Forged in the fire of a tough regular season, Alabama's team starts to peak at just the right time and on **March 21, 2009**, with a total team performance, Alabama wins its sixth Southeastern Conference Championship. The Crimson Tide starts the meet in Nashville, Tenn. with the best vault score of the meet and never lets up, finishing off with a 197.300, to beat second-place Georgia by nearly four-tenths of a point. Junior Morgan Dennis opens the meet by winning the SEC vault title and finishes off the Tide's title with a win on the floor exercise. She earns All-SEC honors for the third year in a row. Junior Ricki Lebegern, sophomore Kayla Hoffman and freshman Ashley Priess all earn second team All-SEC honors while rookies Priess, Geralen Stack-Eaton and Caitlin Sullivan make up more than half of the SEC All-Freshman list. Seniors Brittany Magee, Amanda Montgomery and Ashley O'Neal, juniors Alyssa Chapman, Casey Overton, Kassi Price and Jacqueline Shealy, sophomore Megan Mashburn along with freshmen Jocelyn Fowler, Erika Pearson and Rachel Terry all do their part to bring home the big trophy to Tuscaloosa.

Being first is not new to Barbara Mack Harding. As an Alabama gymnast in the early 1980s, she was the first, and to date only, freshman to be chosen captain of a Sarah Patterson coached team. She also led Alabama to its first NCAA Championship appearance as a sophomore in 1983. Harding was among Alabama's first All-Americans and NCAA Regional and SEC Champions. And on **September 6, 2008**, she led the way again, becoming the first female to be honored with the Paul W. Bryant Alumni-Athlete Award, which recognizes those outstanding alumni whose accomplishments since leaving the Capstone represent excellence in the areas of character, contributions to society, professional achievement and service to their community. It wasn't the first time that Harding was honored with an award bearing the name of Alabama's legendary football coach, who won six national championships with the Crimson Tide during his 25-year Alabama career. She was the inaugural winner of the Paul W. Bryant Scholar-Athlete Award as a senior in 1985.



When Alabama sells out its 2008 meeting with Georgia, it is exciting, but nothing new. The Tide has sold out one meet each of the two previous seasons and three times prior to the 2008 season, but on **Feb. 8, 2008**, the Crimson Tide once again makes history by selling out its second meet in as many weeks with 15,075 on hand to see Alabama take on Arkansas. The Tide, one of only two schools to draw more than 12,000 for a single meet, becomes the first program in collegiate gymnastics history to have 15,000-plus fans at two meets in a single season.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



Alabama caps the 2007 season with a pair of individual NCAA championships on **April 26, 2007**, when junior Terin Humphrey and freshman Morgan Dennis take home the nation's top prize on the uneven bars and floor exercise, respectively. Humphrey, who also won the 2005 NCAA Uneven Bars title, is the fifth Tide gymnast to win multiple national championships.

Dennis becomes the fifth Alabama gymnast to win an NCAA title as a rookie. It is the sixth year in a row that Alabama has won at least one individual NCAA title.

Already a legend, Ashley Miles secures her legacy on **April 22, 2006**, by winning her third NCAA vault championship, making her only the second gymnast in NCAA history, and first in more than 20 years, to win a trio of vault titles. She finished her career with four individual national titles, tying her for third in NCAA history.

Doing the amazing is nothing new for Ashley Miles, and so no one is surprised when on **March 25, 2006**, she becomes the first gymnast in Southeastern Conference history to win the same event four years in a row when she takes home the SEC floor exercise title. She finishes her career with 20 individual postseason titles, including four NCAA championships, six SEC titles and 10 NCAA Regional championships.

On **October 29, 2005**, Michelle Reeser caps off her Crimson Tide career by being honored at the NCAA Woman of the Year Banquet in Indianapolis. She is the fourth Alabama gymnast to be named a top-10 finalist for the honor and the ninth to be honored as a state winner. As a senior, Reeser earned All-America honors on the balance beam and was named the SEC Gymnastics Scholar-Athlete of the Year.

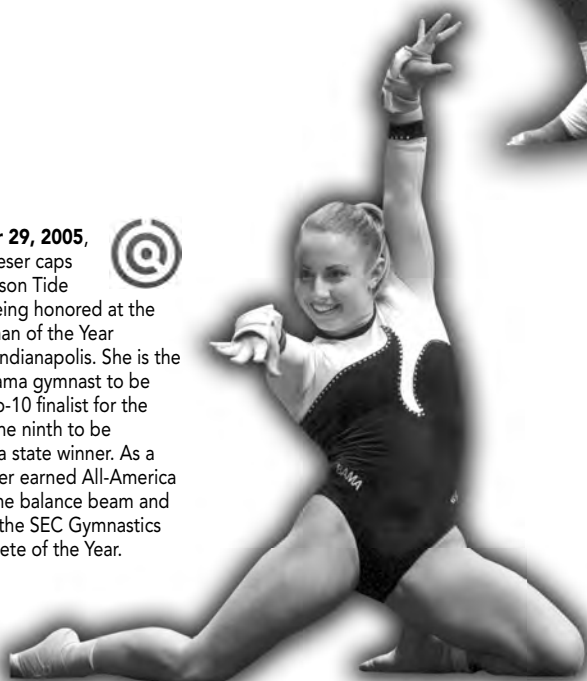


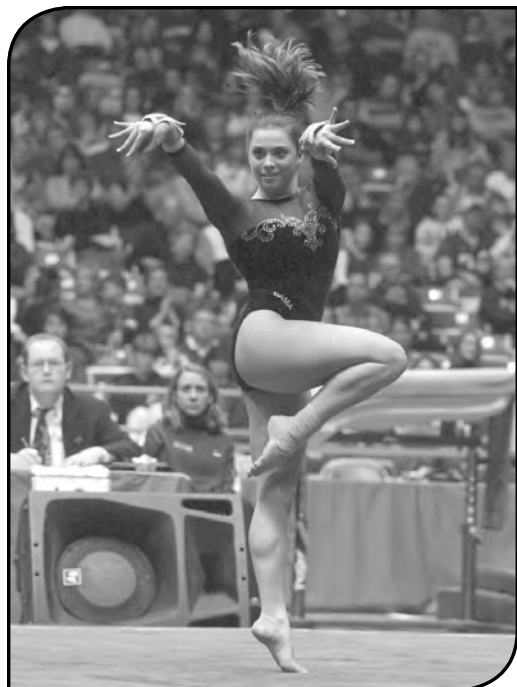
They came in droves to support Sarah Patterson's Power of Pink initiative and they brought their friends, and on **January 20, 2006**, for only the second time in school history, an Alabama gymnastics meet sells out, drawing a Southeastern Conference and Alabama record 15,162 fans to Coleman Coliseum. It is the largest collegiate gymnastics crowd in the nation since 1993 and the third largest all-time. Everyone at the UA-Florida gymnastics meet, both teams included, wears pink in support of "Drive 4 the Cause." The meet raises awareness for the fight against breast cancer.

On **May 3, 2006**, Ashley Miles wins Alabama's sixth Honda Award, capping a senior season that includes her fourth NCAA title with the national gymnast of the year award. A month later, she becomes a top-5 finalist for the Honda-Broderick Cup, given annually to the nation's top female athletes. She receives her Honda Award in front of 92,000-plus fans at half time of an Alabama football game.



On **August 22, 2004**, freshman-to-be Terin Humphrey, who had already helped guide the United States to a silver medal in the team competition at the 2004 Athens Olympics, earns a silver of her own on the uneven bars. When she joins the Crimson Tide on Dec. 26, 2004, after traveling with the T.J. Maxx Tour of Champions through the fall, she becomes the Tide's first Olympian and first Olympic medalist. Humphrey keeps things rolling along in that first season with the Tide, winning the NCAA Uneven Bars Championship.





Jeana Rice won six postseason titles as a senior, including a clean sweep of the Southeastern Conference, NCAA West Regional and NCAA All-Around Championships and finishes her career with an NCAA record 18 All-America honors. For all that she accomplished, on **April 23, 2004**, Rice is named the 2004 Honda Award Winner given annually to the nation's best gymnast. It marks the fifth time an Alabama gymnast earns that recognition. She is also named SEC "Athlete of the Year" by the conference's athletics directors.



Not only will Kristin Sterner graduate with three championship rings, including one for the 2002 NCAA Championship and one each for the 2000 and 2003 Southeastern Conference titles, but she will also earn 11 All-America honors, serve as the Tide's captain as a junior and senior and post a 3.9 grade point average in biology during her standout career. Such excellence is recognized on **May 29, 2003**, when Sterner is named the Southeastern Conference's Scholar-Athlete of the Year. It marks the third time in school history that an Alabama gymnast has earned this award, with Sterner joining Julie Estin (1987) and Meredith Willard (1997). Sterner will also earn the prestigious NCAA Top VIII Award, making her the third Alabama gymnast to do so, joining Willard (1997) and Andree Pickens (2002).



On **April 17, 2004**, Ashley Miles becomes the first Crimson Tide gymnast to defend an NCAA vault title. For good measure, she throws in the NCAA Floor Exercise title as well. Miles becomes the first Alabama gymnast to win two different NCAA apparatus titles in the same season. In addition to winning the NCAA floor exercise crown, Miles repeats as SEC and NCAA Regional floor exercise champion.



In a show of overwhelming generosity, businessman Steve Smith makes a \$1 million gift to the Crimson Tradition Fund in honor of his mother, Frances (left), a life-long Alabama fan who "never misses a home gymnastics meet." In honor of his donation, The University of Alabama gymnastics practice facility, part of the Coleman Coliseum Annex, is dedicated the "Frances Smith Gymnastics Practice Facility" on **November 5, 2004**.



Ashley Miles had scored other 10s, and she'd even scored 10s at the NCAA Championships before, but none were as dramatic as her back-to-back 10s on **April 22, 2005**, during the NCAA Super Six Team Final, when the San Antonio, Texas native posts perfect marks on the floor exercise and vault, leading Alabama to a second-place team finish.



On **March 8, 2003**, Sarah Patterson is inducted into the Alabama Sports Hall of Fame. She is just the sixth woman ever elected to the hall and the first female coach. "It's my name they're going to call out," Sarah Patterson said of the honor. "But as anybody who has followed our program knows, it is honoring what David and I have accomplished together." The induction comes on the heels of the Tide's fourth NCAA Championship under the

Pattersons and Sarah Patterson being named National Coach of the Year for a fourth time. It precedes Alabama winning its fifth SEC championship under the Pattersons and posting its 14th top-3 finish at the NCAA Championships, where the Tide finishes second.



On **January 12, 2003**, Andree Pickens caps a career that is second to none with the most prestigious award given by the NCAA. The 14-time All-American and two-time NCAA champion is chosen as one of the NCAA Today's Top VIII, an award that spans both men and women as well as all sports and divisions of the NCAA. Not only is Pickens chosen for this award, she is also asked to give the keynote address, delivering a speech that brings those gathered at the NCAA Convention to their feet.



GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY



After wowing fans throughout the season with her soaring vaults, on **April 26, 2003**, freshman Ashley Miles impresses the toughest crowd of all by winning the Crimson Tide's first national vault crown, scoring a 10.0 on her first vault and a 9.875 on her second to secure the NCAA Championship in Lincoln, Neb. Miles had already scored two 10.0s in NCAA Championship competition, winning the NCAA Central Region floor exercise title with a perfect mark and scoring a 10.0 during the first night of the NCAA team competition.



It is **March 15, 2003**, and Alabama wins Southeastern Conference title No. 5 in a competition that comes down to the Tide's last competitor on the last event, clipping second-place Georgia 197.275-197.225. Junior Jeana Rice wins the all-around, balance beam and uneven bars and is named SEC Gymnast of the Year, marking the fourth year in a row an Alabama athlete has won the award. Freshman Ashley Miles posts a 9.975 floor exercise routine that not only clinches the Tide's title but wins the event and earns her All-SEC honors as well. Freshman Larissa Stewart posts a career best on the uneven bars, earning second team All-SEC honors in the process and sophomore Michelle Reeser's leadoff balance beam routine earns her second team All-SEC honors on that event. Senior Kristin Sterner, juniors Lauren Holdefer and Stephanie Kite, sophomores Alexis Brion and Shannon Hrozek and freshmen Mari Bayer, Rachael Delahoussaye, Dana Filetti, Dana Pierce and Lauren Pruitt all do their part to bring home the big trophy to Tuscaloosa.



André Pickens wins her second NCAA Championship and the 13th in Alabama history on **April 20, 2002**. It is her 12th routine in three days and the Houston, Texas native is exhausted, but she finds the energy for one more routine, the last of her career, and makes it count. The 14-time All-American and winner of both the AAI American Award and the Honda Award for Gymnastics, scores a 9.925 on the uneven bars to win. With a tired wave to a crowd that is giving her a standing ovation, Pickens closes out a career that was legendary even before she won the title.

Senior André Pickens has the most dominating performance in Southeastern Conference Championship history on **March 23, 2002**, when she wins four of the five individual titles up for grabs that night at Bartow Arena. Not only is she the first gymnast to win four SEC titles in one year, she also earns her third SEC Gymnast of the Year honor. Pickens becomes the only gymnast to win the award more than once. She finishes her career with seven SEC titles, including two all-arounds, the SEC Community Service Postgraduate Scholarship and the SEC Athlete of the Year award.



Alabama rolls to NCAA Championship No. 4 on **April 19, 2002**, in Coleman Coliseum with a rock-solid performance on all four events, especially the balance beam, where the Tide finished off the meet (and all the other teams) for the fourth time in a row. Senior André Pickens posts the night's top all-around score and earns five All-America honors in leading the Tide to victory. In all, Alabama earns a meet-high 14 All-America honors with sophomore Jeana Rice earning three, junior Kristin Sterner and sophomore Alexis Brion taking two a piece while senior Natalie Barrington and freshman Shannon Hrozek earn one each. Seniors Alexa Martinez, Whitney Morgan and Raegan Tomasek, junior Sara Scarborough, sophomores Helen Burgin, Tiffany Byrd, Erin Holdefer, Lauren Holdefer and Stephanie Kite and freshman Michelle Reeser round out the championship roster.



Alabama travels to Gainesville for the 2000 Southeastern Conference Championship and falls into a groove that carries it through a dominating performance to win SEC title No. 3 on **March 18, 2000**. Sophomore André Pickens wins the vault, uneven bars and all-around titles and is named SEC Gymnast of the Year. She and freshman Kristin Sterner earn first-team All-SEC honors, while juniors Katie Hornecker and Dara Stewart (pictured right with their championship rings) along with sophomore Natalie Barrington all earned second team All-SEC honors. Seniors Lexa Evans and Gina Logan, juniors Robin Hawkins, April Makinson and Lissy Smith, sophomores Krista Gole, Alexa Martinez, Whitney Morgan and Raegan Tomasek and freshman Sara Scarborough round out the championship roster.

In a hint of the career to come, Andree Pickens wins the NCAA Balance Beam Championship as a freshman on **April 24, 1999**, capping a championship where she becomes the first freshman in NCAA history to earn five All-America honors.



The shine on Meredith Willard's career, in and out of the gym, continues to grow. On **January 11, 1998**, the Clemmons, N.C., native becomes the first Alabama athlete to earn the NCAA's prestigious Top VIII award, given annually to the nation's top eight senior athletes regardless of gender, sport or division. The award encompasses athletics, academics and character.



One fan after another made their way into Coleman Coliseum on **February 1, 1997**, until finally, just before 7 p.m. and the start of the Alabama-Georgia gymnastics meet, history is made and Alabama gymnastics sells out. A capacity crowd of 15,043 fills Alabama's arena. It is the largest crowd to ever see a women's athletic event in the state of Alabama and the largest crowd to ever see an SEC gymnastics meet. Alabama's challenge for the national record is foiled not by lack of fans, but lack of seats. Reportedly more than 400 fans were turned away from the doors of the Coliseum.



Stephanie Woods knew that the uneven bars routine she had just finished had been special, she just wasn't sure if anyone else knew. It was the night of the event finals at the NCAA Championships and she had just completed her routine. But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something of championship caliber. On Saturday, **April 27, 1996**, Woods won the NCAA Uneven Bars Championship, etching her name in Crimson legend.



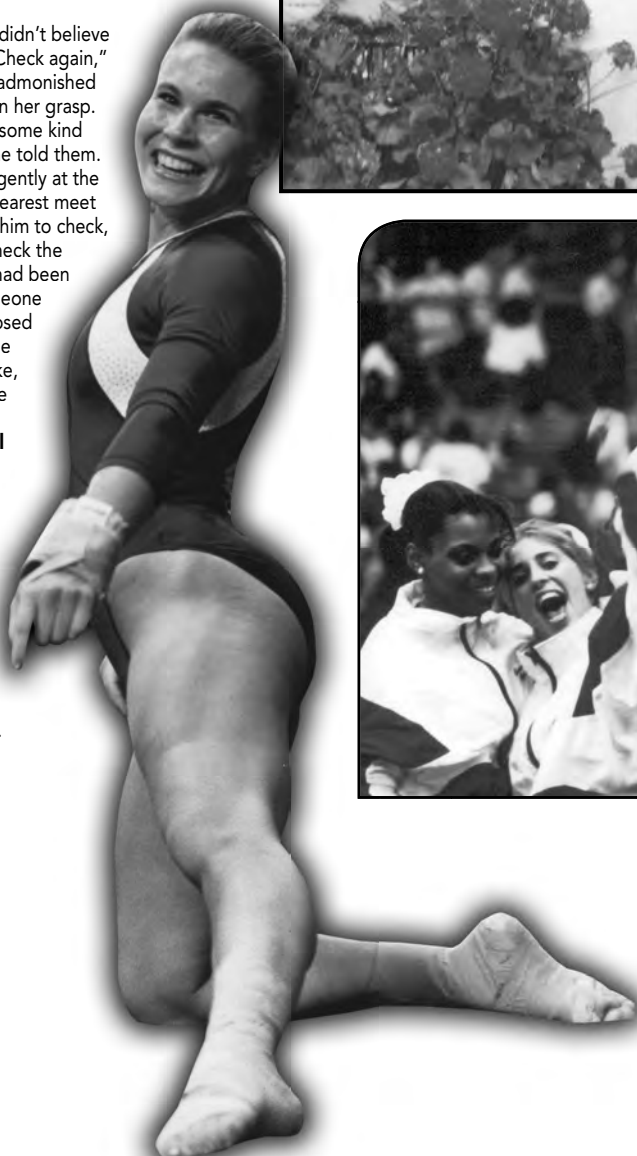
In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears stream down her face, Kim Kelly's success-studded career turns golden. The King of Prussia, Pa., native wins the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause. For Kelly, that's how it ends on Saturday, **April 27, 1996**. One last floor routine, perfect in execution – a moment in time – for all time, filled with tears of joy and sadness – and rolls upon rolls of cheers.

GREAT MOMENTS IN ALABAMA GYMNASTICS HISTORY

On Friday, **April 26, 1996**, paced by three individual NCAA champions and a program-record eight All-Americans, the Tide posts an NCAA Super Six record 198.025 to win its third NCAA title, second in the 1990s. Senior Kim Kelly and juniors Meredith Willard and Stephanie Woods all earn individual NCAA titles. Junior Kim Bonaventura, sophomore Merritt Booth, Kelly, sophomore Danielle McAdams, sophomore Shay Murphy, senior Marna Neubauer, Willard and Woods combine to earn 18 All-America honors. Sophomore Heather Nasser and freshmen Mandy Chapman, Lisa Gianni and Gwen Spidle round out Alabama's championship roster.



She didn't believe it. "Check again," she admonished everyone within her grasp. "There's been some kind of mistake," she told them. She tugged urgently at the sleeve of the nearest meet official, asking him to check, then double check the scores. There had been a mistake, someone else was supposed to be where she was. No mistake, the scores were right. On Thursday, **April 25, 1996**, Meredith Willard, the ultimate team player in a sport filled with individuals, had won the NCAA All-Around Championship.



After three rotations of the 1995 Southeastern Conference Championships being held in Gainesville, Fla., the Crimson Tide find themselves in fourth place with the chance for a third SEC Championship looking bleak. Fortunately, Alabama sees not a chance to give up, but a chance to make history. Alabama soars past Georgia, LSU and Florida on the strength of the best vault total in NCAA history on rotation No. 4 to win the SEC title on **March 25, 1995**. The Tide's 196.175 is just .05 in front of second-place LSU. Alabama counts nothing lower than a 9.900 on the way to setting the vault mark. Junior Kim Kelly hits a 10.0 to win the vault. Senior Chasity Junkin and freshman Merritt Booth both turn in career-high 9.975s on the vault. Sophomore Stephanie Woods wins the SEC uneven bars title. Junior Marna Neubauer, sophomores Kim Bonaventura and Meredith Willard, and freshmen Danielle McAdams, Shay Murphy and Heather Nasser all contribute to bringing SEC title No. 3 home to Tuscaloosa.



On **May 29, 1990**, Dee Foster becomes the first freshman in Southeastern Conference history to be named the league's Athlete of the Year. Foster is an obvious choice, after winning the 1990 NCAA All-Around Championship with an NCAA record of 39.30 and earning four All-America honors as a rookie. She led Alabama to a second-place national finish and the Tide's second SEC Team title.

Junior Dee Foster, already a Crimson Tide legend, turns perfect on **March 14, 1992**, during a dual meet with Georgia in Athens, scoring a 10.0 on a vault. Foster will earn eight 10.0s during her storied Tide career — five 10.0s on the vault, one on the uneven bars and two on the floor exercise.



The Crimson Tide starts the 1990s off on the right foot. Alabama marches into the Georgia Coliseum on **March 25, 1990**, and marches out with its second SEC team title. Alabama finishes more than a point ahead of second-place LSU. The Tide's 193.55 total sets an SEC Championship record. Senior Marie Robbins caps an outstanding career wearing the crimson and white of Alabama by winning the Tide's second-ever SEC all-around title, with a championship record score. That same year, a program-record eight members of the championship squad earn SEC Academic Honor Roll honors and Robbins earns an SEC Postgraduate Scholarship. Seniors Ali Blumberg, Tracey Tillman and Cheri Way, juniors Kim Masters and Tina Rinker, sophomores Gina Basile, Katherine Kelleher and Shea McFall, and freshman Dana Dobransky all help bring home the Tide's second SEC trophy.

No one could say that Dana Dobransky was not a pressure player. Dobransky wins two NCAA balance beam titles during her legendary Crimson Tide career. The first title comes in 1992 and the second, as a senior, in Corvallis, Ore. on **April 17, 1993**, with a perfect 10.0. With her perfect performance, Dobransky becomes the first Tide gymnast to repeat as national champion on an individual event. She goes on to earn an NCAA and SEC Postgraduate Scholarships, putting an exclamation mark on one of the greatest careers in Crimson Tide history.

The theme of the 1991 NCAA Gymnastics Championships is "Stars Fall on Alabama" and nothing could be closer to the truth as the host Crimson Tide uses a slew of talented ladies on **April 19, 1991**, to keep the championship in Tuscaloosa. Alabama's 195.125 total sets an NCAA Championship scoring record. The Tide outdistances second-place Utah by three-quarters of a point. Georgia is third followed by Oregon State, Penn State and Florida. Senior Kim Masters, juniors Gina Basile, Katherine Kelleher and Shea McFall, sophomores Dana Dobransky and Dee Foster, and freshman Kara Stilp all earn All-America honors. Senior Tina Rinker and freshmen Keri Duley, Sheryl Dundas, and Marti Watson round out the Tide's hometown championship roster.





Alabama is competing at its third NCAA Championship on **April 12-13, 1985**, when junior Penney Hauschild explodes into a Crimson Tide legend by winning the NCAA All-Around Championship in Salt Lake City, Utah. It is the first time that an athlete from Utah fails to win the all-around title. The Pennsylvania native also wins the uneven bars title. Hauschild is the first individual NCAA champion in Alabama gymnastics history. Her all-around total is an NCAA Championships record. Hauschild will go on to win four NCAA titles during her legendary career, repeating as all-around champion in 1986 and adding the floor exercise title to her resume that same year.



Eleven gymnasts and a lifetime of dreams come together on **April 22, 1988**, as Alabama wins its first NCAA team championship. Alabama scores an NCAA Championship record 190.05 in front of a rowdy handful of Tide faithful in Salt Lake City. Utah is second followed by UCLA, LSU, Georgia and Florida. The Tide is led by four All-Americans – senior Kathy Bilodeau, sophomores Marie Robbins and Cheri Way, and freshman Tina Rinker. Senior Alli Beldon, sophomores Ali Blumberg and Tracey Tillman and freshmen Wendy Anderson, Kim Masters and Susie Pierce round out the Tide's championship roster.

Crimson Tide legend Penney Hauschild caps a brilliant Crimson Tide career with her second-consecutive Honda Broderick Award on **January 11, 1986**. The Honda Broderick Award is given annually to the nation's best gymnast. Hauschild's career includes two NCAA All-Around championships, an NCAA Uneven Bars title and an NCAA Floor Exercise title. Hauschild earned 10 All-America honors during her storied career. She earned five NCAA Central Regional titles and one SEC all-around crown.



All-American Barbara Mack – a Rhodes Scholarship finalist, the first Alabama gymnast to win the Paul W. Bryant Award, an NCAA Postgraduate Scholarship winner and a two-time Region champion – caps a brilliant Crimson Tide career by becoming the first Alabama gymnast to win the AMF American Award on **April 13, 1985**.

No one may have known it at the time, but **July 1, 1978**, marks the start of something extremely special as the Crimson Tide begins its rise toward becoming one of the most successful programs in the history of collegiate athletics when Sarah Campbell becomes Alabama gymnastics' fifth head coach in five years. She immediately hires David Patterson as her assistant coach. The rest, as they say, is history.



On **May 27, 1987**, Julie Estin becomes the first athlete from Alabama to be honored as the Southeastern Conference Scholar-Athlete of the Year. Estin also earns NCAA and SEC Postgraduate Scholarships, which she puts to good use. In July 1996, Dr. Julie Vaughn set up practice in Tuscaloosa as a pediatrician.



Julie Garrett becomes Alabama's first All-American on **April 4, 1982**. Garrett paces the Tide to a fourth-place finish at the 1982 AIAW National Championships before attending the first NCAA Championship as an individual. Undaunted by her first NCAA appearance, Garrett earns All-America recognition on the uneven bars.

Alabama wins its first NCAA Regional title on **March 26, 1983**, earning its first trip to the NCAA Championships which will be held at Salt Lake City, Utah, two weeks later. Sarah and David Patterson's first recruiting class helps take the Tide to the top of the South Region, downing the region's until-then dominant team, Florida, the meet's host.

History didn't record the first meeting, the first practice or the first vault – those dates are lost in time – but the first meet, the first time The University of Alabama put forth a group of young women wearing crimson and white leotards came on **January 10, 1975**. Alabama opens at home, falling to Georgia College 83.75-65.80. And with that, the program that will become one of the most celebrated in collegiate athletics is underway.





ALABAMA GYMNASTICS HALL OF FAME

ABBY ARMBRECHT | 2019

All-American
• Four-year
Scholastic All-
American • First
Team All-SEC •
Four-year SEC
Academic Honor
Roll



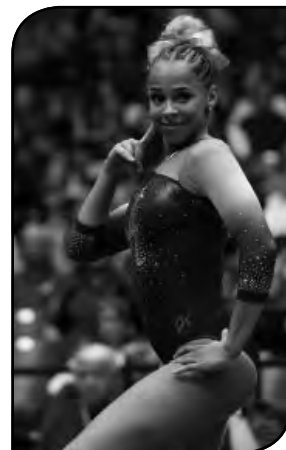
NICKIE GUERRERO | 2018

2015 SEC
Championship
team • Three-time
All-American •
All-SEC • Four-
year Scholastic
All-American •
Four-year SEC
Academic Honor
Roll



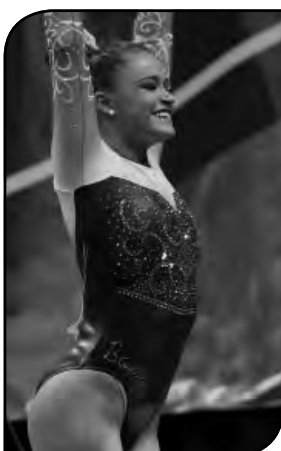
KATIE BAILEY | 2017

2015 and 2014
SEC Championship
team • 2017
NCAA Uneven
Bars champion •
2016 NCAA Vault
champion • Six-
time All-American
• Two-time
SEC champion
• Scholastic
All-American •
Three-time All-SEC
• Four-year SEC
Academic Honor
Roll



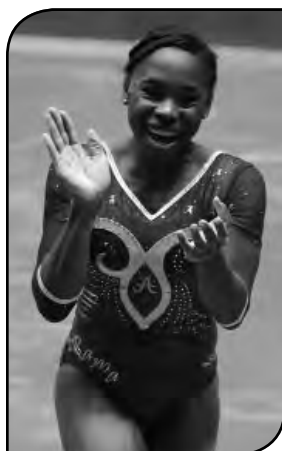
MACKENZIE BRANNAN | 2018

2015 SEC
Championship
team • Four-time
All-American •
Two-time NCAA
Regional champion
• SEC champion •
All-SEC • Three-
time CoSIDA
Academic All-
American • Four-
year Scholastic
All-American •
Four-year SEC
Academic Honor
Roll



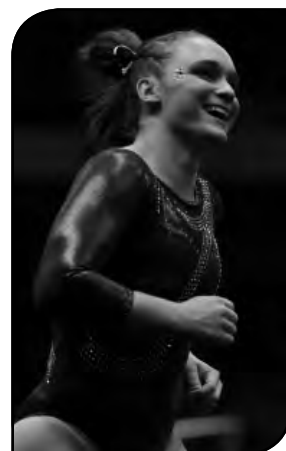
KIANA WINSTON | 2018

2015 SEC
Championship
team • 11-time All-
American • NCAA
Regional champion
• Two-time SEC
champion •
All-SEC • Four-
year Scholastic
All-American •
Four-year SEC
Academic Honor
Roll • Paul W.
Bryant Student-
Athlete Award



KEELY MCNEER | 2017

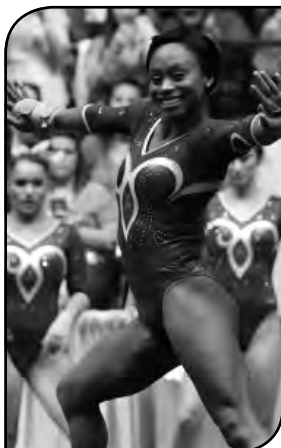
2015 and 2014
SEC Championship
team • Two-time
Championship
All-American
• CoSIDA
Academic All-
American • NCAA
Postgraduate
Scholarship • Four-
year Scholastic
All-American •
All-SEC • Four-year
SEC Academic
Honor Roll



ALABAMA GYMNASTICS HALL OF FAME

AJA SIMS | 2017

2015 and 2014 SEC Championship team • Championship All-American • Three-time Regular-season All-American • Four-year Scholastic All-American • Two-time NCAA Regional champion • All-SEC • Four-year SEC Academic Honor Roll



SARAH & DAVID PATTERSON | 2015

Coaches of the 2012, 2011, 2002, 1996, 1991, 1988 NCAA Championship teams • Coaches of the 2014, 2011, 2009, 2003, 2000, 1995, 1990, 1988 Southeastern Conference Championship teams • Coaches of an NCAA-best 29 Regional Championship teams .. For a complete recap of their extraordinary careers, go to page 75



KAYLA WILLIAMS | 2015

2012 NCAA Championship team • 2015 and 2014 SEC Championship team • Four-time All-American • Four-year Scholastic All-American • NCAA Regional champion • All-SEC • Four-year SEC Academic Honor Roll



LAUREN BEERS | 2016

2015 and 2014 SEC Championship team • Seven-time All-American • Three-year NCAA Elite 90 Award • CoSIDA At-Large Team Academic All-American of the Year • three-year CoSIDA Academic All-American • NCAA Postgraduate Scholarship • Four-year Scholastic All-American • Five-time NCAA Regional champion • SEC Gymnastics Scholar-Athlete of the Year • All-SEC • Four-year SEC Academic Honor Roll



KAITLYN CLARK | 2015

2012 NCAA Championship team • 2015 and 2014 SEC Championship team • Two-time All-American • Four-year Scholastic All-American • Two-time NCAA Regional champion • Two-time SEC champion • Two-year All-SEC • Four-year SEC Academic Honor Roll



SARAH DEMEO | 2014

2012 and 2011 NCAA Championship teams • 2014 and 2011 SEC Championship team • Five-time All-American • NCAA Regional champion • All-SEC • NCAA Postgraduate Scholarship Winner • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll



CARLEY SIMS | 2016

2015 and 2014 SEC Championship team • Two-time All-American • NCAA Regional champion • All-SEC • Four-year SEC Academic Honor Roll



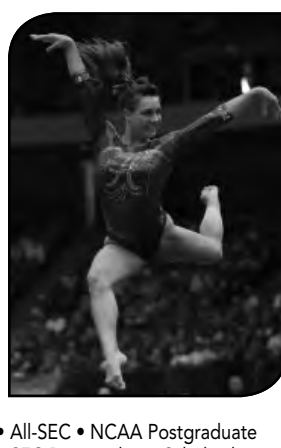
LORA LEIGH FROST | 2015

2012 NCAA Championship team • 2015 and 2014 SEC Championship team • All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll



KIM JACOB | 2014

2012 and 2011 NCAA Championship teams • 2014 and 2011 SEC Championship team • Honda Cup winner • NCAA Top Ten Award • Honda Award winner • CoSIDA Academic All-America of the Year • NCAA All-Around champion • 11-time All-American • NCAA Regional champion • All-SEC • NCAA Postgraduate Scholarship Winner • SEC Postgraduate Scholarship Winner • Two-time CoSIDA Academic All-American • Four-year Scholastic All-American • Three-time SEC Gymnastics Scholar-Athlete of the Year • Three-year SEC Academic Honor Roll



DIANDRA MILLINER | 2014

2012 and 2011 NCAA Championship teams • 2014 and 2011 SEC Championship team • NCAA Vault champion • Seven-time All-American • NCAA Regional champion • NCAA Postgraduate Scholarship Winner • Three-time SEC champion • Four-year All-SEC • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll



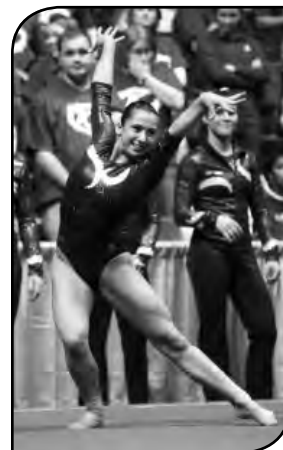
ASHLEY SLEDGE | 2013

2012 and 2011 NCAA Championship teams • 2011 SEC Championship team • Two-time All-American • NCAA Regional champion • All-SEC • NCAA Postgraduate Scholarship Winner • NCAA Ethnic Minority and Women's Enhancement Scholarship Winner • Scholastic All-American • Four-year SEC Academic Honor Roll • Two-year Team Captain



KAYLA HOFFMAN | 2011

2011 NCAA Championship team • 2011 and 2009 SEC Championship teams • 2012 NCAA Top VIII • 2011 Honda Award • 2011 SEC Female Athlete of the Year • 2011 CoSIDA Academic All-America of the Year • 2011 NCAA All-Around Runner-up • Five-time All-American • 2011 SEC Gymnast of the Year • 2011 SEC Scholar-Athlete of the Year • Seven-time NCAA Regional champion • 2011 SEC Vault champion • NCAA Central Region Gymnast of the Year • SEC and NCAA Postgraduate Scholarships • Four-year All-SEC • Four-year Scholastic All-American • 2011 CoSIDA Academic All-American • Four-year SEC Academic Honor Roll



MARISSA GUTIERREZ | 2013

2012 and 2011 NCAA Championship teams • 2011 SEC Championship team • Three-time All-American • NCAA Regional champion • All-SEC • Scholastic All-American • Four-year SEC Academic Honor Roll



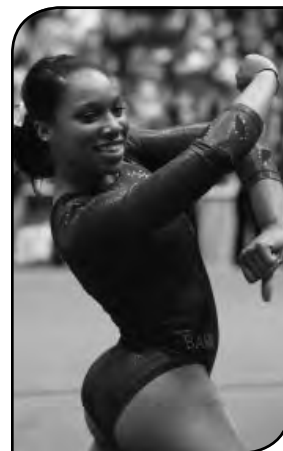
GERALEN STACK-EATON | 2012

2012 and 2011 NCAA Championship teams • 2011 and 2009 SEC Championship teams • 2012 NCAA Balance Beam champion • 2011 NCAA Floor Exercise champion • 12-time All-American • Scholastic All-American • Seven-time NCAA Regional champion • Two-time SEC champion • Three-year All-SEC • Four-year SEC Academic Honor Roll



MORGAN DENNIS | 2010

2007 NCAA Floor Exercise champion • Eight-time All-American • Six-time NCAA Regional champion • 2009 SEC Championship team • Six-time SEC champion • Four-year All-SEC • Four-year SEC Academic Honor Roll • Two-year team captain



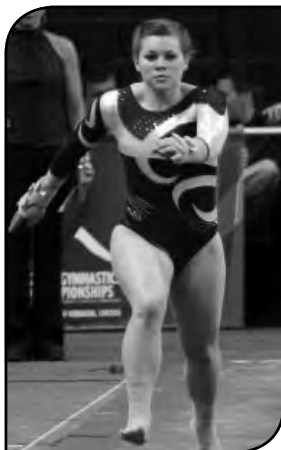
ASHLEY PRIESS | 2013

2012 and 2011 NCAA Championship teams • 2011 and 2009 SEC Championship teams • NCAA Woman of the Year Top-30 • 10-time All-American • Five-time Regional champion • Two-time SEC champion • Three-year All-SEC • NCAA Postgraduate Scholarship Winner • Four-year Scholastic All-American • Five-year SEC Academic Honor Roll • Three-year Team Captain • SAAC President • Paul W. Bryant Award



RACHEL TERRY | 2012

2012 and 2011 NCAA Championship teams • 2011 and 2009 SEC Championship teams • 2012 NCAA Elite 90 Award • 2011 NCAA Elite 90 Award • First two-time winner of the NCAA Elite 90 Award • All-American • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll



RICKI LEBEGERN | 2010

Four-time All-American • Four-year Scholastic All-American • 2009 SEC Championship team • Three-time SEC champion • Four-year All-SEC • Four-year SEC Academic Honor Roll • SEC Community Service Team • Team captain



CHAMPIONS

ALABAMA GYMNASTICS HALL OF FAME

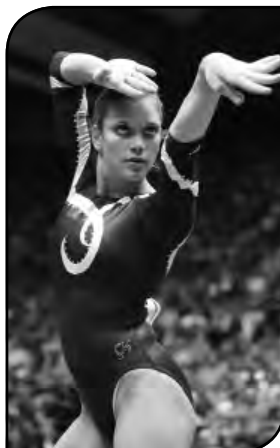
CASEY OVERTON | 2010

All-American
• Three-year
Scholastic All-
American • 2009
SEC Championship
team • SEC
champion • All-
SEC • Four-year
SEC Academic
Honor Roll



TERIN HUMPHREY | 2008

2005 and 2007
NCAA Uneven
Bars champion
• 10-time
All-American •
Three-time NCAA
Regional champion
• SEC champion
• All-SEC • SEC
Academic Honor
Roll



ASHLEY MILES | 2006

2003 SEC
Championship
team • Four-time
NCAA champion –
2006, 2004, 2003
Vault, 2004 Floor
Exercise • 10-time
NCAA Regional
champion • 12-
time All-American
• Honda Award
Winner • Six-time
SEC champion
– 2006, 2005,
2004, 2003 Floor
Exercise, 2005
Vault, 2005 Uneven
Bars • Four-year
All-SEC • SEC
Academic Honor Roll



KASSI PRICE | 2010

Three-time All-
American • NCAA
Elite 90 Award •
NCAA and SEC
Postgraduate
Scholarships
• Four-year
Scholastic
All-American •
Three-year CoSIDA
Academic All-
American At-Large
Team • Three-time
NCAA Regional
champion • 2009
SEC Championship
team • Four-year
SEC Academic
Honor Roll • SEC
Community Service Team • Paul W. Bryant Award •
Austin Cup



MARI BAYER | 2006

2003 SEC
Championship
team • Two-time
All-American
• Four-year
Scholastic
All-American •
Four-year SEC
Academic Honor
Roll



ALEXIS BRION | 2005

2002 NCAA
Championship
team • 2003 SEC
Championship
team • Five-time
All-American •
NCAA Regional
Vault champion



BRITTANY MAGEE | 2009

2009 SEC
Championship
team • All-
American •
Three-time NCAA
Regional champion
• SEC champion
• All-SEC • Four-
year Scholastic
All-American •
Three-year SEC
Academic Honor
Roll



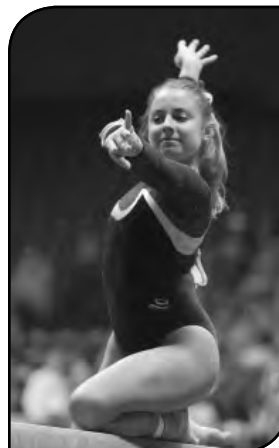
DANA FILETTI | 2006

2003 SEC
Championship
team • All-
American • SEC
Academic Honor
Roll



MICHELLE REESER | 2005

2002 NCAA
Championship
team • 2003 SEC
Championship
team • NCAA
Woman of the
Year finalist •
All-American •
SEC Gymnastics
Scholar-Athlete of
the Year • Four-
year Scholastic
All-American •
Four-year SEC
Academic Honor
Roll • All-SEC



SHANNON HROZEK | 2005

2002 NCAA Championship team • 2003 SEC Championship team • 3-time All-American • NCAA Regional champion • Four-year Scholastic All-American • Four-year SEC Academic Honor Roll



KRISTIN STERNER | 2003

2002 NCAA Championship team • 2000 & 2003 SEC Championship teams • NCAA Today's Top VIII Award • NCAA Woman of the Year finalist • SEC Scholar-Athlete of the Year • NCAA Postgraduate Scholarship • CoSIDA Academic All-American • 11-time All-American • Four-time NCAA Regional champion • Two-year All-SEC • Four-year Scholastic All-America • Three-year SEC Academic Honor Roll



RAEGAN TOMASEK | 2002

2002 NCAA Championship team • 2000 SEC Championship team • All-American • Scholastic All-American • Three-year SEC Academic Honor Roll



STEPHANIE KITE | 2004

2002 NCAA Championship team • 2003 SEC Championship team • All-American • NCAA Woman of the Year State Honoree • Four-year Scholastic All-American • CoSIDA Academic All-American At-Large Student-Athlete of the Year • Two-year CoSIDA Academic All-American At-Large First Team • Three-year SEC Academic Honor Roll



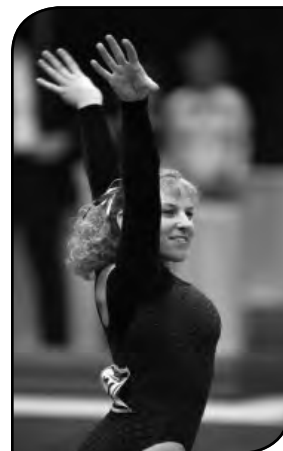
NATALIE BARRINGTON | 2002

2002 NCAA Championship team • 2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll



KATIE HORNECKER | 2001

2000 SEC Championship team • All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC



JEANA RICE | 2004

2002 NCAA Championship team • 2003 SEC Championship team • 18-time All-American • NCAA All-Around champion • Honda Award • SEC Athlete of the Year • SEC Gymnast of the Year • Six-time SEC champion • Three-year NCAA Regional All-Around champion • SEC All-Around Record



ANDRÉE PICKENS | 2002

2002 NCAA Championship team • 2000 SEC Championship team • NCAA Today's Top VIII Award • Honda Award • 1999 NCAA Balance Beam champion • 2002 NCAA Uneven Bars champion • 14-time All-American • Scholastic All-American • State of Alabama NCAA Woman of the Year • SEC Postgraduate Scholarship • Three-year SEC Academic Honor Roll



LISSY SMITH | 2001

2000 SEC Championship team • Three-time All-American • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll • All-SEC • 2001 SEC Balance Beam champion • Three-year NCAA Regional Balance Beam champion



CHAMPIONS

ALABAMA GYMNASTICS HALL OF FAME

DARA STEWART | 2001

2000 SEC Championship team • Three-time All-American • Two-year Scholastic All-American • Three-year SEC Academic Honor Roll • 1998 and 2000 NCAA Regional Uneven Bars champion • All-SEC



GWEN SPIDLE | 1999

1996 NCAA Championship team • Five-time All-American • Three-year SEC Academic Honor Roll • NCAA Team Record squad



DANIELLE MCADAMS | 1998

1996 NCAA Championship team • 1995 SEC Championship team • Three-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the vault at the 1996 NCAA Championships • NCAA Team Record squad



LEXA EVANS | 2000

2000 SEC Championship team • NCAA Woman of the Year, State of Alabama • All-American • Three-year SEC Academic Honor Roll • Three-year Scholastic All-American



MERRITT BOOTH | 1998

1996 NCAA Championship team • 1995 SEC Championship team • Six-time All-American • Four-year Scholastic All-American • Three-year SEC Academic Honor Roll • NCAA Woman of the Year finalist • GTE Academic All-American • NCAA Postgraduate Scholarship Winner



MEREDITH WILLARD | 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • NCAA All-Around champion • 11-time All-American • NCAA Top VIII Award • SEC Scholar-Athlete of the Year • H. Boyd McWhorter SEC Postgraduate Scholarship Winner • NCAA Postgraduate Scholarship Winner • SEC Gymnast of the Year • NCAA Woman of the Year finalist • NCAA Central Regional champion • Four-year Scholastic All-American • CoSIDA Academic All-American • Three-year SEC Academic Honor Roll



MANDY CHAPMAN | 1999

1996 NCAA Championship team • All-American • Three-year Scholastic All-American • Two-year All-SEC • Three-year SEC Academic Honor Roll



SHAY MURPHY | 1998

1996 NCAA Championship team • 1995 SEC Championship team • Two-time All-American • Three-year SEC Academic Honor Roll • Scored a 10.0 on the floor exercise in 1998 • NCAA Team Record squad



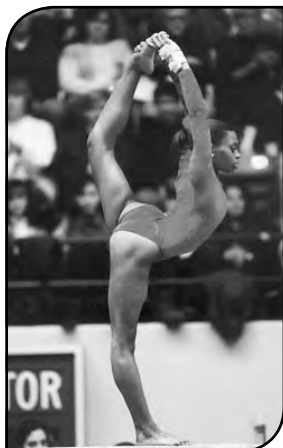
KIM BONAVENTURA | 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • Four-time All-American • NCAA Central Regional champion



STEPHANIE WOODS | 1997

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Uneven Bars champion • NCAA Team Record squad • Five-time All-American • Three-time NCAA Regional champion • SEC Uneven Bars champion



CHASITY JUNKIN | 1995

1995 SEC Championship Team • Two-time All-American • AAI Senior Award Finalist • Three-year Scholastic All-American • Three-year SEC Academic Honor Roll



KARA STILP | 1994

1991 NCAA Championship team • Two-time All-American • Scholastic All-American • SEC Academic Honor Roll



KIM KELLY | 1996

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Floor Exercise champion • NCAA Team Record squad • Nine-time All-American • NCAA Team Vault Record • NCAA Team Floor Exercise Record • Five-time Regional champion • Two-time SEC champion • Three-year All-SEC • Scholastic All-American • Two-year SEC Academic Honor Roll



SHERYL DUNDAS | 1994

1991 NCAA Championship team • NCAA Central Region Balance Beam champion • Phi Eta Sigma • All-American • SEC Academic Honor Roll • Scholastic All-American



DANA DOBRANSKY | 1993

1991 NCAA Championship team • 1990 SEC Championship team • Two-time NCAA Balance Beam champion • Five-time All-American • NCAA Postgraduate Scholarship • SEC Postgraduate Scholarship • NCAA Woman of the Year – State Honoree • GTE/CoSIDA Academic All-American • SEC Academic Honor Roll • All-SEC • Regional champion • SEC champion



MARNA NEUBAUER | 1996

1996 NCAA Championship team • 1995 SEC Championship team • NCAA Team Record squad • Three-time All-American • NCAA Floor Exercise Team Record • Two-year Scholastic All-American • Two-year SEC Academic Honor Roll



SHEA MCFALL | 1994

1991 NCAA Championship team • Two-time All-American • Three-time SEC Academic Honor Roll • All-SEC • Scholastic All-American



DEE FOSTER | 1993

1991 NCAA Championship team • 1990 SEC Championship team • Honda Award for Gymnastics • NCAA All-Around champion • SEC Athlete of the Year • 17-time All-American • Four-time SEC champion • Nine-time Regional champion • Four-time All-SEC • 1993 Alabama Amateur Athlete of the Year



CHAMPIONS

ALABAMA GYMNASTICS HALL OF FAME

GINA BASILE | 1992

1991 NCAA
Championship
team • 1990 SEC
Championship
Team •
NCAA champion
• All-American •
All-SEC • Two-time
SEC Academic
Honor Roll •
SEC champion •
Regional champion



TINA RINKER | 1991

1988 &
1991 NCAA
Championship
teams • 1988
& 1990 SEC
Championship
Teams • All-
American •
Two-time All-SEC •
Regional champion
• Three-Time SEC
Academic Honor
Roll



KELLY GOOD | 1989

1988 NCAA
Championship
team • 1988 SEC
Championship
Team • All-
American •
GTE District IV
Academic All-
American • NCAA
Postgraduate
Scholarship •
SEC Postgraduate
Scholarship •
Two-time SEC
Academic Honor
Roll



KATHERINE KELLEHER | 1992

1991 NCAA
Championship
team • 1990 SEC
Championship
Team • Three-
time All-American
• NCAA &
SEC Postgraduate
Scholarships •
Alabama NCAA
Woman of the Year
• Two-time All-SEC
• Three-time SEC
Academic Honor
Roll • Paul W.
Bryant Award •
SEC champion •
Two-Time Regional
champion •
Scholastic All-American



MARIE ROBBINS | 1990

1988 NCAA
Championship
team • 1988 SEC
Championship
Team • Four-time
All-American
• Two-time
SEC champion •
Two-time Regional
champion •
Two-time All-SEC
• Paul W. Bryant
Award • NCAA
Postgraduate
Scholarship •
Three-time SEC
Academic Honor
Roll



KATHY BILODEAU | 1988

1988 NCAA
Championship
team • 1988 SEC
Championship
Team • Two-time
All-American •
Two-time SEC
Academic Honor
Roll



KIM MASTERS | 1991

1988 &
1991 NCAA
Championship
teams • 1988
& 1990 SEC
Championship
Teams • Three-
time All-American
• Two-time All-
SEC • Four-time
Regional champion
• SEC Academic
Honor Roll



CHERI WAY | 1990

1988 NCAA
Championship
team • 1988 SEC
Championship
Team • Three-time
All-American •
Two-time SEC
Academic Honor
Roll • Four-time
Regional champion



JULIE ESTIN | 1987

Six-time All-
American •
Two-time SEC
champion • Five-
time Regional
champion • NCAA
Postgraduate
Scholarship • SEC
Scholar Athlete
of the
Year • Four-time
All-
SEC • Two-time
GTE
Academic All-
American • Paul W.
Bryant Award
• Three-time
Academic
All-SEC



PENNEY HAUSCHILD | 1986

Two-time NCAA All-Around champion • Floor Exercise champion • NCAA Uneven Bars champion • 10-time All-American • Two-time Broderick Award Winner • AMF American Award • SEC Athlete of the Year • SEC champion • Five-time Regional champion • Two-time All-SEC • World University Games



JULIE GARRETT | 1983

Three-time All-American • SEC champion • Two-time All-SEC • Regional champion • NCAA Post-graduate Scholarship



ANN WILHIDE | 1983

All-SEC



BARBARA MACK | 1985

All-American • SEC champion • AMF American Award • Rhodes Scholarship Finalist • Paul W. Bryant Award • NCAA Postgraduate Scholarship • Two-time Regional champion • Two-time SEC Academic Honor Roll



DENISE BALK | 1983

All-SEC



PATTI KLECKNER | 1983

All-SEC



PATTI RICE | 1984

SEC champion • All-SEC • SEC Academic Honor Roll



LUANN GUZZETTI | 1983

All-SEC



ANGIE ALEXANDER | 1982

All-SEC



ALABAMA GYMNASTICS YEAR-BY-YEAR



2019 REGULAR SEASON RECORD — 10-5-0
CHAMPIONSHIPS —
Regional 3rd | SEC 3rd

THE TEAM:

Abby Armbricht, Sr.
Wynter Childers, Jr.
Maddie Desch, Jr.
Asia DeWalt, Fr.
Kylie Dickson, So.
Emily Gaskins, Fr.
Angelina Giancroce, Sr.
Jensie Givens, Fr.
Lexi Graber, So.
Ariana Guerra, Jr.
Griffin James, Fr.
Bailey Key, So.

Tia Kiaku, So.
Alonza Klopfer, So.
Shea Mahoney, Jr.
Sania Mitchell, Fr.
Shallon Olsen, Fr.
Head Coach:
Dana Duckworth
Assistant Coach:
Bill Lorenz
Assistant Coach:
Ryan Roberts



2018 REGULAR SEASON RECORD — 7-4-0
CHAMPIONSHIPS —
NCAA 8th | Regional 1st | SEC 2nd

THE TEAM:

Abby Armbricht, Jr.
Mackenzie Brannan, Sr.
Wynter Childers, So.
Maddie Desch, So.
Kylie Dickson, Fr.
Peyton Ernst, RS-So.
Angelina Giancroce, Jr.
Lexi Graber, Fr.
Ariana Guerra, Jr.
Nikkie Guerrero, Jr.
Bailey Key, Fr.

Alonza Klopfer, Fr.
Jennie Loeb, Sr.
Shea Mahoney, Sr.
Kiana Winston, Sr.
Head Coach:
Dana Duckworth
Associate Head Coach:
Bryan Raschilla
Assistant Coach:
Bill Lorenz



2017 REGULAR SEASON RECORD — 7-4-0
CHAMPIONSHIPS —
NCAA 6th | Regional 2nd | SEC 3rd

THE TEAM:

Abby Armbricht, So.
Katie Bailey, Sr.
Mackenzie Brannan, Jr.
Jenna Bresette, So.
Wynter Childers, Fr.
Caitlin Cole, Fr.
Maddie Desch, Fr.
Peyton Ernst, So.
Angelina Giancroce, So.
Ariana Guerra, So.
Nikkie Guerrero, Jr.
Amanda Jetter, Sr.
Jennie Loeb, Jr.

Shea Mahoney, Fr.
Keely McNeer, Sr.
Mary Lillian Sanders, Sr.
Aja Sims, Sr.
Mackenzie Valentin, Sr.
Kiana Winston, Jr.
Head Coach:
Dana Duckworth
Associate Head Coach:
Bryan Raschilla
Assistant Coach:
Bill Lorenz



2016 REGULAR SEASON RECORD — 8-5-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Abby Armbricht, Fr.
Katie Bailey, Jr.
Lauren Beers, Sr.
Mackenzie Brannan, So.
Jenna Bresette, Fr.
Angelina Giancroce, Fr.
Ariana Guerra, Fr.
Nikkie Guerrero, So.
Amanda Huang, Fr.
Amanda Jetter, Jr.
Jennie Loeb, So.
Keely McNeer, Jr.

Avery Rickett, Fr.
Mary Lillian Sanders, Jr.
Aja Sims, Jr.
Carley Sims, Sr.
Mackenzie Valentin, Jr.
Kiana Winston, So.
Head Coach:
Dana Duckworth
Associate Head Coach:
Bryan Raschilla
Assistant Coach:
Bill Lorenz



2015 REGULAR SEASON RECORD — 8-3-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 1st

THE TEAM:

Katie Bailey, So.
Lauren Beers, Jr.
Mackenzie Brannan, Fr.
Kaitlyn Clark, Sr.
Hunter Dennis, Sr.
Lora Leigh Frost, Jr.
Nikkie Guerrero, Fr.
Amanda Jetter, So.
Jennie Loeb, Fr.
Keely McNeer, So.
Dominique Pegg, So.
Mary Lillian Sanders, So.

Aja Sims, So.
Carley Sims, Jr.
Mackenzie Valentin, So.
Kayla Williams, Sr.
Kiana Winston, Fr.
Head Coach:
Dana Duckworth
Associate Head Coach:
Bryan Raschilla
Assistant Coach:
Bill Lorenz



2014 REGULAR SEASON RECORD — 10-3-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 1st

THE TEAM:

Katie Bailey, Fr.
Lauren Beers, So.
Kaitlyn Clark, Jr.
Sarah DeMeo, Sr.
Hunter Dennis, Jr.
Ria Domier, Sr.
Lindsey Fowler, Jr.
Lora Leigh Frost, Jr.
Kim Jacob, Sr.
Amanda Jetter, Fr.
Keely McNeer, Fr.
Diandra Milliner, Sr.
Dominique Pegg, Fr.

Mary Lillian Sanders, Fr.
Aja Sims, Fr.
Carley Sims, So.
Kayla Williams, Jr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth



2013 REGULAR SEASON RECORD — 7-2-1
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Jr.
Lauren Beers, Jr.
Olivia Carisella, Jr.
Kaitlyn Clark, So.
Sarah DeMeo, Jr.
Hunter Dennis, So.
Ria Domier, Jr.
Lindsey Fowler, Jr.
Lora Leigh Frost, Jr.
Marissa Gutierrez, Jr.
Kim Jacob, Jr.
Diandra Milliner, Jr.
Brooke Parker, So.

Ashley Priess, Sr.
Carley Sims, Fr.
Ashley Sledge, Sr.
Kayla Williams, Sr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth



2012 REGULAR SEASON RECORD — 11-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Jr.
Olivia Carisella, So.
Kaitlyn Clark, Fr.
Sarah DeMeo, So.
Hunter Dennis, Fr.
Ria Domier, So.
Lindsey Fowler, So.
Lora Leigh Frost, Fr.
Marissa Gutierrez, Jr.
Kim Jacob, So.
Diandra Milliner, So.
Brooke Parker, Fr.
Ashley Priess, Sr.

Ashley Sledge, Jr.
Geraldine Stack-Eaton, Jr.
Rachel Terry, Sr.
Hannah Toussaint, So.
Kayla Williams, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth



2011 REGULAR SEASON RECORD — 11-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 1st

THE TEAM:

Becca Alexin, So.
Olivia Carisella, Fr.
Alyssa Chapman, Fr.
Sarah DeMeo, Fr.
Ria Domier, Fr.
Lindsey Fowler, Fr.
Marissa Gutierrez, So.
Kayla Hoffman, Sr.
Kim Jacob, Fr.
Megan Mashburn, Jr.
Diandra Milliner, Fr.
Jordan Moore, Fr.
Ashley Priess, Jr.

Ashley Sledge, So.
Geraldine Stack-Eaton, Jr.
Rachel Terry, Jr.
Hannah Toussaint, Fr.
Head Coach:
Sarah Patterson
Volunteer Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Assistant Coach:
Dana Duckworth



2010 REGULAR SEASON RECORD — 9-2-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Becca Alexin, Fr. Courtney Bell, Fr. Alyssa Chapman, Sr. Morgan Dennis, Sr. Jocelyn Fowler, So. Marissa Gutierrez, Fr. Mary Hauswirth, Fr. Kayla Hoffman, Jr. Ricki Lebegern, Sr. Megan Mashburn, Jr. Casey Overton, Sr. Erika Pearson, So. Kassi Price, Sr.	Ashley Priess, So. Ashley Sledge, Fr. Gerald Stack-Eaton, So. Rachel Terry, So. Head Coach: Sarah Patterson Volunteer Coach: David Patterson Assistant Coach: Bryan Raschilla Assistant Coach: Dana Duckworth
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2009 REGULAR SEASON RECORD — 8-5-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Alyssa Chapman, Jr. Morgan Dennis, Jr. Jocelyn Fowler, Fr. Kayla Hoffman, So. Ricki Lebegern, Jr. Brittany Magee, Sr. Megan Mashburn, So. Amanda Montgomery, Sr. Ashley O'Neal, Sr. Casey Overton, Jr. Erika Pearson, Fr. Kassi Price, Jr. Ashley Priess, Fr.	Jacqueline Shealy, Jr. Gerald Stack-Eaton, Fr. Caitlin Sullivan, Fr. Rachel Terry, Fr. Head Coach: Sarah Patterson Volunteer Coach: David Patterson Assistant Coach: Bryan Raschilla Assistant Coach: Dana Duckworth
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2008 REGULAR SEASON RECORD — 10-4-0
CHAMPIONSHIPS —
NCAA 6th | Regional 1st | SEC 2nd

THE TEAM:

Alyssa Chapman, So. Morgan Dennis, So. Kayla Hoffman, Fr. Terin Humphrey, Sr. Jennifer Iovino, Fr. Ricki Lebegern, So. Brittany Magee, Jr. Cassie Martin, Jr. Megan Mashburn, Fr. Amanda Montgomery, Jr. Ashley O'Neal, Jr. Casey Overton, So.	Kassi Price, So. Courtney Priess, Jr. Jacqueline Shealy, So. Kaitlin White, Sr. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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2007 REGULAR SEASON RECORD — 8-2-0
CHAMPIONSHIPS —
NCAA 9th | Regional 1st | SEC 3rd

THE TEAM:

Alyssa Chapman, Fr. Morgan Dennis, Fr. Terin Humphrey, Jr. Ricki Lebegern, Fr. Brittany Magee, So. Cassie Martin, So. Amanda Montgomery, So. Ashley O'Neal, So. Casey Overton, Fr. Kassi Price, Fr. Courtney Priess, So.	Erin Rightley, Sr. Jacqueline Shealy, Fr. Kaitlin White, Jr. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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2006 REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Melanie Banville, Fr. Mari Bayer, Sr. Rachael Delahoussaye, Sr. Dana Filetti, Sr. Ashley Ford, Fr. Terin Humphrey, So. Brittany Magee, Fr. Cassie Martin, Fr. Ashley Miles, Sr. Amanda Montgomery, Fr. Ashley O'Neal, Fr. Dana Pierce, Sr.	Courtney Priess, Fr. Erin Rightley, Jr. Kaitlin White, So. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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2005 REGULAR SEASON RECORD — 11-3-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 3rd

THE TEAM:

Mari Bayer, Jr. Alexis Brion, Sr. Brittany Comeaux, So. Rachael Delahoussaye, Jr. Dana Filetti, Jr. Shannon Hrozek, Sr. Terin Humphrey, Fr. Meredith Laxton, So. Ashley Miles, Jr. Dana Pierce, Jr. Michelle Reeser, Sr.	Erin Rightley, So. Jessie Silver, Fr. Kaitlin White, Fr. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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2004 REGULAR SEASON RECORD — 12-1-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 2nd | SEC 2nd

THE TEAM:

Mari Bayer, So. Alexis Brion, Jr. Brittany Comeaux, Fr. Rachael Delahoussaye, So. Dana Filetti, So. Johnna Gay, Fr. Lauren Holdefer, Jr. Shannon Hrozek, Jr. Stephanie Kite, Sr. Meredith Laxton, Fr. Ashley Miles, So. Dana Pierce, So.	Michelle Reeser, Jr. Jeana Rice, Sr. Erin Rightley, Fr. Larissa Stewart, So. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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2003 REGULAR SEASON RECORD — 10-7-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Mari Bayer, Fr. Alexis Brion, So. Rachael Delahoussaye, Fr. Dana Filetti, Fr. Lauren Holdefer, Jr. Shannon Hrozek, So. Stephanie Kite, Jr. Ashley Miles, Fr. Dana Pierce, Fr. Lauren Pruitt, Fr. Michelle Reeser, So.	Jeana Rice, Jr. Kristin Sterner, Sr. Larissa Stewart, Fr. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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2002 REGULAR SEASON RECORD — 12-3-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Sr. Alexis Brion, Fr. Helen Burgin, So. Tiffany Byrd, So. Erin Holdefer, So. Shannon Hrozek, Fr. Stephanie Kite, So. Alexa Martinez, Sr. Whitney Morgan, Fr. Andree Pickens, Sr. Michelle Reeser, Fr.	Jeana Rice, So. Sara Scarborough, Jr. Kristin Sterner, Jr. Raegan Tomasek, Sr. Head Coach: Sarah Patterson Assistant Head Coach: David Patterson Assistant Coach: Bryan Raschilla Volunteer Coach: Dana Duckworth
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CHAMPIONS



2001 REGULAR SEASON RECORD — 15-2-1
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Jr.
Helen Burgin, Fr.
Tiffany Byrd, Fr.
Robin Hawkins, Sr.
Erin Holdefer, Fr.
Lauren Holdefer, Fr.
Katie Hornecker, Sr.
Stephanie Kite, Fr.
Alexa Martinez, Jr.
Whitney Morgan, Fr.
Andree Pickens, Jr.
Jeana Rice, Fr.
Sara Scarborough, So.

Lissy Smith, Sr.
Kristin Sterner, So.
Dara Stewart, Sr.
Raegan Tomasek, Jr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Tom Haley



2000 REGULAR SEASON RECORD — 14-3-0
CHAMPIONSHIPS —
NCAA 5th | Regional 1st | SEC 1st

THE TEAM:

Natalie Barrington, So.
Lexa Evans, Sr.
Krista Gole, So.
Robin Hawkins, Jr.
Katie Hornecker, Jr.
Gina Logan, Sr.
April Makinson, Jr.
Alexa Martinez, So.
Whitney Morgan, So.
Andree Pickens, So.
Sara Scarborough, Fr.
Lissy Smith, Jr.

Kristin Sterner, Fr.
Dara Stewart, Jr.
Raegan Tomasek, So.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Tom Haley



1999 REGULAR SEASON RECORD — 8-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Natalie Barrington, Fr.
Mandy Chapman, Sr.
Lexa Evans, Jr.
Krista Gole, Fr.
Robin Hawkins, So.
Katie Hornecker, So.
Gina Logan, Jr.
April Makinson, So.
Alexa Martinez, Fr.
Whitney Morgan, Fr.
Andree Pickens, Fr.
Lissy Smith, So.

Gwen Spidle, Sr.
Dara Stewart, So.
Raegan Tomasek, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Dobransky



1998 REGULAR SEASON RECORD — 10-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 4th

THE TEAM:

Merritt Booth, Sr.
Mandy Chapman, Jr.
Lexa Evans, So.
Becca Fields, Fr.
Robin Hawkins, Fr.
Katie Hornecker, Fr.
Gina Logan, So.
April Makinson, Fr.
Danielle McAdams, Jr.
Shay Murphy, Sr.
Lissy Smith, Fr.

Gwen Spidle, Jr.
Dara Stewart, Fr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla
Volunteer Coach:
Dana Dobransky



1997 REGULAR SEASON RECORD — 13-2-0
CHAMPIONSHIPS —
NCAA 9th | Regional 2nd | SEC 4th

THE TEAM:

Kim Bonaventura, Jr.
Merritt Booth, Jr.
Mandy Chapman, So.
Lexa Evans, Fr.
Becca Fields, Fr.
Lisa Gianni, So.
Lauren Graffeo, Fr.
Heidi Harriman, Fr.
Gina Logan, Fr.
Danielle McAdams, Jr.
Shay Murphy, Jr.

Heather Nasser, Jr.
Rachel Rochelli, Fr.
Gwen Spidle, So.
Meredith Willard, Sr.
Stephanie Woods, Sr.
Head Coach:
Sarah Patterson
Assistant Head Coach:
David Patterson
Assistant Coach:
Bryan Raschilla



1996 REGULAR SEASON RECORD — 12-1-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Kim Bonaventura, Jr.
Merritt Booth, So.
Mandy Chapman, Fr.
Lisa Gianni, Fr.
Kim Kelly, Sr.
Danielle McAdams, So.
Shay Murphy, So.
Heather Nasser, So.
Marna Neubauer, Jr.

Gwen Spidle, Fr.
Meredith Willard, Jr.
Stephanie Woods, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall



1995 REGULAR SEASON RECORD — 15-1-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Kim Bonaventura, So.
Merritt Booth, Fr.
Chasity Junkin, Sr.
Kim Kelly, Jr.
Danielle McAdams, Fr.
Shay Murphy, Fr.
Heather Nasser, Fr.
Marna Neubauer, Jr.

Meredith Willard, So.
Stephanie Woods, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall



1994 REGULAR SEASON RECORD — 7-3-1
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 2nd

THE TEAM:

Kim Bonaventura, Fr.
Keri Duley, Sr.
Sheryl Dundas, Sr.
Kim Gigante, Fr.
Chasity Junkin, Jr.
Kim Kelly, So.
Marna Neubauer, So.
Kara Stilp, Sr.
Gretchen Stockley, Jr.

Marti Watson, Sr.
Meredith Willard, Fr.
Stephanie Woods, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall



1993 REGULAR SEASON RECORD — 9-2-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 2nd

THE TEAM:

Dana Dobransky, Sr.
Keri Duley, Jr.
Sheryl Dundas, Jr.
Dee Foster, Sr.
Chasity Junkin, So.
Kim Kelly, Fr.
Marna Neubauer, Fr.
Jenny McKernan, Fr.
Kara Stilp, Jr.

Gretchen Stockley, So.
Marti Watson, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Scott Mackall



1992 REGULAR SEASON RECORD — 8-4-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Gina Basile, Sr.
Dana Dobransky, Jr.
Keri Duley, So.
Sheryl Dundas, So.
Dee Foster, Jr.
Chasity Junkin, Fr.
Katherine Kelleher, Sr.
Shea McFall, Sr.

Kara Stilp, So.
Gretchen Stockley, Fr.
Holly Voorheis, Fr.
Marti Watson, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson



1989 REGULAR SEASON RECORD — 13-3-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 1st | SEC 2nd

THE TEAM:

Wendy Anderson, So.
Gina Basile, Fr.
Ali Blumberg, Jr.
Kelly Good, Sr.
Katherine Kelleher, Fr.
Kim Masters, So.
Michelle Maxwell, Fr.
Shea McFall, Fr.
Tina Rinker, So.

Marie Robbins, Jr.
Tracey Tillman, Jr.
Cheri Way, Jr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen



1986 REGULAR SEASON RECORD — 18-2-0
CHAMPIONSHIPS —
NCAA 3rd | Regional 2nd | SEC 3rd

THE TEAM:

Alli Beldon, So.
Kathy Bilodeau, So.
Julie Estin, Jr.
Lisa Farley, So.
Kelly Good, Fr.
Penney Hauschild, Sr.
Jamie Jenkins, Fr.
Stephanie Kehr, So.
Patty O'Donohue, Fr.

Cindy Wilson, Jr.
Ann Winston, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen



1991 REGULAR SEASON RECORD — 16-0-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 2nd

THE TEAM:

Gina Basile, Jr.
Dana Dobransky So.
Keri Duley, Fr.
Sheryl Dundas, Fr.
Dee Foster, So.
Katherine Kelleher, Jr.
Shea McFall, Jr.
Kim Masters, Sr.

Tina Rinker, Sr.
Kara Stilp, Fr.
Marti Watson, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson



1988 REGULAR SEASON RECORD — 14-3-0
CHAMPIONSHIPS —
NCAA 1st | Regional 1st | SEC 1st

THE TEAM:

Wendy Anderson, Fr.
Alli Beldon, Sr.
Kathy Bilodeau, Sr.
Ali Blumberg, So.
Kelly Good, Jr.
Kim Masters, Fr.
Susie Pierce, Fr.
Tina Rinker, Fr.
Marie Robbins, So.

Tracey Tillman, So.
Cheri Way, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen



1985 REGULAR SEASON RECORD — 16-4-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Alli Beldon, Fr.
Kathy Bilodeau, Fr.
Julie Estin, So.
Lisa Farley, Fr.
Penney Hauschild, Jr.
Stephanie Kehr, Fr.
Barbara Mack, Sr.
Patti Rice, Sr.

Cindy Wilson, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen



1990 REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
NCAA 2nd | Regional 1st | SEC 1st

THE TEAM:

Gina Basile, So.
Ali Blumberg, Sr.
Dana Dobransky, Fr.
Dee Foster, Fr.
Katherine Kelleher, So.
Shea McFall, So.
Kim Masters, Jr.
Tina Rinker, Jr.

Marie Robbins, Sr.
Tracey Tillman, Sr.
Cheri Way, Sr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson



1987 REGULAR SEASON RECORD — 12-5-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 3rd

THE TEAM:

Alli Beldon, Jr.
Kathy Bilodeau, Jr.
Ali Blumberg, Fr.
Julie Estin, Sr.
Lisa Farley, Jr.
Kelly Good, So.
Jamie Jenkins, So.
Marie Robbins, Fr.
Tracey Tillman, Fr.

Cheri Way, Fr.
Ann Winston, So.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson
Assistant Coach:
Marc Cohen



1984 REGULAR SEASON RECORD — 15-5-0
CHAMPIONSHIPS —
NCAA 6th | Regional 1st | SEC 3rd

THE TEAM:

Julie Estin, Fr.
Beverly Fry, So.
Penney Hauschild, So.
Stacey Helm, So.
Nora Kirk, Jr.
Barbara Mack, Jr.
Patti Rice, Jr.

Wendy Wilfong, Fr.
Cindy Wilson, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson

CHAMPIONS



1983 REGULAR SEASON RECORD — 15-1-0
CHAMPIONSHIPS —
NCAA 4th | Regional 1st | SEC 2nd

THE TEAM:

Denise Balk, Sr.
Beverly Fry, Fr.
Julie Garrett, Sr.
LuAnn Guzzetti, Sr.
Penney Hauschild, Fr.
Stacey Helm, Fr.
Nora Kirk, So.
Patricia Kleckner, Sr.

Barbara Mack, So.
Patti Rice, So.
Ann Wilhide, Jr.
Wendy Wilfong, Fr.
Head Coach:
Sarah Patterson
Assistant Coach:
David Patterson



1982 REGULAR SEASON RECORD — 17-2-0
CHAMPIONSHIPS —
AIAW: 4th | Regional 2nd | SEC 2nd

THE TEAM:

Angie Alexander, So.
Denise Balk, Jr.
Kim Drane, Fr.
Julie Garrett, Jr.
LuAnn Guzzetti, Jr.
Nora Kirk, Fr.
Patti Kleckner, Jr.

Barbara Mack, Fr.
Ann Wilhide, Jr.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson



1981 REGULAR SEASON RECORD — 14-1-0
CHAMPIONSHIPS —
SEC 4th

THE TEAM:

Angie Alexander, Fr.
Cindy DeLucas, Fr.
Alison Green, So.
LuAnn Guzzetti, So.
Patti Kleckner, So.
Stacy Murin, So.

Lisa Palk, So.
Ann Wilhide, So.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson



1980 REGULAR SEASON RECORD — 16-4-0

THE TEAM:

Susan Blake, Fr.
Beth Cook, Jr.
Alison Green, Fr.
LuAnn Guzzetti, Fr.
Patti Kleckner, Fr.
Stacy Murin, Fr.
Judie Norton, Sr.

Lisa Palk, Fr.
Ann Wilhide, Fr.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson



1979 REGULAR SEASON RECORD — 7-7-0

THE TEAM:

Debra Bodley, Jr.
Leslie Chrisman, Fr.
Judie Norton, Jr.
Snow White, Jr.
Kathy Willis, So.
Stacey Willis, Fr.

Ann Wood, So.
Head Coach:
Sarah Campbell
Assistant Coach:
David Patterson



1978 REGULAR SEASON RECORD — 6-7-0

THE TEAM:

Holley Brauer, So.
Cindy Dorman, Jr.
Beth Mandy, Jr.
Judie Norton, So.
Patty Sprado, Jr.

Snow White, Jr.
Kathy Willis, Fr.
Ann Wood, Fr.
Head Coach:
Tom Steele



1977 REGULAR SEASON RECORD — 1-7-0

THE TEAM:

Cindy Beckler, So.
Melissa Hunt, Fr.
Beth Mandy, So.
Judie Norton, Fr.
Patty Sprado, So.

Carla Spruill, So.
Janice Stramiello, So.
Snow White, So.
Head Coach:
Phyllis Draper



1976 REGULAR SEASON RECORD — 3-7-0

THE TEAM:

Cindy Beckler, Fr.
Sherry Johnson, Fr.
Beth Mandy, So.
Becky Payne, Fr.
Patty Sprado, Fr.

Beth Troxell, Fr.
Harriet Troxell, Fr.
Snow White, Fr.
Head Coach:
Sheila Hill



1975 REGULAR SEASON RECORD — 4-4-0

THE TEAM:

Deane Chapman, Fr.
Carmen Charnock, Fr.
Lucy Harris, Sr.
Joy Kelly, Sr.
Pam McAneny, Jr.
Debbie Moore, So.

Francie Scarborough, So.
Susan Smith, So.
Janice Stramiello, So.
Head Coach:
Riki Sutton

ALABAMA RECORDS

TEAM RECORDS

TEAM TOTALS OF 197.250 OR BETTER (97)

198.2500	Stanford	3.7.14	Tuscaloosa, Ala.	197.3875	NCAA Semifinals	4.15.16	Forth Worth, Texas
198.0750	NCAA Regional	4.13.96	Baton Rouge, La.	197.3750	@Auburn	3.16.07	Auburn, Ala.
198.0250	NCAA Super Six	4.26.96	Tuscaloosa, Ala.	197.3750	West Virginia	2.14.16	Tuscaloosa, Ala.
198.0000	NCAA Regional	4.7.01	Tuscaloosa, Ala.	197.3500	@Missouri	3.6.15	Columbia, Mo.
197.9750	Auburn	3.1.03	Tuscaloosa, Ala.	197.3500	Auburn	2.27.09	Tuscaloosa, Ala.
197.9500	SEC Championships	3.20.04	Gwinnett, Ga.	197.3500	LSU	2.2.01	Tuscaloosa, Ala.
197.9250	Auburn	3.14.14	Tuscaloosa, Ala.	197.3500	NCAA Semifinals	4.19.13	Los Angeles, Calif.
197.9250	Florida	1.30.04	Tuscaloosa, Ala.	197.3500	NCAA Super Six	4.20.13	Los Angeles, Calif.
197.9000	NCAA Regional	4.6.02	Morgantown, W.Va.	197.3500	Auburn	2.17.17	Tuscaloosa, Ala.
197.8750	SEC Championships	3.22.14	Birmingham, Ala.	197.3500	SEC Championships	3.23.19	New Orleans, La.
197.8500	NCAA Super Six	4.21.12	Duluth, Ga.	197.3250	Arkansas	2.27.04	Tuscaloosa, Ala.
197.8250	Florida	2.3.17	Tuscaloosa, Ala.	197.3250	Auburn	2.6.15	Tuscaloosa, Ala.
197.8250	LSU	3.6.99	Tuscaloosa, Ala.	197.3250	LSU	2.21.97	Tuscaloosa, Ala.
197.8000	@UMass	2.21.99	Amherst, Mass.	197.3250	SEC Championships	3.29.08	Duluth, Ga.
197.8000	Boise State	2.13.15	Tuscaloosa, Ala.	197.3000	@PSU Quad	2.20.16	State College, Pa.
197.8000	SEC Championships	3.23.13	Little Rock, Ark.	197.3000	NCAA Regional	4.1.00	Tuscaloosa, Ala.
197.7500	SEC Championships	3.19.16	Little Rock, Ark.	197.3000	NCAA Regional	4.12.08	Norman, Okla.
197.7250	@LSU	3.8.13	Baton Rouge, La.	197.3000	Penn State	3.14.08	Tuscaloosa, Ala.
197.7250	@Michigan	3.12.04	Ann Arbor, Mich.	197.3000	SEC Championships	3.21.09	Nashville, Tenn.
197.7250	Florida	2.3.12	Tuscaloosa, Ala.	197.3000	@Auburn	3.22.03	Auburn, Ala.
197.7000	@Georgia	3.5.17	Athens, Ga.	197.3000	@Auburn	2.23.18	Auburn, Ala.
197.6750	@Georgia	2.20.15	Athens, Ga.	197.3000	Auburn	3.9.18	Huntsville, Ala.
197.6750	Florida	2.28.14	Tuscaloosa, Ala.	197.2750	Kentucky	2.18.11	Tuscaloosa, Ala.
197.6750	@Georgia	2.25.11	Athens, Ga.	197.2750	NCAA Regional	4.2.11	Tuscaloosa, Ala.
197.6750	NCAA Semifinals	4.20.12	Duluth, Ga.	197.2750	NCAA Super Six	4.18.15	Forth Worth, Texas
197.6750	NCAA Super Six	4.16.11	Cleveland, Ohio	197.2750	@Oklahoma	3.5.00	Norman, Okla.
197.6500	Arkansas	2.17.12	Tuscaloosa, Ala.	197.2500	Arizona	2.19.00	Tuscaloosa, Ala.
197.6500	Auburn	2.15.13	Tuscaloosa, Ala.	197.2500	Auburn	2.10.02	Birmingham, Ala.
197.6500	NCAA Semifinals	4.18.14	Birmingham, Ala.	197.2500	@Georgia	3.15.03	Athens, Ga.
197.6500	UCLA	3.16.02	Tuscaloosa, Ala.	197.2500	LSU	3.2.07	Tuscaloosa, Ala.
197.6250	North Carolina	3.16.12	Tuscaloosa, Ala.	197.2500	@Auburn	2.12.16	Auburn, Ala.
197.6000	@LSU	1.23.04	Baton Rouge, La.	197.2500	Oklahoma	3.15.19	Tuscaloosa, Ala.
197.600	NCAA Semifinal	4.14.17	St. Louis, Mo.	VAULT			
197.5750	NCAA Regional	4.4.15	Auburn, Ala.	49.775	NCAA Super Six	4.26.96	Tuscaloosa, Ala.
197.5750	NCAA Super Six	4.17.09	Lincoln, Neb.	49.750	SEC Championships	3.35.95	Gainesville, Fla.
197.5750	NCAA Super Six	4.19.02	Tuscaloosa, Ala.	49.675	Georgia	2.20.04	Tuscaloosa, Ala.
197.5750	SEC Championship	3.29.03	Birmingham, Ala.	49.650	@Kentucky	2.26.10	Lexington, Ky.
197.5750	NCAA Super Six	4.25.03	Nebraska, Neb.	49.625	Auburn	3.1.03	Tuscaloosa, Ala.
197.5750	Michigan	3.19.00	Tuscaloosa, Ala.	49.625	SEC Championships	3.20.04	Gwinnett, Ga.
197.5500	Georgia	2.20.04	Tuscaloosa, Ala.	49.625	NCAA Super Six	4.22.05	Auburn, Ala.
197.5500	Georgia	2.26.16	Tuscaloosa, Ala.	49.625	NCAA Super Six	4.21.12	Gwinnett, Ga.
197.5500	Georgia	3.1.96	Tuscaloosa, Ala.	49.625	Stanford	3.7.14	Tuscaloosa, Ala.
197.5500	NCAA Regionals	4.5.14	Seattle, Wa.	UNEVEN BARS			
197.5500	NCAA Super Six	4.19.14	Birmingham, Ala.	49.650	SEC Championship	3.22.14	Birmingham, Ala.
197.5250	@Florida	1.29.16	Gainesville, Fla.	49.625	NCAA Regional	4.7.01	Tuscaloosa, Ala.
197.5250	@PSU Quad	3.17.01	State College, Pa.	49.600	@Penn State	2.19.99	State College, Pa.
197.5250	Oklahoma	3.15.13	Tuscaloosa, Ala.	49.600	@PSU Quad	2.20.16	State College, Pa.
197.5250	SEC Championships	3.21.15	Duluth, Ga.	49.575	NCAA Regional	4.6.02	Morgantown, W.Va.
197.5250	North Carolina	3.2.18	Tuscaloosa, Ala.	BALANCE BEAM			
197.5000	@Auburn	2.14.14	Auburn, Ala.	49.725*	NCAA Regional	4.6.02	Morgantown, W.Va.
197.5000	Georgia	2.16.01	Tuscaloosa, Ala.	49.650	Auburn	3.14.14	Tuscaloosa, Ala.
197.5000	Georgia	2.7.14	Tuscaloosa, Ala.	49.625	@UMass	1.21.99	Amherst, Mass.
197.5000	Oklahoma	3.13.15	Tuscaloosa, Ala.	49.600	NCAA Semifinals	4.20.12	Gwinnett, Ga.
197.4750	Auburn	1.26.07	Tuscaloosa, Ala.	49.600	Missouri	1.20.17	Columbia, Mo.
197.4500	Arkansas	1.22.00	Tuscaloosa, Ala.	FLOOR EXERCISE			
197.4375	NCAA Super Six	4.16.16	Fort Worth, Texas	49.700	Georgia	2.16.01	Tuscaloosa, Ala.
197.4250	@Kentucky	3.8.02	Lexington, Ky.	49.675	SEC Championships	3.20.04	Gwinnett, Ga.
197.4250	SEC Championship	3.23.01	Birmingham, Ala.	49.675	Stanford	3.7.14	Tuscaloosa, Ala.
197.4250	Florida	2.12.00	Tuscaloosa, Ala.	49.675	NCAA Super Six	4.19.14	Birmingham, Ala.
197.4000	Florida	1.23.15	Tuscaloosa, Ala.	49.650	Auburn	3.21.08	Tuscaloosa, Ala.
197.4000	LSU	2.14.03	Tuscaloosa, Ala.	49.650	Iowa State	3.10.17	Tuscaloosa, Ala.
197.4000	NCAA Regional	4.6.13	Tuscaloosa, Ala.				
197.4000	NCAA Super Six	4.22.05	Auburn, Ala.				
197.4000	NCAA Regional	4.10.00	Lexington, Ky.				
197.400	SEC Championships	3.18.17	Jacksonville, Fla.				

* NCAA Record

In 2016, the NCAA Championships went to a six judge panel, changing scoring from three decimal places to four.

ALABAMA RECORDS

INDIVIDUAL RECORDS

ALL-AROUND

39.850	André Pickens	UCLA 3.16.02
39.850	Jeana Rice	SECs 3.20.04
39.800	Dee Foster	NCAA Regional 4.3.93, NCAA Super Six 4.16.93
39.775	Meredith Willard	Quad Meet 3.8.97
39.750	Dee Foster	Kentucky 1.30.93, Georgia 2.26.93
39.750	Kim Kelly	LSU 3.18.94, NCAA Regional 4.13.96
39.750	Jeana Rice	Michigan 1.31.03, Georgia 3.15.03

VAULT

10.000	Dee Foster	Georgia 3.14.92, Auburn 1.16.93, Georgia 1.22.93, Kentucky 1.30.96, NCAA Super Six 4.16.96
10.000	Kim Kelly	Georgia 3.12.94, Georgia 3.4.95, SEC 3.25.95, NCAA Regional 4.8.95, Auburn 3.19.96, NCAA Super Six 4.26.96
10.000	Danielle McAdams	NCAA Super Six 4.26.96
10.000	André Pickens	UMass 2.21.99, Kentucky 2.26.99, LSU 2.8.02, UCLA 3.16.02
10.000	Ashley Miles	Auburn 3.1.03, NCAA Semifinals 4.24.03, NCAA Event Finals 4.26.03, Florida 1.30.04, Kentucky 2.13.04, LSU 1.21.05, Auburn 2.4.05, NCAA Super Six 4.22.05
10.000	Jeana Rice	Georgia 3.15.03
10.000	Geralen Stack-Eaton	Georgia 1.13.12
10.000	Diandra Milliner	Florida 2.3.12, Stanford 3.7.14
10.000	Lauren Beers	Georgia 2.26.16
9.975	Kim Kelly	LSU 3.18.94, SEC Championships 3.26.94, NCAA 4.21.94
9.975	Chasity Junkin	SEC Championships 3.25.95
9.975	Merritt Booth	SEC Championships 3.25.95
9.975	Kim Bonaventura	Kentucky 2.7.97
9.975	André Pickens	Nebraska 2.2.02, Georgia 2.15.02, Florida 2.22.02, Auburn 3.1.02
9.975	Jeana Rice	Kentucky 3.8.03, Arkansas 2.27.04, SEC Championships 3.20.04
9.975	Ashley Miles	Georgia 3.15.03, Kentucky 2.11.05, Georgia 2.18.05, Auburn 1.27.06
9.975	Alexis Brion	Georgia 2.20.04, Michigan 3.12.04
9.975	Kayla Hoffman	UCLA Quad 3.9.08
9.975	Morgan Dennis	Arkansas 1.22.10, Kentucky 2.26.10
9.975	Ricki Lebegern	Florida 2.12.10
9.975	Geralen Stack-Eaton	NCAA Super Six 4.21.12
9.975	Kayla Williams	LSU 3.8.13, SEC Championships 3.23.13
9.975	Diandra Milliner	SEC Championships 3.22.14

UNEVEN BARS

10.000	Dee Foster	LSU 2.12.93
10.000	André Pickens	Minnesota 1.30.99, UMass 2.21.99, Georgia 3.4.00, Kentucky 2.24.01, Auburn 2.10.02
10.000	Natalie Barrington	Georgia 2.16.01
9.975	Stephanie Woods	NCAA Event Finals 4.27.96
9.975	André Pickens	Auburn 1.22.99, Penn State 2.19.99, NCAA Regional 4.6.02
9.975	Dara Stewart	NCAA Regional 4.1.00
9.975	Jeana Rice	Michigan 1.31.03, LSU 1.23.04
9.975	Kaitlyn Clark	SEC Championship 3.22.14
9.975	Kiana Winston	PSU Quad 2.20.16, Georgia 2.26.16
9.975	Mackenzie Brannan	PSU Quad 2.20.16
9.975	Shea Mahoney	Kentucky 2.16.18

BALANCE BEAM

10.000	Dana Dobransky	Georgia 2.26.93, NCAA Event Finals 4.17.93
10.000	Stephanie Woods	Kentucky 2.7.97
10.000	Raegan Tomasek	UMass 2.21.99
10.000	Jeana Rice	Georgia 1.18.03
10.000	Kaitlyn Clark	Auburn 3.14.14
9.975	Danielle McAdams	Florida 1.24.97
9.975	Lissy Smith	UMass 2.21.99
9.975	Jeana Rice	SECs 3.20.04
9.975	Aja Sims	Florida 1.29.16
9.975	Nickie Guerrero	Auburn 2.17.17
9.975	Kiana Winston	Iowa State 3.10.17

FLOOR EXERCISE

10.000	Dee Foster	SE Missouri St..Minnesota 2.6.93, Georgia 2.26.93
10.000	Kim Kelly	NCAA Regional 4.13.96, NCAA Super Six 4.26.96, NCAA Event Finals 4.27.96
10.000	Meredith Willard	LSU 2.21.97, Quad Meet 3.8.97
10.000	Shay Murphy	Utah State 3.14.98
10.000	Ashley Miles	NCAA Central Regional 4.12.03, SEC Championships 3.20.04, NCAA Super Six 4.22.05
10.000	Kiana Winston	Florida 2.3.17
9.975	Dee Foster	NCAA Regional 4.3.93
9.975	Kim Kelly	LSU 3.18.94, NCAA Event Finals 4.23.94, NCAA Semifinals 4.25.96
9.975	André Pickens	Minnesota 1.30.99, UCLA 3.16.02
9.975	Jeana Rice	Georgia 2.16.01, NCAA Regional 4.7.01
9.975	Kristin Sterner	Georgia 2.16.01, Nebraska 2.2.02, Auburn 3.1.03
9.975	Michelle Reeser	Auburn 2.10.02
9.975	Morgan Dennis	Auburn 1.26.07, Auburn 3.21.08, Florida 2.12.10
9.975	Kiana Winston	Georgia 2.26.16
9.975	Lauren Beers	Georgia 2.26.16
9.975	Aja Sims	Auburn 1.29.17, Iowa State 3.10.17

COLEMAN COLISEUM RECORDS



INDIVIDUAL RECORDS

ALL-AROUND

39.850 Andreé Pickens (Alabama) 3.16.02

VAULT

10.00 Dee Foster (Alabama) 1.30.93
 Hope Spivey-Sheeley (Georgia) 2.26.93
 Jenny Hansen (Kentucky) 3.20.93, 4.25.96
 Kim Kelly (Alabama) 3.4.95, 3.16.96, 4.26.96
 Kim Arnold (Georgia) 3.4.95
 Leah Brown (Georgia) 4.25.96, 4.26.96, 4.27.96
 Danielle McAdams (Alabama) 4.26.96
 Andreé Pickens (Alabama) 2.26.99, 3.16.02
 Ashley Miles (Alabama) 3.1.03, 4.12.03, 1.30.04, 1.21.05, 2.4.05
 Jeana Rice (Alabama) 3.15.03
 Geralen Stack-Eaton (Alabama) 1.13.12
 Diandra Milliner (Alabama) 2.3.12, 3.7.14
 Lauren Beers (Alabama) 2.26.16

UNEVEN BARS

10.00 Dee Foster (Alabama) 2.12.93
 Andreé Pickens (Alabama) 1.30.99, 3.4.00, 2.24.01
 Natalie Barrington (Alabama) 2.16.01

BALANCE BEAM

10.00 Dana Dobransky (Alabama) 2.26.93
 Stephanie Woods (Alabama) 2.7.97
 Kaitlyn Clark (Alabama) 3.14.14

FLOOR EXERCISE

10.00 Dee Foster (Alabama) 2.6.93
 Hope Spivey-Sheeley (Georgia) 2.26.93, 3.20.93
 Kim Kelly (Alabama) 4.26.96, 4.27.96
 Heidi Hornbeek (Arizona) 4.27.96
 Meredith Willard (Alabama) 2.21.97, 3.8.97
 Shay Murphy (Alabama) 3.14.98
 Ashley Miles (Alabama) 4.12.03
 Kiana Winston (Alabama) 2.3.17

TEAM RECORDS

TEAM TOTAL

198.250 Alabama 3.7.14
 198.025 Alabama 4.26.96
 198.000 Alabama 4.7.01
 197.925 Alabama 1.30.04
 197.925 Alabama 3.14.14

VAULT

49.775 Alabama 4.26.96

UNEVEN BARS

49.650 Alabama 3.22.14

BALANCE BEAM

49.650 Alabama 3.14.14

FLOOR EXERCISE

49.700 Alabama 2.16.01

ALABAMA AT THE NCAA CHAMPIONSHIPS

On the national level, Alabama has enjoyed staggering success for 38 years ever since finishing 11th in the NCAA standings in 1982. The Crimson Tide won its sixth national championship, and second in a row, in 2012, marking the first time in Alabama's storied history that the team has won back-to-back titles.

The 2019 season marked Alabama's 38th-consecutive national top-12 finish, a stretch that includes 29 top-4 finishes, and 13 top-2 finishes.

Alabama gymnasts have also excelled individually, winning 27 individual NCAA championships, including Katie Bailey's 2016 vault title and 2017 uneven bars championship. Bailey's championship was Alabama's fifth vault title while Kim Jacob's 2014 all-around championship was the sixth by a Tide gymnast.

Bailey and Jacob joined Diandra Milliner, who won the 2013 NCAA vault title, and Geralen Stack-Eaton, who won NCAA Championships on the balance beam and floor exercise in 2011 and 2012, respectively, to give Alabama an individual NCAA title in six of eight years between 2011 and 2019.

In 2007, Morgan Dennis won the NCAA floor exercise title as a freshman while Terin Humphrey won her second national uneven bars title that same season, adding it to her 2005 championship.

Ashley Miles won four NCAA championships during her career, including three vault titles, 2003, 2004, 2006 and the 2004 floor exercise crown. In 2006, she became the first collegiate gymnast in 20 years to win the same event three times.

Jeana Rice brought home Alabama's fifth NCAA all-around title in 2004, joining Penney Hauschild, Alabama's first NCAA champion, who won all-around titles in 1985 and 1986, as well as Dee Foster and Meredith Willard who managed the feat in 1990 and 1996, respectively. Foster became the first collegiate gymnast to finish top-3 in the all-around all four years of her career. She was first in 1990, second in 1991 and 1993, and third in 1992.

In addition to her all-around titles, Hauschild won the uneven bars championship in 1985 and took home top marks in the floor exercise in 1986. Gina Basile was awarded the balance beam title in 1991, while Dana Dobransky was the first Tide gymnast to repeat on an individual event when she won back-to-back balance beam titles in 1992 and 1993.

Kim Kelly finished off her stellar career with a winning 10.0 floor exercise performance at the 1996 NCAA Individual Event Finals. That same year, Stephanie Woods won the uneven bars title as a junior. In 1999, André Pickens won the NCAA balance beam as a rookie. She added a Cinderella finish to her standout career with the 2002 NCAA Uneven Bars Championship.

When it comes to All-America honors, Alabama has been extremely prolific as 74 Tide gymnasts have earned All-America honors a total of 356 times. In 1993, Foster set an NCAA record when she ended her career with 17 First-Team Championship All-America honors, a mark that still stands. In 2004, Rice set the national mark for All-America honors in a career, finishing with 18 combined first- and second-team honors.



2012



2011



2002



1996



1991



1988

ALABAMA'S NCAA TEAM CHAMPIONSHIPS:

2012, 2011, 2002, 1996, 1991, 1988

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS:

Katie Bailey – 2, Kim Jacob – 1, Diandra Milliner – 1, Geralen Stack-Eaton – 2, Morgan Dennis – 1, Terin Humphrey – 2, Ashley Miles – 4, Jeana Rice – 1, André Pickens – 2, Meredith Willard – 1, Kim Kelly – 1, Stephanie Woods – 1, Dana Dobransky – 2, Gina Basile – 1, Dee Foster – 1, Penney Hauschild – 4

ALABAMA IN THE YEAR-END NATIONAL RANKINGS:

2019	12th	2009	2nd	1999	3rd	1989	3rd
2018	8th	2008	6th	1998	3rd	1988	1st
2017	6th	2007	9th	1997	9th	1987	4th
2016	3rd	2006	3rd	1996	1st	1986	3rd
2015	4th	2005	2nd	1995	t-2nd	1985	4th
2014	4th	2004	t-3rd	1994	2nd	1984	6th
2013	3rd	2003	2nd	1993	2nd	1983	4th
2012	1st	2002	1st	1992	3rd	1982	11th
2011	1st	2001	4th	1991	1st		
2010	3rd	2000	5th	1990	2nd		

ALABAMA THE NCAA CHAMPIONSHIPS

2018 | ST. LOUIS, MO.

1. UCLA	198.0750
2. Oklahoma	198.0375
3. Florida	197.8500
4. LSU	197.8375
5. Utah	196.9000
6. Nebraska	196.8000
7. Georgia	196.6875
8. ALABAMA	196.6250
9. California	196.5000
10. Arkansas	196.4250
11. Washington	196.2500
12. Kentucky	196.0625

2017 | ST. LOUIS, MO.

1. Oklahoma	198.3875
2. LSU	197.7375
3. Florida	197.7000
4. UCLA	197.2625
5. Utah	196.5875
6. ALABAMA	196.0000

Alabama NCAA Champion-
Katie Bailey UB

2016 | FORT WORTH, TEXAS

1. Oklahoma	197.6750
2. LSU	197.4500
3. ALABAMA	197.4375
4. Florida	197.3500
5. UCLA	196.8250
6. Georgia	196.8125

Alabama NCAA Champion-
Katie Bailey V

2015 | FORT WORTH, TEXAS

1. Florida	197.850
2. Utah	197.800
3. Oklahoma	197.525
4. ALABAMA	197.275
5. Stanford	197.250
6. Auburn	195.625

2014 | BIRMINGHAM, ALA.

1. Florida	198.175
2. Oklahoma	198.175
3. LSU	197.600
4. ALABAMA	197.550
5. Georgia	197.100
6. Nebraska	196.500

Alabama NCAA Champion-
Kim Jacob AA

2013 | LOS ANGELES, CALIF.

1. Florida	197.575
2. Oklahoma	197.375
3. ALABAMA	197.350
4. UCLA	197.100
5. LSU	197.050
6. Georgia	196.675

Alabama NCAA Champion-
Diandra Milliner V

2012 | DULUTH, GA.

1. ALABAMA	197.850
2. Florida	197.775
3. UCLA	197.750
4. Stanford	197.500
5. Utah	197.375
6. Arkansas	196.300

Alabama NCAA Champion-
Geralen Stack-Eaton BB

2011 | CLEVELAND, OHIO

1. ALABAMA	197.650
2. UCLA	197.375
3. Oklahoma	197.250
4. Nebraska	196.725
5. Utah	196.500
6. Michigan	196.425

Alabama NCAA Champion-
Geralen Stack-Eaton FX

2010 | GAINESVILLE, FLA.

1. UCLA	197.725
2. Oklahoma	197.250
3. ALABAMA	197.225
4. Stanford	197.100
5. Florida	197.000
6. Utah	196.225

2009 | LINCOLN, NEB.

1. Georgia	197.825
2. ALABAMA	197.575
3. Utah	197.425
4. Florida	196.725
5. Arkansas	196.475
6. LSU	196.375

2008 | ATHENS, GA.

1. Georgia	197.450
2. Utah	197.125
3. Stanford	196.750
4. Florida	196.700
5. LSU	196.350
6. ALABAMA	196.125

2007 | SALT LAKE CITY, UTAH

1. Georgia	197.850
2. Utah	197.250
3. Florida	197.225
4. UCLA	196.925
5. Stanford	196.825
6. Nebraska	195.975
7. LSU	196.275
8. Oklahoma	196.250
9. ALABAMA	196.125
10. Denver	195.575
11. Oregon State	195.100
Michigan	195.100

Alabama NCAA Champion-
Terin Humphrey UB

Morgan Dennis FX

2006 | CORVALLIS, ORE.

1. Georgia	197.750
2. Utah	196.800
3. ALABAMA	196.725
4. Florida	196.275
5. Nebraska	196.175
6. Iowa State	194.725

Alabama NCAA Champion-
Ashley Miles V

2005 | AUBURN, ALA.

1. Georgia	197.825
2. ALABAMA	197.400
3. UCLA	197.275
4. Utah	197.150
5. Michigan	196.575
6. Nebraska	196.425

Alabama NCAA Champion-
Terin Humphrey UB

2004 | LOS ANGELES, CALIF.

1. UCLA	198.125
2. Georgia	197.200
3. ALABAMA	197.125
Stanford	197.125
5. Florida	196.800
6. Utah	195.775

Alabama NCAA Champions-
Ashley Miles V, FX
Jeana Rice AA

2003 | LINCOLN, NEB.

1. UCLA	197.825
2. ALABAMA	197.275
3. Georgia	197.150
4. Nebraska	197.125
5. Michigan	196.050
6. Utah	195.300

Alabama NCAA Champion-
Ashley Miles V

2002 | TUSCALOOSA, ALA.

1. ALABAMA	197.575
2. Georgia	197.250
3. UCLA	197.150
4. Utah	196.950
5. Nebraska	196.425
6. Stanford	196.025

Alabama NCAA Champion-
André Pickens UB

2001 | ATHENS, GA.

1. UCLA	197.575
2. Georgia	197.400
3. Michigan	197.275
4. ALABAMA	196.550
5. Utah	196.025
Nebraska	196.025

2000 | BOISE, IDAHO

1. UCLA	197.300
2. Utah	196.875
3. Georgia	196.800
4. Nebraska	196.725
5. ALABAMA	196.500
6. Michigan	195.725

1999 | SALT LAKE CITY, UTAH

1. Georgia	196.850
2. Michigan	196.550
3. ALABAMA	195.950
4. Arizona State	195.900
5. UCLA	195.850
6. Nebraska	194.800

Alabama NCAA Champion-
André Pickens BB

1998 | LOS ANGELES, CALIF.

1. Georgia	197.725
2. Florida	196.350
3. ALABAMA	196.300
4. Utah	196.025
5. UCLA	195.750
6. Arizona State	195.450

1997 | GAINESVILLE, FLA.

1. UCLA	197.150
2. Arizona State	196.850
3. Georgia	196.600
4. Michigan	196.500
5. Florida	196.425
6. Nebraska	195.250
7. Utah	196.025
8. Washington	195.975
9. ALABAMA	195.600
10. Minnesota	194.775
11. Penn State	194.300
12. LSU	193.825

1996 | TUSCALOOSA, ALA.

1. ALABAMA	198.025
2. UCLA	197.475
3. Utah	196.775
Georgia	196.775
5. Oregon State	196.525
6. Michigan	196.375

Alabama NCAA Champions-
Meredith Willard AA
Kim Kelly FX
Stephanie Woods UB

1995 | ATHENS, GA.

1. Utah	196.650
2. ALABAMA	196.425
Michigan	196.425
4. UCLA	196.150
5. Georgia	196.075
6. Oregon State	194.850

1994 | SALT LAKE CITY, UTAH

1. Utah	196.400
2. ALABAMA	196.350
3. Georgia	195.850
4. Michigan	195.150
5. UCLA	194.975
6. Florida	194.850

1993 | CORVALLIS, ORE.

1. Georgia	198.000
2. ALABAMA	196.825
3. Utah	195.825
4. UCLA	194.925
5. Auburn	194.725
6. Arizona	194.075

Alabama NCAA Champion-
Dana Dobransky BB

1992 | SAINT PAUL, MINN.

1. Utah	195.650
2. Georgia	194.600
3. ALABAMA	193.350
4. Penn State	192.700
5. Arizona	191.950
6. Oregon State	191.300

Alabama NCAA Champion-
Dana Dobransky BB

1991 | TUSCALOOSA, ALA.

1. ALABAMA	195.125
2. Utah	194.375
3. Georgia	193.375
4. Oregon State	192.350
5. Penn State	190.950
6. Florida	189.700
7. LSU	188.600
8. BYU	187.700
9. Arizona State	187.650
Auburn	187.650
11. Arizona	187.450
12. Utah State	185.950

1990 | CORVALLIS, ORE.

1. Utah	194.900
2. ALABAMA	194.575
3. Georgia	193.225
4. UCLA	193.100
5. Nebraska	192.225
6. LSU	192.100
7. Oregon State	189.950
8. CS Fullerton	189.700
9. Towson State	187.975
10. Arizona	187.175
Florida	187.175
12. Ohio State	183.650

Alabama NCAA Champion-
Dee Foster AA

1989 | ATHENS, GA.

1. Georgia	192.650
2. UCLA	192.600
3. ALABAMA	192.100
4. Nebraska	190.800
5. Utah	190.200
6. CS Fullerton	189.450
7. Arizona State	187.900
Oregon State	187.900
9. Oklahoma	187.050
10. Florida	187.000
11. Arizona	186.500
12. Ohio State	186.400

1988 | SALT LAKE CITY, UTAH

1. ALABAMA	190.050
2. Utah	189.500
3. UCLA	188.800
4. LSU	187.900
5. Georgia	186.800
6. Florida	186.650
7. Oregon State	186.500
8. Arizona State	185.100
9. Arizona	184.000
10. Nebraska	183.550
11. Penn State	179.700
12. Michigan State	178.800

1987 | SALT LAKE CITY, UTAH

1. Georgia	187.900
2. Utah	187.550
3. UCLA	187.000
4. ALABAMA	186.600
5. Arizona State	184.000
6. Florida	183.800
7. LSU	181.500
8. Ohio State	180.200
9. Washington	179.850
10. Nebraska	179.500
11. Arizona	179.450
12. Oregon State	174.500

1986 | GAINESVILLE, FLA.

1. Utah	186.950
2. Arizona State	186.700
3. ALABAMA	186.350
4. Georgia	185.450
5. CS Fullerton	185.000
6. Penn State	182.700
7. UCLA	181.700
8. Florida	181.300
9. LSU	180.550
10. Ohio State	177.800

Alabama NCAA Champion-
Penney Hauschild FX, AA

1985 | SALT LAKE CITY, UTAH

1. Utah	188.350
2. Arizona State	186.600
3. Florida	184.300
4. ALABAMA	184.050
5. CS Fullerton	183.500
6. Oregon	183.150
7. Georgia	180.900
8. Ohio State	179.750
9. Penn State	179.000
10. Oklahoma	177.400

Alabama NCAA Champion-
Penney Hauschild UB, AA

1984 | LOS ANGELES, CALIF.

1. Utah	186.050
2. UCLA	185.550
3. CS Fullerton	183.900
4. Arizona State	183.650
5. Florida	182.200
6. ALABAMA	180.800
7. Penn State	179.450
8. Washington	178.550
9. Georgia	177.600
10. Arizona	176.900

1983 | SALT LAKE CITY, UTAH

1. Utah	184.650
2. Arizona State	183.300
3. CS Fullerton	179.250
4. ALABAMA	179.050
5. Florida	177.850
6. LSU	177.800
UCLA	177.800
8. Ohio State	176.650
9. Oregon State	173.550
10. Nebraska	165.550

ALABAMA'S NATIONAL HONORS



On July 1, 2014, Kim Jacob became the first University of Alabama student-athlete to earn the Honda Cup, awarded annually to the woman collegiate athlete of the year.

HONDA CUP

Awarded to the nation's top collegiate female athlete.

2014 Kim Jacob

HONDA AWARD

Awarded to the nation's top collegiate gymnast.

2014 Kim Jacob
2011 Kayla Hoffman
2006 Ashley Miles
2004 Jeana Rice
2002 Andréé Pickens
1993 Dee Foster
1986 Penney Hauschild
1985 Penney Hauschild

NCAA TODAY'S TOP TEN

The NCAA's most prestigious award, which encompasses athletics, academics and character, is presented annually to the nation's top eight senior athletes regardless of gender, sport or division.

2014 Kim Jacob
2011 Kayla Hoffman

2003 Kristin Sterner
2002 Andréé Pickens
1997 Meredith Willard

NCAA ELITE 90

Started in 2010, the award is given to the student-athlete with the top grade point average at the NCAA Championships.

2016 Lauren Beers
2015 Lauren Beers
2014 Lauren Beers
2013 Kim Jacob
2012 Rachel Terry
2011 Rachel Terry
2010 Kassi Price

CAPITAL ONE ACADEMIC ALL-AMERICA OF THE YEAR

2014 Kim Jacob

NATIONAL COACH OF THE YEAR

2002 Sarah Patterson
1991 Sarah Patterson
1988 Sarah Patterson
1986 Sarah Patterson

NCAA POSTGRADUATE SCHOLARSHIPS

2018 Mackenzie Brannan
2017 Keely McNeer
2016 Lauren Beers
2014 Kim Jacob
Sarah DeMeo
Diandra Milliner
Ashley Sledge*
Ashley Priess
2013 Kayla Hoffman
2010 Kassi Price
2004 Stephanie Kite
2003 Kristin Sterner
1998 Merritt Booth
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1989 Kelly Good
1987 Julie Estin
1985 Barbara Mack
1983 Julie Garrett

* Ashley Sledge also earned an NCAA Ethnic Minority and Women's Enhancement Scholarship.

NCAA WOMAN OF THE YEAR

First awarded in 1991, the Woman of the Year program honors academic and athletics excellence, as well as community service and leadership, on a national level. From 1991 to 2006, there were three levels: state winner, finalist and Woman of the Year. There are now four levels, conference winner, Top-30, Top-9 and Woman of the Year. The middle two tiers are now divided among the three NCAA Divisions, which means that for Division I, there are 10 finalists among the Top-30 and three among the Top-9.

2015 Kim Jacob..... Top-30
2013 Ashley Priess Top-30
2005 Michelle Reeser Top-10
2004 Stephanie Kite State
2003 Kristin Sterner..... Top-10
2002 Andréé Pickens State
2000 Lexa Evans..... State
1998 Merritt Booth Top-10
1997 Meredith Willard ... Top-10
1993 Dana Dobransky..... State
1992 Katherine Kelleher.... State

NCAA TODAY'S TOP TEN AWARD



Among the highest honors that the NCAA can bestow, Alabama gymnasts have earned a place among the NCAA Today's Top Ten honorees five times, with Kim Jacob (opposite page) becoming the latest honoree in 2015. The Crimson Tide's other honorees, from the left: **Kayla Hoffman** with former Alabama Director of Athletics **Mal Moore** in 2011; **Kristin Sterner** with ESPN personality and University of Alabama graduate **Rece Davis** in 2003; **Andreé Pickens** with former Crimson Tide gymnast and current Associate Athletics Director **Marie Robbins** in 2002; and **Meredith Willard**, who took home Alabama gymnastics' first honor in 1997, with former UA president **Dr. Andrew Sorensen**.

NATIONAL COACH OF THE YEAR



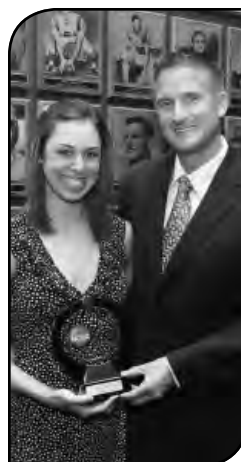
Sarah Patterson was named National Coach of the Year four times in three different decades, including 1986, 1988, 1991 and 2002.

HONDA AWARD



Kim Jacob, pictured on the opposite page, is the seventh Alabama gymnast to take home the Honda Award given annually to the national gymnast of the year. Jacob joined (from the left) **Kayla Hoffman** (2011), **Ashley Miles** (2006), **Jeana Rice** (2004), **Andreé Pickens** (2002), **Dee Foster** (1993) and **Penney Hauschild**, who won it twice, in 1985 and 1986, giving Alabama eight Honda Awards overall.

NCAA ELITE 90 AWARD WINNERS



The NCAA Elite 90 Award began in 2010 and is presented to the student-athlete with the highest cumulative grade point average at each of the NCAA's 90 national championships. The award has been bestowed to a UA gymnast each of its first seven years, including **Lauren Beers** (far left with NCAA Championship Committee Chair **Lindy Roberts** in 2014), who became the first three-year winner, 2014, 2015 and 2016. **Kim Jacob**, second from the left with former NCAA Championship Committee Chair **Kim Green**, earned it in 2013. **Rachel Terry**, third from the left with former NCAA Championship Committee Chair **Paul Plinske** in 2011, became the first two-time winner, in 2011 and 2012. Plinske also presented the inaugural award to **Kassi Price** in 2010 (right).

THE 2012 NCAA CHAMPIONS



For the Alabama gymnastics team, the final rotation of the 2012 NCAA Championships was like déjà vu of the best kind. In fact, the Crimson Tide's entire national championship experience in 2012 was reminiscent of 2011 in Cleveland, when Alabama won its fifth national title, though there were certainly twists along the way.

In 2011, Alabama headed into the championship's final rotation only .025 ahead of UCLA. In 2012, Alabama trailed No. 1 seed Florida by the same margin. In 2011, Alabama headed to the floor exercise while defending NCAA champion UCLA took to the balance beam, and Oklahoma sat on a bye with a score good enough to win, if the Crimson Tide and Bruins faltered. In 2012, the Gators went to the floor while defending champion Alabama headed to the beam and UCLA sat on a bye with a score that would have won the previous two championships.

If all that wasn't enough, Alabama and Florida were tied at the midpoint of that final rotation, just as the Bruins and Tide had been in 2011.

From there things were a little different. While Alabama took the lead with its fourth routine in 2011 and never looked back, in 2012 the Gators retook the lead with their fourth routine and stayed in front after their fifth. When the final Gator scored a 9.925, it gave Florida a team score of 197.775, just ahead of the Bruins with everyone in the arena waiting on Alabama's final competitor to see if her score was enough to put the Tide on top once again.

While that final 2012 rotation seemed very familiar to the rest of the Crimson Tide veterans,

it was a vastly different experience for Ashley Priess. In 2011, following surgery on both ankles prior to the regular season, she had been on the sidelines as her teammates powered their way to the title. Now Priess was standing on the podium, waiting to salute the judges and compete for a championship.

After senior Geralen Stack-Eaton's 9.9 in the fifth position, Priess needed a 9.875 to tie the Gators; anything better would win. After watching Kayla Hoffman in the same position the year before, Priess was ready.

"Championships always come down to the last routine and no matter if it was a close meet or not a close meet, I knew I had to do my job and I knew that I was capable of doing it to the best of my ability," Priess said. "The only thing that was going through my mind was to be calm, cool and collected and just do my job."

With every eye inside The Arena at Gwinnett Center on her, the Illinois native did just that. She mounted the beam and proceeded to confidently sweep through a near flawless routine. After nailing her dismount, Priess raced down the podium steps and into the arms of her jubilant teammates.

"All the way through Ashley's routine, we were all grouped together and holding onto each other and talking to her as she was going through her routine," Stack-Eaton said. "We were saying 'Okay, come on, connect!' and 'Chest up!' and 'Stick!' and we just all jumped up in the air when she finished. We didn't know what our fate was, but we just knew that we all did what we possibly could."

When Priess' score came up, the celebration started all over again as a 9.95 flashed, giving the Crimson Tide its second NCAA Championship in a row, this time by just .075. All told, the top five teams finished with scores over 197 and the difference between first and third place was the closest in championship history at only a tenth of a point.

"I said going into the championship that it would be the closest and most competitive championship that I had ever coached in," Patterson said. "I felt like because of the quality of teams, it was going to come down to the very end, and it did."

It certainly was a storybook ending to Priess' comeback season, and it was all that Patterson had hoped for.

"Ashley came back this year and used the hurt and frustration from a year ago to fuel herself and this team," Patterson said moments after the championship.

While the Tide's finish is the stuff of legend, its entire championship run was magical and it both started and ended on the balance beam.

Alabama began Friday night's semifinal session on the balance beam, setting the tone for the rest of the weekend with an extraordinary 49.6 performance. Kim Jacob started the Tide off with a 9.9, a score matched by Kayla Williams and Sarah DeMeo before Stack-Eaton and Priess powered through to the end with matching 9.95s. After its strong start, Alabama went on to total a 197.675, the highest semifinal score of either session, edging out the Gators by .025.

In the Super Six, Alabama picked up where it left off the night before, posting a 49.450 on the floor exercise, anchored by a 9.95 from Stack-Eaton. Things got even better on the vault, where they had five 9.9 or better routines, including a 9.95 from Diandra Milliner and a 9.975 from Stack-Eaton, resulting in a 49.625. A 49.275 on the uneven bars by the Tide and a 49.475 on the balance beam by the Gators, allowed Florida to pull ahead going into the sixth and final rotation setting up an edge-of-the-seat championship finale for the second year in a row.

When all the scores were tallied, Alabama turned in the highest scores of the Super Six on the floor exercise, vault and balance beam. The Tide's 49.6 beam performance during the semifinals matched the highest beam score in history of the national championships.

Individually, Stack-Eaton scored a career-best 39.700 while Priess posted a 39.575, the second-highest score of her career. During their two days of balance beam dominance, Jacob led off both nights with a 9.9 while Williams, who competed on the beam for the first time in the Tide's regular-season finale, scored matching 9.9s of her own while Priess scored 9.95 both nights.

In the relative quiet of the post-championship press conference, Priess told the gathered media what she felt had made the difference that day for Alabama.

"Before the competition, we all had an assignment from the coaches to write down why we love being an Alabama gymnast and pretty much every single person answered that it was about the tradition, and that it was about how we are all family and that we all have each other's backs through good times and bad," Priess said. "I think that came out tonight, the way that we love each other and truly care about each other and I think it brings out the best in us all."

THE 2011 NCAA CHAMPIONS



It was the perfect moment.

The Alabama Crimson Tide – gymnasts, coaches, managers, trainers and all – standing in front of the first-place banner at the national championships, holding their golden trophy high while a rowdy throng of Tide fans cheered them mightily from the stands of the Wolstein Center in Cleveland, Ohio.

That moment was the pinnacle of a journey that began in August when the freshmen reported to campus, joining nine returnees. From that moment, Sarah Patterson and company went about the task of building its latest team, starting down a road that ultimately culminated in the Tide claiming its fifth national championship.

"To have everything come together like it did – to win SECs, regionals and then the national championship – it was a dream come true," Sarah Patterson said. "I don't think I could have asked for a better year with a more rewarding, talented and unified team, or a more perfect ending to an amazing season."

That's not to say that Alabama was perfect on its way to winning its fifth NCAA Championship. There were bumps along the way, but the manner in which the team handled the adversity, coming together as a team – staying positive and looking ahead with confidence – made all the difference.

"The moment that really stands out to me was when Kayla Hoffman fell off beam in the Super Six Team Final and we still had Sarah DeMeo and Geralen Stack-Eaton to compete," Patterson said. "We knew that if we had to count that fall we'd be out of contention. When

Kayla came off the beam, she smiled at me, looked at Sarah and with a sense of confidence and purpose, said 'You got this.' "

Hoffman's confidence in her teammates settled DeMeo, a freshman competing at her first national championships, keeping her from getting rattled.

"Kayla relaxed Sarah in a way that no coach could do and I felt 100-percent confident that Sarah and Geralen would make their routines and keep the championship within reach," Patterson said.

As big as DeMeo and Stack-Eaton hitting their routines was, it was Hoffman's reaction to her fall that told Patterson the national championship was within their grasp.

"There was a time when Kayla as a competitor would not have been able to handle her disappointment of falling that way," Patterson said. "I knew we had come great distances and that Kayla's reaction after she made that mistake was a turning point for our team."

For Hoffman, the knowledge that her teammates had her back and would lift her up if she made a mistake grew throughout the season. By the time they reached the championship season, that trust in one another was absolute.

"It's sports. Sports are going to be messy. Sports are never going to be completely perfect," Hoffman said. "It's what you do from that. It's how you recover from a mistake, or a little slip-up, how you recover, how you work together, that is most important."

While Alabama's beam set in the Super Six Team Final is the moment that stands out in Sarah Patterson's mind, it was the next rotation, with Alabama on the floor exercise and defending champion UCLA on the balance beam just a few feet away that is burned in the minds of everyone who saw the epic, down-to-the-wire battle that determined who would be the 2011 national champions.

After being tied with the Bruins at the halfway point of the meet, the Tide went into the final rotation with a slim .025 lead.

"Going into the last event I wanted to help the ladies stay focused on being calm and knowing that if they could do their routines to the best of their ability, we could come out as champions," Patterson said. "I think when you get in the heat of the moment, you don't want anyone to be scared. You want them to be confident and to know that they have this. It was great to be on floor exercise, because it's an event you can go all out on."

The Tide and Bruins opened that deciding rotation with matching scores of 9.85 before UCLA tied the meet with a 9.825 from their second gymnast while Alabama posted a 9.8. The Bruins moved ahead by .025 after their third gymnast scored a 9.875 and the Tide answered with a 9.850. Alabama took the lead back with its next routine before Geralen Stack-Eaton – who would go on to win the NCAA Floor Exercise Championship the next night during individual event finals – extended the Tide's lead with a 9.925, the highest floor score of the day to that point. From there, it was up to Hoffman.

A solid routine and Alabama would complete its championship sweep. Hoffman did more than just hit her routine, she nailed it, posting a 9.95 to push Alabama to a 197.650 and a .275 margin of victory over the Bruins.

"I knew when Kayla landed that last pass that we had won," Patterson said. "There was a sense of sheer excitement and joy in knowing that we'd helped these young women achieve the dream of a lifetime."

So how did a team that lost four All-Americans to graduation and a fifth, Ashley Priess, to ankle surgery in the fall, and had a championship lineup that included 13 routines that weren't in the mix the year before, win all three postseason titles? Perhaps Kayla Hoffman summed it up best in the moments after clinching the championship sweep.

"Sometimes, it's not about talent, it's about heart," she told CBS' Amanda Borden. "Because we're so close – that made the difference."



THE 2002 NCAA CHAMPIONS



On the way to winning its fourth NCAA Championship, Alabama was a study in contrast. In the locker room, which the coaches and gymnasts had turned into a beach getaway, complete with sand, umbrellas, floats and beach music, the Tide was laid back and laughing. Out in the arena, moving ever closer to the title, they were cool, calm and collected.

"We have always done our best when we are loose and laughing," Kristin Sterner said. "So the coaches made sure that while we were in the locker room, we didn't get tense or uptight."

On the night of the Super Six, head coach Sarah Patterson even went so far as to pull out the dress she wore to the championships the first time Alabama won at home, in 1991, a red and white striped, strapless sequined number.

"At first they were surprised, and then they started laughing pretty hard," Patterson said. "I think they really enjoyed seeing that, especially since it's pretty far removed from the kinds of things I wear today."

Sarah and David Patterson, coaching at their 20th NCAA Championship, knew that staying loose would give their team an edge in a tight competition. The night of the NCAA Super Six, none of the six teams had a fall. It would be the second-highest scoring night in championship history.

The high-caliber opposition didn't seem to matter though, the higher the other teams turned up the heat, the cooler Alabama gymnasts were.

For two nights in a row, Alabama started the night on the floor exercise, which means that for two nights in a row, Alabama's championship

hopes came down to six routines on the balance beam, often the most daunting event of the four, especially when the pressure is on.

On the final night, just to add more drama to the evening, Alabama was on the balance beam during the last rotation while second-place Georgia was on the floor exercise. Not only would Alabama have to hit their routines, but they would also have to hold off Georgia.

Each routine grew in importance as both teams moved through the rotation. Alabama hit routine after routine until Sterner came up in the number five spot. A hit routine from Sterner and the championship belonged to Alabama; a miss would open the door for Georgia.

Sterner put together a rock-solid routine and finished it off by nailing her landing. The title belonged once again to the Tide. But the team didn't know that, not for sure. For Alabama, there was one more routine to go from the Tide's all-everything senior Andréé Pickens.

"I started to cry when Kristin landed her routine," Pickens said. "Jeana Rice came over to me and told me that it was OK, I could do it,

I could do it one more time. That whole routine was in slow motion. It wasn't rushed and I wasn't nervous, I was happy and I was confident."

Pickens nailed her routine. And when she threw her arms in the air after her dismount, the Coleman Coliseum crowd knew what had happened. They knew the Alabama team had again, as the Tide fight song says, "Writ her name in crimson flame..." and brought a fourth national title to Tuscaloosa. They roared their approval, stomping, clapping and screaming, much like the pandemonium that had broken out on the floor amongst the Tide athletes, coaches and staff.

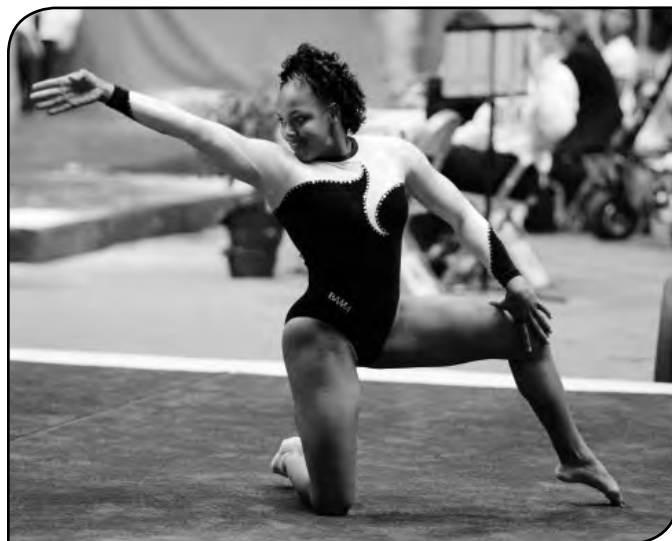
It had been a remarkable run. Since counting a fall on the final event of the SEC Championships, Alabama had gone a perfect 72 for 72 during their championship march. Pickens, senior Natalie Barrington, Sterner, sophomore Jeana Rice and freshmen Alexis Brion and Shannon Hrozek earned 14 All-America honors between them, the most of any team at the championship. On Saturday, an exhausted Pickens, who competed 12 routines in three days, had enough energy left to win the NCAA uneven bars title to go with the American Award, which denotes the nation's top senior, that she'd picked up earlier in the day.

There would be more moments of celebration in the weeks and months that followed. Alabama received their championship rings in front of 83,000-plus fans at the halftime of the Alabama-Southern Mississippi football game. They were also honored at the Homecoming parade and the pep rally/bonfire the night before.

But perhaps the best moment came immediately after the team received the trophy from Alabama Director of Athletics Mal Moore, when everyone was laughing and hugging. It was Pickens – who had come back from a torn Achilles that ended her junior season just days before the 2001 NCAA Championship – who put it best.

Standing in the middle of her teammates, tightly clutching the Tide's golden prize to her chest, Pickens said, "This is why I came back. This is why I worked so hard for so many months to get back – to be able to share this moment, this feeling with these girls and this crowd."

"This," she said again, sweeping her eyes over the mob scene in Coleman Coliseum, "is what we wanted."



THE 1996 NCAA CHAMPIONS



For the Alabama gymnastics team, two long years of planning, training and dedication had come down to the next 24 hours. Their motto for the season had been "Enjoy the Journey," and they had, with great success. Now, in April 1996, Alabama was on the verge of competing for the national championship on its home floor. Sarah and David Patterson gathered their team and told them, "We've enjoyed the journey, now it's time to enjoy our destination."

Alabama started its drive for its third NCAA Championship on the same two events where it had counted falls on the first night of team competition. On the uneven bars, sophomore Danielle McAdams produced a 9.875, a mark echoed by freshman Gwen Spidle who was followed by junior Meredith Willard's 9.9. In the fourth position senior Kim Kelly suffered a fall, putting the Tide's final two performers in clutch positions. Junior Stephanie Woods responded with a 9.95. Senior Marna Neubauer came up in the final position. Battling a sore shoulder for the latter half of the season, she came up big for the Tide, swinging to a 9.875. Alabama produced a 49.475, the second-best total in school history.

Alabama then moved to the balance beam. Willard took to the beam in her customary first spot and for the first time all season, on any event, she fell. Sarah Patterson gathered the team together and told them, "Meredith has been our rock all season long. Now we'll be there for her."

Sophomore Shay Murphy was next up and responded with a solid 9.8. Senior Kim Bonaventura posted a 9.825 and Kelly scored

9.9. McAdams came up in the fifth position. Midway through her routine, she wobbled on a landing, staying on the beam seemingly through sheer force of will. McAdams steadied herself and finished the routine to thunderous applause and a 9.725 score. Woods finished things off for the Tide with a 9.9. The Tide posted a 49.150.

Despite a strong first half, Alabama still trailed UCLA, a squad making a push for the top, by .075 with two rotations left.

The Tide moved to the floor exercise, and it was there that Alabama and the crowd of 10,000-plus fans caught fire. Neubauer scored a 9.85, followed by Booth's 9.875.

Then Kelly brought out her floor routine, the one she had learned during the season, and introduced only four meets before. To the strains of "Yea Alabama" and "Sweet Home Alabama," the Pennsylvania native captured her audience and the judges, producing a perfect 10.0 performance and raising the decibel level in Coleman Coliseum to near-deafening heights.

Willard carried the banner of enthusiasm throughout her performance, producing a 9.95. McAdams came up in the final spot and capped Alabama's rotation with a career-high 9.95.

When the counting was done, Alabama had produced an NCAA floor exercise record 49.625.

The Bruins were tenacious though, matching the Tide's record floor effort with an NCAA record of their own on the balance beam (49.50). Going into the last rotation, perennial favorites Georgia and Utah were already out of the championship picture – barring a complete

meltdown by both the Crimson Tide and the Bruins. It came down to two teams and one last rotation.

Alabama headed to the vault, just .05 ahead of floor exercise bound UCLA.

What happened during the last rotation is the stuff of legend. Alabama ran off a blistering set of vaults in which the Tide scored nothing lower than a 9.9 and posted two perfect, golden 10.0s.

Booth got Alabama off to a 9.925 start. Bonaventura and Neubauer chimed in with back-to-back 9.9 scores. McAdams came up in the fourth spot and put the ultimate exclamation point on what had already been a career night. She flew down the runway, hit the springboard, then the vault, landed on the mat and did not move. Feet planted, arms thrown back and head held high, McAdams scored her first perfect 10.0 and the fans roared, clapped and screamed their approval. Kelly responded with a 10.0 of her own, the sixth perfect vault of her career and one that raised the roof right off the coliseum. Willard finished the Tide's evening with a 9.95.

The Tide's vault total, 49.775, set yet another NCAA record. UCLA mustered a 49.275 on the floor. The title was Alabama's.

Alabama totaled a 198.025, setting an NCAA 'Super Six' record, to win its third NCAA title and second in front of the home crowd. UCLA was second with a 197.475, a score that would have won all but one other NCAA Championship. Utah and Georgia tied for third with a 196.775. Oregon State was fifth with a 196.525, while Michigan finished sixth with a 196.375. It marked the first time in NCAA history that all six members of the "Super Six" scored 196 or better.

Willard started the Tide's winning ways on the first night of competition, earning Alabama's fourth NCAA All-Around title.

The Tide rolled to two more titles during Saturday night's individual competition. Woods posted a 9.975 to win the NCAA Uneven Bars title. And Kelly, in the last meet of her storied career, inked the perfect final chapter. She posted yet another perfect 10.0 floor routine to win that title.



THE 1991 NCAA CHAMPIONS



In 1991, Sarah Patterson finally had the championships right where she wanted them – in Coleman Coliseum.

Alabama had already gained national prominence, winning its first title in 1988. In 1990, the team brought home its second Southeastern Conference title and placed second to Utah at the national championships. The 1991 team boasted a contingent that included five All-Americans and the 1990 NCAA all-around champion. If the gymnasts did their jobs, there was no doubt in Patterson's mind they would compete in front of the home crowd that final Friday of competition.

"I remember being told that you build a crowd by winning a national championship, but you could also do it by hosting a championship," Patterson said.

The first step toward building the fan base was accomplished with the 1988 NCAA title, which spurred increased interest in the program.

The Tide was young in 1991, with six underclassmen, including four freshmen. The two seniors, Kim Masters and Tina Rinker, sought to weave the 11 girls together to form a squad reminiscent of the 1988 championship they were members of as freshmen.

"I remember feeling that the team had so much talent that we should be able to win the national championship if we could become unified and get into the flow," Rinker reminisced.

Alabama had the opportunity to shine at home, but the team was not fulfilling expectations in the preseason.

"I can remember in December thinking that we were hosting the championships and that we might not even be there," Patterson said.

Preseason practices were not characteristic of a team that should be in contention for a gold, and Patterson predicted a nightmarish outcome if the team did not shape up.

"One day, Sarah sat us down and we got a good lecture," Kara Stilp recalled. "I will never forget it. She told us that we were going to be really embarrassed when we hosted nationals, and we would not be competing in it. We agreed that we all needed to get in gear."

That speech proved to be a turning point for the gymnasts. Once its first competition rolled around, the Tide was ready to go. If preseason was tough, the competition season was just as demanding.

The Tide defeated Auburn in the 1991 season opener even though they had to count three falls on balance beam, an event on which the program had built its reputation. In its home opener against Penn State, the team tumbled to three more falls from the 4-inch wide apparatus. Fortunately, they still came away with a win.

To Patterson, these mistakes were unacceptable for a championship-caliber team. Beam intra-squads came frequently, and the team's self-assurance rose. The team members began to refer to themselves as the "Beam Team."

"We had so much confidence because Sarah made us do so many intra-squads," Sheryl Dundas said. "We could do routines in our sleep."

The Tide traveled to Lexington, Ky., for the Southeastern Conference Championships. Forced to count two falls on the final event, vault, the SEC title slipped from Alabama's hands by .05. The disappointment and frustration made the Tide even more determined to earn the national crown.

"Good teams aren't going to let defeats defeat them overall," Katherine Kelleher told reporters at the time. "They use it to their advantage. That's what we are going to do."

"I've always said that in this conference, you can be third at the conference championship and win the national championship," Patterson explained. "1991 was definitely indicative of that scenario."

At the regional championships at Auburn, the Tide turned in one of its best performances of the season and entered the NAAs as the No. 1 seed.

The Tide drew a favorable rotation at the NCAA Championships, starting on the vault, finishing on the floor exercise. After charging through the first two events, the "Beam Team" was put to its final test, hitting all six routines, passing the exam with flying colors. The Tide was the only team without a fall on the balance beam at the NCAA Championships.

Before the team rotated to floor, Patterson offered only one piece of advice to her charges.

"I just told the kids to land on their feet and stay in bounds," Patterson said.

The floor music reverberated through the Coliseum and each tumbling pass was met with louder and louder cheers and at the end of six routines the Crimson Tide emerged victorious.

"Winning one championship was great, but there was nothing like winning at home," Patterson said. "I felt like winning a second championship validated our program at that point. It wasn't just a one-time thing. Yes, we can have this philosophy of having the best students and athletes and well-rounded individuals and still win a championship."

The team also taught Patterson a thing or two about the seven-month journey to the national championship competition, as well as the expectations that come with the quest.

"It doesn't matter where you start in December," Patterson said. "It only matters where you end in April. Sometimes, when it looks like you have your hardest road to go in preseason, you need to stay focused on the outcome and take it one step at a time. More than anything, I learned from this team to not look too far down that road."



THE 1988 NCAA CHAMPIONS



Sarah and David Patterson were celebrating their 10th anniversary of coaching the Crimson Tide in 1988. Their success had been nothing short of amazing, with five consecutive top-6 finishes including a high of third in 1986. Alabama was a strong team, with a solid foundation built on its coaches and the type of athletes they chose to bring into the program.

The questions began brewing in the Pattersons' minds though. Could their philosophy of developing the whole person produce championships? Would they be able to do things the way they wanted and still climb the final rung and produce a championship? The questions were answered emphatically in 1988.

Alabama started the year 10-strong. It was a young squad, with two seniors, one junior, four sophomores and three freshmen. The Pattersons added to the Tide's arsenal in January, when Kim Masters joined the Tide. Masters had planned to delay college for a year to train for the Seoul Olympics. After finishing ninth at the USA Gymnastics Championships the previous summer, her aspirations for the Olympic rings seemed within her grasp. Striving for that goal lost its appeal though and after much thought, Masters opted for college and the Tide. With its roster set, the season began.

Alabama reeled off a trio of wins to get things going. Then something strange happened – Alabama tied LSU. With fractions of points being added up over the course of 24 individual performances, ties are rare in collegiate gymnastics. Then, at the next meet, Alabama did

it again; tying Georgia at the UA-hosted Red and White Classic and beating Utah.

In any other season, that would have been what the year would be known by, the year of two ties. This squad, though, was destined for far greater things.

Alabama set the tone for the postseason by winning its first Southeastern Conference Championship with a 190.15. It was only the second time in school history that the Tide had scored in the 190s. The Tide beat second-place Georgia by .95.

The regionals were next for the Tide and a good performance would be necessary to advance to the NCAA Championships. Instead of a good performance, Alabama produced a school and NCAA-best mark of 191.75. The Tide posted the meet's top score on all four events both individually and as a team. Masters won the all-around followed by Marie Robbins in second and Tina Rinker in fourth.

"I didn't think it was going to be possible to exceed what we did at the Southeastern Conference Championship, but they certainly did," Sarah Patterson said. "They came back and did a better job."

Nationals were in Salt Lake City, Utah, home of five-time NCAA champion Utah, the No. 2 seed. Alabama would also face defending NCAA champs Georgia, No. 3 seed LSU and No. 4 seed Florida. Both the competition and the arena were familiar, being the No. 1 seed was not.

"I don't think there's extra pressure on us being the No. 1 seed," Sarah Patterson said prior to NCAAAs. "We just achieved so many

things – winning the SEC, the record in the regionals and the No. 1 seed – that we're too proud of what we've already accomplished to feel pressure."

If Alabama disagreed with their coach, it did not show. Those watching from the stands and those on press row observed a Crimson Tide team that was calm and loose going into the championships, having fun, being playful and displaying an indomitable team spirit.

Alabama scored an NCAA Championship record on the way to its first national championship, shattering the mark previously held by Utah (188.35) with a 190.05. The Tide's highest all-around finish was ninth-place, highlighting the team effort it took to win the championship.

Consistency, along with confidence and enthusiasm were the keys for the Crimson Tide. The Pattersons' crew hit 23 of 24 routines, including a six-for-six balance beam rotation.

"It was the beam – that's where we won it," Sarah Patterson said. "That was our best beam score of the year."

And if the beam was the event that led Alabama to the title, its seniors were the class pointing the way.

"This national championship is for our two seniors – Alli Beldon and Kathy Bilodeau," Sarah Patterson said after the meet. "They hit all three events tonight. They were models for us all year. We just learned from their consistency, which has been our forte all season."

Four Alabama gymnasts earned seven All-America honors. Sarah Patterson was named NCAA Coach of the Year, but most importantly, Alabama had its first NCAA Championship.

"It's so unbelievable," Robbins said. "We had so much fun. That's when we are at our best."

Sophomore Cheri Way noted the seeds were sown long before the trip to Utah.

"I realized we could win the national title after one long and tiresome Tuesday practice when we decided to go out and do it for us," Way said. "When I realized we had won . . . my whole body went numb."

The good times were far from over.

"The best part about winning the championship was coming back home to Alabama," Ali Blumberg said, a sentiment echoed by all her teammates at one point or another during that magical year.

On April 30, 1988, the state of Alabama declared "Alabama Gymnasts Day." There was a parade and a ceremony at the base of Denny Chimes. The next fall, the gymnasts received their championship rings at halftime of the Vanderbilt football game.



ALABAMA'S INDIVIDUAL NCAA CHAMPIONS

The Alabama gymnastics program has always been focused on the team aspect of the sport. It is one of the reasons that the Crimson Tide has enjoyed such tremendous success over the years, including six NCAA Championships, nine Southeastern Conference titles and an NCAA-record 32 regional titles. While team always comes first for Alabama, there have been numerous individual accomplishments over the years including an amazing 27 individual NCAA Championships by 16 different gymnasts. Alabama has also won at least three individual NCAA titles in each of the last four decades, with four in the 1980s, eight in the 1990s, nine in the 2000s and six through the 2010s.

Penney Hauschild won Alabama's first individual NCAA titles when she brought home the all-around and uneven bars title in 1985. She upped her career total to four when she repeated as all-around champion and added a floor exercise title as a senior in 1986. Dee Foster won the Tide's third all-around title as a freshman in 1990. Foster's title was the first of four in a row to start the 1990s, followed by Gina Basile's 1991 balance beam championship and back-to-back balance beam titles from current head coach Dana Duckworth – then Dana Dobransky – in 1992 and 1993. Duckworth became the first Tide gymnast to repeat as a champion on an apparatus, winning her second beam title with a perfect 10.

Alabama not only won the team title in 1996, but added a trio of individual titles by three different women. Meredith Willard won Alabama's fourth all-around championship while Stephanie Woods won the uneven bars and Kim Kelly took top honors on the floor exercise with a perfect 10. Andree Pickens closed out the decade of the '90s by winning the balance beam title as a freshman in 1999.

Pickens would also win Alabama's first national title of the '00s by winning the 2002 uneven bars championship after leading the Tide to the team championship that same year. Ashley Miles went on a tear in the mid-00s, becoming the second Alabama gymnast to win four titles in a career, taking first on the vault in 2003, 2004 and 2006 and adding the floor exercise championship in 2004. When she won her third vault title in 2006, she became the first NCAA gymnast in 20 years to win a trio of vault titles in a career. Jeana Rice won Alabama's fifth all-around title in 2004. Rice's 2004 title, combined with Miles vault and floor exercise championships that same year, gave Alabama three individual titles in the same year for the second time.

Terin Humphrey won two uneven bars titles, the first as a freshman in 2005 and the second in 2007, the same year Morgan Dennis won the floor exercise championship as a rookie.

Geralen Stack-Eaton led Alabama to back-to-back NCAA team titles in 2011 and 2012 and also won back-to-back individual titles, winning the floor exercise in 2011 and the balance beam in 2012. Coincidentally Stack-Eaton's titles came on the same events – floor exercise in 2011 and balance beam in 2012 – on which Alabama clinched the NCAA team titles.

In 2013, Diandra Milliner won the vault, marking the Tide's fourth vault title.

Kim Jacob won the Tide's latest NCAA all-around championship in 2014, earning UA's sixth all-around and 25th individual NCAA title overall.

In 2016, Katie Bailey soared to Alabama's fifth vault title and first NCAA title under Duckworth as Alabama's head coach. She followed that title with an uneven bars championship in 2017.

Gymnast	Title	Year
Katie Bailey	Uneven Bars	2017
Katie Bailey	Vault	2016
Kim Jacob	All-Around	2014
Diandra Milliner	Vault	2013
Geralen Stack-Eaton	Balance Beam	2012
Geralen Stack-Eaton	Floor Exercise	2011
Morgan Dennis	Floor Exercise	2007
Terin Humphrey	Uneven Bars	2007
Terin Humphrey	Uneven Bars	2005
Ashley Miles	Vault	2006
Ashley Miles	Vault	2004
Ashley Miles	Floor Exercise	2004
Jeana Rice	All-Around	2004
Ashley Miles	Vault	2003
Andree Pickens	Uneven Bars	2002
Andree Pickens	Balance Beam	1999
Kim Kelly	Floor Exercise	1996
Stephanie Woods	Uneven Bars	1996
Meredith Willard	All-Around	1996
Dana Dobransky	Balance Beam	1993
Dana Dobransky	Balance Beam	1992
Gina Basile	Balance Beam	1991
Dee Foster	All-Around	1990
Penney Hauschild	All-Around	1986
Penney Hauschild	Floor Exercise	1986
Penney Hauschild	All-Around	1985
Penney Hauschild	Uneven Bars	1985



Alabama gymnastics' first individual NCAA champion, Penney Hauschild won four individual titles between 1985-86.

ALABAMA'S INDIVIDUAL NCAA CHAMPIONS



KATIE BAILEY

2017 NCAA Uneven Bars
Champion
2016 NCAA Vault
Champion

Already an NCAA champion on the vault as a junior, Katie Bailey capped her senior season by becoming the seventh Crimson Tide gymnast to win multiple individual national titles during her career, taking top honors in her signature event, the uneven bars. On the way to her second NCAA title, she earned her fourth consecutive All-America honor on the uneven bars. Her title helped push Alabama to its NCAA-best 23rd Super Six Team Final. It was the Tide's sixth NCAA uneven bars title.

The year before, at the 2016 NCAA Championships, Bailey came up third in the Tide's vault lineup. After coming set, she flashed down the vault runway, hit the springboard and then the table, soaring through the air, landing with her feet nailed to the ground.

In front of a six-judge panel in Fort Worth, Texas, Bailey earned 9.95s from every judge for a career-best score and the NCAA vault title. The 2016 season was the first in which the individual title was decided during the semifinal round of the championships. It was Alabama's 26th individual NCAA title and the fifth vault championship.



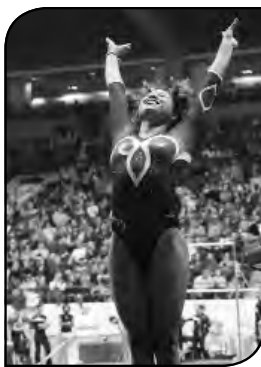
KIM JACOB

2014 NCAA All-Around
Champion

She was sitting next to Sarah Patterson at the press conference following the NCAA Championships Semifinals and she still had no clue what had happened. Kim Jacob had scored a career-best 39.625 in the all-around, but it didn't occur to her that would be enough to win a national championship. Just before the press conference got underway, an official came in and nodded to Patterson that scores were confirmed. The veteran coach then leaned over and whispered the news to Jacob, congratulating her on winning Alabama's 25th individual NCAA title and sixth all-around crown.

To say Jacob was surprised would be putting it mildly, but after scoring 9.925s on the uneven bars and balance beam and a 9.95 on the floor exercise, she came to her final event, the vault, needing a 9.825 to slip ahead of the 39.600 already posted by Arkansas' Katherine Grable, which is exactly what the Raleigh, N.C., native scored.

Jacob earned four first team All-America honors in 2014, the most of any gymnast in the nation that season, on the way to winning Alabama's first NCAA all-around title since Jeana Rice in 2004.



DIANDRA MILLINER

2013 NCAA Vault
Champion

When Diandra Milliner scored 9.925 on the vault on the last day of the 2013 NCAA Championships in Los Angeles, Calif., it was a familiar sight. It was the sixth time she'd posted that exact mark during the season including her first score of the year at Missouri and now her last.

The difference was this one was for the national championship and after all the scores were tallied – which took quite a while since there were a jaw dropping 23 gymnasts in vault finals as well as six judges on hand for individual event finals and all six scores were averaged for the final score – Milliner's oh so familiar score was good for Alabama's 24th individual NCAA title.

Milliner had come close to winning a national vault title the year before in Duluth, Ga., taking second place, but in 2013 the Tide's anchor on vault since the first meet of her freshman year came away with the gold.



GERALEEN STACK-EATON

2012 NCAA Balance
Beam Champion
2011 NCAA Floor
Exercise Champion

In 2012, for the second year a row, the NCAA team championship belonged to the Alabama Crimson Tide, and for the second year in a row Geraleen Stack-Eaton made sure that there was individual gold to go with the team trophy.

As a junior, Stack-Eaton closed out her season by winning the NCAA Floor Exercise Championship, the same event that Alabama had finished on to win its fifth national team championship the night before. Her dynamic routine tallied a score of 9.9375, winning the Tide's third floor title since 2004 and fifth overall.

As a senior, Stack-Eaton was once again instrumental in leading Alabama to the national team title, marking the first time the Tide had won back-to-back team championships. And just as she had the year before, the Horsham, Pa., native returned the next day for an individual title, extending the Tide's weekend-long mastery of the balance beam. During team competition, she posted scores of 9.95 and 9.9 on the beam, helping push Alabama to the two highest balance beam team marks at the championships. During event finals, she tallied a 9.9375 on the beam, winning Alabama's 23rd individual NCAA title overall and fifth on the balance beam.

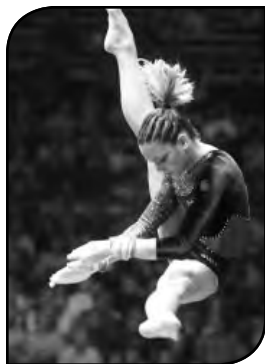


MORGAN DENNIS

2007 NCAA Floor Exercise
Champion

Just a freshman, Morgan Dennis had already learned the trick of bringing the crowd to its feet. Her huge tumbling and feet-nailed-to-the-floor landings were enough to excite even veteran gymnastics fans. But a national title, on the floor exercise, as a rookie? That was going to take some doing, especially in 2007 when 18 gymnasts reached the floor exercise final.

But Dennis didn't get rattled. She calmly waited, going 17th in the lineup. And when her turn finally did come around, she made the most of it, electrifying the crowd and scoring a 9.9625, the best of the night to that point. One more routine was to come, so after waiting most of the night to show what she had, she waited a little longer to see if her routine was golden. The last gymnast came close, with a 9.95, but not close enough and the Alabama rookie took home gold.



TERIN HUMPHREY
2005 & 2007 NCAA
Uneven Bars Champion

She wanted it back. As a freshman, Terin Humphrey had gone from Olympic silver to NCAA gold, winning the NCAA Uneven Bars Championship. As a sophomore, she earned All-America honors on the uneven bars, but did not repeat as champion.

Winning title No. 2 wasn't going to be easy. In October Humphrey had double elbow surgery to help ease problems she had worked through for years. She also faced the deepest, most talented uneven bars field in NCAA history, one loaded with Olympians and U.S. champions. Humphrey was not to be denied, though, scoring a 9.95 to win her second title and reaffirm her place as queen of the uneven bars.

Humphrey's first NCAA title came at the end of a long year, one that included the U.S. Olympic Trials, a spot on the Olympic team that included a pair of silver medals at the Athens Olympiad, and a stint on the T.J. Maxx Olympic Tour before joining the Tide in January. At the end of that very long freshman year, she found herself with one more routine to do. Up last, she had her work cut out for her with a 9.925 already on the board. The Olympic silver medalist was undaunted though, taking NCAA gold with a 9.9375.



ASHLEY MILES
2003, 2004 & 2006
NCAA Vault Champion
2004 NCAA Floor
Exercise Champion

Ashley Miles made it look easy. She made it look like flying. Her huge vaults and tumbling passes on the floor exercise made her the must-see gymnast wherever she was, even at the NCAA Championships.

"Wherever we were, when Ashley was on an event, all eyes in the gym were drawn to her," Sarah Patterson said. "It was an amazing phenomenon."

An outsized brand of gymnastics earned Miles four individual NCAA titles, tying Penney Hauschild for most in an Alabama career. She is the first Alabama gymnast to win more than two national apparatus titles during a career.

When she won the 2006 NCAA vault title, Miles became only the second gymnast in NCAA history to win three national vault championships and the first to do so in 20 years. She is one of only six gymnasts in NCAA history to win the same event three times and the first in more than a decade to manage the feat. Her four individual national titles are tied for third all-time in NCAA history.



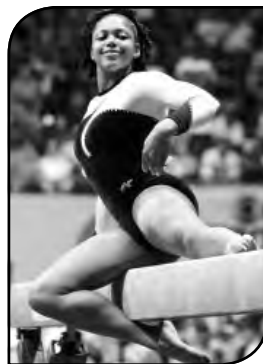
JEANA RICE
2004 NCAA All-Around
Champion

She'd spent a career being as good as anyone in the nation and at her last NCAA Championships, Jeana Rice proved herself better than anyone else. On the first day of competition at the UCLA-hosted championships, Rice – who had already won two SEC and three NCAA Regional all-around titles in her career – posted a 39.650 to win the NCAA All-Around Championship.

Rice's career had been building to this moment from day one. She won six individual SEC Championships and seven NCAA Regional titles over her four years. At the NCAA Championships, she finished in the top six in the all-around competition every year as well as posting five finishes in the top six on individual events.

Rice was rewarded for an outstanding senior year with the Honda Award for Gymnastics, presented annually to the national gymnast of the year.

In addition to all her championship hardware, Rice set a national record as a senior, becoming the first NCAA gymnast to earn five All-America honors in three different seasons. She also set the national record for All-America honors in a career, earning 18 first- and second-team accolades.



ANDREÉ PICKENS
1999 NCAA Balance
Beam Champion
2002 NCAA Uneven Bars
Champion

It is a testament to Andree Pickens' talent and drive that she managed not only to win two NCAA titles, but win them in the most challenging fashion imaginable.

As a freshman, Pickens competed in every event all three days of the NCAA Championships. On the last day, after leading Alabama to a third-place finish in the thin air of Salt Lake City the day before, she harnessed her strength and boundless energy to win the NCAA Balance Beam title, earning gold on the event that made her nervous all season.

Three years later, after coming back from a ruptured Achilles tendon that ended her junior season, Pickens again competed in 12 events over three days. But the four events on Saturday were simply icing on the cake for the Houston, Texas native who the night before had led the Tide to its fourth NCAA team title.

In the waning moments of a spectacular career, Pickens brought the grit and determination that carried her through injury and rehab to bear on one final routine, winning the NCAA Uneven Bars title. After landing that routine, Pickens gave a tired wave to the crowd, knowing she had given everything she had and it had been more than enough.



KIM KELLY
1996 NCAA Floor
Exercise Champion

In the final performance of her Crimson Tide career, as the music of her floor routine reached its final beat and tears streamed down her face, Kim Kelly's success-studded career turned golden. The King of Prussia, Penn., native won the 1996 NCAA Floor Exercise Championship in front of the home crowd with a perfect 10.0 and an avalanche of applause.

As extraordinary as the ending was, the genesis of her championship floor routine is even more so. In college gymnastics, the norm is to change floor routines only once during a career and a mid-season change was unheard of, until Kim Kelly.

Tide freshman Lisa Gianni's floor routine was set to the strains of the Alabama fight song. When Gianni went down after the second meet of the season with a ruptured Achilles tendon, there was no one to carry the routine into the Tide-hosted nationals, until Kelly undertook the challenge.

It was a move that Tide coach Sarah Patterson says she would not have been able to consider with anyone except Kelly. The move paid off when Kelly completed the postseason triple play, winning the SEC, NCAA Central Regional and NCAA Championships.



STEPHANIE WOODS

1996 NCAA Uneven Bars Champion

Stephanie Woods knew that the uneven bars routine she had just finished had been special – she just wasn't sure if anyone else knew. It was the night of the event finals at the 1996 NCAA Championships and she had just completed her routine.

But the Austin, Texas, native's feeling about her routine carried over to the judges, who knew they had seen something special, something of championship caliber.

In the history of the NCAA Championships, only three competitors have scored better on the uneven bars. There are three 10s scattered over the years. Woods is the first to earn a 9.975.

Woods had been brilliantly consistent all season on the uneven bars. Of her 15 routines, 12 scored 9.9 or better. She collected the 1996 NCAA Central Regional uneven bars and balance beam titles coming into the NCAA Championships. Woods scored back-to-back 9.950s in the NCAA semifinals and Super Six rounds. Her national championship performance was a career best.



MEREDITH WILLARD

1996 NCAA All-Around Champion

She tugged urgently at the sleeve of the nearest meet official, asking him to check and then double check the scores. There had been a mistake, someone else was supposed to be where she was.

No mistake, the scores were right. Meredith Willard, the ultimate team player in a sport filled with individuals, had won the 1996 NCAA All-Around Championship.

Willard's title shouldn't have come as a surprise. She had been, throughout the 1996 season, the nation's most consistent gymnast. Going into the NCAA Championships, she had hit an astounding and perfect 44 of 44 routines. She had also competed in 45 of a possible 48 events going into the championships. She had been very virtually unstoppable.

Willard had not just been consistent, she had been consistently brilliant. She bettered or tied her career best all-around mark six times during the season. And at the NCAA Championships, on the night of the all-around, she was the best of the best, winning with a 39.450 total. Willard's talent and ability led her to Alabama's ninth individual NCAA crown. Her poise and leadership led Alabama to a national team championship the next day.



DANA DOBRANSKY

1992 NCAA Balance Beam Champion
1993 NCAA Balance Beam Champion

On her 1993 beam title: "Ending my career with a 10.0 on balance beam finally represented that I had worked for perfection. It made all of the mental perfection, all of the hard work, all of the falling, and getting up, worth it. It was great to be able to represent The University of Alabama with a perfect 10."

Best memory: "My most lasting memory is the love and support of our fans. That fan support was one of the reasons that I was attracted to Alabama, and when I got there, it was just great. I know that we wouldn't have been as successful as we were, or are, without the love and support of all of our fans. The fans at Alabama are so supporting of everything, and that is the one thing that really stands out in my mind."



GINA BASILE

1991 NCAA Balance Beam Champion

On the 1991 team title: "It was a very rewarding experience for me. It was especially great because it was at home in front of

our families and our fans. It's really a feeling that you can't put into words. The best way that I can describe winning the national team title is that it is 11 girls, separated around the country, who are bonded together for life by a ring which represents talent, dedication, friendship and crimson pride."

Best memory: "Really, the thing that stands out in my mind is that there was no real pressure. There was some pressure, but really we just had a good time. Usually the person who wants it the most wins, and we just always pulled together, had a good time, and usually won. That's what I will always remember."



DEE FOSTER

1990 NCAA All-Around Champion

On her title: "There were advantages and disadvantages to winning a national title. The advantages were, of course, the respect and national recognition in a sport that I had dedicated my life to. And the main disadvantage was the pressure to repeat. Thankfully, I had 10 other people there to help me through each of the next three years."

Best memory: "My junior year, during the Homecoming football game, we got our national championship rings down on the field at halftime. My best friend was there to enjoy it with me, and that made it extra special."



PENNEY HAUSCHILD

1985 NCAA All-Around Champion
1985 NCAA Uneven Bars Champion
1986 NCAA All-Around Champion
1986 NCAA Floor Exercise Champion

On her national championships: "It was definitely the pinnacle of my gymnastics career. But I know that nothing could have been done without Sarah, David, my teammates, the trainers, and really the entire athletic department. Although my titles were a great experience, I would have given anything to be able to be with the team in 1988 when they won the team national title."

Best memory: "After my floor exercise at the 1986 Nationals, which was the last event of my career, Sarah was standing right there. She had tears in her eyes, I had tears in my eyes, and we just came together and hugged. That will always be the one moment that will stand out in my mind."

ALABAMA'S ALL-AMERICANS



The 1990 NCAA All-Around Champion and the first gymnast to post four top-three NCAA all-around finishes, Dee Foster also set the record for First Team Championship All-America honors during her 1990-93 career at 17.

There are two All-America teams in collegiate gymnastics, regular season (RS) and championship season (CS). Regular-season honors came about in 2013 and are based on final regular-season regional qualifying score (RQS) rankings with the top four spots and ties earning first team and Nos. 5-8 receiving second-team (ST) recognition. Championship-season honors have gone through a few changes over the years. Since 1999, the top four finishers (plus ties) from each of the NCAA Championships' two semifinal sessions of team competition earn All-America first-team honors. Finishers in the Nos. 5-8 spots (including ties) in each semifinal earn Second Team All-America honors. From 1993-98, the top eight individuals in NCAA team competition (results from both sessions combined) earned First Team All-America honors; the next eight earned Second Team All-America honors. Prior to 1993, only the top eight finishers from the NCAA event finals earned All-America honors.

2019

Abby Armbrecht CS: ST - FX

2018

Nickie Guerrero RS: BB; ST - V
Kiana Winston RS: ST - UB

2017

Katie Bailey CS: UB (1st)
Nickie Guerrero RS: BB
Keely McNeer CS: ST - UB
Aja Sims RS: ST - FX
CS: BB (6th)
Kiana Winston RS: AA, BB, FX; ST - BB
CS: AA (3rd); ST - UB, FX

2016

Katie Bailey CS: V (1st), UB (2nd)
Lauren Beers RS: 2nd - V
CS: ST - V
Mackenzie Brannan CS: AA (3rd), V (3rd); ST - UB
Aja Sims RS: BB
Kiana Winston RS: UB
CS: FX (2nd); ST - BB

2015

Katie Bailey CS: UB (5th)
Lauren Beers RS: AA; ST - UB, FX
CS: ST - AA, V, FX
Mackenzie Brannan CS: ST - FX
Kaitlyn Clark RS: BB; ST - V
Keely McNeer CS: ST - BB

Carley Sims
Kayla Williams

CS: ST - V, FX
CS: V (3rd), BB (13th)

2014

Katie Bailey
Lauren Beers

CS: ST - AA, UB
RS: ST - V
CS: FX (8th); ST - V

Kaitlyn Clark
Sarah DeMeo
Lora Leigh Frost
Kim Jacob

CS: ST - V
CS: BB (12th); ST - UB
CS: ST - FX
RS: ST - AA, BB, FX
CS: AA (1st), UB (6th), BB (15th), FX (5th)
RS: V; ST - FX
CS: FX (6th)
RS: ST - BB

Diandra Milliner

Aja Sims

2013

Lauren Beers
Kaitlyn Clark
Sarah DeMeo
Kim Jacob

CS: V (11th)
CS: V (11th)
CS: ST - BB
RS: BB, FX
CS: FX (10th); ST - AA, BB
RS: V; 2nd - FX
CS: V (1st), FX (2nd); ST - BB
RS: ST - BB
CS: ST - AA, UB
CS: BB (5th)

Diandra Milliner

Ashley Priess

Kayla Williams

2012

Sarah DeMeo
Marissa Gutierrez
Kim Jacob

CS: ST - BB
CS: V (4th); ST - FX
CS: ST - FX, UB

Diandra Milliner CS: V (2nd); ST - FX
Ashley Priess CS: BB (7th); ST - AA, UB
Ashley Sledge CS: ST - UB
Geralen Stack-Eaton CS: AA (4th), BB (1st), FX (2nd); ST - UB
Kayla Williams CS: ST - BB

2011

Sarah DeMeo CS: UB (3rd)
Marissa Gutierrez CS: V (5th)
Kayla Hoffman CS: AA (2nd), BB (2nd), V (4th)
Kim Jacob CS: AA (7th), BB (8th)
Diandra Milliner CS: ST - BB
Ashley Sledge CS: V (7th)
Geralen Stack-Eaton CS: AA (3rd), FX (1st), V (7th), UB (15th)

2010

Morgan Dennis CS: V, FX (5th)
Kayla Hoffman CS: UB (8th)
Ricki Lebegern CS: ST - BB
Kassi Price CS: UB (8th)
Ashley Priess CS: BB (10th)
Geralen Stack-Eaton CS: AA (4th), BB (6th), V (15th); ST - UB

2009

Morgan Dennis CS: UB (10th)
Ricki Lebegern CS: BB (10th); ST - AA, FX
Ashley Priess CS: BB (3rd), UB (12th); ST - AA, FX
Rachel Terry CS: ST - V

2008

Morgan Dennis CS: FX (4th); ST - AA, UB
Kayla Hoffman CS: V (5th)
Casey Overton CS: ST - BB
Kassi Price CS: UB (8th)

2007

Morgan Dennis CS: FX (1st); ST - AA
Terin Humphrey CS: UB (1st), BB (8th)
Kassi Price CS: ST - UB

2006

Melanie Banville CS: ST - UB
Terin Humphrey CS: BB (4th); ST - AA, UB, FX
Brittany Magee CS: ST - FX
Ashley Miles CS: AA (5th), V (1st), FX (3rd)

2005

Dana Filetti CS: UB (10th)
Shannon Hrozek CS: ST - BB
Terin Humphrey CS: BB (5th), UB (1st), FX (5th); ST - AA
Ashley Miles CS: AA (3rd), V (4th), UB (7th), FX (2nd)
Michelle Reeser CS: ST - BB

2004

Alexis Brion CS: FX (5th); ST - V
Ashley Miles CS: V (1st), FX (1st), UB (6th)
Jeana Rice CS: AA (1st), BB (2nd), UB (13th); ST - V, FX

2003

Mari Bayer CS: UB (8th); ST - BB
Alexis Brion CS: V
Shannon Hrozek CS: ST - BB
Stephanie Kite CS: ST - FX
Ashley Miles CS: V (1st), FX (3rd)
Jeana Rice CS: AA (4th), V (8th), BB (3rd), UB (4th); ST - FX
Kristin Sterner CS: BB (6th); ST - AA

COMBINED ALL-AMERICA HONORS
BY CAREER TOTAL

Jeana Rice, 2001-04	18
Dee Foster, 1990-93	17 *
Meredith Willard, 1994-97	16
Kim Jacob, 2011-2014	16
Andréé Pickens, 1999-2002	14
Ashley Miles, 2003-06	12
Geralen Stack-Eaton, 2009-12	12
Lauren Beers, 2013-16	12
Kristin Sterner, 2000-03	11
Kiana Winston, 2015-18	11
Diandra Milliner, 2011-2014	11
Ashley Priess, 2009-13	11
Penney Hauschild, 1983-86	10
Kim Kelly, 1993-96	10
Terin Humphrey, 2005-08	10
Dana Dobransky, 1990-93	8
Morgan Dennis, 2007-10	8
Julie Estin, 1984-87	6
Merritt Booth, 1995-98	6
Katie Bailey, 2014-17	6
Stephanie Woods, 1994-97	5
Gwen Spidle, 1996-99	5
Alexis Brion, 2002-05	5
Kayla Hoffman, 2008-11	5
Sarah DeMeo, 2011-2014	5
Marie Robbins, 1987-90	4
Kim Bonaventura, 1994-97	4
Katherine Kelleher, 1989-92	4
Ricki Lebegern, 2007-10	4
Kayla Williams, 2012-15	4
Mackenzie Brannan, 2015-18	4
Kaitlyn Clark, 2012-15	4
Marna Neubauer, 1993-96	3
Lissy Smith, 1998-2001	3
Kim Masters, 1988-91	3
Kara Stilp, 1991-94	3
Julie Garrett, 1982-83	3
Dara Stewart, 1998-2001	3
Danielle McAdams, 1995-98	3
Cheri Way, 1987-90	3
Natalie Barrington, 1999-2002	3
Shannon Hrozek, 2002-05	3
Kassi Price, 2007-10	3
Marissa Gutierrez, 2010-13	3
Nickie Guerrero, 2015-18	3
Aja Sims, 2014-17	3
Shea McFall, 1989-92	2
Shay Murphy, 1995-98	2
Kathy Bilodeau, 1985-88	2
Chasity Junkin, 1992-95	2
Mari Bayer, 2003-06	2
Ashley Sledge, 2010-13	2
Carley Sims, 2013-16	2
Keely McNeer, 2014-17	2
Barbara Mack, 1982-85	1
Tina Rinker, 1984-87	1
Lisa Farley, 1985-87	1
Kelly Good, 1986-89	1
Gina Basile, 1989-92	1
Sheryl Dundas, 1991-94	1
Mandy Chapman, 1996-98	1
Lexa Evans, 1997-2000	1
Katie Hornecker, 1998-2001	1
Raegan Tomasek, 1999-02	1
Stephanie Kite, 2001-04	1
Michelle Reeser, 2002-05	1
Dana Filetti, 2003-06	1
Melanie Banville, 2006	1
Brittany Magee, 2006-09	1
Casey Overton, 2007-10	1
Rachel Terry, 2009-12	1
Lora Leigh Frost, 2012-15	1
Aja Sims, 2014-17	1
Abby Armbricht	1

74 ATHLETES WITH 356 HONORS

* NCAA record for first team Championship All-America honors in a career.

2002

Natalie Barrington	CS: UB (4th)
Andréé Pickens	CS: AA (2nd), V (3rd), BB (5th), UB (1st), FX (5th)
Shannon Hrozek	CS: BB (9th)
Alexis Brion	CS: V (6th), FX (4th)
Jeana Rice	CS: AA (6th), BB (2nd); ST - V
Kristin Sterner	CS: BB (3rd), FX (11th)

2001

Natalie Barrington	CS: UB (6th)
Jeana Rice	CS: AA (3rd), FX (6th); ST - V, UB, BB
Lissy Smith	CS: BB (6th)
Kristin Sterner	CS: BB (5th); ST - AA, V, FX
Raegan Tomasek	CS: ST - BB

2000

Natalie Barrington	CS: UB (7th)
Katie Hornecker	CS: V (8th)
Andréé Pickens	CS: AA (8th), V (2nd), UB (4th); ST - FX
Lissy Smith	CS: ST - BB
Kristin Sterner	CS: UB (11th), FX (5th); ST - AA
Dara Stewart	CS: UB (9th)

1999

Lexa Evans	CS: ST - FX
Andréé Pickens	CS: AA (4th), V (5th), UB (4th), BB (1st), FX (10th)
Lissy Smith	CS: BB (4th)
Gwen Spidle	CS: V (8th)
Dara Stewart	CS: ST - UB

1998

Merritt Booth	CS: FX (17th); ST - V
Shay Murphy	CS: FX (8th)
Gwen Spidle	CS: AA (3rd), BB (8th); ST - V
Dara Stewart	CS: ST - UB

1997

Merritt Booth	CS: ST - FX
Mandy Chapman	CS: ST - BB
Gwen Spidle	CS: ST - FX
Meredith Willard	CS: AA (2nd), V, UB (4th), BB (3rd), FX (4th)
Stephanie Woods	CS: UB (2nd)

1996

Kim Bonaventura	CS: ST - BB
Merritt Booth	CS: V (5th); ST - FX
Kim Kelly	CS: FX (1st), BB (8th); ST - AA, V
Danielle McAdams	CS: FX (3rd); ST - V, UB
Shay Murphy	CS: ST - BB
Marna Neubauer	CS: V (9th); ST - FX
Meredith Willard	CS: AA (1st), UB (4th), FX (7th); ST - BB
Stephanie Woods	CS: UB (1st)

1995

Kim Bonaventura	CS: UB (3rd); ST - BB
Merritt Booth	CS: FX (9th)
Kim Kelly	CS: ST - BB, FX, V
Marna Neubauer	CS: ST - UB
Meredith Willard	CS: FX (11th); ST - AA
Stephanie Woods	CS: BB (5th), UB (6th)

1994

Kim Bonaventura	CS: ST - UB
Chasity Junkin	CS: AA (6th), V (7th)
Kim Kelly	CS: V (8th), UB (11th), FX (11th)
Kara Stilp	CS: UB (10th)
Meredith Willard	CS: AA (3rd), FX (4th); ST - V, UB, BB
Stephanie Woods	CS: ST - BB

1993

Dana Dobransky	CS: BB (1st), FX (11th); ST - AA
Dee Foster	CS: AA (2nd), V (4th), UB (9th), FX (4th)
Kara Stilp	CS: ST - FX

1992

Dana Dobransky	CS: BB (1st); ST - AA, UB
Sheryl Dundas	CS: BB (6th)
Dee Foster	CS: AA (3rd), UB (3rd), BB (3rd), FX (2nd)
Katherine Kelleher	CS: V (11th); ST - UB

1991

Gina Basile	CS: BB (3rd)
Dana Dobransky	CS: BB (6th), FX (3rd)
Dee Foster	CS: AA (2nd), V, UB, BB, FX
Katherine Kelleher	CS: V (7th)
Shea McFall	CS: V (6th)
Kim Masters	CS: V (5th), AA (8th)
Kara Stilp	CS: FX (8th)

1990

Dee Foster	CS: AA (1st), V (4th), UB (2nd), BB (2nd)
Katherine Kelleher	CS: BB (7th)
Shea McFall	CS: V (7th)

1989

Kim Masters	CS: AA (6th)
Cheri Way	CS: BB (7th)

1988

Kathy Bilodeau	CS: BB (6th), FX (7th)
Tina Rinker	CS: UB (7th)
Marie Robbins	CS: UB (2nd), BB (5th)
Cheri Way	CS: UB (3rd), FX (6th)

1987

Julie Estin	CS: AA (4th), BB (4th), FX (7th)
Marie Robbins	CS: UB (5th), FX (3rd)

1986

Julie Estin	CS: AA (5th)
Lisa Farley	CS: BB (7th)
Kelly Good	CS: V (6th)
Penney Hauschild	CS: AA (1st), V (3rd), UB (3rd), FX (1st)

1985

Julie Estin	CS: V (7th), UB (4th)
Penney Hauschild	CS: AA (1st), UB (1st), BB (4th)

1984

Penney Hauschild	CS: AA (4th), UB (2nd), BB (4th)
Barbara Mack	CS: BB (6th)

1982

Julie Garrett	CS: UB (4th), AIAW AA (5th), AIAW UB (4th)
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RS = Regular Season All-America

CS = Championship Season All-America

ST = Second Team

(#) = NCAA Championships Individual Event place

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS



The 2018 Alabama squad won the Crimson Tide's NCAA-best 32nd regional title.

Alabama has dominated the NCAA Regional Championships for nearly 40 years, finishing first or second every year since the championships' inception in 1982 through the 2018 season, including an NCAA-best 32 regional titles over that span.

Starting with the 2019 season, for the first time since 1999, the regional system became significantly different. The NCAA Championships field remains at 36 teams determined by their regional qualifying score (RQS), but those teams now advance to four regional sites instead of six, and regional competition now spans three days as opposed to one in the previous format. The four regionals, consisting of 9 teams, are conducted at predetermined campus sites. Teams 1-16 are seeded by the NCAA Women's Gymnastics Committee and the remaining teams are placed geographically. The first round consists of two lowest ranked teams by RQS, the second round consists of two, four-team sessions (including the winner of the first round). The regional final consists of four teams. The top two teams from each of the four regional finals advance to the national championships.

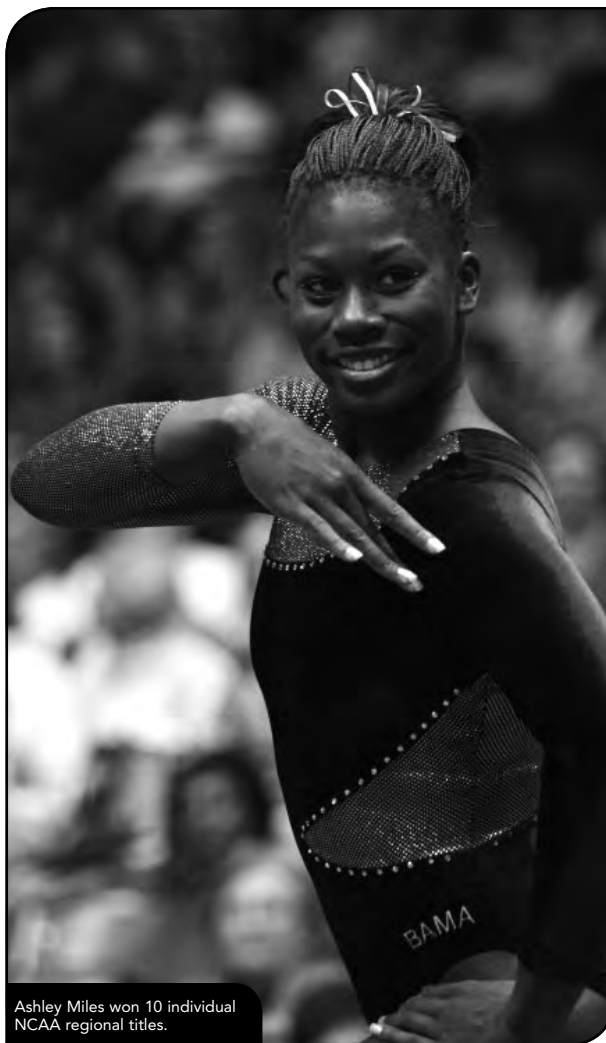
Alabama gymnasts have won 157 individual regional titles over the past 30 years. Geralen Stack-Eaton was voted the NCAA Central Region Gymnast of the Year in 2012. Kayla Hoffman earned the honor in 2011 while Ashley Miles won it in 2006 and Andréé Pickens earned the same award four years running, from 1999 to 2002 before giving way to Jeana Rice in 2003. Miles set the Alabama career record for regional titles in 2006 after winning a pair of titles to push her all-time mark to 10. She is also the first Tide gymnast to win the same regional event all four years of her career, sweeping both the vault and floor exercise from 2003 to 2006.

On her way to the Tide regional title record, Miles passed Pickens and Dee Foster, who are tied with nine each. Hoffman (2011), Miles (2005) and Foster (1993) are tied for the most titles in a single season at four.

In 1992 and 1993, David Patterson was named NCAA Central Region Assistant Coach of the Year. In 2000 and 2002, former Crimson Tide gymnast and current Senior Associate Athletics Director Marie Robbins was named NCAA Central Region Administrator of the Year.

The Tide earned one Southeast Regional title in 1983 before making the jump to the Central Region and winning 13 there. In 1999, the regional structure changed, going to six regions. Alabama won the inaugural Region 6 title in 1999 and a Region 4 title in 2000. Beginning with the 2001 season, the names of the regions went back to directional designations, with Alabama was once again competing out of the Central Region. Starting in 2009, the regional championships were designated by the host city, which means Alabama competed in and won the NCAA Tuscaloosa Regional in 2018.

The Tide has put together two streaks of 10-or-more regional titles in a row, earning 12-consecutive championships from 2005-16 and 10 championships between 1987-96.



Ashley Miles won 10 individual NCAA regional titles.

ALABAMA'S INDIVIDUAL NCAA REGIONAL CHAMPIONS

Ashley Miles – 10; Andréé Pickens – 9; Dee Foster – 9; Jeana Rice – 7; Kayla Hoffman – 7; Geralen Stack-Eaton – 7; Kim Kelly – 6; Morgan Dennis – 6; Julie Estin – 5; Penney Hauschild – 5; Ashley Priess – 5; Lauren Beers – 5; Kim Masters – 4; Kristin Sterner – 4; Meredith Willard – 4; Terin Humphrey – 4; Brittany Magee – 3; Cheri Way – 3; Lissy Smith – 3; Marie Robbins – 3; Stephanie Woods – 3; Kassi Price – 3; Barbara Mack – 2; Dara Stewart – 2; Gina Basile – 2; Katherine Kelleher – 2; Kathy Bilodeau – 2; Diandra Milliner – 2; Kim Jacob – 2; Kaitlyn Clark – 2; Mackenzie Brannan – 2; Aja Sims – 2; Lexi Graber – 2; Alexa Martinez – 1; Alexis Brion – 1; Cindy Wilson – 1; Dana Dobransky – 1; Danielle McAdams – 1; Gina Logan – 1; Gwen Spidle – 1; Kara Stilp – 1; Kim Bonaventura – 1; Robin Hawkins – 1; Shannon Hrozek – 1; Sheryl Dundas – 1; Tina Rinker – 1; Kayla Williams – 1; Carley Sims – 1; Kiana Winston – 1

ALABAMA AT THE NCAA REGIONAL CHAMPIONSHIPS

2019	(Final) 3rd	2013	1st	2006	1st	1999	1st	1992	1st	1985	1st
	(Rnd 2) 1st	2012	1st	2005	1st	1998	1st	1991	1st	1984	1st
2018	1st	2011	1st	2004	2nd	1997	2nd	1990	1st	1983	1st
2017	2nd	2010	1st	2003	1st	1996	1st	1989	1st	1982	2nd
2016	1st	2009	1st	2002	1st	1995	1st	1988	1st	* Format changed in 2019 to multiple rounds	
2015	1st	2008	1st	2001	1st	1994	1st	1987	1st		
2014	1st	2007	1st	2000	1st	1993	1st	1986	2nd		

THE NCAA REGIONAL CHAMPIONSHIPS

2019 | ANN ARBOR, MICH.

FINAL	
1. UCLA	198.075
2. Michigan	197.275
3. ALABAMA	197.225
4. Nebraska	196.650

ROUND 2

1. ALABAMA	197.225
2. Michigan	196.950
3. Penn State	195.750
4. Ohio State	194.725

2018 | TUSCALOOSA, ALA.

1. ALABAMA	197.225
2. Georgia	196.500
3. Illinois	196.425

Alabama Regional Champions-

AA Lexi Graber	39.575
V Lexi Graber	9.950
BB Kiana Winston	9.925

2017 | MORGANTOWN, W.VA.

1. Michigan	197.350
2. ALABAMA	196.625
3. West Virginia	196.325

Alabama Regional Champions-

FX Aja Sims	9.950
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2016 | TUSCALOOSA, ALA.

1. ALABAMA	197.125
2. California	195.925
3. Boise State	195.750

Alabama Regional Champions-

UB Mackenzie Brannan	9.900
FX Lauren Beers	9.950

2015 | AUBURN, ALA.

1. ALABAMA	197.575
2. Auburn	196.900
3. Maryland	195.150

Alabama Regional Champions-

AA Lauren Beers	39.575
V Mackenzie Brannan	9.925
UB Kaitlyn Clark	9.925
BB Lauren Beers	9.925
FX Lauren Beers	9.900
Carley Sims	9.900

2014 | SEATTLE, WASH.

1. ALABAMA	197.550
2. Nebraska	196.975
3. Denver	195.625

Alabama Regional Champions-

V Lauren Beers	9.950
BB Kim Jacob	9.900
Aja Sims	9.900
FX Diandra Milliner	9.900

2013 | TUSCALOOSA, ALA.

1. ALABAMA	197.400
2. Utah	196.400
3. Iowa State	195.400

Alabama Regional Champions-

AA Ashley Priess	39.600
V Kayla Williams	9.925
UB Kaitlyn Clark	9.900
Kim Jacob	9.900
Ashley Priess	9.900
BB Kim Jacob	9.950
FX Diandra Milliner	9.925

2012 | SEATTLE, WASH.

1. ALABAMA	197.025
2. LSU	196.075
3. Washington	195.825

Alabama Regional Champions-

AA Geralen Stack-Eaton	39.400
UB Geralen Stack-Eaton	9.900
Ashley Sledge	9.900
BB Sarah DeMeo	9.900
FX Geralen Stack-Eaton	9.875
Marissa Gutierrez	9.875

2011 | TUSCALOOSA, ALA.

1. ALABAMA	197.275
2. Illinois	195.925
3. Penn State	195.850

Alabama Regional Champions-

AA Kayla Hoffman	39.600
V Kayla Hoffman	9.925
UB Kayla Hoffman	9.925
BB Geralen Stack-Eaton	9.950
FX Kayla Hoffman	9.925

2010 | LEXINGTON, KY.

1. ALABAMA	197.400
2. Nebraska	195.975
3. Illinois	195.425

Alabama Regional Champions-

AA Geralen Stack-Eaton	39.550
V Geralen Stack-Eaton	9.900
Kayla Hoffman	9.900
UB Geralen Stack-Eaton	9.900
Kassi Price	9.900
BB Ashley Priess	9.875
FX Morgan Dennis	9.950

2009 | TUSCALOOSA, ALA.

1. ALABAMA	197.000
2. Oklahoma	196.600
3. Missouri	196.000

Alabama Regional Champions-

AA Ashley Priess	39.550
V Kayla Hoffman	9.925
UB Kayla Hoffman	9.950
BB Ashley Priess	9.950
FX Morgan Dennis	9.925

2008 | NORMAN, OKLA.

1. ALABAMA	197.300
2. Oklahoma	195.875
3. Iowa	195.425

Alabama Regional Champions-

AA Morgan Dennis	39.625
V Morgan Dennis	9.950
UB Kassi Price	9.900
BB Kassi Price	9.900
Brittany Magee	9.900
FX Morgan Dennis	9.925

2007 | TUSCALOOSA, ALA.

1. ALABAMA	196.475
2. *Oklahoma	195.925
3. Iowa State	195.925

*Advanced on the tiebreaker

Alabama Regional Champions-

AA Terin Humphrey	9.900
V Morgan Dennis	9.950
UB Terin Humphrey	9.900

2006 | PALO ALTO, CALIF.

1. ALABAMA	196.475
2. Oregon State	195.800
3. Stanford	195.275

Alabama Regional Champions-

V Ashley Miles	9.900
Brittany Magee	9.900
BB Terin Humphrey	9.900
FX Ashley Miles	9.900
Brittany Magee	9.900

2005 | TUSCALOOSA, ALA.

1. ALABAMA	196.675
2. Iowa State	195.625
3. Auburn	194.800

Alabama Regional Champions-

AA Ashley Miles	39.525
V Ashley Miles	9.925
UB Ashley Miles	9.850
Terin Humphrey	9.850
FX Ashley Miles	9.950

2004 | CORVALLIS, ORE.

1. Oklahoma	197.100
2. ALABAMA	196.900
3. Oregon State	196.850

Alabama Regional Champions-

AA Jeana Rice	39.550
V Ashley Miles	9.950
UB Jeana Rice	9.900
Shannon Hrozek	9.900
FX Ashley Miles	9.950

2003 | TUSCALOOSA, ALA.

1. ALABAMA	197.550
2. *Auburn	196.350
3. Central Michigan	196.350

*Advanced on the tiebreaker

Alabama Regional Champions-

AA Kristin Sterner	39.625
V Ashley Miles	9.950
BB Kristin Sterner	9.950
FX Ashley Miles	10.000

2002 | MORGANTOWN, W.VA.

1. ALABAMA	197.900
2. Minnesota	196.050
3. West Virginia	194.850

Alabama Regional Champions-

AA Jeana Rice	39.625
V Alexis Brion	9.900
Jeana Rice	9.900
UB Andree Pickens	9.975
BB Alexa Martinez	9.950
Andree Pickens	9.950
Jeana Rice	9.950
Kristin Sterner	9.950
FX Andree Pickens	9.950

2001 | TUSCALOOSA, ALA.

1. ALABAMA	198.000
2. Arizona State	195.950
3. Minnesota	195.800

Alabama Regional Champions-

AA Jeana Rice	39.475
V Andree Pickens	9.925
Kristin Sterner	9.925
UB Andree Pickens	9.950
BB Lissy Smith	9.950
FX Jeana Rice	9.975

2000 | TUSCALOOSA, ALA.

1. ALABAMA	197.300
2. Iowa State	196.100
3. Central Michigan	193.200

Alabama Regional Champions-

AA Andree Pickens	39.475
UB Dara Stewart	9.975
BB Lissy Smith	9.925
FX Andree Pickens	9.925

1999 | MORGANTOWN, W.VA.

1. ALABAMA	196.625
2. West Virginia	195.275
3. NC State	194.900

Alabama Regional Champions-

AA Robin Hawkins	39.225
UB Andree Pickens	9.875
BB Lissy Smith	9.925
FX Andree Pickens	9.950

1998 | TUSCALOOSA, ALA.

1. ALABAMA	196.550
2. Michigan	196.000
3. LSU	195.250

Alabama Regional Champions-

UB Dara Stewart	9.900
BB Gina Logan	9.900
Gwen Spidle	9.900
Danielle McAdams	9.900

1997 | ANN ARBOR, MICH.

1. Michigan	197.700
2. ALABAMA	196.250
3. LSU	196.175

Alabama Regional Champions-

AA Meredith Willard	39.625
BB Meredith Willard	9.925

1996 | BATON ROUGE, LA.

1. ALABAMA	198.075
2. Michigan	196.275
3. LSU	194.525

Alabama Regional Champions-

AA Kim Kelly	39.750
V Kim Kelly	9.950
UB Meredith Willard	9.925
Stephanie Woods	9.925
BB Kim Kelly	9.900
Meredith Willard	9.900
Stephanie Woods	9.900
FX Kim Kelly	10.000

1995 | ANN ARBOR, MICH.

1. ALABAMA	196.675
2. Michigan	195.725
3. LSU	195.075

Alabama Regional Champions-

V Kim Kelly	10.000
UB Kim Bonaventura	9.850
BB Stephanie Woods	9.950

1994 | TUSCALOOSA, ALA.

1. ALABAMA	196.900
2. LSU	194.400
3. Michigan	193.600

Alabama Regional Champions-

FX Kim Kelly	9.925
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1993 | BATON ROUGE, LA.

1. ALABAMA	196.075
2. LSU	194.700
3. Auburn	194.200

Alabama Regional Champions-

AA Dee Foster	39.800
V Dee Foster	9.925
BB Dee Foster	9.950
FX Dee Foster	9.975

1992 | COLUMBIA, MO.

1. ALABAMA	193.125
2. Michigan	189.775
3. Auburn	188.525

Alabama Regional Champions-

V Dee Foster	9.850
BB Gina Basile	9.800
FX Kara Stilp	9.700

1991 | AUBURN, ALA.

1. ALABAMA	195.575
2. Auburn	192.150
3. LSU	191.750

Alabama Regional Champions-

AA Dee Foster	39.375
V Kim Masters	9.850
UB Dee Foster	9.825
Katherine Kelleher	9.825
BB Sheryl Dundas	9.925
FX Dee Foster	9.925

1990 | MINNEAPOLIS, MINN.

1. ALABAMA	194.150
2. LSU	190.850
3. Minnesota	188.650

Alabama Regional Champions-

V Marie Robbins	9.800
BB Dana Dobransky	9.725
FX Dee Foster	9.825

1989 | TUSCALOOSA, ALA.

1. ALABAMA	192.750
2. LSU	187.550
3. Michigan State	186.700

Alabama Regional Champions-

UB Gina Basile	9.800
Cheri Way	9.800
BB Katherine Kelleher	9.700
FX Tina Rinker	9.850

1988 | BATON ROUGE, LA.

1. ALABAMA	191.750
2. LSU	190.050
3. Michigan State	187.150

Alabama Regional Champions-

AA Kim Masters	38.600
V Kim Masters	9.750
UB Kim Masters	9.750
Marie Robbins	9.750
BB Kathy Bilodeau	9.700
FX Cheri Way	9.750

1987 | TUSCALOOSA, ALA.

1. Alabama	189.050
2. LSU	186.600
3. Michigan State	183.600

Alabama Regional Champions-

AA Marie Robbins	38.150
FX Cheri Way	9.700

1986 | BATON ROUGE, LA.

1. LSU	185.250
2. ALABAMA	185.050
3. Michigan State	177.950

Alabama Regional Champions-

AA Julie Estin	37.850
UB Julie Estin	9.600
FX Penney Hauschild	9.650

1985 | TUSCALOOSA, ALA.

1. ALABAMA	186.350
2. LSU	181.500
3. Michigan State	178.350

Alabama Regional Champions-

AA Penney Hauschild	37.700
V Cindy Wilson	9.550
UB Penney Hauschild	9.550
Barbara Mack	9.550
BB Barbara Mack	9.600
FX Kathy Bilodeau	9.550

ALABAMA AND THE SOUTHEASTERN CONFERENCE



Kayla Hoffman, pictured above with Commissioner Mike Slive, earned almost every accolade the Southeastern Conference has to offer in 2011, including the league's top honor when she was named the SEC Female Athlete of the Year. She was also the first in league history to win SEC Gymnast of the Year and SEC Gymnastics Scholar-Athlete of the Year honors in the same season. Hoffman received an SEC Postgraduate Scholarship and was a finalist for the H. Boyd McWhorter SEC Scholar-Athlete of the Year.

If there was any question that the Southeastern Conference is the most dominant gymnastics conference in the nation, it was laid to rest in 2009 when five of the teams that advanced to the NCAA Super Six Team Final were from the SEC, including the top-two finishers, Georgia and Alabama. In fact, since the first NCAA Championship in 1982, the SEC has had at least one team in the top 10 and since 1983, the conference has placed at least one team in the top five and at least two teams in the top 10. Alabama has been the league's top finisher at the NCAA Championships 13 times.

In each of the past 34 years, the conference has placed at least one team in the NCAA top three and in 1998 the national top three all hailed from the SEC, with Georgia, Florida and Alabama taking first, second and third, respectively. The SEC put a conference-high five teams in the national top 10 in 1993, 2003, 2008, 2009, 2015, 2016 and 2018. An SEC school has stood atop the podium as national champion 19 times since 1987, with Alabama winning six titles, including back-to-back in 2011 and 2012.

SEC athlete have taken home the NCAA all-around title 18 times. Alabama athletes have been especially productive in that area, with five Crimson Tide athletes producing six all-around titles. From 1989-98, the conference claimed nine of the 10 all-around crowns, including six straight from 1993-98.

Of the 14 conference schools, eight sponsor gymnastics programs: Alabama, Arkansas, Auburn, Florida, Georgia, Kentucky, LSU and Missouri.

ALABAMA IN THE SEC

In the 39-year history of the Southeastern Conference Gymnastics Championships, Alabama is the only program to never finish outside the top four. After finishing 3rd in 2019, The Crimson Tide is also the only team to finish in the top-three each of the last 21 SEC Championships, with Florida coming in second over that span with 18, Georgia with 14 and LSU with 10. Alabama has won nine SEC Championships, the first coming in 1988 and the most recent in 2015, as well as posting 28 top-two finishes.

Individually, Alabama has tallied 68 conference crowns, including an incredible 51 titles since 2000. In 2019, Lexi Graber won the SEC balance beam title.

Kayla Hoffman was named the 2011 SEC Female Athlete of the Year, an award that spans all sports offered by the league, marking the fifth time an Alabama gymnast has earned that title. Tide gymnasts alone have earned more SEC Female Athlete of the Year honors than all but one other school.

The league's top scholar-athlete has come from the Tide three times, with Kristin Sterner (2003), Meredith Willard (1997) and Julie Estin (1987) earning the H. Boyd McWhorter Postgraduate Scholarship.

The SEC Gymnast of the Year has hailed from Alabama six times, including Hoffman in 2011, while the Freshman Gymnast of the Year has worn Alabama's crimson and white three times. In the classroom, Alabama has earned SEC Academic Honor Roll honors 358 times, including a conference-record 18 in 2016 and 2017.

ALABAMA'S SEC TEAM CHAMPIONSHIPS:

2015, 2014, 2011, 2009, 2003, 2000, 1995, 1990, 1988

ALABAMA'S INDIVIDUAL SEC CHAMPIONS:

Andreé Pickens	7	Dana Dobransky	1
Ashley Miles	6	Gina Basile	1
Jeana Rice	6	Julie Garrett	1
Morgan Dennis	6	Katherine Kelleher	1
Dee Foster	4	Kayla Hoffman	1
Ricki Lebegern	3	Lissy Smith	1
Diandra Milliner	3	Marie Robbins	1
Ashley Priess	2	Melanie Banville	1
Geralen Stack-Eaton	2	Natalie Barrington	1
Julie Estin	2	Patti Rice	1
Kim Kelly	2	Penney Hauschild	1
Kaitlyn Clark	2	Stephanie Woods	1
Katie Bailey	2	Terin Humphrey	1
Kiana Winston	2	Mackenzie Brannan	1
Barbara Mack	1	Ariana Guerra	1
Brittany Magee	1	Lexi Graber	1
Casey Overton	1		

ALABAMA AT THE SEC CHAMPIONSHIPS:

2019	3rd	2005	3rd	1991	2nd
2018	2nd	2004	2nd	1990	1st
2017	3rd	2003	1st	1989	2nd
2016	2nd	2002	2nd	1988	1st
2015	1st	2001	2nd	1987	3rd
2014	1st	2000	1st	1986	3rd
2013	2nd	1999	2nd	1985	2nd
2012	2nd	1998	4th	1984	3rd
2011	1st	1997	4th	1983	2nd
2010	2nd	1996	2nd	1982	2nd
2009	1st	1995	1st	1981	3rd
2008	2nd	1994	2nd		
2007	3rd	1993	2nd		
2006	2nd	1992	2nd		

ALABAMA'S SEC HONORS



Lauren Beers was voted the SEC Gymnastics Scholar-Athlete of the Year in 2016 following **Kim Jacob**, who earned the honor in 2012, 2013 and 2014 giving the Crimson Tide five in six years after **Kayla Hoffman** earned the same accolade in 2011.

SEC ATHLETE OF THE YEAR

2011 Kayla Hoffman
2004 Jeana Rice
2002 Andree Pickens
1990 Dee Foster
1985 Penney
Hauschild

H. BOYD

MCWHORTER
SEC SCHOLAR-ATHLETE OF THE YEAR

2003 Kristin Sterner
1997 Meredith Willard
1987 Julie Estin

SEC GYMNAST OF THE YEAR

2011 Kayla Hoffman
2003 Jeana Rice
2002 Andree Pickens
2001 Andree Pickens
2000 Andree Pickens
1997 Meredith Willard

SEC GYMNASTICS FRESHMAN OF THE YEAR

1999 Andree Pickens
1998 Robin Hawkins
1994 Meredith Willard

SEC COACH OF THE YEAR

2010 Sarah Patterson
2000 Sarah Patterson
1995 Sarah Patterson
1985 Sarah Patterson

SEC POSTGRADUATE SCHOLARSHIP

2018 Mackenzie Brannan
2014 Kim Jacob
2011 Kayla Hoffman
2010 Kassi Price
2003 Kristin Sterner
2002 Andree Pickens
1997 Meredith Willard
1993 Dana Dobransky
1992 Katherine Kelleher
1990 Marie Robbins
1989 Kelly Good
1987 Julie Estin

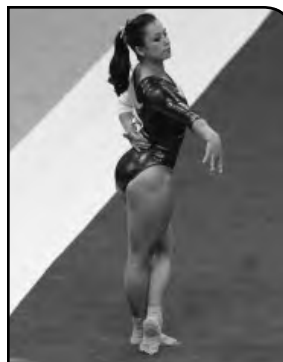
SEC GYMNASTICS SCHOLAR-ATHLETE OF THE YEAR

2016 Lauren Beers
2014 Kim Jacob
2013 Kim Jacob
2012 Kim Jacob
2011 Kayla Hoffman
2005 Michelle Reeser

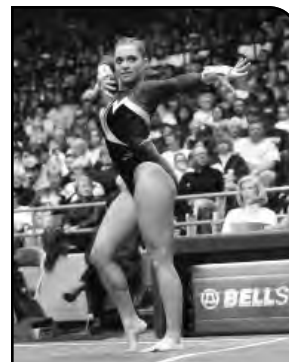
SEC COMMUNITY SERVICE TEAM

2019 Shea Mahoney
2018 Kiana Winston
2017 Aja Sims
2016 Lauren Beers
2015 Lauren Beers
2014 Kim Jacob
2013 Kim Jacob
2012 Ria Domier
2011 Alyssa Chapman
2010 Kassi Price
2009 Ricki Lebegern
2008 Ricki Lebegern
2007 Courtney Priess
2006 Dana Pierce
2005 Dana Pierce
2004 Stephanie Kite

SEC ATHLETE OF THE YEAR



KAYLA HOFFMAN
2011



JEANA RICE
2004



ANDREE PICKENS
2002



DEE FOSTER
1990



PENNEY HAUSCHILD
1985

SEC SCHOLAR-ATHLETE OF THE YEAR



KRISTIN STERNER
2003



MEREDITH WILLARD
1997



JULIE ESTIN
1987

ALABAMA'S SEC TEAM CHAMPIONSHIPS



The 2014 SEC Champions

2015 SEC CHAMPIONS

In 2015, for the first time in nearly 40 years, the Alabama gymnastics team marched into the Southeastern Conference Championships, held in Duluth, Ga., with a new head coach. By the time the meet was done, Dana Duckworth and her first Crimson Tide team (as head coach that is) had produced a few more firsts.

When the Crimson Tide won the 2015 title with a 197.525, it was Alabama's first back-to-back SEC titles in program history. Duckworth also became the first coach in SEC gymnastics history to win the league championship in her inaugural season as a head coach.

Senior Kaitlyn Clark won her second individual SEC title and first vault championship after scoring a 9.95. Clark, juniors Lauren Beers and Carley Sims, along with sophomore Keely McNeer each earned All-SEC honors in front of a very vocal Crimson Tide crowd inside The Arena at Gwinnett Place.

While the Tide did win its 2012 NCAA Championship in Duluth, Alabama won its first SEC title in five Duluth appearances in 2015.

2014 SEC CHAMPIONS

Surrounded by a vocal pro-Alabama crowd in their own backyard, the Crimson Tide fed off the energy of the Birmingham, Ala. crowd to win its eighth Southeastern Conference Championship, and third in six years, in 2014. Loud throughout the night, Alabama fans erupted when junior Kaitlyn Clark – the Crimson Tide's last competitor – nailed her landing on the uneven bars, scoring a career-best 9.975 to win the event and clinch the title for Alabama. Excited about their performance no matter the outcome, the Tide had to wait until Florida finished its final routines on the floor exercise to know for sure if they'd won the title.

When the Gators finished their last routine, it was evident that the Tide had won and pandemonium ensued both on the floor of the arena, where the Tide celebrated an amazing performance, and in the stands where Alabama's faithful let loose a seemingly endless string of "Roll Tide" cheers.

In addition to Clark on the uneven bars, Milliner won both the vault and floor exercise. Milliner and Clark along with Jacob and freshman Aja Sims earned All-SEC honors. Sims

also earned SEC All-Freshman honors along with Katie Bailey and Amanda Jetter. With three rookies earning All-Freshman, Alabama made up nearly half of the seven-member team.

2011 SEC CHAMPIONS

The Crimson Tide started off the 2011 SEC Championships with a solid score on the uneven bars and proceeded to improve every rotation after that, finishing off with the best score of the night by any team on any event, when it scored a 49.5 on the vault. The Tide was on a bye for the last rotation, waiting in its "Bama Bubble" to see if anyone could catch them. In the end, second-place Florida came up a quarter of a point short and the Tide won title No. 7 with a 197.225.

Senior Kayla Hoffman won the vault with a 9.95 while junior Geralen Stack-Eaton won the balance beam and floor exercise with matching scores of 9.925. Hoffman and Stack-Eaton both earned first team All-SEC honors, while sophomores Marissa Gutierrez and Ashley Sledge earned second-team honors. Sarah DeMeo, Kim Jacob and Diandra Milliner all earned Second Team All-SEC and SEC All-Freshman honors.

2009 SEC CHAMPIONS

Alabama rolled to its sixth SEC title with a complete team performance that saw everyone adding to the Crimson Tide's win. After finishing in second place by .025 in 2008, Alabama came back strong in 2009, outscoring second place Georgia by .375, 197.300-196.925. Junior Morgan Dennis led the way with wins on the vault and floor exercise while junior Ricki Lebegern, sophomore Kayla Hoffman and freshman Ashley Priess all earned second team All-SEC honors. Priess and Geralen Stack-Eaton also earned SEC All-Freshman honors.

2003 SEC CHAMPIONS

It was a battle from the word go. But in the end, the youngest team Alabama had ever put on the floor won the program's fifth SEC team title, upending second-place Georgia 197.575-197.525. Junior Jeana Rice was named SEC Gymnast of the Year after winning three events, including the all-around. Freshman Ashley Miles won the floor exercise with a 9.975

to clinch the Tide's victory. Sophomore Michelle Reeser and freshman Larissa Stewart earned second team All-SEC on the balance beam and uneven bars, respectively.

2000 SEC CHAMPIONS

Sarah Patterson and company couldn't have been much looser coming into the championships. Warm-ups in Florida's O'Connell Center were filled with laughter. Time in the locker room was spent playing games and singing along with music the Tide had brought along. Along with the laughter and the smiles, there was a quiet confidence.

By the time Alabama finished their last vault, they knew they had won the meet over LSU and Georgia, which tied for second, by .375. In addition to winning the all-around, vault and uneven bars, Andree Pickens earned All-SEC honors and was named SEC Gymnast of the Year. Her three SEC titles in one season matched Dee Foster's 1991 effort for best in Tide history.

1995 SEC CHAMPIONS

Alabama was in Gainesville, Fla., for the SEC Championships and going into its last rotation, the vault, Alabama was fourth. The Crimson Tide responded with the highest vault total in NCAA history, counting nothing less than a 9.9. Freshman Merritt Booth and senior Chasity Junkin both posted career-best marks of 9.975. Junior Kim Kelly stuck a perfect 10.0 to finish the series. Now the Tide had to wait and see if their best had been good enough. Even the coaches didn't know until the scores were announced. Auburn was sixth, Kentucky fifth, Florida fourth, Georgia third, at this point a sigh of relief went up from the Crimson Tide contingent – they were at least second. LSU was second, and the Alabama contingent roared with the pleasure of winning by .05.

1990 SEC CHAMPIONS

Alabama started the decade of the 1990s off with a bang. Sarah and David Patterson and company won the 1990 SEC Championship in Athens, Ga. Senior Marie Robbins led the Tide, winning the all-around. It marked a triumphant return from an ankle injury that had cut short her 1989 season. And if Florida was Alabama's main rival in the early- to mid-1980s, Georgia stepped into that position in the late 1980s through the next two decades, which made the win in Athens all the sweeter.

1988 SEC CHAMPIONS

At the 1988 SEC Championships, the Crimson Tide faced Georgia, LSU and Florida, all three ranked in the top-10 nationally. All three, along with the Tide, would be in the hunt for the NCAA title come April.

The championships were in Tuscaloosa, where they had been in 1985, the year current Alabama senior captains Alli Beldon and Kathy Bilodeau had been freshmen.

Alabama didn't claim a single individual title but came away with its first conference crown, and an SEC Championship record as well. UA's 190.15 marked only the second time in school history that it had scored in the 190s. The Tide outpointed second-place Georgia by .95.

THE SEC CHAMPIONSHIPS

2019 | NEW ORLEANS, LA

1. LSU	197.900
2. Florida	197.750
3. ALABAMA	197.350
4. Georgia	197.000
5. Arkansas	196.475
6. Auburn	196.375
7. Kentucky	196.225
8. Missouri	195.900

Alabama SEC Champions-

BB Lexi Graber 9.950

2018 | ST. LOUIS, MO.

1. LSU	19.400
2. Alabama	196.975
3. Florida	196.825
4. Kentucky	196.550
5. Arkansas	196.425
6. Georgia	196.350
7. Missouri	196.100
8. Auburn	195.650

Alabama SEC Champions-

FX Ariana Guerra 9.900

2017 | JACKSONVILLE, FLA.

1. LSU	198.075
2. Florida	197.825
3. Alabama	197.400
4. Georgia	196.700
5. Kentucky	196.625
6. Auburn	196.550
7. Missouri	195.825
8. Arkansas	194.900

Alabama SEC Champions-

UB Katie Bailey 9.950
BB Kiana Winston 9.950

2016 | LITTLE ROCK, ARK.

1. Florida	197.775
2. Alabama	197.750
3. LSU	197.500
4. Auburn	196.975
5. Georgia	196.850
6. Arkansas	196.500
7. Kentucky	196.250
8. Missouri	195.750

Alabama SEC Champions-

V Mackenzie Brannan 9.950
UB Katie Bailey 9.950
Kiana Winston 9.950

2015 | DULUTH, GA.

1. ALABAMA	197.525
2. LSU	197.450
3. Florida	197.400
4. Auburn	196.925
5. Georgia	196.000
6. Arkansas	195.950
7. Missouri	195.700
8. Kentucky	195.025

Alabama SEC Champion-

V Kaitlyn Clark 9.950

2014 | BIRMINGHAM, ALA.

1. ALABAMA	197.875
2. Florida	197.700
3. LSU	197.325
4. Georgia	197.150
5. Auburn	195.550
6. Kentucky	195.075
7. Arkansas	194.900
8. Missouri	194.650

Alabama SEC Champions-

V Diandra Milliner 9.975
UB Kaitlyn Clark 9.975
FX Diandra Milliner 9.950

2013 | LITTLE ROCK, ARK.

1. Florida	198.000
2. ALABAMA	197.800
3. LSU	197.700
4. Georgia	197.625

5. Auburn	196.550
6. Arkansas	196.400
7. Missouri	195.525

Alabama SEC Champion-

FX Diandra Milliner 9.950

2012 | DULUTH, GA.

1. Florida	197.150
2. ALABAMA	196.775
3. Georgia	196.575
4. LSU	196.425
5. Kentucky	194.350
6. Arkansas	194.175
7. Auburn	194.100

2011 | BIRMINGHAM, ALA.

1. ALABAMA	197.225
2. Florida	196.975
3. Georgia	196.650
4. Arkansas	195.800
5. LSU	195.475
6. Auburn	195.325
7. Kentucky	193.950

Alabama SEC Champions-

V Kayla Hoffman 9.950
BB GERALD Stack-Eaton 9.925
FX GERALD Stack-Eaton 9.925

2010 | JACKSONVILLE, FLA.

1. Florida	197.050
2. ALABAMA	196.875
3. Georgia	196.825
4. LSU	195.750
5. Auburn	195.575
6. Arkansas	195.275
7. Kentucky	194.800

Alabama SEC Champions-

V Morgan Dennis 9.900
BB Ashley Priess 9.950
AA Ashley Priess 39.500

2009 | NASHVILLE, TENN.

1. ALABAMA	197.300
2. Georgia	196.925
3. Florida	196.750
4. LSU	196.550
5. Auburn	196.350
6. Arkansas	195.650
7. Kentucky	195.000

Alabama SEC Champions-

V Morgan Dennis 9.950
FX Morgan Dennis 9.950

2008 | DULUTH, GA.

1. Georgia	197.350
2. ALABAMA	197.325
3. Florida	197.325
4. LSU	196.250
5. Arkansas	194.550
6. Auburn	194.475
7. Kentucky	194.000

Alabama SEC Champions-

V Morgan Dennis 9.950
Ricki Lebegern 9.950
BB Morgan Dennis 9.900
Ricki Lebegern 9.900
Casey Overton 9.900
FX Morgan Dennis 9.950

2007 | LITTLE ROCK, ARK.

1. Florida	197.325
2. Georgia	197.175
3. ALABAMA	197.000
4. LSU	196.250
5. Arkansas	194.550
6. Auburn	194.475
7. Kentucky	194.000

Alabama SEC Champion-

BB Ricki Lebegern 9.900

2006 | BIRMINGHAM, ALA.

1. Georgia	197.275
2. ALABAMA	196.975
3. Florida	196.275
4. LSU	195.900
5. Auburn	194.975
6. Arkansas	194.650
7. Kentucky	191.150

Alabama SEC Champions-

UB Melanie Banville 9.900
FX Ashley Miles 9.950
Brittany Magee 9.950

2005 | DULUTH, GA.

1. Georgia	197.250
2. LSU	196.975
3. ALABAMA	196.700
4. Florida	196.050
5. Arkansas	195.225
6. Auburn	195.125
7. Kentucky	193.925

Alabama SEC Champions-

V Ashley Miles 9.925
UB Ashley Miles 9.950
Terin Humphrey 9.950
FX Ashley Miles 9.950

2004 | DULUTH, GA.

1. Georgia	198.175
2. ALABAMA	197.950
3. LSU	197.275
4. Florida	197.225
5. Auburn	195.925
6. Arkansas	194.825
7. Kentucky	193.850

Alabama SEC Champions-

V Jeana Rice 9.975
UB Jeana Rice 9.950
FX Ashley Miles 10.000
AA Jeana Rice 39.850

2003 | BIRMINGHAM, ALA.

1. ALABAMA	197.575
2. Georgia	197.525
3. Florida	195.950
4. LSU	195.650
5. Auburn	195.025
6. Arkansas	194.875
Kentucky	194.875

Alabama SEC Champions-

UB Jeana Rice 9.925
BB Jeana Rice 9.950
FX Ashley Miles 9.975
AA Jeana Rice 39.600

2002 | BIRMINGHAM, ALA.

1. Georgia	197.025
2. ALABAMA	196.925
3. Florida	196.425
4. LSU	196.225
5. Auburn	194.325
Kentucky	194.325

Alabama SEC Champions-

V Andreé Pickens 9.950
UB Andreé Pickens 9.950
BB Andreé Pickens 9.925
AA Andreé Pickens 39.725

2001 | BIRMINGHAM, ALA.

1. Georgia	198.000
2. ALABAMA	197.425
3. Florida	196.450
4. LSU	196.300
5. Kentucky	195.850
6. Auburn	194.500

Alabama SEC Champions-

UB Natalie Barrington 9.950
BB Lissy Smith 9.950

2000 | GAINESVILLE, FLA.

1. ALABAMA	197.200
2. LSU	196.825
Georgia	196.825
4. Florida	195.775
5. Kentucky	194.650
6. Auburn	192.500

Alabama SEC Champions-

V Andreé Pickens 9.925
UB Andreé Pickens 9.925
AA Andreé Pickens 39.600

1999 | TUSCALOOSA, ALA.

1. Georgia	197.475
2. ALABAMA	196.775
3. Florida	195.875
4. LSU	195.375
5. Kentucky	194.875
6. Auburn	194.000

1998 | BATON ROUGE, LA.

1. Georgia	197.600
2. Florida	196.725
3. LSU	196.450
4. ALABAMA	195.400
5. Kentucky	193.600
6. Auburn	192.425

1997 | ATHENS, GA.

1. Georgia	198.375
2. Florida	196.050
3. LSU	196.025
4. ALABAMA	195.775
5. Kentucky	195.075
6. Auburn	192.550

1996 | LEXINGTON, KY.

1. Georgia	197.450
2. ALABAMA	196.950
3. Florida	195.650
4. Kentucky	195.250
5. LSU	193.150
6. Auburn	191.150

Alabama SEC Champion-

FX Kim Kelly 9.950

1995 | GAINESVILLE, FLA.

1. ALABAMA	196.175
2. LSU	196.125
3. Georgia	195.875
4. Florida	195.650
5. Kentucky	191.975
6. Auburn	190.675

Alabama SEC Champions-

V Kim Kelly 10.000
UB Stephanie Woods 9.900

1994 | AUBURN, ALA.

1. Georgia	196.700
2. ALABAMA	195.175
3. LSU	194.150
4. Florida	194.125
5. Auburn	192.700
6. Kentucky	189.750

1993 | TUSCALOOSA, ALA.

1. Georgia	197.050
2. ALABAMA	196.050
3. Auburn	193.200
4. LSU	192.900
5. Florida	192.100
6. Kentucky	189.350

Alabama SEC Champion-

AA Dee Foster 39.650

1992 | BATON ROUGE, LA.

1. Georgia	196.400
2. ALABAMA	194.500
3. Auburn	191.350
4. Florida	189.600
5. LSU	188.650
6. Kentucky	185.950

Alabama SEC Champion-

BB Dana Dobransky 9.900

1991 | LEXINGTON, KY.

1. Georgia	194.100
2. ALABAMA	194.050
3. LSU	192.400
4. Florida	191.300
5. Auburn	189.250
6. Kentucky	186.000

Alabama SEC Champions-

V Dee Foster 9.950
UB Gina Basile 9.850
BB Dee Foster 9.850
FX Dee Foster 9.950

1990 | ATHENS, GA.

1. ALABAMA	193.550
2. LSU	192.050
3. Georgia	191.850
4. Auburn	188.150
5. Florida	188.000
6. Kentucky	186.300

Alabama SEC Champion-

AA Marie Robbins 38.800

1989 | GAINESVILLE, FLA.

1. Florida	191.500
2. ALABAMA	191.050
3. Georgia	190.400
4. LSU	187.900
5. Kentucky	182.650
6. Auburn	185.050

Alabama SEC Champion-

V Katherine Kelleher 9.550

1988 | TUSCALOOSA, ALA.

1. ALABAMA	190.150
2. Georgia	189.200
3. Florida	188.850
4. LSU	187.400
5. Kentucky	183.400
6. Auburn	183.200

1987 | ATHENS, GA.

1. Georgia	189.400
2. Florida	185.650
3. ALABAMA	185.300
4. LSU	184.450
5. Auburn	181.400
6. Kentucky	180.950

1986 | GAINESVILLE, FLA.

1. Georgia	185.150
2. Florida	184.100
3. ALABAMA	183.750
4. LSU	176.600
5. Kentucky	175.950
6. Auburn	171.400

Alabama SEC Champion-

V Julie Estin 9.550
UB Julie Estin 9.550

1985 | TUSCALOOSA, ALA.

1. Florida	185.650
2. ALABAMA	183.650
3. Georgia	181.800
4. LSU	180.500
5. Kentucky	173.450
6. Auburn	158.900

Alabama SEC Champions-

UB Barbara Mack 19.050
AA Penney Hauschild 37.700

CHAMPIONS

ALABAMA'S SEC CHAMPIONS



Lexi Graber won the SEC balance beam title during the 2019 SEC Championships.

2019	Lexi Graber	balance beam
2018	Ariana Guerra	floor exercise
2017	Katie Bailey	uneven bars
	Kiana Winston	balance beam
2016	Mackenzie Brannan	vault
	Kiana Winston	uneven bars
	Katie Bailey	uneven bars
2015	Alabama	Team
	Kaitlyn Clark	vault

2014	Alabama	Team
	Diandra Milliner	vault, floor exercise
	Kaitlyn Clark	uneven bars
2013	Diandra Milliner	floor exercise
2011	Alabama	Team
	Kayla Hoffman	vault
	Geralen Stack-Eaton	floor exercise, balance beam
2010	Ashley Priess	all-around, balance beam
	Morgan Dennis	vault
2009	Alabama	Team
	Morgan Dennis	vault, floor exercise
2008	Morgan Dennis	vault, floor exercise, balance beam
	Ricki Lebegern	vault, balance beam
	Casey Overton	balance beam
2007	Ricki Lebegern	balance beam
2006	Melanie Banville	uneven bars
	Brittany Magee	floor exercise
	Ashley Miles	floor exercise

2005	Terin Humphrey	uneven bars
	Ashley Miles	vault, uneven bars, floor exercise
2004	Jeana Rice	all-around, vault, uneven bars
	Ashley Miles	floor exercise
2003	Alabama	Team
	Jeana Rice	all-around, uneven bars, balance beam
	Ashley Miles	floor exercise
2002	André Pickens	all-around, vault, uneven bars, balance beam
2001	Natalie Barrington	uneven bars
	Lissy Smith	balance beam
2000	Alabama	Team
	André Pickens	all-around, vault, uneven bars
1996	Kim Kelly	floor exercise
1995	Alabama	Team
	Kim Kelly	vault
	Stephanie Woods	uneven bars

1993	Dee Foster	all-around
1992	Dana Dobransky	balance beam
1991	Gina Basile	uneven bars
	Dee Foster	vault, balance beam, floor exercise
1990	Alabama	Team
	Marie Robbins	all-around
1989	Katherine Kelleher	vault
1988	Alabama	Team
1986	Julie Estin	vault, uneven bars
1985	Penney Hauschild	all-around
	Barbara Mack	uneven bars
1983	Patti Rice	floor exercise
1982	Julie Garrett	uneven bars

ALABAMA'S ALL-SEC

2019	Abby Armbrecht (FX)
	Maddie Desch (FX)
	Lexi Graber (AA, BB)
	Ariana Guerra (FX)
	Shea Mahoney (UB)
	Shallon Olsen (BB#)
2018	Lexi Graber (AA#)
	Ariana Guerra (FX)
	Nickie Guerrero (BB)
	Kiana Winston (BB)
2017	Katie Bailey (UB)
	Wynter Childers (BB#)
	Maddie Desch (V, V#)
	Kiana Winston (BB)
2016	Katie Bailey (UB)
	Mackenzie Brannan (V)
	Jenna Bresette (V#)
	Kiana Winston (UB)
2015	Kaitlyn Clark (V, BB)
	Carley Sims (FX)
	Lauren Beers (AA)
	Keely McNeer (BB)

2014	Katie Bailey (AA#)
	Kaitlyn Clark (UB)
	Kim Jacob (BB)
	Amanda Jetter (FX#)
	Diandra Milliner (V, FX)
	Aja Sims (UB, BB)
2013	Diandra Milliner (FX)
	Kayla Williams (V)
2012	Ashley Priess (V*)
	Geralen Stack-Eaton (AA*)
2011	Sarah DeMeo (BB*#)
	Marissa Gutierrez (V, FX*)
	Kayla Hoffman (AA, V)
	Kim Jacob (BB, FX*#)
	Diandra Milliner (AA*#)
	Ashley Sledge (FX*)
	Geralen Stack-Eaton (AA, BB, FX)
2010	Morgan Dennis (V)
	Kayla Hoffman (UB*, FX*)
	Ricki Lebegern (AA*)
	Ashley Priess (AA, BB)

2009	Morgan Dennis (V, FX)
	Kayla Hoffman (V*, BB*)
	Ricki Lebegern (AA*)
	Ashley Priess (V*#)
	Geralen Stack-Eaton (AA#)
	Caitlin Sullivan (BB#)
2008	Morgan Dennis (AA, V, BB, FX)
	Kayla Hoffman (V*#)
	Ricki Lebegern (V, BB)
	Casey Overton (BB)
	Kassi Price (UB*)
2007	Morgan Dennis (AA*)
	Ricki Lebegern (BB)
2006	Melanie Banville (UB)
	Brittany Magee (FX)
	Ashley Miles (FX)
2005	Terin Humphrey (UB)
	Ashley Miles (V, UB, FX)
	2004
	Ashley Miles (FX)
	Jeana Rice (AA, V, UB)

2003	Ashley Miles (FX)
	Jeana Rice (AA, UB, BB)
	Michelle Reeser (BB*)
	Larissa Stewart (UB*)
2002	Natalie Barrington (UB*)
	Alexis Brion (FX*)
	André Pickens (AA, V, UB, BB)
	Raegan Tomasek (FX*)
2001	Natalie Barrington (UB)
	André Pickens (AA)
	Jeana Rice (AA)
	Lissy Smith (BB)
	Kristin Sterner (AA)
2000	André Pickens (AA, V, UB)
	Kristin Sterner (AA)
1998	Mandy Chapman (AA)
1997	Mandy Chapman (AA)

1996	Kim Kelly (AA, FX)
	Meredith Willard (AA)
1995	Kim Kelly (V)
	Stephanie Woods (UB)
1994	Kim Kelly (AA)
1993	Dee Foster (AA)
1992	Dana Dobransky (AA)
	Katherine Kelleher (AA)
1991	Gina Basile (UB)
	Dee Foster (V, BB, FX)
1990	Dee Foster (AA)
	Marie Robbins (AA)
1989	Katherine Kelleher (AA)
	Kim Masters (AA)
	Tina Rinker (AA)

1988	Kim Masters (AA)
	Tina Rinker (AA)
	Marie Robbins (AA)
1987	Julie Estin (AA)
1986	Julie Estin (AA)
	Penney Hauschild (AA)
1985	Julie Estin (AA)
	Penney Hauschild (AA)
1984	Julie Estin (AA)
1983	Julie Garrett (AA)
	Patti Rice (AA)
1982	Julie Garrett (AA)

* = second team honor
= freshman honor

ALABAMA'S SEC ACADEMIC HONOR ROLL

While it is evident that Alabama gymnastics is one of the nation's best teams in the gym, it is absolutely dominant when it comes to the classroom. The best barometer of such success on a conference level is the SEC Academic Honor Roll, instituted in 1984, and Alabama gymnasts have earned a league-best 358 honors. The Crimson Tide has averaged more than 10 honors a year since 2000, including a program-best 18 in 2016 and 2017. From 1984-2001 the honor roll was open to all gymnasts in the sophomore class or better in academic standing. Starting in 2002, the awards were determined by the academic year (fall and spring semester) or cumulative GPA, making freshmen eligible.

2019

Abby Armbrecht, Wynter Childers, Maddie Desch, Asia DeWalt, Kylie Dickson, Emily Gaskins, Angelina Giancroce, Jensi Givens, Lexi Graber, Ariana Guerra, Griffin James, Bailie Key, Alonza Klopfer, Shea Mahoney, Shallon Olsen

2018

Abby Armbrecht, Mackenzie Brannan, Wynter Childers, Maddie Desch, Kylie Dickson, Peyton Ernst, Angelina Giancroce, Lexi Graber, Ariana Guerra, Nickie Guerrero, Bailie Key, Alonza Klopfer, Jennie Loeb, Shea Mahoney, Kiana Winston

2017

Abby Armbrecht, Katie Bailey, Mackenzie Brannan, Jenna Bresette, Wynter Childers, Caitlin Cole, Maddie Desch, Angelina Giancroce, Ariana Guerra, Nickie Guerrero, Amanda Jetter, Mary Lillian Sanders, Jennie Loeb, Shea Mahoney, Keely McNeer, Aja Sims, Mackenzie Valentin, Kiana Winston

2016

Katie Bailey, Lauren Beers, Mackenzie Brannan, Nickie Guerrero, Amanda Jetter, Jennie Loeb, Keely McNeer, Mary Lillian Sanders, Aja Sims, Carley Sims, Mackenzie Valentin, Kiana Winston, Abby Armbrecht, Jenna Bresette, Angelina Giancroce, Ariana Guerra, Amanda Huang, Avery Rickett

2015

Katie Bailey, Lauren Beers, Mackenzie Brannan, Kaitlyn Clark, Hunter Dennis, Lora Leigh Frost, Nickie Guerrero, Amanda Jetter, Jennie Loeb, Keely McNeer, Dominique Pegg, Mary Lillian Sanders, Aja Sims, Carley Sims, Kayla Williams, Mackenzie Valentin, Kiana Winston

2014

Katie Bailey, Lauren Beers, Kaitlyn Clark, Sarah DeMeo, Ria Domier, Lindsey Fowler, Lora Leigh Frost, Kim Jacob, Amanda Jetter, Diandra Milliner, Mary Lillian Sanders, Carley Sims, Kayla Williams

2013

Becca Alexin, Lauren Beers, Kaitlyn Clark, Sarah DeMeo, Hunter Dennis, Ria Domier, Lindsey Fowler, Lora Leigh Frost, Marissa Gutierrez, Kim Jacob, Diandra Milliner, Brooke Parker, Ashley Priess, Carley Sims, Ashley Sledge, Kayla Williams

2012

Becca Alexin, Olivia Carisella, Kaitlyn Clark, Sarah DeMeo, Ria Domier, Lindsey Fowler, Lora Leigh Frost, Marissa Gutierrez, Kim Jacob, Diandra Milliner, Brooke Parker, Ashley Priess, Ashley Sledge, Geralen Stack-Eaton, Rachel Terry, Hannah Toussaint, Kayla Williams

2011

Becca Alexin, Olivia Carisella, Alyssa Chapman, Sarah DeMeo, Ria Domier, Lindsey Fowler, Marissa Gutierrez, Kayla Hoffman, Kim Jacob, Megan Mashburn, Jordan Moore, Ashley Priess, Ashley Sledge, Geralen Stack-Eaton, Rachel Terry, Hannah Toussaint

2010

Courtney Bell, Alyssa Chapman, Morgan Dennis, Jocelyn Fowler, Marissa Gutierrez, Mary Hauswirth, Kayla Hoffman, Ricki Lebegern, Megan Mashburn, Casey Overton, Kassie Price, Ashley Priess, Ashley Sledge, Geralen Stack-Eaton, Rachel Terry

2009

Alyssa Chapman, Morgan Dennis, Jocelyn Fowler, Kayla Hoffman, Ricki Lebegern, Brittany Magee, Megan Mashburn, Amanda Montgomery, Ashley O'Neal, Casey Overton, Kassie Price, Ashley Priess, Jacqueline Shealy, Rachel Terry

2008

Alyssa Chapman, Morgan Dennis, Kayla Hoffman, Jennifer Iovino, Ricki Lebegern, Brittany Magee, Cassie Martin, Megan Mashburn, Amanda Montgomery, Ashley O'Neal, Casey Overton, Kassie Price, Kaitlin White

2007

Morgan Dennis, Terin Humphrey, Ricki Lebegern, Brittany Magee, Cassie Martin, Amanda Montgomery, Casey Overton, Kassie Price, Erin Rightley

2006

Melanie Banville, Mari Bayer, Ashley Ford, Rachael Delahoussaye, Dana Filetti, Terin Humphrey, Ashley Miles, Cassie Martin, Amanda Montgomery, Ashley O'Neal, Dana Pierce, Courtney Priess, Bianca Puella, Erin Rightley

2005

Mari Bayer, Rachael Delahoussaye, Shannon Hrozek, Meredith Laxton, Dana Pierce, Michelle Reeser, Erin Rightley

2004

Mari Bayer, Rachael Delahoussaye, Johnna Gay, Lauren Holdefer, Shannon Hrozek, Stephanie Kite, Meredith Laxton, Ashley Miles, Michelle Reeser, Erin Rightley, Larissa Stewart

2003

Mari Bayer, Rachael Delahoussaye, Lauren Holdefer, Shannon Hrozek, Stephanie Kite, Dana Pierce, Michelle Reeser, Kristin Sterner

2002

Natalie Barrington, Helen Burgin, Tiffany Byrd, Erin Holdefer, Lauren Holdefer, Shannon Hrozek, Stephanie Kite, Alexa Martinez, Whitney Morgan, Andree Pickens, Jeana Rice, Sara Scarborough, Kristin Sterner, Raegan Tomasek

2001

Natalie Barrington, Krista Gole, Robin Hawkins, Katie Hornecker, Alexa Martinez, Whitney Morgan, Andree Pickens, Sara Scarborough, Lissy Smith, Kristin Sterner, Dara Stewart, Raegan Tomasek

2000

Natalie Barrington, Krista Gole, Lexa Evans, Robin Hawkins, Katie Hornecker, Gina Logan, Alexa Martinez, Whitney Morgan, Andree Pickens, Lissy Smith, Dara Stewart, Raegan Tomasek

1999

Mandy Chapman, Lexa Evans, Robin Hawkins, Katie Hornecker, Gina Logan, April Makinson, Lissy Smith, Gwen Spidle, Dara Stewart

1998

Merritt Booth, Mandy Chapman, Lexa Evans, Becca Fields, Gina Logan, Danielle McAdams, Shay Murphy

1997

Merritt Booth, Mandy Chapman, Lisa Gianni, Gina Logan, Danielle McAdams, Shay Murphy, Heather Nasser, Meredith Willard

1996

Merritt Booth, Kim Kelly, Danielle McAdams, Shay Murphy, Heather Nasser, Marna Neubauer, Meredith Willard

1995

Chasity Junkin, Kim Kelly, Marna Neubauer, Meredith Willard

1994

Sheryl Dundas, Chasity Junkin, Kara Stilp, Gretchen Stockley, Marti Watson

1993

Dana Dobransky, Sheryl Dundas, Chasity Junkin, Gretchen Stockley

1992

Gina Basile, Dana Dobransky, Sheryl Dundas, Katherine Kelleher, Shea McFall, Kara Stilp, Marti Watson

1991

Dana Dobransky, Katherine Kelleher, Shea McFall, Tina Rinker

1990

Gina Basile, Ali Blumberg, Katherine Kelleher, Shea McFall, Tina Rinker, Marie Robbins, Tracey Tillman, Cheri Way

1989

Wendy Anderson, Kelly Good, Tina Rinker, Marie Robbins, Tracey Tillman, Cheri Way

1988

Alli Beldon, Kathy Bilodeau, Kelly Good, Marie Robbins, Tracey Tillman

1987

Alli Beldon, Kathy Bilodeau, Julie Estin

1986

Alli Beldon, Julie Estin, Stephanie Kehr

1985

Julie Estin, Barbara Mack

1984

Barbara Mack, Patti Rice



ADDING UP CRIMSON TIDE SUCCESS

1 Alabama has finished No. 1 in the nation six times. The first time came in 1988 and the most recent in 2012. The Crimson Tide is one of only six programs in collegiate gymnastics history to win an NCAA title.

2 Alabama has finished in the top-2 nationally 13 times since first breaking into the top-10 in 1983.

3 Three Crimson Tide gymnasts have been named the H. Boyd McWhorter SEC Scholar-Athlete of the Year, an award that spans all sports and all 14 league schools.

4 In the history of the Southeastern Conference, Alabama's Sarah and David Patterson are the only coaches in any sport to win NCAA Championships in four different decades ('80s – 1988; '90s – 1991 and 1996; '00s – 2002; '10s – 2011 and 2012).

5 Five Crimson Tide gymnasts have earned the prestigious NCAA Top 10 Award, which honors the nation's top 10 senior student-athletes regardless of gender or NCAA Division.

5 Five Crimson Tide gymnasts have been named Southeastern Conference Female Athlete of the Year, an award that spans all sports and all schools, including Kayla Hoffman in 2011.

6 Six times an Alabama gymnast has been named the SEC Gymnast of the Year, including Kayla Hoffman in 2011.

7 Alabama gymnastics earned the first seven NCAA Elite 90 Awards, given annually to the student-athlete with the highest grade point average at the NCAA Championships for each sport, including three in a row by Lauren Beers. Alabama is the only program in any sport to have that many and to have the honors be consecutive and Beers is the first gymnast to win three in a row.

8 Alabama has won the Honda Award for Gymnastics, which recognizes the national gymnast of the year, eight times, including Kim Jacob in 2014.

9 Alabama has won nine Southeastern Conference team titles since its first in 1988, including back-to-back titles in 2014 and 2015.

11 Alabama has sold out Coleman Coliseum to the tune of 15,000-plus fans 11 times since 1997, including the 2014 meet against Arkansas.

17 Dee Foster's 17 first team All-America honors stands as the NCAA career record.

21 Alabama gymnasts have earned 21 NCAA Postgraduate Scholarships over the years, a total that leads the nation by a healthy margin.

23 Since its inception in 1993, Alabama has advanced to the NCAA Super Six Team Finals 23 times, more than any other team in the history of the format.

23 Alabama gymnasts have earned CoSIDA Academic All-America honors 23 times since Julie Estin earned the Crimson Tide's first honor 1986.

27 Individual national titles are hard to come by, but the Crimson Tide has won 27 individual NCAA championships, including Katie Bailey's uneven bars title in 2017 and a total of 15 individual championships over the past decade.

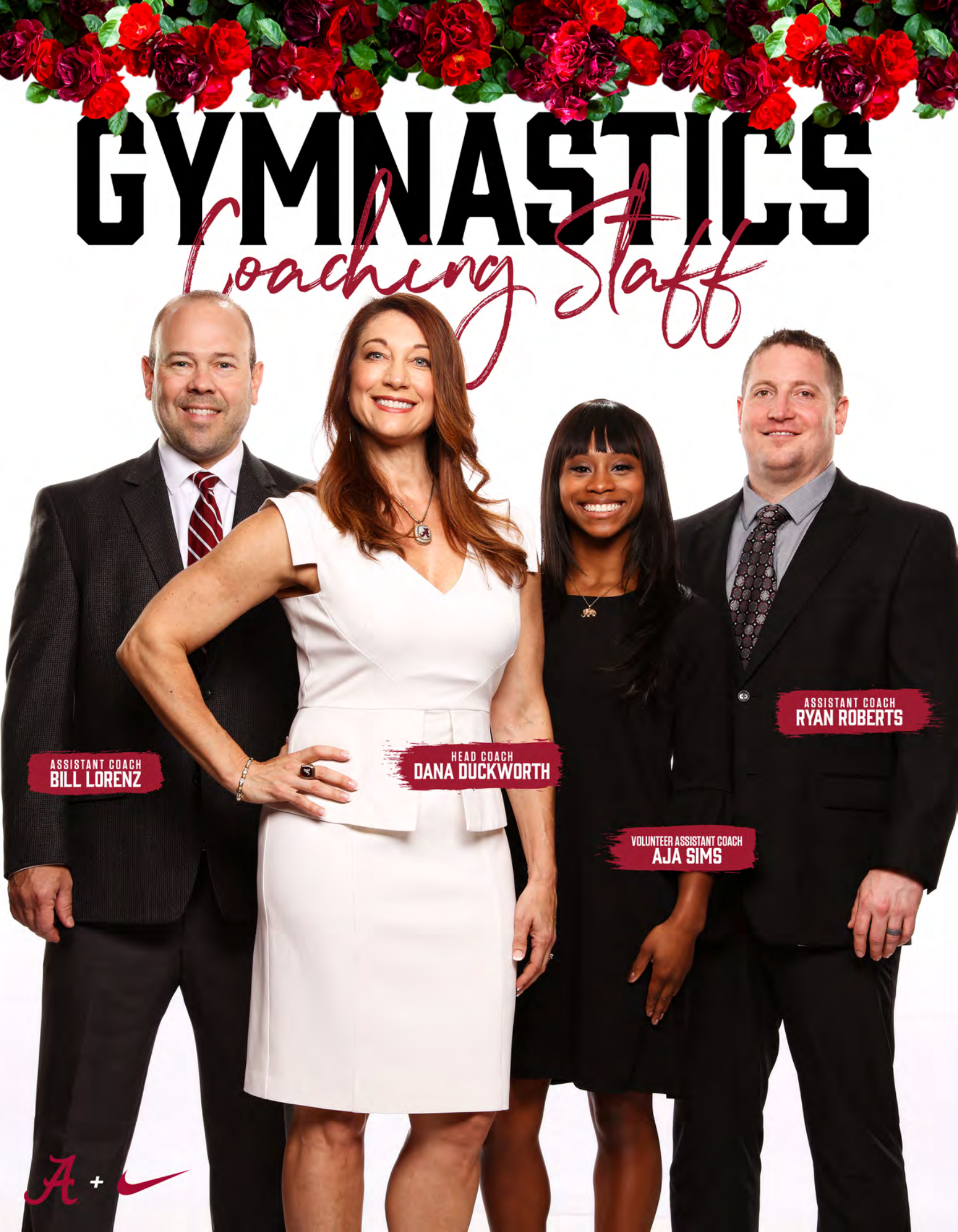
32 The Crimson Tide has won an NCAA-best 32 regional titles, including the 2018 Tuscaloosa Regional Championship.

38 Since women's gymnastics became an NCAA sport in 1982, Alabama is one of just two schools in collegiate gymnastics history to finish in the top-12 nationally every year, for an active streak of 38 in a row.

276 Alabama gymnasts have earned Scholastic All-America honors 276 times since the award's inception in 1991, including a school-record 19 in 2017.

358 Since the award was first given in 1984, Alabama gymnasts have earned SEC Academic Honor Roll recognition 358 times, more than two-dozen better than the next closest gymnastics program. That total includes an SEC-record 18 in 2016 and 2017.

356 Every year Alabama features some of the nation's top gymnasts, which is why, every year, Alabama adds to its All-America count. Since 1982, the Crimson Tide has seen 74 gymnasts rack up 356 honors.



GYMNASTICS

Coaching Staff

ASSISTANT COACH
BILL LORENZ

HEAD COACH
DANA DUCKWORTH

VOLUNTEER ASSISTANT COACH
AJA SIMS

ASSISTANT COACH
RYAN ROBERTS



2020 SCHEDULE

JAN 10	AT AUBURN*	8 PM
JAN 17	OKLAHOMA	7:45 PM
JAN 25	METROPLEX CHALLENGE ¹	6:45 PM
JAN 31	AT LSU*	7:30 PM
FEB 7	MISSOURI*	7:15 PM
FEB 14	ARKANSAS*	5:45 PM
FEB 21	FLORIDA	5 PM

FEB 28	KENTUCKY*	7:15 PM
MARCH 7	GEORGIA*	7:15 PM
MARCH 13	ELEVATE THE STAGE ²	7 PM
MARCH 21	SEC CHAMPIONSHIP	TBA
APRIL 2-4	NCAA REGIONALS	TBA
APRIL 17-18	NCAA CHAMPIONSHIPS ¹	TBA

¹ FORT WORTH, TX | ² BIRMINGHAM, AL
 POWER OF PINK | * SEC MATCHUP
 ALL TIMES CST

